

## AACAP Educational Outreach Program for Pediatric Residents, supported by the AACAP Life Members Fund

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*The AACAP Educational Outreach Program provides the opportunity for pediatric residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Life Members Fund, recipients receive up to \$1,200 of financial assistance to experience AACAP's Annual Meeting.*

**Dilasha Manandhar, MBBS**—Lincoln Medical and Mental Health Centre

**Noelia A. Torres Resto, MD**—Washington State University

# AACAP 2024 OCT 14-19 SEATTLE, WA

## CHECK OUT THESE EVENTS & PROGRAMS!

MSR Committee

Training and Education Committee

Triple Board and Post Pediatric

Portal Programs

# AACAP Educational Outreach Program (EOP) for Pediatric Residents

Supported by AACAP's Life Members Fund

You are required to complete **seven programs**  
during the Annual Meeting. See below.

Choose **one (of two) Life Member Sponsored** Session(s).

Weds. Oct 16

**8:00 - 9:45 am** (Opening Plenary)

**KARL MENNINGER, MD, PLENARY**

[From Crisis to Compassion:](#)

[Rethinking Mental Health in Foster Care](#)

**10:00 am - 12:00 pm**

**Life After Combined Training: Perspectives and  
Mentorship Opportunities for Triple-Board and  
Postpediatric Portal Trainees and Graduates**

Friday Oct. 18

**8:00 - 9:30 am** (Invite Only)

[Young Leaders Awards Breakfast](#)

**12:45 - 2:30 pm** (Invite Only)

[Life Members Luncheon](#)

Complete **two additional required sessions** based on your individual  
interest; may include a program that you monitor, or in which you are  
serving in a chair, discussant or co-presenter role, or other academic/  
clinical programming of choice from the program schedule.

Also consider...

**Bringing the Village to the Children  
Programming**

**Honors Presentations**  
(dates and times vary)

**Wellness Programs**

**Networking Events**

- Medical Students and Residents (MSR)/ Early Career Psychiatrist (ECP) Meet Up
- Welcome Reception
- MSR Breakfast (Ticketed)

## ACCESS CONTENT BEYOND THE MEETING!

Purchase the Conference Enrichment  
Package (CEP) at Registration.



AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

WWW.AACAP.ORG

**AACAP Life Members Committee - EOP PED LM**

Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD  
3615 Wisconsin Avenue, NW  
Washington, DC 20016

November 5, 2024

Dear Drs. Benoit and Sholevar,

I am writing to express my heartfelt gratitude to the AACAP Life Members Committee for sponsoring our award, which allowed me to attend the AACAP Conference 2024. This opportunity was instrumental in enabling me, a pediatrician, to find my place in a meadow of child and adolescent psychiatrists.

The conference provided me with invaluable exposure to the field of child and adolescent psychiatry and allowed me to explore the interplay between pediatrics and mental health care. The sessions and discussions not only broadened my understanding but also inspired me to integrate this knowledge into my practice to better serve my patients.

Your generous support underscores the importance of collaboration and mentorship in advancing healthcare fields. I am deeply appreciative of your role in facilitating my participation, and I look forward to applying the insights I gained in meaningful ways.

Thank you once again for this incredible opportunity.

Sincerely,

Dilasha Manandhar  
Pediatrics Resident (PGY-2)  
Lincoln Medical and Mental Health Centre

AACAP Life Members Committee - EOP PED LM  
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD  
3615 Wisconsin Avenue, NW  
Washington, DC 20016

November 3, 2024

Dear Drs. Benoit and Sholevar,

I am writing to express my heartfelt gratitude for being honored with the Educational Outreach Program award. This recognition is not only a privilege but also an incredible opportunity that has opened many doors for me in my career.

Participating in the program has been a transformative experience. I am thankful for the chance to connect with professionals from diverse backgrounds, as well as those who share similar cultural experiences to mine. Meeting fellow Latinos represented in important and influential positions within psychiatry was not only inspiring but reassuring that this field is full of open and accepting individuals with the common goal of treating and improving mental health, without bias or exclusivity.

The connections I was able to make have enriched my understanding of the field and reinforced my commitment to making a positive impact in child and adolescent psychiatry. I am truly grateful for the Academy's dedication to fostering growth and collaboration among emerging professionals. I also admire the efforts being made to include not only those within psychiatry itself, but from other medical specialties inevitably intertwined with the complexities of mental health, such as Pediatrics.

Thank you once again for this invaluable opportunity. I look forward to staying connected and contributing to the mission of the Academy.

Warmest regards,

Noelia A. Torres Resto, MD  
PGY-1, Pediatrics  
Elson S. Floyd College of Medicine  
Washington State University, Spokane WA