

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Hagar Kandel, MBChB, MSc

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*The AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Hagar Kandel, MBBCh, MSc, earned her medical degree and completed combined neurology and psychiatry residency training at Ain Shams University in Cairo, Egypt, where she also received a master's degree in clinical neurology and psychiatry. After serving as an attending physician treating children with neurodevelopmental conditions, she moved to the United States to expand her clinical and research expertise. Dr. Kandel completed her general psychiatry residency at SUNY Downstate Health Sciences University, where she was a long-term trainee in the Leadership Education in Neurodevelopmental Disabilities (LEND) program, and her child and adolescent psychiatry fellowship at Massachusetts General Hospital/McLean. She is currently a Postdoctoral Autism Fellow at Massachusetts General Hospital, with research focused on understanding gender variance in autistic individuals and strengthening systems of care across the lifespan. Dr. Kandel is a mother of four who enjoys reading and music.



Dr. Kandel presents the poster “Gender Variance in Clinically Referred Individuals with Autism: Prevalence and Identity Patterns,” which is available to view during New Research Poster Session 3 on Thursday, October 23, from 10:30 am–12:30 pm or on the Annual Meeting website throughout the meeting.

*I am deeply honored to receive the 2025 AACAP Beatrix A. Hamburg, MD, Award and sincerely grateful for this recognition of my work. My passion is to advance understanding of gender variance and improve care for autistic individuals while supporting families navigating developmental challenges. As a mother of four, this mission is especially meaningful, and I remain committed to contributing to the field.*

The Alan & Lorraine Bressler Clinical and Research  
Program for Autism Spectrum Disorder  
55 Fruit Street, Warren 626  
Boston MA 02114  
Tel:  
Fax: 617.724-1540  
Email: [hkandel@mgb.org](mailto:hkandel@mgb.org)

Dear Dr. Margaret Hamburg,

I want to express my deepest gratitude for the tremendous honor of receiving the Beatrix Hamburg Best Poster Award at AACAP this year. It is truly humbling to have my work recognized through an award that bears your name and reflects the extraordinary legacy you and Dr. Beatrix Hamburg created in advancing child and adolescent mental health.

Your leadership, vision, and lifelong dedication to improving public health—particularly your pioneering efforts to promote equity, expand access to care, and support scientific innovation—have been profoundly inspiring to me. The Hamburgs' commitment to compassion, scientific rigor, and advocacy has shaped the very foundations of our field, and it is deeply meaningful to have my work acknowledged in connection with that legacy.

This award not only honors my project but strengthens my motivation to continue contributing meaningful research and clinical care for autistic children, adolescents, and their families. Thank you for your enduring influence on the next generation of child and adolescent psychiatrists and for the example you continue to set through your lifelong service.

I am sincerely grateful.

Warmest regards,  
Hagar Kandel

Postdoctoral Fellow, Autism Spectrum Disorders  
Child & Adolescent Psychiatrist  
Massachusetts General Hospital | McLean Hospital  
Harvard Medical School  
[hkandel@mgb.org](mailto:hkandel@mgb.org)

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Hamiyet Ipek, MD

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Hamiyet Ipek, MD, was born and raised in Istanbul. She earned her medical degree from Istanbul University Cerrahpasa Medical School, Turkey. She then pursued a child and adolescent psychiatry residency at Bakirkoy Mental Health Hospital. During her training, she actively engaged in teaching and clinical research, with her work being presented at national and international conferences and published in peer-reviewed journals. After residency, Dr. Ipek served as a child and adolescent psychiatrist in a rural area, providing care to underprivileged populations and war-affected Syrian children. She also organized volunteer seminars to raise awareness about autism and mental health services for immigrants. Dr. Ipek continued her academic journey in the USA, completing a general psychiatry residency at Mt. Sinai School of Medicine Elmhurst Hospital Center. She is currently a second-year CAP fellow at Zucker School of Medicine, Hofstra Northwell. Her clinical interests include autism and neurodevelopmental disorders, catatonia, neuroinflammation, and cognitive behavioral therapies. Dr. Ipek is a mother of two daughters and a cat, and she enjoys exploring the world with them.



Dr. Ipek presents the poster “Metformin’s Anti-inflammatory Effects in Pediatric Bipolar Disorder: Exploring the Role of Systemic Inflammatory Response Index and Systemic Immune Inflammatory Index” which is available to view during New Research Poster Session 3 on October 17 from 10:30 am to 12:30 pm or on the Annual Meeting website throughout the meeting.

*I am deeply honored to receive AACAP’s Beatrix A. Hamburg, MD, Award. My heartfelt thanks go to my mentors, Drs. Victor Fornari and Claudine Higdon, for their invaluable guidance, and to Drs. Melissa DelBello and Christoph Correll for their constant encouragement. Also acknowledging our team members and co-authors, Thomas Blom, Christina Klein, and Jeffery Welge, for their outstanding contributions.*

Margaret A. Hamburg, MD  
3415 36th Street, NW  
Washington, D.C. 20016

August 4, 2024

Dear Dr. Margaret A. Hamburg,

I am Hamiyet Ipek, a second-year child and adolescent psychiatry fellow from Zucker School of Medicine, Northwell in New York.

I am writing to express my deepest gratitude for being honored with the AACAP's Beatrix A. Hamburg, MD Award. This award is incredibly meaningful for my academic growth and a great encouragement to increase my dedication to children's mental health.

I'm particularly honored to receive this award named after your precious mother, Dr. Beatrix A. Hamburg. I'm grateful for the opportunity to learn about her and her outstanding contributions to the field. Her entire academic journey has been filled with inspiration, excellence, and dedication as a scientist, psychiatrist, leader, and advocate for youth mental health. I want to express how deeply impressed I am by her remarkable achievements and unwavering dedication. She will undoubtedly continue to be a role model for future generations of child psychiatrists.

I also want to extend my deep appreciation to AACAP's Research, Grants, and Workforce Department for their ongoing support and for providing career development opportunities. I believe this award will be a significant milestone in my career. I am incredibly eager to make substantial contributions to the field under AACAP's esteemed guidance.

Thank you once again for this prestigious award. I am committed to continuing the work and upholding the values Dr. Hamburg exemplified.

Warm regards,

Hamiyet Ipek  
Child and Adolescent Psychiatry Fellow  
Zucker School of Medicine  
[hipek@northwell.edu](mailto:hipek@northwell.edu)

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Jessica Stephens, DO

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Dr. Jessica Stephens presents the poster “Effectiveness of an Information Guide on Pediatric Psychiatric Hospitalization to Improve Parent Satisfaction with Care,” which is available to view during New Research Poster Session 5 on Friday, October 27 from 10:30 am–12:30 pm or in the virtual posters.

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Jessica Stephens, DO, grew up in the small town of Beacon Falls, Connecticut. She attended Eastern Connecticut State University earning a BS in Biology within the Honors Program. She received her DO at Edward Via College of Osteopathic Medicine in South Carolina. Upon graduation, she was inducted into the Gold Humanism Honor Society. Dr. Stephens developed an early interest in the field of child and adolescent psychiatry (CAP) following attendance at an AACAP Annual Meeting as a medical student. She has been involved in Annual Meeting programming as an active member of AACAP’s Committee on Medical Students and Residents and is the current AACAP John E. Schowalter, MD, Resident Member of Council with goals of promoting diversity, inclusivity, and engagement among trainees. Dr. Stephens is currently a PGY-5 CAP fellow in the Combined Child and Adult Psychiatry Residency Program at the University of Pittsburgh Medical Center. Her clinical interests include trauma and toxic stress, behavioral interventions, and integrated care. She is particularly passionate about medical education, physician wellbeing, and promoting inclusivity and engagement of trainees through mentorship.

*It is an absolute honor to be selected as the 2023 recipient of AACAP’s Beatrix A. Hamburg, MD, Award! I am deeply grateful for all the amazing opportunities AACAP has provided me. I also want to acknowledge my project mentors Drs. Gopalan, Ryan, and Walker for their support and guidance and my co-authors, Amanda and Alex, for their incredible work.*

August 07 2023

Margaret A. Hamburg, MD  
3415 36<sup>th</sup> Street, NW  
Washington, D.C. 20016

RE: 2023 AACAP Beatrix A. Hamburg, MD Award for Best New Research Poster by a Child and Adolescent Psychiatry Resident

Dear. Dr. Hamburg,

My name is Jessica Stephens, DO, a current PGY-5 at the University of Pittsburgh Medical Center and committee member of the AACAP Medical Student and Resident Committee.

I am thrilled to present my poster titled "Effectiveness of an Information Guide on Pediatric Psychiatric Hospitalization to Improve Parent Satisfaction with Care" at the 2023 AACAP Annual Meeting. In this study, I developed and received approval to implement an information guide specific to our child and adolescent psychiatry inpatient units to provide patients and families with more information about what to expect during psychiatric hospitalization. The aims of the study were to improve parent satisfaction with care and determine potential impact on subsequent engagement with care. I am very passionate about this project and the prospects of improving quality of care provided to our patients.

When I learned that my poster submission was the recipient of this year's prestigious Beatrix A. Hamburg, MD Award for Best New Research Poster by a Child and Adolescent Psychiatry Resident, I was completely astonished and am truly so appreciative for this great honor.

I wanted to take this opportunity to thank you and your family for your generous support as I continue to learn and grow in the field of Child and Adolescent Psychiatry. I am extremely honored to have been chosen amongst my peers who submitted new research poster abstracts for this highly prestigious award. I aspire to one day be as great a force in the field as Dr. Beatrix A. Hamburg and share my similar passion for education and mentorship of trainees.

Thank you again!

Sincerely,

A handwritten signature in cursive script that reads "Jessica Stephens DO". The signature is written in dark ink on a light-colored background.

Jessica Stephens, DO  
CAP-II Fellow  
Chief of Education/Chair of Academic Administrator Clinical Educator (AACE) Track  
UPMC Western Psychiatric Hospital  
AACAP John E. Schowalter, MD, Resident Member of Council

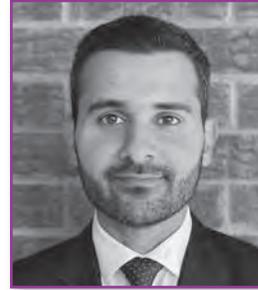
## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Usman Ghumman, MD, MPH

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Usman Ghumman, MD, MPH, is completing his child and adolescent psychiatry fellowship at The Johns Hopkins Hospital, Baltimore. He completed his medical education at FMH College of Medicine and Dentistry, Lahore, Pakistan followed by a general psychiatry residency at Texas Tech University Health Science Center at El Paso, Texas. During his residency, he was involved in several research projects and advocacy initiatives for autism spectrum disorder and was awarded the “Research Award for Outstanding Contribution in Research.” Dr. Ghumman has also completed a master’s degree in public health from Texas A&M University. He has presented several posters and oral presentations at various national meetings, including AACAP and APA, and published peer-reviewed journal articles. His professional interests include advocacy, clinical care, and research in autism spectrum disorder.



Dr. Usman Ghumman presents the poster “A Quantitative Trait Loci Linkage Study of Anxiety Leads to TLL1, a Gene Sensitive to Stress Hormones,” which is available to view online at any time during the Annual Meeting or during New Research Poster Session 1 on Wednesday, October 19 from 11:00 am–1:00 pm.

*I would like to thank AACAP for this incredible honor. I really appreciate the support the Academy provides to young child and adolescent psychiatry researchers. I also want to acknowledge my mentor Dr. Marco Grados for providing excellent mentorship and guidance over the years and my co-authors Masoud and Hasti for their amazing work.*

Margaret A. Hamburg, MD  
3415 36<sup>th</sup> Street, NW  
Washington, DC 20016

December 13, 2022

Dear Ms. Hamburg,

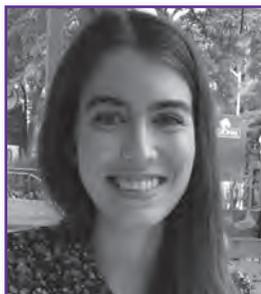
Thank you for this incredible honor. I really appreciate the support the Academy provides to the young child and adolescent psychiatry researchers. I also want to acknowledge my mentor Dr. Marco Grados for providing excellent mentorship and guidance over the years and my co-authors Masoud and Hasti for their amazing work. Research is an important part of medical advancement. Please acknowledge my heartfelt gratitude for this award. Thank you!

Regards,  
Usman Ghumman  
Child and Adolescent Psychiatry  
Johns Hopkins Hospital

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Tea Rosic, MD

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Dr. Tea Rosic presents the poster “*Youth Receiving Opioid Agonist Treatment: Exploring Differences and Similarities to Adult Patients in a Canadian Study*” which is available to view at any time during the Annual Meeting.

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Tea Rosic, MD, is a child and adolescent psychiatry resident at the University of Ottawa and Children’s Hospital of Eastern Ontario in Ontario, Canada. Dr. Rosic completed her medical degree and general psychiatry training at McMaster University where she developed a passion for clinical epidemiology and its applications in advancing mental health care. She is enrolled in the Clinician Investigator Program and is completing a PhD in Health Research Methodology at McMaster University alongside her clinical training. Dr. Rosic’s research focuses on the impact and management of psychiatric comorbidity in patients with substance use disorders. Together through her clinical work and research, she is committed to improving care for youth experiencing substance use disorders and their families.

*I am truly honored to receive this award and grateful to AACAP for providing a platform for trainees to share their research. I am fortunate to be part of a dedicated research community committed to changing the trajectory of the opioid crisis in North America. I am endlessly thankful for the support of my mentor and PhD supervisor, Dr. Zena Samaan.*



September 8, 2021

Margaret A. Hamburg, MD  
3415 36th Street, NW  
Washington, D.C., 20016  
United States of America

Dear Dr. Hamburg,

I would like to send my sincere thanks for the commitment you and your family have made to the AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident.

I am honored to be the recipient of the 2021 award for my poster presenting findings on similarities and differences between youth and adults who are receiving treatment for opioid use disorder in Ontario, Canada. The opioid crisis has had a devastating impact on so many individuals and families across North America. Although adolescents and youth are affected by this public health crisis, less attention has been focused on this population who are in a unique period of development and therefore have unique needs.

As a clinician-scientist in training, opportunities to receive recognition and support for my work are incredibly meaningful. I look up to the physicians (especially other women) who have made an impact in their academic fields and, most importantly, in their communities through their dedication to their clinical and scientific work. I am keenly aware that it is through mentorship, opportunities, and recognition that trainees can see their careers flourish. This award means a tremendous amount to me as a child and adolescent psychiatry resident and PhD student soon about to begin my independent career.

With gratitude and thanks,

Tea Rosic, MD  
633-340 McLeod Street  
Ottawa, Ontario, K2P 1A4  
Canada  
trosic@cheo.on.ca

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Tapan Parikh, MD, MPH

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Dr. Tapan Parikh presents the poster “Effect of Duloxetine on Body Weight in Children and Adolescents: A Meta-Analysis of Randomized Placebo-Controlled Trials”, which is available to view at any time during the Annual Meeting.

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Tapan Parikh, MD, MPH, is a graduate of the McGaw Medical Center of Northwestern University, Ann & Robert H. Lurie Children’s Hospital of Chicago program where he served as chief resident and chief fellow and is now an associate medical director of Acute Care Services. He completed general psychiatry training at Cooper Medical School of Rowan University, AtlantiCare Regional Medical Center Campus, New Jersey. Prior to residency, he completed his master’s in public health (MPH), focusing on epidemiology and biostatistics in New York City, where he worked on clinical trials at the Rogosin Institute, an affiliate of Weill Cornell Medical College and New York-Presbyterian Hospital. He attended medical school at Pramukh Swami Medical College in Gujarat, India.

Dr. Parikh has completed psychodynamic psychotherapy training at the Psychoanalytic Center of Philadelphia, published several peer-reviewed journal articles, and presented posters at various national meetings, including AACAP and APA. A 2019 AACAP Systems of Care Award recipient, he is deeply committed to the research, teaching and mentorship of trainees on how to engage in scholarly activities and gain research skills. His current interests include psychopharmacology research and exploring the role of inflammation in psychopathology across the psychiatric conditions.

*I’m greatly honored to have received this award and grateful to AACAP. I am passionate about research, and this award has inspired me to accomplish more. Thank you to my co-authors Zeeshan, Chintan, and Bhumika, and also to Drs. John Walkup, Julie Sadhu, Mina Dulcan, Consuelo Cagande, and Andres Pumariega, for their endless support and mentoring during my training.*



August 7, 2020

To:

Margaret A. Hamburg, MD  
3415 36<sup>th</sup> Street, NW  
Washington, D.C. 20016

From:

Tapan Parikh, MD, MPH

Dear Dr. Hamburg,

I hope this message finds you well. I am writing to thank you for the 2020 AACAP Beatrix A. Hamburg, MD, Award for Best New Research Poster by a Child and Adolescent Psychiatry resident. I am very grateful to you for sponsoring this award. I am very passionate about research. In fact, the single most important reason why I had decided to come to the United States from India where I was born and raised, was my interest in research.

This award would always encourage me to do more. I am committed to the improvement of child and adolescent mental health through research and I deeply admire and respect your family's significant contributions in making the world a better place through research. I also look forward to my continued and active contributions to the AACAP.

Sincerely,

Tapan Parikh, MD, MPH  
Associate Medical Director, Acute Care Services  
Ann and Robert H. Lurie Children's Hospital of Chicago  
225 E. Chicago Ave, Box 10  
Chicago, IL 60611  
Office: 312 227-2968  
Fax: 312 227-9659  
E-mail: [tparikh@luriechildrens.org](mailto:tparikh@luriechildrens.org)

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Afffa Adiba, MD, and Nida Khawaja, MD

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Afffa Adiba, MD, is currently completing her fellowship at Yale Child Study. She completed her psychiatry residency at University of Mississippi where she served as a chief resident. In residency, Dr. Adiba was involved with advocacy and research. She worked with the local organizations to reduce stigma against mental health and gave several talks to the community associated with children's mental health. She worked on a project associated with teen depression and suicide prevention to educate children, parents, and teachers. She was involved in establishing a trauma-informed care system in Mississippi. She was awarded as Doctor of Distinction from The Mississippi State Medical Association (MSMA) for her contribution. She was also associated with a research project focused on teen depression, suicide, and cyberbullying, which involved collecting data and analyzing results. She has also embraced leadership works and teaching in her career. She graduated from the MSMA Physician Leadership and was awarded the Nina Moffitt Award for outstanding leadership and clinical excellence. She participated in Resident and Teachers program which involved direct teaching of medical students. She wants to focus on pediatric trauma, depression, and suicide in her clinical experience and future research.

Nida Khawaja, MD, is currently completing her child and adolescent psychiatry fellowship from the University of Buffalo in Buffalo, New York. She completed her general psychiatry residency at the University of Mississippi. During her adult psychiatry training, she was involved in various initiatives, including mentoring and teaching medical students through the Residents as Teachers Program and treating the underserved population in Jackson through the university's affiliated community outreach program. She has also facilitated educational support and training for depression and suicide in faith-based communities. Dr. Khawaja has a strong interest in trauma-related issues regarding victims of human trafficking; she devoted her time as a crisis line worker, using a trauma-informed lens to provide crisis support to survivors of sexual violence in Newmarket, Ontario. She has a strong interest in childhood sexual abuse and childhood exploitation, in which she would like to continue her clinical focus and future research endeavors.

*We are honored and thankful to receive this award. We want to extend sincere gratitude to AACAP and the selection committee for granting us this award. We are pleased to be a part of this flourishing research community focused on pediatric mood disorders and suicide. Many thanks for the mentorship and support provided by Philip Merideth, MD, JD, and our research supervisor Azad Bhuiyan, PhD.*



Drs. Adiba and Khawaja present the poster "Effects of Electronic Bullying on Adolescent Mental Health and Suicide: The 2017 Youth Risk Behavior Surveillance System (YRBSS)" during New Research Poster Session 5 on Friday, October 18 from 10:00 am–12:30 pm.



November 1, 2019

Dear Dr. Margaret Hamburg,

We are writing this letter with much gratitude and honor to have been awarded the 2019 AACAP Beatrix Hamburg, MD Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident. Our research involved collecting data on adolescents to assess the effects of electronic bullying on mental health and suicide. We are beyond thrilled to have been recognized for our work and to have received an award that has been named after one of the most outstanding and remarkable leaders to have served in the psychiatric community.

Our research used the Youth Risk Behavior Surveillance System 2017 to obtain data from all states, to evaluate how electronic bullying impacts the emotional well-being of adolescents. We were also able to assess the gender disparities among these adolescent youth to see who was more likely to be affected. We were able to conclude with great statistical significance that there was a strong association between electronic bullying and adolescents who considered suicide and made suicidal plans with females impacted at higher rates than males. We hope that this research can raise awareness on how electronic bullying impacts the emotional stability of adolescents, as this truly does appear to be a huge component of their lives. Hopefully, future steps can be taken to reduce cyber bullying which in turn may reduce these harmful thoughts. It has truly been a wonderful opportunity to contribute our work on a national platform.

This research is a tribute to Dr. Beatrix Hamburg. She was an inspiring physician who has shaped a pathway for not only physicians who have a strong interest in child and adolescent mental health, but also for women and minority physicians who have a desire to make changes in this population. She has made a profound and impactful contribution to the field historically that shapes our approach on striving for knowledge, providing excellent service and never forgetting compassion for our patients. Receiving this award reminds us of the challenges that have been gracefully accomplished by Dr. Beatrix Hamburg and the hope that we too, can pave a pathway for success with hard work, dedication and an ongoing love for the field that holds dear to our hearts.

Thank you, Dr. Margaret Hamburg, for allowing us to be recognized in honor of your mother. We would like to continue to influence the health of our communities and strive to continue her work and initiatives.

Sincerely,

Nida Khawaja, MD  
University at Buffalo

Afifa Adiba, MD  
Yale Child Study Center

## AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Maria Andreu Pascual, MD

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Dr. Andreu Pascual presents the poster “The Effect of Traumatic Events on the Longitudinal Course of Youth With Bipolar Disorder” during New Research Poster Session 6 on Saturday, October 27, from 10:00 am–12:30 pm.

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*This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Maria Andreu Pascual, MD, completed her general psychiatry training in Valencia, Spain. While doing her training, she was involved in pediatric mental health and led several efforts to implement child mental health in Spain. Dr. Andreu Pascual received a Mental Health Masters with a concentration in child psychiatry from the Universitat de Elche, Alicante. During that time, she was involved in mentoring nursing students at the Universitat Catolica de Valencia. To expand her knowledge in child psychiatry, she completed observerships at St. Mary’s Hospital in London, and at Women’s Hospital in Toronto. Dr. Andreu Pascual is currently completing her child and adolescent psychiatry fellowship at Western Psychiatric Institute and Clinic of University of Pittsburgh Medical Center through a nationally recognized grant offered by the Alicia Koplowitz Foundation. In her fellowship she combines her interests of pediatric trauma and bipolar disorder in her clinical experiences as well as her research. Her current research focuses on the development of bipolar disorders in pediatric populations and the possible effects of trauma on this group.

*I am honored to receive this award and feel grateful to be part of a thriving research community focused on understanding mood disorders in pediatric populations and their relationship to trauma. I am endlessly thankful for the mentorship of Drs. Boris Birmaher, Jessica Levenson, and Sansea Jacobson. I am thankful to the Alicia Koplowitz Foundation and AACAP for their support of research through my residency.*



# UPMC

November 2, 2018

To Beatrix Hamburg, MD  
3415 36<sup>th</sup> Street, NW  
Washington, D.C. 20016

Dear Dr. Beatrix Hamburg,

I am writing you to truly thank you for honoring me with the Beatrix Hamburg Award 2018 on my poster "The Effect of Traumatic Events on the Longitudinal Course of Youth with Bipolar Disorder." I was so pleased and appreciative to discover that I was selected as the recipient of the award.

As I look at my award, I am reminded of the many challenges I experienced during my professional career, how I was deeply interested in Child Psychiatry and how difficult it was for me to develop my interests given the lack of resources and specific training I had in my country. Thanks to Alicia Koplowitz Foundation I was able to do my Child and Adolescent Psychiatry Fellowship here at UPMC Western Psychiatric Hospital in Pittsburgh, where I have not only learned clinically, but also have grown academically with resources and tools to develop my research career. Being honored with this award was a wonderful symbolic recognition of my, and my mentors' efforts and commitment over the past years.

I had the pleasure to attend the 65th American Academy of Child and Adolescent Psychiatry (AACAP) Conference in Seattle. While there, I was fortunate to participate in a wide range of learning activities such as Institutes, Symposia, Clinical Consultation Breakfasts and Clinical Case Conferences; all provided me with invaluable knowledge and undeniably will contribute to improving my clinical, research and interpersonal skills in practice. It was also a unique opportunity to reconnect with old friends and colleagues, and make new connections, and begin to establish improved collaborative models in this thriving community of Child and Adolescent Psychiatry worldwide.

It was an amazing opportunity to share our research findings during the poster sessions and to get feedback related to it. Presenting a poster always offers a great possibility to share work, and receive helpful feedback related to overcoming limitations and problems one might encounter in such research protocols. In fact, I took notes of every comment and suggestion and I know these will be helpful for our future work in the field.

I feel endlessly grateful to The Beatrix Hamburg Awards to have provided me with this unique opportunity. Thank you again for this support. I am looking forward to continued collaboration and serving on more committees with you in the years to come.

Kind regards,



Maria Andreu Pascual MD,  
Child and Adolescent Psychiatry Fellow (Alicia Koplowitz Foundation)  
UPMC Western Psychiatric Hospital  
100 North Bellefield Avenue, Office 518  
Pittsburgh, PA 15213

## AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Kristen Eckstrand, MD, PhD

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*The AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Dr. Kristen Eckstrand has studied brain development and behavior ever since she was a postbaccalaureate fellow in the Child Psychiatry Branch at the National Institute of Mental Health. While completing her MD and PhD in neuroscience at Vanderbilt University and leading several nationally recognized efforts promoting health care for lesbian, gay, bisexual, and transgender communities, she became interested in the relationship of trauma and resilience. She is uniting these interests during her residency training at the Western Psychiatric Institute and Clinic in Pittsburgh. Her current research focuses on the development of risk behaviors and affective psychopathology in youth, with a focus on vulnerable populations. She is particularly interested in the impact of trauma on children and adolescents. Her work has been recognized with numerous awards including those from the American Association of Directors of Psychiatric Residency Training, American Medical Association, and the Association of American Medical Colleges.



Dr. Eckstrand presents the poster “Anterior Cingulate Connectivity During Reward Processing Mediates the Relationship Between Trauma Exposure and Depressive and Anxiety States in Young Adults” during New Research Poster Session 5 on Friday, October 27, from 9:30 am–12:00 pm.

*I am honored to receive AACAP’s 2017 Beatrix A. Hamburg Award. It is exciting to be part of a thriving research community focused on understanding the development of resilience following exposure to trauma. I am endlessly thankful for the mentorship of Dr. Mary Phillips and Dr. Erika Forbes, and to AACAP for their support of research during residency training.*



# UPMC HEALTH SYSTEM

*Western Psychiatric Institute and Clinic*

3811 O'Hara Street  
Pittsburgh, PA 15213-2593

October 2, 2017

Beatrix Hamburg, MD  
3415 36th Street, NW  
Washington, D.C. 20016

Dear Dr. Hamburg,

It is an incredible honor to receive this year's Beatrix A. Hamburg Award from the American Academy of Child and Adolescent Psychiatry. Your dedication to advancing scientific pursuit in psychiatry and, perhaps more importantly, promoting the development of young physician scientists is inspiring. As a newer trainee in child and adolescent psychiatry, the support of a pioneer in the field is exciting and motivating.

The research from which the poster was derived was examining the impact of trauma exposure on neural reward processing in young adults, and how these alterations may be associated with depression and anxiety symptoms. The results supported that trauma-associated changes in neural reward processing are associated with such symptoms; however, the direction of the associations revealed two separate pathways respectively contributing to risk for and resilience against psychiatric symptoms.

The motivation for this project was one that most child and adolescent psychiatrists have – the desire to minimize psychiatric distress and support healthy development in youth. Elucidating pathways of resilience has the potential to lead to intervention development supporting improved outcomes in youth following trauma exposure. With your support and the support of my mentors, Dr. Mary Phillips and Dr. Erika Forbes, I plan to continue building a career in research examining the impact of trauma on brain development. I particularly hope to focus on understanding how underserved communities may be differentially impacted by trauma.

Thank you again for your support of research, and for your own incredible contribution to child and adolescent psychiatry.

Most sincerely,

A handwritten signature in black ink, appearing to read 'Kristen L. Eckstrand'.

Kristen L. Eckstrand, MD, PhD  
Western Psychiatric Institute & Clinic  
University of Pittsburgh  
eckstrandkl@upmc.edu  
P: 301-787-2359

## AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Naser Ahmadi, MD, PhD

*The AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Dr. Naser Ahmadi has been pursuing research on posttraumatic stress disorder (PTSD) and its related psychosomatic disorders since his preventive medicine clinical and translational research fellowship at University of California, Los Angeles (UCLA). He continued this research during his adult psychiatry residency, in which he received an APA Research Colloquium Junior Investigator Award for his study on the efficacy of electroconvulsive therapy on PTSD. As a child and adolescent psychiatry fellow at UCLA-Kern, he has been conducting translational clinical research on adverse childhood experiences (ACE) and PTSD, as well as their related psychosomatic disorders. Furthermore, he received the AACAP Psychiatry Pilot Research Award for his current project investigating the impact of positive psychiatry in comorbid attention-deficit/hyperactive disorder and PTSD. He is currently researching novel markers and interventions for early detection, risk stratification, and management of ACE and PTSD in adolescents.



Dr. Ahmadi presents the poster “Adverse Childhood Experience Is Associated With Impaired Coronary Distensibility Index and Predicts Major Adverse Cardiovascular Events” during New Research Poster Session 6 on Saturday, October 29, from 10:00 am–12:30 pm.

*I am extremely honored to receive AACAP’s 2016 Beatrix Hamburg Award. I am pleased to be a part of the flourishing field in early prevention and management of adverse childhood experiences and trauma disorders, to safeguard a healthy future for our nation. I am grateful to all my mentors at UCLA and Kern Medical for their valuable support and education.*

Dear Dr Beatrix A. Hamburg,

I am extremely honored to receive AACAP's 2016 Beatrix Hamburg Award. I would like to thank you wholeheartedly for your outstanding education, and support to so many child and adolescent psychiatrists like me and my mentors at UCLA who inspired by you, and follow your footsteps as our favorite role model and lifelong advocate to enhance mental well-being of children and adolescent and their families, in addition to your superb service. I wish you all the best and health, and look forward to opportunity to thank you in person and learn more from you. Thank you again. I appreciate your attention.

With warmest regards,

Naser Ahmadi MD PhD  
CAP Fellow, UCLA-Kern

## AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Justine Wittenauer, MD

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*The AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former President of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Dr. Justine Wittenauer became interested in psychiatry during her combined BS/MD program at The University of Akron and Northeast Ohio Medical University. During her adult psychiatry residency at Emory University, she developed an interest in adolescent addiction and decided to pursue fellowships in both child and adolescent and addiction psychiatry. As a child and adolescent psychiatry fellow at Cambridge Health Alliance, a Harvard affiliate, Justine received the National Institute on Drug Abuse-AACAP Resident Training Award for her current project under the mentorship of Benjamin Cook, MPH, PhD, investigating the impact of exposure to substance prevention programming in schools. After completion of her child and adolescent psychiatry fellowship, she began her current endeavor, an addiction psychiatry fellowship through Partner's HealthCare in Boston, MA, also a Harvard affiliate. She is currently researching comorbid psychiatric diagnoses in adolescents with substance use disorders.



Dr. Wittenauer presents the poster, "Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders: A National and Statewide Multivariate Comparison" during New Research Poster Session 2 on Thursday, October 29, from 10:00 a.m.–12:30 p.m.

*It is an incredible honor to receive the 2015 Beatrix A. Hamburg Award. I am pleased to see an increasing focus on adolescent substance use disorders, and look forward to working in this growing field. I would like to thank all of my mentors at Emory and Harvard for their ongoing support, specifically Drs. Nancy Rappaport and Sandra DeJong.*





August 14, 2015

Beatrix Hamburg, MD  
3415 36<sup>th</sup> St. NW  
Washington, DC 20016

Dear Dr. Hamburg,

I would like to express my gratitude for the establishment of the Beatrix Hamburg Award within the American Academy of Child and Adolescent Psychiatry. It is an honor to have been considered, as your incredible commitment to not only academic medicine, but public service is unparalleled. Through this forum, your important work in promoting quality care and clinical research for children with mental illness can be carried on.

I am currently engaged in an addiction fellowship having just completed my child and adolescent psychiatry training through Cambridge Health Alliance, a Harvard Medical School affiliate. My goal is to work with adolescents who have already developed, or are at risk for addiction. I feel that this area of psychiatry has been largely underserved and would benefit from further research and support. The project that was submitted for this award focuses on understanding the impact of substance use prevention programming in high schools across the nation. I am hopeful that the work will result in an improvement in the quality of prevention programming and a subsequent decrease in adolescent substance use disorders.

I have been afforded the prospect to meet and collaborate with many acclaimed clinicians through your award. Thank you again for your generosity. Through your dedication to the promotion of acceptance and treatment for people and children with emotional struggles, many lives are improved.

Sincerely,

A handwritten signature in cursive script, appearing to read 'Justine'.

Justine Wittenauer, MD  
McLean Hospital  
115 Mill St. Mail Stop 222  
Belmont, MA

## AACAP Beatrix A. Hamburg, MD Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

Sean F. Ackerman, MD

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Dr. Sean F. Ackerman presents his poster, “No Increase in Autism Associated Genetic Events in Children Conceived by Assisted Reproduction” during New Research Poster Session 6 on Saturday, October 25 from 10:00 a.m.–12:30 p.m.

*The AACAP Beatrix A. Hamburg, MD Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Dr. Sean F. Ackerman is a first year child and adolescent psychiatry fellow at the University of Vermont, where he also completed his general adult psychiatry training. He received his bachelor of fine arts from New York University and his doctor of medicine from the University of Washington.

Prior to medical school, Dr. Ackerman spent time as a one-to-one aide working with a boy who had autism in a kindergarten classroom. Seeing the world through this child’s eyes began a path that has focused Dr. Ackerman’s research interests on autism. More specifically, Dr. Ackerman is interested in both trying to help understand the genetics of autism while also being concerned with the ways in which having a diagnosis of autism impacts the social, behavioral, and medical services these children receive.





*In alliance with  
The University of Vermont*

August 26, 2014

To:

Beatrix Hamburg, MD  
3415 36<sup>th</sup> Street, NW  
Washington, D.C. 20016

Dear Dr. Hamburg,

I recently found out that this year at AACAP's annual meeting I will be receiving the award named after you for the best research poster by a Child & Adolescent Psychiatry Fellow. I just wanted to take a moment to thank you for this award. It really means a lot. Most obviously, it means a lot to everybody that put work into our data set. So many people worked on this study given its size – over 2,000 families allowed us to look at their genetics and behaviors. Awards like this one help to justify all the time and effort spent by so many. At the same time this award means a lot to me on a very personal level. You see, I am at the beginning of my career, and I am still trying to understand to what degree my future will be more clinical or more research based. Receiving this award is certainly an encouraging sign that maybe my time is well spent with research, and will drive me forward into future such efforts.

In any case, it is an honor to receive this award, especially considering it is named after a pioneer in the field such as you.

Sincerely,

A handwritten signature in black ink, appearing to read "S.A." followed by a stylized flourish and ".MD".

Sean Ackerman, MD  
First Year Child & Adolescent Psychiatry Fellow  
University of Vermont  
UHC Campus, Arnold 3  
1 South Prospect  
Burlington, VT 05401  
Phone (802)847-2256  
Email: sean.ackerman@vtmednet.org

## AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident

David I. Driver, M.D.

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*The AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, M.D., former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*



Dr. David I. Driver presents his poster, "Premorbid Impairments in Childhood-Onset Schizophrenia" during New Research Poster Session 1 on Wednesday, October 23, 2013 from 12:00 p.m. to 2:30 p.m.

Dr. David I. Driver is a Clinical Fellow at the National Institute of Mental Health in the Rapoport lab. He received his Bachelors of Science in Biology from The University of Texas at San Antonio and obtained his Doctorate in Medicine from The University of Sint Eustatius School of Medicine. He completed his General Adult Psychiatry residency at Georgetown University Hospital and his Child and Adolescent Psychiatry subspecialty training through the National Institutes of Health/Children's National Medical Center Combined Program in Washington D.C.

Dr. Driver is primarily interested in studying the normal and abnormal brain development, along with the clinical phenomenology and neurobiology, of childhood onset psychotic disorders. He serves as an Associate Investigator for The Screening, Evaluation, Diagnosis, Treatment Optimization and Follow-up for Childhood Onset Psychotic Disorders; The use of daily, intranasal oxytocin for the treatment of childhood-onset schizophrenia (COS), a randomized double-blind trial; and Safety of transcranial direct current brain stimulation (TDCS) for improvement of psychotic symptoms and cognitive functioning in childhood onset schizophrenia (COS); Child Psychiatry Branch, National Institute of Mental Health, Bethesda, MD.

*"I am honored and humbled to be selected for the 2013 AACAP Beatrix A. Hamburg Award. I am very fortunate to have excellent mentorship through the NIMH, DC's Children's National Medical Center, and AACAP, and I would like to thank my mentors, patients, and families who make our research possible. To receive this award is truly an honor and I will strive to realize the faith and confidence placed in me."*



Wednesday, October 30, 2013

Re: 2013 AACAP Beatrix A. Hamburg Award

Dear Dr. Hamburg,

I was honored and humbled to have been selected for your award. The award facilitated my attendance at AACAP, and allowed me to meet several individuals whom I've developed a mentor/mentee relationship with that will last and help further my research. To receive this award was truly an honor and I will strive to realize the faith and confidence placed in me.

Thank you for your gracious support of young researchers such as myself!

Sincerely,

David I. Driver, M.D.  
Clinical Fellow  
Child Psychiatry Branch, National Institutes of Mental Health (NIMH)  
Building 10, Room 3B19  
10 Center Drive, MSC 1600  
Bethesda, Maryland 20892-1600

## AACAP Beatrix A. Hamburg Award for Best New Research Poster by a Child and Adolescent Psychiatry Resident

Rebecca Hommer, M.D.



Dr. Hommer presents “Attention Bias to Threat Faces in Severe Mood Dysregulation” during New Research Poster Session 6 on Saturday, October 27, 2012 from 10:00 a.m. to 12:30 p.m.

*The AACAP Beatrix A. Hamburg, M.D. Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, M.D., former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Rebecca Hommer, M.D., became interested in the brain and behavior as a research assistant studying macaque development and mother-infant interactions in the lab of Stephen Suomi, Ph.D. She left the lab to attend medical school at the University of Pennsylvania, but returned to the NIH as a 4<sup>th</sup> year medical student. Under the mentorship of Ellen Leibenluft, M.D., Rebecca worked on neuroimaging projects and gained clinical experience working with children with bipolar disorder and severe mood dysregulation (SMD), leading to her decision to pursue residency training at a program that emphasized child psychiatry research. As a child, adolescent, and adult psychiatry resident in the Albert J. Solnit Training Program at Yale, Rebecca worked on several projects under the mentorship of Linda Mayes, M.D., focusing on adolescent stress reactivity and the neural correlates of stress and appetitive processes. She received an AACAP Pilot Research Award to study the effects of acute and chronic stress on adolescent decision-making. Rebecca recently returned to Dr. Leibenluft’s lab at the NIMH, and she is currently involved in studies comparing SMD youth with and without co-occurring anxiety on clinical and neurophysiological variables and assessing longitudinal outcomes in this population.

*“It’s such an honor to receive the 2012 Beatrix Hamburg award, and I’m so glad that my interest in understanding childhood irritability is shared by others at AACAP. I feel fortunate to have many wonderful mentors, both at the NIMH and at Yale, and I would like to thank them, as well as my fellow trainees and the patients and their families, for all that they do to make this research possible.”*

November 2012

\* by the Hamburg Award was a real joy because it allowed me to share my findings regarding attention bias in children with Severe Mood Dysregulation with so many more people.

In closing, I truly appreciate all that you have done to encourage child psychiatry research among young investigators, and I am especially grateful that your generous support afforded me this wonderful opportunity to share my research and learn from others. Thank you very, very much.

All the best,

Rebecca Hommer

(Rebecca Hommer)

Dear Dr Hamburg,

I was so honored to receive the 2012 Beatrix Hamburg Award for best new research poster by a child psychiatry resident, and I wanted to thank you for your extraordinary generosity in making this award possible.

Participating in AACAP annual meetings over the past several years has played an integral role in fostering my development as a child psychiatrist & mental health researcher, transitioning from medical student to resident to post-doctoral fellow. I always enjoy the annual meetings and have found them to be a wonderful source of information, helping me to improve both my research and clinical practice as well as to forge relationships with other child psychiatrists that continue to foster career development long after the meeting ends. This year in San Francisco was no different, and having my research put in the spotlight \*

## AACAP Beatrix A. Hamburg Award for Best New Research Poster by a Child and Adolescent Psychiatry Resident

Garrett Sparks, M.D., M.S.



*The AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, M.D., former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.*

Dr. Sparks presents his research during New Research Poster Session 6 on Saturday, October 22, 2011 from 10:00 a.m. to 12:30 p.m.

Garrett Sparks, M.D., M.S. grew up in Ashland, Kentucky and received degrees in Biology and English from the University of Kentucky where he was introduced to neuroscience research in the invertebrate laboratory of Robin Cooper, Ph.D. He received his M.D. and M.S. in clinical research from the University of Michigan Medical School where he was involved in studies of early attachment with Maria Muzik, M.D. and perinatal depression with Sheila Marcus, M.D. He is currently a child and adolescent psychiatry fellow at the Western Psychiatric Institute and Clinic of the University of Pittsburgh Medical Center where he also completed his adult psychiatry training. As a member of the Western Psychiatric Institute and Clinic (WPIC) research track, he has been working with David Axelson, M.D. and Boris Birmaher, M.D. to study emotional dysregulation in youth at risk for bipolar disorder. He plans to pursue further training in addiction psychiatry and continue work with youth with emotional dysregulation at risk for onset and relapse of substance use disorders.

*"I am honored and humbled as the recipient of the Beatrix A. Hamburg award for my poster exploring temper outbursts in youth at risk for bipolar disorder. I am very fortunate to have the opportunity to work with Dr. David Axelson and Dr. Boris Birmaher and their enthusiasm in caring for children suffering from bipolar disorder. I thank AACAP for selecting our poster to represent the excellent work of many aspiring resident researchers."*



3811 O'Hara St  
Pittsburgh PA 15217

Nov 9, 2011

Beatrix Hamburg, M.D.  
3415 36th Street, NW  
Washington, D.C. 20016

Dear Dr Hamburg,

I was incredibly honored to receive the AACAP award for a poster by a child fellow named in your honor at the Toronto meeting last month. While presenting my poster, I had several physicians who know you personally come up to me and mention some warm anecdotes, and that helped me to further appreciate the honor I received. Award winners receive prime poster position during the meeting, and because of the extra attention the poster received I had the opportunity to have some very insightful talks with faculty who have wide, varied opinions about the diagnostic uncertainties our specialty faces with DSM-5, especially regarding irritability as a symptom.

I grew up in Eastern Kentucky, attended college at the University of Kentucky, then left for medical school at the University of Michigan. While at Michigan, I visited Pittsburgh for a conference and met Boris Birmaher and David Axelson for the first time. One of my primary motivations for pursuing training in adult and child and adolescent psychiatry was the opportunity to work with these excellent mentors to learn more about clinical care and research of youth with bipolar disorder.

By receiving your eponymous award, I have been encouraged in my research efforts and very much appreciate the offset of expense of attending the meeting which the stipend will provide.

Thank you very much,

Garrett Sparks, MD

PGY4, Child and Adolescent Psychiatry

Western Psychiatric Institute and Clinic  
University of Pittsburgh Medical Center

*A*ACAP BEATRIX A.  
HAMBURG AWARD FOR  
THE BEST NEW  
RESEARCH POSTER BY  
A CHILD AND  
ADOLESCENT  
PSYCHIATRY RESIDENT  
TO PAUL EL-FISHAWY,  
M.D.



*The AACAP Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation in honor of Beatrix A. Hamburg, M.D., a trustess of the foundation. Dr. Hamburg was the President of the Williams T. Grant Foundation and is a fellow of AACAP. This award of \$1,000 honors her commitment to the education and development of young investigators. AACAP is honored to present the 2010 Beatrix A. Hamburg Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident to Dr. Paul El-Fishawy for his poster, "A Project to Identify Genes Contributing to Autism in Consanguineous Egyptian Pedigrees by Utilizing Homozygosity Mapping and Whole-Exome Sequencing."*

I am honored to have been selected to receive the Beatrix A. Hamburg award for my work done in the laboratory of Dr. Matthew State, M.D., PhD. I cannot thank him and the outstanding faculty of the Yale Child Study Center enough for making this research possible and for their superb mentorship. I would like to thank in particular the Chairman Dr. Fred Volkmar, M.D., the Research Director, Dr. James Leckman, M.D., Robert King, M.D., and the fellowship directors, Dorothy Stubbe, M.D., and Andrés Martin, M.D.

This research project would not be possible without the collaboration of outstanding researchers in Egypt and the generosity of the patients and families with whom we work there. I would also like to thank my parents and my wife and children for their unwavering support. Finally, I would like to thank the AACAP for this honor.

Dr. El-Fishawy presents, "A Project to Identify Genes Contributing to Autism in Consanguineous Egyptian Pedigrees by Utilizing Homozygosity Mapping and Whole-Exome Sequencing," during New Research Poster Session 6 on Saturday, October 30, 2010 from 10:00 a.m. to 12:30 p.m.

Paul El-Fishawy, M.D.

99 Linden Street New Haven, CT 06511

Telephone: (203) 507-4050 Email: Paul El-Fishawy@Yale.edu

Beatrix Hamburg, M.D.  
3415 36th Street, NW  
Washington, D.C. 20016

Dear Dr. Hamburg,

I was awarded the Beatrix Hamburg Award this year for the best new research poster by a child and adolescent psychiatrist. I presented my poster at AACAP in New York. I am writing to thank you so, so much for the award. It is an honor to have received it.

My research at the Yale Child Study Center in New Haven, CT aims to discover genes that contribute to autism. The hope is that the discovery of these genes will lead to a better understanding of the biology of autism and hence, to better diagnostic measures and treatments. I am searching for these genes in a special population, consanguineous families in Egypt, where such genes may be concentrated.

Research in basic science is sometimes slow, and your award gave me boost at such a time and reinvigorated my efforts. Thank you again. I look forward to meeting you one day to thank you personally.

Sincerely,

Paul  
2010 Beatrix A. Hamburg, MD, Award Recipient