

AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP's Life Members Fund

The AACAP Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Established in 2010 and supported by the AACAP Life Members Fund, recipients also engage with AACAP Life Members by attending the Life Members Wisdom Clinical Perspectives and the Life Members Reception and Dinner. Recipients receive up to \$1,000 of financial assistance to attend AACAP's Annual Meeting and must obtain a minimum of \$300 shared funding from a regional organization or institution.

Christopher M. Archangeli, MD—
University of Vermont Medical Center

Yon J. Chong, MD, MPH, MBA—
Creighton University/University of
Nebraska Medical Center

Jennifer C. Creedon, MD—
Tulane University

Brady Heward, MD—
University of Vermont Medical Center

Kelly Irons, MD—University of Utah

Sheena Joychan, MD—
Institute of Living/Hartford Hospital

Martine Lamy, MD, PhD—
Cincinnati Children's Hospital
Medical Center

John E. Leikauf, MD—Stanford University
Medical Center

Larry Mitnaul, MD, MPH, MS—
Dartmouth-Hitchcock Medical Center

Amy L. Noel, MD—Texas Tech University
Health Sciences Center

Aviva K. Olsavsky, MD—
University of Colorado Denver

John A. Pesavento, MD—
Creighton University/University of
Nebraska Medical Center

Manivel Rengasamy, MD—
Western Psychiatric Institute and Clinic of
University of Pittsburgh Medical Center

Aaron J. Roberto, MD—
Boston Children's Hospital and
Harvard University

Monique Simpson, MD—
Western Psychiatric Institute and Clinic of
University of Pittsburgh Medical Center

Bibiana Mary Susaimanickam, MBBS—
Vanderbilt University

Jerome H. Taylor, MD—Yale University

THE
University of Vermont
MEDICAL CENTER

CHILD PSYCHIATRY

ARNOLD 3

1 South Prospect Street

Burlington, VT 05452

PHONE 802-847-4563

FAX 802-847-7998

Dear Life Members,

MAIL RECEIVED

DEC 19 2016

DANIELLE

I am writing to say thank you for your support through the educational outreach program. I had a wonderful time at the meeting this year, and I'm not sure I would have been able to afford the trip without it. The Life Members dinner was a highlight. You all made me feel welcome and left the impression that academic child psychiatry is a vibrant and inviting place for young doctors. I hope you continue to support the educational outreach program, because it meant a lot to me this year.

Thank you,

Chris Archangeli

Yon j. Chong, MD, MPH, MBA
2321 South 49th St.
Omaha, NE 68106
November 27, 2016

AACAP Life Members Committee/Fund
Attn: John Schowalter, MD and Cynthia Pfeffer, MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear AACAP Life Members Committee/Fund:

Thank you for sponsoring this year's program and supporting the continuation of the EOP award for CAP Residents. Your generous sponsorship made it possible for me to attend the meeting for the first time in my last year of child psychiatry fellowship. I honestly do not think I would have been able to make it during my training career if it was not for your fund's generosity. It was also an absolute pleasure to meet many of you and learn about your experience and history with AACAP as well as your own personal career paths. Not only does your thoughtfulness mean so much to me, but I know it was also worthwhile to many of my current and new colleagues, that I met at the meeting. I also know it will benefit many in the future. Thanks also for making me feel part of a much larger loving family! It really made me feel like I made the right choice of becoming a child psychiatrist! Looking forward to seeing you all again in the future. Thanks again for everything!

Sincerely,

Yon j. Chong, MD, MPH, MBA
Child and Adolescent Child Psychiatry Chief Fellow 2016-2017

American & Nebraska Medical Association Resident/Fellow Representative
Creighton University/University of Nebraska Medical Centers

Nebraska Regional Organization of Child & Adolescent Psychiatry Resident Representative of the
American Academy of Child & Adolescent Psychiatry

11/20/16

Dear Life Members,

I am writing to express my deep gratitude for your ongoing support of medical students and trainees, through both your mentorship and your financial support of our attendance to the AACAP annual meeting. I was honored to have received a travel award to attend the meeting again this year. I have been involved in AACAP since medical school, and the support and mentorship that I have gotten through the Academy has certainly benefited me as my career has progressed. As a newly minted “early career” psychiatrist, I know that I will continue to turn to AACAP as my professional home throughout my career. As the co-chair of the Medical Student and Resident committee, and outgoing John E. Scholwater resident member of council, I am particularly grateful for the support that we consistently receive from Life Members. I know that there are many trainees that could not attend the meeting without this support, so as a young leader in the Academy, the importance of your generosity is particularly appreciated.

Thank you!

Jen Creedon

Brady Heward, MD
1 South Prospect Street
Burlington, Vermont 05452
203-859-8735
bjheward@gmail.com

November 11, 2016

AACAP Life Members Fund
Attn: John Schowalter, MD and Cynthia Pfeffer, MD
3616 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear Drs. Schowalter and Pfeffer,

I am writing to express my appreciation for the generous support that you and the AACAP Life Members Fund have provided for the AACAP Educational Outreach Program (EOP) that allowed me to attend the national meetings this year. Because of the support, I was able to travel to AACAP and participate in the meetings in New York. The experience was invaluable as I continue my training to become a Child and Adolescent Psychiatrist.

Currently I am a first-year Child and Adolescent Psychiatry Fellow training at the University of Vermont. I began my training as a General Psychiatry resident in 2011 at Yale University with the goal to continue my training in Child and Adolescent Psychiatry. I finished my residency in 2015 and then began a one year Public Psychiatry Fellowship at Yale. This summer, I moved to Vermont to continue my training. The opportunity to attend AACAP this year has been a career defining experience. Attending the meetings provided the chance to not only learn a great deal about the current state of the field, but was a wonderful chance to meet new people with a wide range of experiences in the field. I was able to network with others from all over the country, including regions where I hope to practice in the future. Additionally, as someone interested in trauma, substance use and community psychiatry, I was able to learn about many exciting opportunities and different clinical approaches to these areas throughout the country.

Thank you again for making this possible.

Sincerely yours,


Brady Heward, MD

Dear UACAP,

11/11/16

I wanted to write to thank you for your support of my attendance at the 63rd AACAP annual meeting. I would not have been able to go without your generosity. Below is a summary of what I did at the meeting for your records. I had a wonderful time, met amazing people & was inspired by the work being done in our field. Beyond attending many interesting lectures including the Simon Wile Symposium focused on bereavement psychiatry I attended the following events:

- Medical Student & Resident Networking Hour 10/25
- Karl Menninger Opening Plenary 10/26
- Welcome Reception 10/26
- Medical Student & Resident Career Development Forum 10/27
- Mentorship Program for Medical Students & Residents 10/27 & 10/28
- Young Leaders Award Breakfast 10/28

These events were required as an EOP CAP award recipient. In addition I was able to attend the Tripe Board Committee

Meeting and I gave a lecture on Childhood Physical Abuse on Wednesday, Oct 28th.

Many Thanks!

Sincerely,

Kelly Irons, MD
Tripe Board PECH
University of Utah



November 14, 2016

AACAP Life Members Fund
Attn: John Schowalter, MD and Cynthia Pfeffer, MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear AACAP Life Members Committee:

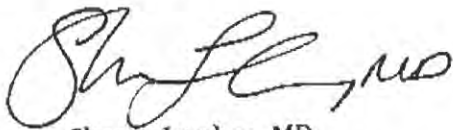
Thank you so much for your generous support of my attendance at the AACAP 63rd Annual Meeting!

I was very interested in attending the meeting this year, especially as I started my child and adolescent psychiatry fellowship at the Institute of Living in Hartford, Connecticut, this past July. Our training program was very supportive of the fellows' interest in attending the conference this year, and indeed, all of our fellows were able to participate, which was wonderful.

It is inspiring to see the value that the Life Members Committee puts on assisting trainees to attend the annual meeting. The opportunities for networking and mentorship were invaluable, and I am most grateful for being a recipient of the EOP award this year. Your support made this financially feasible for me and allowed me to participate in additional workshops that I might otherwise have not been able to attend. I hope that the Life Members continue to sponsor trainees for future meetings, as this truly is helpful for trainees who are considering attending the conference.

Thank you again for all of your support, and I wish you all a very safe and happy holiday season!

Sincerely,



Sheena Joychan, MD
Child & Adolescent Psychiatry Fellow
Institute of Living/Hartford Hospital

AACAP Life Members Fund
Attn: John Schowalter, MD and Cynthia Pfeffer, MD
3615 Wisconsin Avenue, NW
Washington D.C. 20016

November 12, 2016

To the AACAP Life Members Committee:

I wanted to thank you personally for the generous travel grant through the Educational Outreach Program. This additional funding allowed me to attend the entire AACAP conference this year. I came to AACAP for the first time at last year's meeting in San Antonio. Through my graduate career I have been to quite a few conferences, but attending the AACAP conference has been one the most welcoming, supportive and educational experiences I have had at a meeting. This year, with the additional mentoring events and chance to meet life members and other psychiatrists at all career levels, I found myself even more inspired and ready to take on my future career. The focus on integrated care was wonderful for me, as a Triple Board resident, I have always seen myself working with more medically complex children in a variety of settings. I gained some new ideas of how I might be able to further my career goals and also some glimpses into the challenges that still need to be overcome in making integrated care a reality. I know that the connections I have made at this meeting will serve me well for years to come.

Thank you again for this wonderful opportunity. I can't wait for next year's meeting in Washington D.C. and many more to come!

Sincerely,

Martine Lamy, MD PhD
Triple Board Resident, PGY-4
Cincinnati Children's Hospital

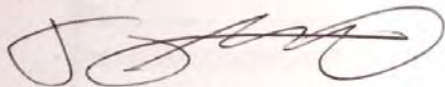
November 20, 2016

AACAP Life Members Committee
AACAP Life Members Fund
Attn: John Schowalter, MD and Cynthia Pfeffer, MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear AACAP Life Members Committee:

I am writing to express my gratitude for your funding of the Education Outreach Program Award that enabled my travel to the excellent 63rd Annual Meeting of the American Academy of Child and Adolescent Psychiatry in New York City this year. I deeply enjoyed the meeting. Most especially, I enjoyed the opportunity to meet several Life Members and receive career mentorship. Just as importantly, it was a great chance to meet other early career CAPS from around the country and to share experiences. I look forward to continuing to be engaged with AACAP for the foreseeable future and am happy to find that I have a professional home in such a wonderful national organization. It gives me hope for the future to know that there are many bright and generous CAPS and OWLs working hard to improve the mental health of the youth of our country.

Sincerely,



John Leikauf, MD
Child and Adolescent Psychiatry Fellow
Stanford University
401 Quarry Rd
Stanford, CA 94301
(650)498-1080

November 9, 2016

Dear Life Members,

I am sincerely grateful for your support in attending AACAP this year. I had a wonderful time meeting so many of the Life Members and along the way acquired a few more mentors. I've been extolling the merits of applying for the EOP to other Fellows in my program since my return in a found a renewed focus for work and advocacy.

My deepest thanks,

Larry

Larry D. Mitnaul, Jr., MD, MPH, MS

Chief, Child & Adolescent Psychiatry Fellow

Dartmouth-Hitchcock Medical Center

November 8, 2016

Dr. Amy Noel
5525 N Stanton St Apt, 11A
El Paso, Texas 79912

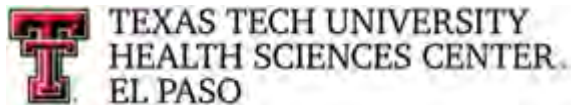
AACAP Life Members Fund
Attn: John Schowalter, MD and Cynthia Pfeffer, MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear Life Members Committee,

I want to thank you for granting me the travel award to attend the 2016 annual AACAP meeting in New York. Thank you for sponsoring this year's program and your support of the continuation of the Educational Outreach Program. This has been a valuable learning experience for all of us who were awarded this year. Through this award, medical students, residents and fellows were able to benefit from the experience of our assigned mentors. These experiences help us shape our careers as professionals to provide the highest quality of care for the children and adolescents we serve.

I sincerely appreciate your support, and I look forward to being part of the AACAP community,

Amy Noel, MD
Child & Adolescent Psychiatry Fellow
5001 El Paso Drive | El Paso | Texas | 79905
O 915.215.5858 | F 915.545.6442
elpaso.ttuhscc.edu | www.give2tech.com





Children's Hospital Colorado

www.childrenscolorado.org

November 18, 2016

AACAP Life Members Fund
Attn: John Schowalter, MD and Cynthia Pfeffer, MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear Dr. Schowalter and Dr. Pfeffer:

I am writing as an Educational Outreach Program Awardee sponsored by the Life Members organization to thank you for the generous award which allowed me to attend the American Academy of Child and Adolescent Psychiatry Meeting this year in New York City. As you are likely well aware, New York City in particular is an expensive locale and having the travel award was tremendously helpful to me from a financial perspective in allowing me to attend the conference. I am the first person (and woman) in my family to be able to become a doctor and your support means a great deal to me and to my family as well.

This all being said, I also feel like I derived a great deal of benefit from the Life Member events, which we had the opportunity to attend as awardees. I enjoyed in particular the dinner, which allowed me not only to meet several Life Members in person, but also to get a feeling just being in the room for this group of people who have served children and families for much of their lives. It was quite inspiring to see and I enjoyed talking with the people who I met. I found the Life Members to have an enormous sense of support and encouragement for young psychiatrists. Indeed, as a graduating Child and Adolescent Psychiatry Fellow this year, this is exactly what all of us need at this point in our career. Thank you again for your support and for your assistance in attending the meeting this year.

Sincerely,

Aviva K Olsavsky, MD
Child & Adolescent Psychiatry Fellow
Children's Hospital Colorado/University of Colorado Denver
Aviva.Olsavsky@ucdenver.edu

October 29, 2016

Tony Pesavento, M.D
Creighton University Department of Child and Adolescent Psychiatry

Dear AACAP Life Members Committee,

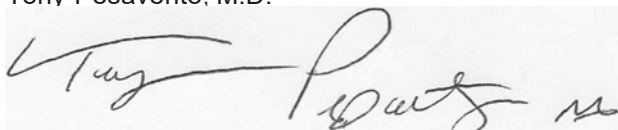
I wanted to send my sincere thanks and appreciation for the very kind gesture of awarding me an Educational Outreach Program scholarship. The financial assistance gave me the opportunity to attend the AACAP meeting in New York City, which was the best academic conference that I have experienced. More importantly, the many mentorship meetings, dinners and mingling opportunities allowed me to connect with so many wonderful people, many of them members of the Life Committee. The relationships that I formed as a result of this wonderful experience will not only help me professionally but also allowed me to make several friends. I sincerely hope to make the AACAP meeting an annual event for me as I grown into this field.

The EOP was such a great experience for me and my colleagues. All of the award recipients and myself commented on how much we cherished AACAP week because of EOP. As a trainee, the EOP gave me the chance to have experiences that I could not have had any other way. I met leaders in our field who made me feel welcome and were genuinely interested in me and in my future endeavors. EOP also is beneficial for the academy as it allows many of the future leaders of AACAP to have early exposure to mentorship from those who have put AACAP in the wonderful standing that it is in now. Continuing to support EOP is absolutely a worthwhile venture and is something that current and future AACAP leaders will benefit from.

In closing, thank you very much to the life members' committee for such a great experience. I learned a lot, met wonderful people, and had a great time in New York City. One of the best aspects of our field is the collegiality that exists between those that practice child and adolescent psychiatry, which was fully evident during my experience. The EOP and Life Members provided me with a unique experience that I will always be grateful for.

With sincere appreciation,

Tony Pesavento, M.D.

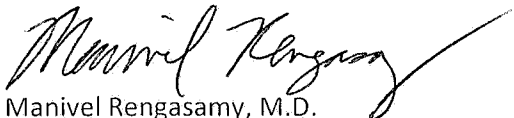
A handwritten signature in black ink, appearing to read "Tony Pesavento, M.D.", written over a light gray rectangular background.

November 17, 2016

Dear AACAP Life Members Committee,

I would like to thank the AACAP Life Members committee for their very generous donation to the travel award fund, which allowed me to attend the 2016 AACAP conference. By attending AACAP's annual conference, I have had the opportunity to meet and hear from world-class clinicians, researchers, and thought leaders in child psychiatry. This opportunity is truly invaluable, and there truly would be no other way to gain such a unique experience. Furthermore, I have been given great privilege to learn about cutting-edge research and speak with individuals involved with such research. Given that this is a particular interest of mine, I am truly appreciative of the chance to collaborate in such an endeavor. As a future child psychiatrist, one of my major life goals is to improve childhood (and indeed adult) mental health, and this award directly gives me the best chance to place the stepping stones for this goal. I would be remiss in not mentioning that meeting other medical students, residents, and fellows was also profound, in that I realize that we have the chance to meet together to advance the agenda of child psychiatry and ultimately improve the lives of children. As we will ultimately form the backbone for treatment of childhood psychiatric illness, it was uplifting to see so many inspiring and gifted individuals gathering around this unique cause. Attending the Life Members Dinner was also a precious experience for me, as I heard from the venerated members themselves and of their outstanding contributions to both child psychiatry and to society. I plan to follow in their footsteps and hope to make a portion of the impact that they have upon the field of child psychiatry for generation to come.

Thank you,



Manivel Rengasamy, M.D.

Nov 2, 2016

To: AACAP Life Members Fund

Attn: John Schowalter, M.D. and Cynthia Pfeffer, M.D.

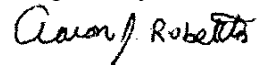
3615 Wisconsin Avenue, NW

Washington, D.C. 20016

Dear Life Members (Owls),

I wanted to take the opportunity to write and express my heartfelt thanks to all of you “Owls” for selecting me to participate in the Educational Outreach Program for Child and Adolescent Psychiatry Residents in Manhattan – New York, NY! I learned so much from further discussions with the Life Members and other senior leaders in the field – all of whom share an infective ‘mentorship state of mind.’ Thank you all so much for taking the time to impart all of the wisdom, perspectives, and guidance throughout the conference. I cannot thank all of you Owls enough for your decision and for imparting invaluable career guidance to all of us throughout the entire annual meeting!

Respectfully Yours,



Aaron J. Roberto, M.D.

Child and Adolescent Psychiatry Fellow, year 2 (pgy-V)

Harvard Medical School /

Boston Children’s Hospital

AACAP Jerry M. Wiener, MD Resident Member of Council: 2015-2017

Co-Chair: AACAP Committee on Medical Students and Residents: 2016-2017

Aaron.Roberto@childrens.harvard.edu

Cell: 757-285-5090

Monique Simpson



3811 O'Hara St • Pittsburgh, PA 15211 • Phone: (412) 861-1222
E-Mail: simpsonme@upmc.edu

Date: 19th November 2016

AACAP Life Members Committee
The American Academy of Child and Adolescent Psychiatry
3615 Wisconsin Avenue, N.W.
Washington, DC 20016-0071

Dear AACAP Life Committee Members,

I have been a member of the American Academy of Child and Adolescent Psychiatry (AACAP) since medical school but I was never able to attend an Annual Meeting due to financial constraints. I want to thank you all for your generous support of the EOP Program and the mentorship of future child and adolescent psychiatrists.

It was an honor to be selected for this award, but it was an even greater honor to meet several of you in person. Your commitment to the future of child and adolescent psychiatry is obvious and greatly appreciated. I have always been told that AACAP is a great community and the Annual Meeting really showed me this. Without fail everyone I met was eager to hear about my interests and provide advice or recommend mentors within the field. It was also evident how much you all enjoyed coming together and seeing one another again. I look forward to the days in the future where I will convene at Annual Meetings with my colleagues, and I really hope we have as much fun as you do!

Attending the meeting deepened my commitment to child and adolescent psychiatry and provided a renewed spirit to pursue my interests in global psychiatry. I am originally from Trinidad and Tobago in the West Indies, where there is a dearth of specialty trained child and adolescent psychiatrists. At the Annual Meeting I met several leaders in the field of child psychiatry with ties to the Caribbean and because of this I am arranging an elective opportunity abroad within the coming year and visiting the local clinics during the upcoming holiday season while I'm home on vacation.

I cannot thank you enough for the financial assistance to attend my first meeting. I started a new position as a resident member of the Telepsychiatry committee and I am already looking forward to the 2017 meeting in Washington, DC and finding further means of becoming involved in AACAP. I have already started saving and I look forward to seeing you all again next year.

(

Sincerely,

Dr. Monique Simpson
PGY@, Child and Adolescent Psychiatry Fellow

(

November 17, 2016

AACAP Life Members Subcommittee

Attn: John Schowalter, M.D.

3615 Wisconsin Avenue, NW

Washington, D.C. 20016

Dear Dr. Schowalter and the AACAP Life Members Subcommittee,

I would like to express my gratitude for being chosen as one of the AACAP Life Members Subcommittee Educational Outreach Program awardees this year.

I had a wonderful experience coming to the AACAP meeting. As a first year CAP fellow this was a great opportunity for me to meet with mentors, discuss and get guidance about the trajectories that I want to go in my career.

I also liked the Life Members Clinical Perspectives, especially the talk on integrated care and pediatric health home, which was very insightful.

I really enjoyed the mentorship programs, and was able to make valuable connections that will help me immensely as I progress along in my career. I have special interest in Education and training and advocacy – meeting with mentors like Dr DeJong and Dr Palyo to name a few was great. This meeting has also given me ideas to work on improving burnout issues in my program and I look forward to being an active member of AACAP and participate in committee activities in the future.

I think it is wonderful that AACAP committee provides this unique opportunity to students, residents and fellows to come to the Annual meeting and provide opportunities to learn and grow.

I want to thank you again for your continuing support of this award.

Best,

Bibiana Susaimanickam

Vanderbilt University Medical Center

Child and Adolescent Psychiatry Fellow-1



December 1, 2016

AACAP Life Members Fund
John Schowalter, MD and Cynthia Pfeffer, MD
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear Dr. Schowalter, Pfeffer, and AACAP Life Members,

I write to thank you for supporting my travel to AACAP this year. I am in my final year of child psychiatry fellowship in Yale's Albert J. Solnit Integrated Training Program in Adult Psychiatry, Child & Adolescent Psychiatry, and Research – a six-year residency program at the Yale Child Study Center that integrates T32 research with adult and child psychiatry training. This year's AACAP meeting was especially pivotal in my career development because I am looking for career opportunities when I finish my child fellowship in June 2017. I would like career in academic psychiatry aimed at understanding the neurodevelopmental trajectory of children at high genetic risk for bipolar and schizophrenia spectrum disorders. Ultimately, I hope develop interventions that prevent the onset of mental disorders in children with family histories of bipolar and other psychotic disorders.

Because of your support, I had the opportunity to meet child psychiatrists from across the nation who are at the top of their fields. Going to the presentations gave me great ideas for my research going forward and allowed me to connect with mentors. My favorite EOP social event was the dinner with the life members – it was great to meet so many seasoned psychiatrists with longitudinal perspectives of child and adolescent psychiatry. Thank you for giving me the opportunity to attend AACAP this year, and I look forward to attending many AACAPs in the future.

With sincere gratitude,

A handwritten signature in black ink that reads "J Taylor".

Jerome H. Taylor, MD
Child and Adolescent Psychiatry Fellow
Yale Child Study and Department of Psychiatry