Is Child & Adolescent Psychiatry For You?

what is child and adolescent psychiatry?

Child and adolescent psychiatry is a medical subspecialty that involves working with children, adolescents and their families with emotional and behavioral illnesses.

Child and Adolescent Psychiatry:-

• Uses a knowledge of neurological, biological, psychological and social factors to treat patients
• Is a stimulating and rapidly evolving field
• Provides opportunities for prevention and early intervention to improve quality of life

why child and adolescent psychiatry?

Child and Adolescent Psychiatrists:

• Spend meaningful time with their patients
• Make a major difference in children’s lives
• Combine art and science to treat their patients’ emotional, behavioral and physical illnesses
• Establish long-term relationships with patients and their family members
• Fulfill the tremendous needs of millions of children and adolescents suffering with mental illnesses

lifestyles

The field offers opportunities that support career and family, such as:

• Diverse opportunities for part-time work
• Highest number of job offers per resident on graduation
• Excellent work-life balance
• Flexibility with different practice environments
• Highly competitive salaries

practice options

The field offers practice options with outstanding job opportunities and remuneration, including:

• Private practice in solo or group settings
• Research and teaching
• Clinical and leadership roles in community health settings
• Consultation to schools, hospitals, courts or other agencies
• Advocacy for child mental health and public policy

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training pathways

Traditional Programs
Residents complete three or four years of general psychiatry residency training (including internship) plus two years of child and adolescent psychiatry specialty training.

Integrated Programs
Residents complete five years of training in general psychiatry and child and adolescent psychiatry at the same time.

Integrated Research Programs
Residents complete six years of training in general psychiatry and child and adolescent psychiatry at the same time while focusing on building a research career.

Alternative Programs
Training programs are available for those interested in both pediatrics and child and adolescent psychiatry. Residents may complete training in pediatrics, general psychiatry and child and adolescent psychiatry at the same time. For more information, log onto www.tripleboard.org.

Residents may also choose to complete training in pediatrics and then complete three years of integrated general psychiatry and child and adolescent psychiatry training at a post-pediatric training program.

learn more

The American Academy of Child and Adolescent Psychiatry (AACAP) is a professional medical organization comprised of more than 8,000 child and adolescent psychiatrists. Membership is free for medical students and $60 for residents.

Membership Benefits Include:
- Free subscriptions to JAACAP, the leading child and adolescent mental health journal, and AACAP News
- Discounts on AACAP meetings and publications
- Representation on national advocacy issues
- Mentorship, fellowship and award opportunities
- Access to online resources – JobSource and Developmentor

helpful resources for more information

- American Academy of Child and Adolescent Psychiatry (AACAP) www.aacap.org
- The Accreditation Council on Graduate Medical Education (ACGME) www.acgme.org/adspublic

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