

November 25, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, DC 20016

Dear AACAP Life Members Subcommittee,

Please accept my thanks for selecting me as a recipient of the American Academy of Child and Adolescent Psychiatry (AACAP) Educational Outreach Program for Child and Adolescent Psychiatry Residents Award, supported by your group, the AACAP Life Members Fund, for attendance at the 2012 AACAP Annual Meeting in San Francisco. I feel very fortunate to have been chosen as a recipient of this award. Your generosity helped me continue my educational and professional development by providing me with additional financial support.

It is so wonderful that you are able to support this award each year. It was a great opportunity for me and I am sure that other residents will benefit from the program as much as I have. Receiving this award means a lot to me because it was a nice introduction to the "world" of Child & Adolescent Psychiatry as a resident. I greatly enjoyed the access to mentors, various networking opportunities and hearing about research opportunities. It was great to see the other award winners at the Young Leaders Awards Luncheon and to hear about the interesting research projects the award recipients participated in. I really enjoyed the Life Members Wisdom Clinical Perspectives presentation. It was a unique opportunity to hear from the "old" and the "new" on child related issues. It's funny that the core of many issues children are struggling with today, diagnostically and treatment related, have been present for years. Research today is adding to our understanding in similar, different and unique ways.

Thanks to your generous support, I feel that I am one step closer to achieving my goals. This award is very meaningful not only financially, but emotionally as well, as it has strengthened my belief in myself and in the field of Child & Adolescent Psychiatry.

Thank you again for honoring me with this award. Your thoughtful and generous gift is greatly appreciated.

With sincerest thanks,

Nicole Zuber, M.D.

November 15, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear Life Members Subcommittee Members,

I want to extend my deepest gratitude for sponsoring my participation in the AACAP educational outreach program. This program has been an exceptionally helpful in the development of my academic career. The formal mentorship program was well structured and provided insight into various opportunities available in child and adolescent psychiatry. I specifically wanted to develop my interests in college mental health and was able to accomplish this goal through my attendance at the meeting. My mentors at this program were instrumental in helping me make key connections with leaders in the field. I was able to take advantage of committee meetings, special interest groups and found ways of staying connected past the meeting.

I also gained more knowledge about AACAP and all it has to offer to medical students, residents, fellows and beyond. I plan to continue to promote AACAP and the EOP program at my home institution. As I transition from resident to Early Career Psychiatrist, I feel more prepared knowing all the resources available to me through AACAP.

I thank the Life Members for their continued support of the EOP program. I was honored to have been included in the dinner celebration and was fortunate to meet a group of people who have spent their lives as dedicated child psychiatrists. The commitment to mentorship and investment in the career development of medical students and residents was truly inspiring. I am honored to be a part of such a legacy and will proudly wear the owl pin, one of these days!

Sincerely,

Zhanna Elberg, M.D.
Chief Resident
University at Buffalo School of Medicine
Division of Child and Adolescent Psychiatry
1028 Main Street
Buffalo, NY 14202
716-859-5475

To,

The Life Members Group,

The American Academy of Child and Adolescent Psychiatry,

3615 Wisconsin Avenue, NW,

Washington DC 20016

Dear AACAP Life Members Subcommittee,

I would sincerely like to express my gratitude for selecting me for the Educational Outreach Program which offered me an opportunity to attend AACAP Annual Meeting at San Francisco. It was an honor to have received this award. My experience of attending 2012 AACAP Meeting was extremely enriching. AACAP meeting helped me connect with many Medical Students, Residents, Fellows and distinguished Child Psychiatrists. I made so many good friends and colleagues just in one week. I especially benefitted from the discussions at my mentorship group and career development forums. I was also very grateful for the opportunity to attend the Life Members Reception and Dinner at the City Club. I was able to meet many Life Members and heard some great stories about the AACAP's evolution over the years. I thoroughly enjoyed that evening.

I would like to thank Life Members Group for the financial assistance, without which I would have missed such a great experience. I strongly support the continuation of the EOB Program. I would highly encourage other Residents and Fellows to apply for the EOB Program which offers incredible opportunity to attend and experience AACAP Annual meetings.

Thank you,

Sincerely,

Prakash Chandra, M.D.

Child and Adolescent Psychiatry Fellow

University of Kansas School of Medicine

UCLA Semel Institute for Neuroscience and Human Behavior
Department of Psychiatry
760 Westwood Boulevard, C8-193

November 4, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, MD
3615 Wisconsin Avenue, NW
Washington, DC 20016

Dear Distinguished Life Members Subcommittee:

It is an honor to be a recipient of the AACAP Educational Outreach Program Life Members Award. I am writing to thank you for your generous support of my professional development as a child and adolescent psychiatrist.

As a first year child and adolescent psychiatry fellow, I am eager to advance my clinical knowledge of child and adolescent psychiatry and to connect with others who share my passion to increase access to high quality mental health services for children and adolescents. The AACAP Educational Outreach Program Life Members Award provided me the opportunity to attend the AACAP Annual Meeting for the first time. While at the meeting I had the unique opportunity to learn about advances being made in the field and to connect with more senior clinicians and peers with similar interests. Topics discussed during my mentoring group have sparked new ideas regarding potential research projects and career paths. During the conference I also learned more about AACAP as an organization. I am looking forward to serving on the Health Care Promotion and Prevention Committee and plan to remain an active AACAP member.

Thank you again for your generosity.

Sincerely,

Jessica Jeffrey, MD, MBA, MPH

Dear AACAP Life Members Subcommittee,

Thank you very much for your sponsorship of the Educational Outreach Program. As a child and adolescent psychiatry resident it is hard to balance financial concerns with the desire to attend educational and professional events such as the AACAP annual meeting, especially when the meeting is across the country. I very much appreciate your support of the award. Attending the AACAP meeting was wonderful for my career development in many ways. Through the mentorship program and career development sessions I was able to learn about the experiences of CAP psychiatrists who have taken many different career paths, which has helped me think about my own career path, since there are so many good options. I also enjoyed the research symposiums and workshop. Finally, I learned a ton about AACAP as an organization and look forward to increased involvement, particularly in advocacy projects. There is strength in numbers, and AACAP is a great way to bring the “numbers” together to help kids!

Thanks again for your support, and I hope to “pay it forward” soon.

Laurie Gray

First year child psychiatry fellow at the Cambridge Health Alliance

November 2, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear AACAP Life Members Subcommittee

I want express my sincere appreciation to Dr. Schowalter and to the Life Members for an excellent experience at the Annual Meeting. My travel to AACAP would not be possible without the help from the Committee!

I arrived in San Francisco on 10/22/12 and attended the AACAP Assembly Meeting on 10/23/12 as a Member-In-Training delegate from the New York Council on Child & Adolescent Psychiatry (NY ROCAP). The Assembly was lively and I certainly learned a lot. During the meeting, I went to all the required sessions, and found the Mentorship sessions and the Life Member reception to be most informative and fun.

The AACAP mentorship program allows me to seek guidance from leaders in our field. Drs. Dorothy Stubbe, Harsh Trivedi, Timothy Wilens, Schuyler Henderson, David Rubin and Alex Kolevzon were some of the mentors that I had the privilege of meeting. Among other things, we discussed contract negotiation, job search, balancing family and career, and the future of health care.

During the Life Member reception, I had the pleasure of talking with many "owls," including Drs. Wender, Tanguay, etc. Dr. Glair (I may mistyped his last name) gave me a flower & a peck on my cheek as I said goodbye to him and his wife. On the bus, Dr. Sikorski from UCSF taught me the 3 things that I should master in life, and the next day, he came by to say "hi" during my poster session.

Of all the activities that I did during the meeting, the Lifer Reception was one of the most heart warming & lively events. I am very grateful for what the Committee has done for me.

Victoria Pham, DO
Second Year Fellow at New York Presbyterian, University Hospital of Columbia & Cornell.
59 Hastings Lane
Stamford, CT 06905
vip9034@nyp.org
Cell: 714-317-6786

AACAP Life Members Subcommittee

Attn: John Schowalter, M.D.

3615 Wisconsin Avenue, NW

Washington, D.C. 20016

AACAP Life Members Subcommittee:

I am writing in thanks for the honor of being selected to receive the 2012 Educational Outreach Award from the AACAP Life Members Subcommittee. The 2012 Annual Meeting was one that will have a lasting impact on my career. As a Child and Adolescent Psychiatry fellow who will be finishing training in 8 months the meeting was the perfect opportunity. For the past 9 years medical school and residency have offered me all-encompassing support. On June 30th, that support ends in a manner of speaking.

This is where I recognized the value in attending this year's meeting. I needed talk to the people who have already done this. I needed to learn those strategies for success that I cannot find in a book. So it was with the EOP Award that I was able to have those opportunities. I participated in the mentorship program and was able to ask practicing psychiatrists what they did. Unique to the mentorship program, I was also able to ask peers how they were approaching the task .

However it was the Life Members' dinner reception that was the most significant to me. As I sit amidst concerns about salary, job satisfaction, benefits it becomes easy to forget the bigger picture. Sitting down for dinner with the Life Member reframed that. Not only was I with the leaders of our field but also those that had been in such a position for decades. For them psychiatry transcended a job. It was part of their life. This reality struck me very pleasantly as I saw an endpoint I wanted to achieve some day. It may seem like a small thing, but to see colleagues spending time together, enjoying each other's company, even looking forward to the experience year after year is very encouraging.

AACAP has shown a very deep commitment to the advancement of early career psychiatrists. The Life Members' support of the EOP Award is just one example of that. I hope that I am communicating clearly the impact and significance this opportunity had on my career. The seed is planted and I am excited to see what grows. Thank you very much for this opportunity.

Kory Stotesbery, DO

Akeem Marsh, MD
Hofstra North Shore-LIJ School of Medicine
75-59 263rd Street
Glen Oaks, New York 11004

Sunday October 21, 2012

To: AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

It is with great pleasure that I extend my utmost appreciation for granting me the opportunity to participate at the 2012 AACAP Annual Meeting in San Francisco. I am very excited about this prospect and am convinced that this will undoubtedly enhance my professional career. I am eagerly looking forward to serving as a monitor, participating in the various learning experiences, and networking with professionals. I am anticipating the Lifemembers dinner as well!

Best Regards,

Akeem Marsh
Akeem Marsh

GABRIELA IAGARU



247 Walnut Str., Brookline, MA 02445 – Phone: 847-644-1617 – Fax: 617-730-0319
E-Mail: gabriela.iagaru@childrens.harvard.edu

November 27, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear Life Members:

I take this opportunity to thank you all for the wonderful experience I had at the AACAP this year.

The excitement of attending the AACAP has been different every year, since I started attending these events in 2010. I knew the experience would be unparalleled to other conferences, because of the warm and welcoming presence of the AACAP members, who put an effort every year to make the residents, fellows and medical students feel comfortable and confident in their networking attempts. I didn't envision though the richness in human connections I would acquire this year as a result of meeting some of the Life Members. From the random encounters in the hallways of the AACAP Convention Center to the Young Leaders Awards Luncheon and the Life Members Reception and Dinner, I had the chance to have a glimpse at the lifetime careers of some of the Life Members. It was a great pleasure to meet and have excellent conversations with several of them at the Life Members reception. Initially I felt intimidated by the presence of some of the pillars of Child Psychiatry in United States, but their generosity and encouraging words made me feel accepted as equal among them. The words of Dr. Marilyn Benoit, who sat at my table, and emphasized how important we, the next generation, are for the field of Child Psychiatry, still resonate with me.

The financial support I received from the Life members' fund to attend this year meeting allowed me not only to benefit from the wisdom of the Life Members, but also to meet incredible mentors, make more connections with my peers, and enjoy the amazing program that gets better with each year. I'm grateful that the AACAP exists with all their programs for residents, fellows and medical students, and that a vision within the Academy also exists to pass the torch to the next generation of clinicians, academicians, researchers and advocates.

Sincerely,

Gabriela Iagaru, M.D., Child and Adolescent Psychiatry Fellow, Boston Children's Hospital

November 5, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear Dr. Schowalter and the Life Members Subcommittee:

I want to thank you for giving me the opportunity to attend the 59th Annual AACAP Meeting in San Francisco last week through the Education Outreach Program Award. The experience of attending my first AACAP meeting was much more than I had expected and allowed me many opportunities to advance my professional interests.

I managed to fill nearly every moment of the meeting with many wonderful workshops and symposiums, and I want to share some of the highlights with you. I attended the full-day Child Parent Psychotherapy practicum at San Francisco General Hospital, and met Dr. Alicia Lieberman, who has been a hero of mine for the past decade. Throughout the week, I met many potential mentors and “giants” within the field. I especially enjoyed speaking with several Life Members at the Life Members’ Dinner, and specifically want to thank Drs. James MacIntyre, Howard Rudominer, and Diane Shrier for making it such a rewarding experience. In addition to the above mentioned events, I was able to network with other AACAP members interested in child advocacy and the non-profit arena, which is an interest I wrote about in my EOP Award essay. I met the board members for Collaborative Approaches to Children’s Mental Health (CATCH) Services including CEO Dr. Peter Jensen, and am excited to continue developing my plan to establish a non-profit multi-disciplinary evidence-based child mental health clinic.

I hope this letter finds you well and clearly expresses my gratitude for having had this opportunity to attend the AACAP Annual Meeting. I look forward to many more opportunities in the future to interact with the AACAP organization.

Warm regards,

Mary (Margie) M. LaLonde, MD, PhD
Child and Adolescent Psychiatry Resident
Mount Sinai School of Medicine

Nov. 5th, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

Dear AACAP Life Members Subcommittee,

I was very pleased to receive the AACAP Education Outreach Program for Child and Adolescent Psychiatry Residents supported by the Life Members Fund. Please again send my deepest gratitude to all of those involved in providing for this tremendous opportunity for trainees to be involved in each of the components of the programs; by themselves each are invaluable career development tools and in combination provided for an excellent exposure to all levels of participation in the field of Child and Adolescent Psychiatry. As a first time attendee I was surprised by the level of commitment, openness, and graciousness that I experienced at the hands of directors, mentors, and staff during the various programs. Many thanks once more for a wonderful opportunity.

Sincerely yours,

Demian Obregon

Demian Obregon, MD
University of South Florida, USF Health, Morsani College of Medicine
Department of Psychiatry and Behavioral Neurosciences, MDT-14
3515 E. Fletcher Ave. Tampa, FL 33613, USA.
Ph. +01 (813) 974-1393, Fax. +01 (813) 974-3223

November 18, 2012

AACAP Life Members Subcommittee
Attn: John Schowalter, M.D.
3615 Wisconsin Avenue, NW
Washington, D.C. 20016

I would like to take this opportunity to thank the AACAP Life Members Subcommittee for sponsoring this year's program at the AACAP Annual Meeting in San Francisco. I sincerely appreciate the opportunity to attend the AACAP conference as it was my first conference as a child and adolescent psychiatry fellow. As such, I was able to utilize this conference to identify new mentors and attend workshops in the areas of infant mental health, community mental health clinic administration, and adolescent marijuana use. The conference was fun and invaluable. Meeting the Life Members was a pleasure and helped me to imagine the ongoing contribution that I can make to AACAP as I go forward in my career.

I am in support of the continuation of the Educational Outreach Program, an award which helped to finance my travel to San Francisco for the conference. Without this award, I would not have had the opportunity to attend this year.

Sincerely,



Tresha A. Gibbs, MD