

AACAP Educational Outreach Program for General Psychiatry Residents, supported by the AACAP Life Members Fund

The AACAP Educational Outreach Program provides the opportunity for general psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Life Members Fund, recipients receive up to \$1,200 of financial assistance to experience AACAP's Annual Meeting.

Mitchell Bayne, MD, MPH—State University of New York Downstate

Jose A. Calderon, MD—Yale University

Jesse P. Cannella, MD*—Indiana University

Allison Chang, MD—University of Hawai'i

Angela C. Eke-Usim, MD, MPH—Michigan State University/Authority Health

Ryan J. Elliott, MD, MPH—University of California, San Diego

Minju Hwang, DO—University of Florida

Folasade C. Lapite, MD, MBE*—University of Texas Southwestern

Deborah Park, MD, MS—Brigham and Women's Hospital

Johana Pena, MD—UCLA David Geffen School of Medicine/UCLA Medical Center/
VA Greater Los Angeles Healthcare System

Kit M. Quain, MD—Butler Hospital/Brown University

Kalyan Tripathy, MD, PhD—UPMC Western Psychiatric Hospital

Deniz Yuruk, MD—St. Louis University

**Triple Board/Post Pediatric Portal Resident*

AACAP 2024 OCT 14-19 SEATTLE, WA

CHECK OUT THESE EVENTS & PROGRAMS!

MSR Committee

Diversity and Culture

Training and Education Committee

AACAP Educational Outreach Program (EOP) for General Psychiatry Residents

Supported by AACAP's Life Members Fund

You are required to complete **seven programs** during the Annual Meeting. See below.

Choose **one (of two) Life Member Sponsored** Session(s).

Weds. Oct 16	8:00 - 9:45 am (Opening Plenary) KARL MENNINGER, MD, PLENARY <u>From Crisis to Compassion: Rethinking Mental Health in Foster Care</u>
Thurs Oct. 17	4:45 - 6:15 pm [Free ticketed event - 2 sessions] <u>Mentorship Program for MSR - Part 1</u>
Friday Oct. 18	8:00 - 9:30 am (Invite Only) <u>Young Leaders Awards Breakfast</u> 12:45 - 2:30 pm (Invite Only) <u>Life Members Luncheon</u> 4:45 - 6:15 pm [Free ticketed event - 2 sessions] <u>Mentorship Program for MSR - Part 2</u>

Complete **two additional required sessions** based on your individual interest; may include a program that you monitor, or in which you are serving in a chair, discussant or co-presenter role, or other academic/clinical programming of choice from the program schedule.

Also consider...

**Bringing the Village to the Children
Programming**

Honors Presentations
(dates and times vary)

Wellness Programs

Networking Events

- Medical Students and Residents (MSR)/ Early Career Psychiatrist (ECP) Meet Up
- Welcome Reception
- MSR Breakfast (Ticketed)

ACCESS CONTENT BEYOND THE MEETING!

Purchase the Conference Enrichment Package (CEP) at Registration.



AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG

10/25/2024

AACAP Life Members Committee - EOP GEN LM
Attn: Marilyn B. Benoit, MD, and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

Dear Dr. Benoit, Dr. Sholevar, and the AACAP Life Members Committee,

I am writing to express my gratitude for your generous sponsorship, which allowed me to attend the AACAP Annual Meeting in Seattle in 2024. Thanks to your support, I was able to immerse myself in important conversations around epidemiology and advocacy, areas that I am passionate about and critical to advancing child and adolescent psychiatry.

The conference was especially meaningful as I had the opportunity to present on the use of AACAP's medical illness severity tool, CALOCUS, and how it can support achieving insurance reimbursement for youth psychiatric care. It was an honor to share my work with peers and learn from others dedicated to improving mental health outcomes for children and adolescents. I also gained a lot of insight about the organization and future directions of the field. The travel grant made this a reality.

Your sponsorship not only made it easier for me to present but also enhanced my ability to connect with the broader AACAP community and deepen my understanding of the organization's mission. Additionally, I made time to explore the city and enjoy some delicious local seafood at Pike Place Market—a great experience that made the trip even more special.

Thank you again for your generosity and commitment to fostering the next generation of child and adolescent psychiatrists. The knowledge I gained and the connections I built at this meeting will undoubtedly shape my future work in the field.

With deep appreciation,

Mitchell Bayne, MD MPH
PGY2 General Psychiatry Resident
SUNY Downstate, Brooklyn NY

October 29, 2024

AACAP Life Members Committee - EOP GEN LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

Dear Life Members,

I wanted to take a moment to express my heartfelt gratitude for the tremendous support provided by your team that enabled me to attend the Child and Adolescent Psychiatry Conference in Seattle.

I feel it's essential to reiterate just how appreciative I am for your team's assistance. Attending the conference served as a profound reminder of the significant need for mental health providers specializing in children, especially within our most vulnerable and historically excluded communities.

The experience of meeting leaders in the field, participating in enlightening lectures and workshops on challenging topics, and gaining an overall sense of the fellowship in this field was made entirely possible through your dedicated efforts. As a first-generation, low-income individual, the prospect of attending professional conferences can often seem daunting. However, I am profoundly grateful to know that there are individuals like yourself who are committed to supporting and guiding individuals like me through these experiences.

Your generosity and belief in my potential mean the world to me, and I am eager to continue learning and contributing to this essential field. Thank you once again for making a real difference in my professional journey.

Best,

Jose Calderon

AACAP Life Members Committee – EOP GEN LM Program
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

October 28, 2024

Dear Drs. Benoit and Sholevar,

Thank you so much for selecting me for this award and for helping me to attend the AACAP conference in Seattle this year! I am grateful to have met and spoken with both of you at the Life Members Luncheon. It was a pleasure to spend time talking with you both and hearing about your experiences in the field of child and adolescent psychiatry, as well as your thoughts on current issues in the field (along with enjoying too many of the delicious tarts that were for dessert). You are both inspirational in what you have achieved in your careers, especially considering the struggles and oppression which you had to overcome as women starting a career in medicine when you did. I am very thankful to have had the opportunity to meet both of you incredible women and to have attended this amazing conference.

The conference was a wonderful experience and was invaluable for me in terms of both formal learning and all of the informal learning, mentoring, and networking I was able to experience. All of the sessions which I attended were engaging and interesting, and it was a great pleasure to meet and hear from psychiatrists in every level of their career and in every arm of the field.

This award was immensely helpful in financing my trip and attendance at the conference and is deeply appreciated. Thank you so much for both your immense generosity and for your hard work and efforts in financing and organizing this award! I greatly appreciate it and look forward to attending future conferences and to getting further involved in AACAP.

Sincerely,
Jesse

Jesse Cannella, MD, PGY2
Indiana University
Pediatrics, Psychiatry, Child and Adolescent Psychiatry

AACAP Life Members Committee- EOP GEN LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

October 25, 2024

Dear Life Members Committee,

Thank you so much for the opportunity to attend the AACAP 2024 Annual Meeting through the Educational Outreach Program for General Psychiatry Residents.

This was my first time attending AACAP and it reaffirmed my interest and commitment to child and adolescent psychiatry. I found the workshops and clinical perspectives lectures educational; I have a more robust understanding of autism spectrum disorder, ADHD, as well as substance use in teens. To provide comprehensive care to our patients we must "Bring the village to the Children." The conference sessions have broadened my understanding of child-serving systems, from the juvenile justice system to the foster care system and the innovative ways AACAP members advocate for patients and continue to improve the mental health care system.

I appreciated meeting life member mentors and was touched how the mentors were so kind and caring, sharing their personal journeys how they became child and adolescent psychiatrists and their pearls of wisdom to the next generation of CAP psychiatrists. In addition, I also enjoyed meeting CAP fellows, general psychiatry residents, and medical students, from across the nation, excited to embrace the mission: to improve the mental health and wellbeing of all children and families. I am so grateful to have met new mentors and friends.

Overall, I am so grateful for the EOP as it provided me this unique and amazing opportunity. The AACAP Annual Meeting was a wonderful experience and I am so excited to become a future CAP fellow, to serve and advocate for children and families, and to learn and work closely with peers and senior child and adolescent psychiatry mentors. Thank you!

Sincerely,
Allison Chang PGY3
University of Hawai'i General Psychiatry Residency Program

Angela Eke-Usim MD, MPH

PGY-3 Resident

Authority Health-Michigan State University

Detroit, Michigan

10/19/2024

AACAP Life Members Committee - EOP General Psychiatry Residents Program

Attn: Marilyn B. Benoit, MD and Ellen Sholevar MD

3615 Wisconsin Avenue, NW

Washington, D.C. 20016

Dear Members of the AACAP Life Members Committee,

I am writing to express my deepest gratitude for your generous sponsorship of this year's AACAP program and your continued support of the Educational Outreach Program (EOP). Your commitment to the EOP has provided invaluable opportunities for residents and early-career professionals, including myself, to access critical resources, mentorship, and experiences that shape our professional development in child and adolescent psychiatry.

The knowledge and connections I have gained through this program have been transformative, allowing me to grow in my clinical and academic pursuits, and reinforcing my dedication to this field. Once again, thank you for your support and for your dedication to the education and training of future child and adolescent psychiatrists. Your impact on the field is profound, and I am sincerely grateful to be a recipient of your generosity.

Warmest regards,

A handwritten signature in black ink, appearing to be 'A. Eke-Usim', written in a cursive style.

Angela Eke-Usim MD, MPH

AACAP Life Members Committee - EOP General Psychiatry Residents Program

Attn: Marilyn B. Benoit, MD and Ellen Sholevar MD

3615 Wisconsin Avenue, NW

Washington, D.C. 20016

November 11, 2024

Dear AACAP Life Members Committee,

Thank you very much for the opportunity to attend AACAP this year. This was my first AACAP and it was such a formative professional experience for me that would not have been possible without this travel award. From attending plenary sessions to participating in case-based workshops and mentorship sessions, the conference presented numerous opportunities for my learning, professional development, and career exploration.

I particularly enjoyed attending the Life Members Committee sponsored sessions, including the clinical perspectives session and the Life Members Luncheon. One of the highlights was connecting with several life members, learning about their distinguished careers in CAP, and hearing their advice as I embark on these next stages of my career. I was so impressed by the welcoming and generous spirit that permeated these sessions and the AACAP conference in general.

Attending AACAP solidified my interest in pursuing a career in child and adolescent psychiatry and I look forward to participating in future AACAP conferences. Thank you again for your generous support of this program – it is tremendously appreciated!

All the best,

Ryan Elliott, MD, MPH

PGY1 General Psychiatry Resident, Community Track, UC San Diego

October 22, 2024

AACAP Life Members Committee - EOP General Psychiatry Residents Program
Attn: Marilyn B. Benoit, MD and Ellen Sholevar MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear AACAP Life Members Committee:

I am writing to express my sincere gratitude for your sponsorship of this year's EOP General Psychiatry Residents Program. Your commitment to supporting early career psychiatrists has made a significant impact on my professional development and that of my fellow residents.

The program has provided invaluable opportunities for learning, mentorship, and networking that would not have been possible without your generous support. The knowledge and insights gained through my experiences at Seattle will undoubtedly influence my practice and contribute to better patient care throughout my career.

The continued investment in the Educational Outreach Program (EOP) demonstrates AACAP's dedication to nurturing the next generation of child and adolescent psychiatrists, and the program's comprehensive approach to professional development, combined with the opportunity to learn from the Life Members, has been truly transformative.

Thank you again for your generosity and dedication to supporting future generations!

Sincerely,



Minju Hwang, DO
University of Florida
General Psychiatry Residency PGY2

November 16, 2024

AACAP Life Members Committee - EOP GEN LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

Hello Life Members Committee,

I wanted to thank you for your generosity in selecting me as one of the recipients for the Educational Outreach Program from the Life Members. I felt very fortunate having the opportunity to attend AACAP with minimal financial stressors. This opportunity allowed me to meet many new mentors and colleagues who I feel will be very beneficial to my career in Child and Adolescent Psychiatry. I hope to keep these conversations and this experience at the forefront of my training. I now know of different ways to incorporate AACAP into my residency training, and I feel truly grateful to the Life Members for facilitating this opportunity for me.

Best Wishes,
Folasade

Folasade Lapite, MD, MBE (She/Her)
UTSW Triple Board (Peds/Psych/Child Psych) PGY-1
Tulane School of Medicine Class of 2024
University of Pennsylvania Class of 2019

AACAP Life Members Committee - EOP GEN LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

Dear Members of the AACAP Life Members Committee,

I am writing to express my deepest gratitude for the opportunity to attend the AACAP Annual Meeting through your generous financial support. As a general psychiatry resident currently applying for CAP fellowships, this experience was incredibly timely and influential in shaping my career path.

One of the most valuable aspects of the meeting was the opportunity to connect with incredible peers and mentors in child and adolescent psychiatry. These connections have provided me with both inspiration and guidance as I navigate my career path. The collaborative atmosphere at the meeting fostered meaningful discussions and relationships that I know will extend well beyond the conference. The sessions and workshops were also very informative, offering deep insights into the latest advancements in the field. The chance to engage with leading experts and learn from their experiences was helpful. This experience has enhanced my understanding and has reinforced my commitment to specializing in child and adolescent psychiatry.

Without your support, attending this meeting would not have been possible. Your dedication to supporting residents at such a crucial stage in our training careers is deeply appreciated. The knowledge, mentorship, and connections I gained will impact my future practice and fellowship pursuits. Thank you once again for your generosity. I am eager to apply what I have learned to make a positive impact in the lives of young patients.

Warmest regards,

Deborah Park, MD, MS

PGY-III, Brigham and Women's Hospital

AACAP Life Members Committee – EOP GEN LM Program
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

December 16th 2024

Dear Drs. Benoit and Sholevar,

I am writing to express my heartfelt gratitude for selecting me for the Educational Opportunity Program for General Psychiatry Residents, which enabled me to attend the AACAP Annual Meeting. Thanks to your generous support, I was able to participate in this invaluable experience, which has significantly enriched my professional development.

The opportunity to attend the meeting allowed me to engage with leading experts in the field of child and adolescent psychiatry, learn about the latest research and treatment innovations, and connect with fellow residents and practitioners. These experiences have significantly broadened my understanding of the challenges and advancements in our field, and I am confident they will shape my future work as a psychiatrist.

I deeply appreciate your investment in my education and career. Without the Educational Opportunity Program, attending the AACAP Annual Meeting would not have been possible, and I am incredibly grateful for your generosity. Your support is truly making a difference in the lives of emerging psychiatrists like myself, and I am excited to apply the knowledge I gained to my clinical practice and future contributions to the field.

Thank you again for your kindness and belief in my potential. I look forward to continuing to grow and give back to the field, inspired by the opportunities your support has provided.

Sincerely,

Johana Pena, PGY-3
UCLA VA Psychiatry Residency Program

AACAP Life Members Committee - EOP GEN LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

October 29, 2024

Dear AACAP Life Members Committee,

I would like to express my sincere gratitude for your support of the Educational Outreach Program for General Psychiatry Residents. Receiving this travel grant allowed me to attend the AACAP Annual Meeting in Seattle, which was an amazing experience. I attended many fascinating presentations at the annual meeting, including a clinical case conference about psychosis and trauma, clinical perspectives on supporting gender-diverse youth among bans on gender-affirming care, and the impact of patient suicide on trainees and psychiatrists. It was also wonderful to have the opportunity to meet many Life Members at the Life Members Luncheon!

I am currently in the process of applying to Child and Adolescent Psychiatry fellowships, and attending the AACAP Annual Meeting made me even more excited to be entering the field of Child and Adolescent Psychiatry. I have been a member of AACAP since medical school, and I plan to make it a priority in my training to attend the Annual Meeting every year moving forward. Thank you again for your generosity in providing the funding for the Educational Outreach Program; I greatly appreciate it!

Sincerely,

Kit Quain, MD
PGY-3 Psychiatry Resident
Brown University

November 14, 2024

AACAP Life Members Committee - EOP GEN LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC

Dear Dr. Benoit, Dr. Sholevar, and other members of the AACAP Life Members Committee,

I wanted to express my immense gratitude for your kind support of trainees like myself looking to explore and enter the field of child and adolescent psychiatry. The Life Members Fund EOP Award makes a huge difference in our being able to capitalize on incredible training opportunities like attending the AACAP conference. I had a fantastic educational experience there in Seattle this year - learning from a wide range of fascinating talks and workshops, finding new research collaborators and career mentors in the field among the many leaders I was able to meet, and finding a community among other trainees from across the country and world. As an aspiring academic child psychiatrist, these experiences were integral to consolidating and further building my passion and curiosity for the field at an opportune time point in my training trajectory. I will look forward to returning to the AACAP conference in future years, hopefully with more of my own research to present through talks, posters, workshops, and myriad more quality conversations. Till then, I will continue to pursue my clinical CAP training and my research on novel interventions and resilience in youth with treatment-resistant depression and anhedonia, grateful for the new inspiration and mentorship made possible by your generous support through the Life Members Fund.

Kindest regards,



Kalyan Tripathy, MD, PhD
PGY-2 Resident

University of Pittsburgh Medical Center | Western Psychiatric Hospital

AACAP Life Members Committee - EOP GEN LM
Attn: Marilyn B. Benoit, MD and Ellen H. Sholevar, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

November 14, 2024

Dear AACAP Life Members Committee,

I would like to extend my sincere gratitude for the Education Outreach Award, which enabled me to attend the AACAP conference in Seattle. My journey with AACAP began in medical school as an international student, and over the years, I have had the privilege of meeting remarkable individuals within the organization. The annual AACAP conference has become an event I eagerly anticipate, and this year was particularly special due to receiving this award and the opportunity to connect with you.

The conference offered a wide array of compelling sessions, and choosing between them was challenging. Among those I attended were *Unleash the Power of Your Highest Self*, *Advances in Precision Neuromodulation*, *Research Pipeline*, *Honors Presentations*, *Research Posters*, and the *Institute on the Treatment of Preschoolers*. I found the mentorship events, including the Life Members Mentor Meeting and MSR Meet and Greet, to be invaluable in navigating my career and exploring various career paths and opportunities within AACAP. Additionally, I had the privilege of presenting my research poster, which allowed me to connect with fellow researchers.

My experience at AACAP this year was exceptional, and I am already looking forward to the next conference. Thank you once again for this opportunity and for your continued support. I am committed to remaining actively involved with AACAP and look forward to seeing you in Chicago next year!

Sincerely,

Deniz Yuruk, MD
PGY-2 Psychiatry Resident
Saint Louis University