

Triple Board Program - FAQ

What kinds of careers do triple board physicians pursue?

Triple board physicians pursue a diverse range of careers and often practice in multiple domains. A recent survey found that 64% of triple board graduates work in **academic child psychiatry**, the most commonly-reported post-graduate activity, followed by **private practice child psychiatry** (58%). This survey also revealed that:

- More than 50% have practiced **adult psychiatry**;
- 28% have practiced **pediatrics**; and
- 25% of respondents completed a **fellowship** after residency.

In addition, a 2006 survey also shows that:

- Nearly all respondents practice in **outpatient** settings;
- 60% serve an **underserved population**;
- 35% do **research**;
- 33% have specialized in public health, infant/early childhood psychiatry, forensics, additions, medical education, and imaging; and
- 31% work in **consultation/liaison** roles. ¹

In what settings is it possible to practice integrated care?

The possibilities are truly boundless. With medical home models, there even more opportunities for integrated care to occur in practice. Traditional areas of practice for integrated care include: consultation/liaison, forensic pediatrics, eating disorders, infant/early childhood, and adolescents.

How competitive are triple board programs?

In 2014, there were 49 applicants for a total of 19 spots offered by nine different programs. The amount of spots offered has been stable for the past five years.

What can medical students do to maximize their chance of acceptance?

Successful triple board applicants have a strong focus on how integrated training in particular can help them care for patients and fulfill their professional goals. Having a plan for how integrated training will fit into one's professional interests and goals is helpful, as well as being involved in activities that support these goals during medical school. Interests and goals may shift as a medical student grows professionally, but a consistent focus on utilizing the integrated approach is essential. Other helpful tips include obtaining mentor and participating in a triple board elective during the fourth year of medical school.

Who can medical students contact for more information?

Medical students can contact the programs directly. Contact information is available at www.tripleboard.org.

¹ Mary-Margaret Gleason, M.D., David Dunn, M.D., Sandra L. Fritsch, M.D., Anthony Guerrero, M.D., Kristi K. Kleinschmit, M.D., Roberto Ortiz-Aguayo, M.D., Elizabeth Lowenhaupt, M.D., John Sargent, M.D., Jeffrey Hunt, M.D., Myo Thwin Myint, M.D. Triple Board Training: Goals and Outcomes. Poster Presentation: American Academy of Child and Adolescent Psychiatry 59th Annual Meeting. San Francisco, California. October 24 2012.