AACAP’s
65th annual meeting

October 22–27, 2018
Seattle, WA
Washington State Convention Center

Early Bird Deadline:
September 13, 2018

registration & program
The Conference Enrichment Package includes:

- Full conference registration
- Session recordings with PowerPoint slides from all Symposia, Clinical Perspectives, and other programs
- Voucher for a complimentary set of recordings from one Institute
- Entry into a drawing to win free registration for the 2019 Annual Meeting in Chicago, IL

Register today to take advantage of discounted pre-conference pricing.
Join Us at AACAP’s 65th Annual Meeting!

On behalf of the entire Program Committee and AACAP Staff, we’re looking forward to seeing all of you at AACAP’s 65th Annual Meeting, October 22–27, at the Washington State Convention Center in vibrant Seattle, Washington!

We have an impressive lineup of educational and innovative sessions to offer this year. As always, the large majority of our sessions are accredited for continuing medical education (CME) credit; therefore, attendees can receive up to 50 CME credits by attending the entire meeting.

As expected each year, we will continue to offer:

- **Complimentary wireless internet** throughout the meeting space at the Washington State Convention Center and in the guest rooms at the Sheraton Seattle, Grand Hyatt Seattle, Hyatt at Olive 8, and The Paramount Hotel.

- **The AACAP App!** The App allows you to fully navigate the meeting without paper (including electronic session evaluations) and gives you access to other valuable AACAP information (like AACAP’s Twitter feed and a member directory).

- **Online tools** to access a variety of meeting-related documents and to plan your schedule while at the meeting.

- **Wellness Activities.** Make sure to take advantage of the twice daily yoga and mindfulness meditation classes, as well as exercise activities in and around Seattle. See page 19 for more details!

We are also pleased to welcome your families to Seattle and to the beautiful Evergreen State! Please visit the AACAP Annual Meeting website (www.aacap.org/AnnualMeeting-2018) for information on fun Seattle activities for children and adults alike.

NEW this year, we will be offering:

- **New scientific session length!** At our attendees’ request from previous meeting feedback, we’ve shortened the length for the scientific programming to 2.5 hours for Clinical Perspectives and Symposia, and 2.0 hours for Clinical Case Conferences.

- **CME tracking through Pathways.** Track your AACAP CME credits (as well as those from other organizations) all in one place through our new online learning portal, Pathways!

- **Programming on Depression**, tying into Dr. Wagner’s Presidential Initiative, which are featured on pages 10–11.

- **Member Services Fora**, including one entitled Safe to Return to School? Threat Assessment in Children and Adolescents, sponsored by AACAP’s Program Committee, assisting members in responding to school shootings.

- **Dynamic and educational Clinical Practica** in Seattle, sponsored by AACAP’s Local Arrangements Committee. To learn more about these offsite offerings, please see page 17.

With important ongoing changes in the field regarding depression screening, excessive use of electronics, gun violence, school shootings, new challenges with children of illegal immigrants, and updated research in complementary medicine and psychopharmacology, mental healthcare professionals can’t afford to miss this year’s Annual Meeting in Seattle. Please visit www.aacap.org/AnnualMeeting-2018 for more information!

**Be sure to register by September 13 to take advantage of early bird rates.**

See you in Seattle,

Boris Birmaher, MD
AACAP Program Committee Chair

James J. McGough, MD
AACAP Deputy Program Committee Chair

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**Join the conversation!**
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**AACAP’s Program Committee looks forward to seeing you in Seattle, Washington!**
The special program offers opportunities for didactic learning, discussions with experts in the field, and poster presentations regarding the system of care that serves children and adolescents with Autism Spectrum Disorder and/or Intellectual Developmental Disorder (AID). As the role of child and adolescent psychiatrists (CAPs) increasingly includes the care of children with AID, CAPs must be aware of the complex systems of care and the emerging advances for serving these youth. In this day long program, we present innovative approaches to mental health needs, educational planning, cultural barriers, and transition to adulthood in addition to the evidence-based practices that are unique to this population. Participants learn about the system of care that youth with AID and their families must navigate and the emerging advances for serving these youth. In this day long program, we present innovative approaches to mental health needs, educational planning, cultural barriers, and transition to adulthood in addition to the evidence-based practices that are unique to this population. Participants learn about the system of care that youth with AID and their families must navigate and the emerging advances for serving these youth.
Karl Menninger, MD, Plenary

Saving Holden Caulfield
Wednesday, October 24
4:15 pm-5:45 pm (open)
Chair: Karen Dineen Wagner, MD, PhD, AACAP President, presiding
Speaker: David A. Brent, MD

David A. Brent, MD, is the Academic Chief of Child and Adolescent Psychiatry and holds an endowed chair in Suicide Studies at the University of Pittsburgh School of Medicine, where he also directs Services for Teens at Risk (STAR), a clinical and research program for the treatment of depressed and suicidal adolescents. Dr. Brent has been active as a clinician and researcher focusing on adolescent depression and suicidal behavior for more than three decades, and his work has helped to establish standards of care for these vulnerable youth. He is a member of the National Academy of Medicine, and has been recognized for his research by the American Academy of Child and Adolescent Psychiatry, the American Psychiatric Association, the American Foundation for Suicide Prevention, the International Association for Suicide Research, the Institute of Living, and the Brain and Behavior Research Foundation.

The adolescent suicide rate has increased over the past decade. While further research on how to prevent adolescent suicide is still needed, there are strategies that, if widely implemented, could result in a reversal in this disturbing trend, which will be addressed in this plenary speech. The title of the classic novel about adolescent angst, The Catcher in the Rye, comes from a passage in which the protagonist, Holden Caulfield, describes a wish to catch kids who are playing in a field of rye before they fall off a cliff. Holden’s predicament is not dissimilar to mental health professionals who are struggling to come up with a coherent plan to reverse the rise in adolescent suicide. Instead of standing by the cliff, when it is too late to effectively intervene, we should: lead kids away from the cliff (prevention); embed ourselves in the field (improve access to care); put a fence around the cliff (restrict access to lethal agents); and change the rules of the game in the field (systemic quality improvement to reduce the risk of suicide in mental health patients). Each of these strategies has evidence-based interventions that are currently not fully utilized. If we have the will to direct resources to these strategies, we can achieve reduction in the adolescent suicide rate now, even as we are awaiting future research advances.

The Karl Menninger, MD, Plenary is supported by Ronald K. Filippi, MD, in honor of his mentor, Karl Menninger, MD.
program highlights (continued)

Noshpitz Cline History Lecture

What Has Happened to Fifty Years of Child Abuse Reporting Laws?
The One-Hundred-Forty Million Dollar Mistake

Wednesday, October 24
11:15 am–12:45 pm (open)
Chair: David W. Cline, MD
Speaker: Lenore C. Terr, MD

Lenore C. Terr, MD, practices child, adolescent, and adult psychiatry in San Francisco and serves on the clinical faculty of the University of California at San Francisco. For many years, she has taught part-time in the law schools of Case Western Reserve University, University of California, Berkeley, and University of California, Davis. Her practice and research career has focused on defining, characterizing, treating, testifying, as well as the follow-up of childhood trauma in infancy throughout late adulthood. Her most well-known research project was a one- and five-year follow-up study of the children kidnapped from their school bus in Chowchilla, CA, including a comparative study of normal children from McFarland, CA, and Porterville, CA. Dr. Terr is a graduate of the University of Michigan Medical School and its psychiatry fellowship programs. She has served as a Director of the American Board of Psychiatry and Neurology as well as on AACAP’s Council, and as a section editor of JAACAP. She is the author of four books on childhood trauma, memory, play, and psychotherapy, in addition to numerous publications in the scientific literature. She has received major awards for child psychiatric research (the Ittleson Award, APA), psychodynamic treatment (the Rieger Award, AACAP), and career achievements (the McGavin Award, APA) among others, and has delivered numerous distinguished lectureships.

Fifty years before this talk, every state in the U.S. had legislated a child abuse act. The federal government had also enacted a reporting program. As the years went by, not only were doctors and mental health professionals required to turn in cases of suspected abuse to their local crime and child-protective authorities, but all educational, babysitting, photo-developing, camp counseling, church-related, and nursery school personnel were mandated to do the same. There could be no lawsuits in retaliation for a report. And a report was to be immediate, not after “investigation.”

In Los Angeles, officials at Miramonte School had heard of a number of strange incidents, largely involving Hispanic-American 8- and 9-year-olds. The children did not know what was happening to them at the hands of their male third-grade teacher. When it became apparent that over many years the school had failed to report abusive behavior and that the school system had destroyed their files, Dr. Terr was asked to interview three girls as representative examples. In this talk, she explains how trauma presents in people too naïve to know at the time that they are being traumatized, and why failing to take 50 years of legislation into account became a 140-million-dollar mistake.

Sponsored by AACAP’s History and Archives Committee and supported by David W. Cline, MD

Photo credit: Alabastro Photography

For complete details and to register online, visit www.aacap.org/AnnualMeeting-2018
James C. Harris, MD, Developmental Neuropsychiatry Forum

Pediatric Mild Traumatic Brain Injury: Understanding Neuropsychiatric Outcomes and Psychotherapeutic Treatments

Thursday, October 25
8:30 am–11:00 am (open)

Chairs: Roma A. Vasa, MD, Natasha Marrus, MD, PhD

Speakers: Jeffrey E. Max, MD, Brian Brooks, PhD

Jeffrey E. Max, MD
Brian Brooks, PhD

In this Forum, two leaders in the field of developmental neuropsychiatry of pediatric Traumatic Brain Injury (TBI) present their findings on mTBI or concussion. The first speaker, Jeffrey E. Max, MD, is a child and adolescent psychiatrist and leader in developmental neuropsychiatry research on pediatric TBI. He is a Professor in the Department of Psychiatry at the University of California, San Diego and Director, Neuropsychiatric Research at Rady Children’s Hospital. His work includes prospective studies of psychiatric outcomes in children and adolescents with mild to severe TBI. The thrust of Dr. Max’s research is to identify brain imaging characteristics including microstructural white matter integrity, magnetoencephalography detection of brain injury, and lesion location as well as psychosocial (e.g., family function, family psychiatric history, child’s pre-injury function) predictors of varied psychiatric disorders that develop after brain injury. Dr. Max leads a 5-year National Institutes of Health study “Magnetoencephalography and Neurobehavioral Outcome of Pediatric Traumatic Brain Injury”. He has received an award from the Big Blue Sky Foundation to study the long-term outcome of pediatric traumatic brain injury.

The second speaker, Brian Brooks, PhD, is a clinician-scientist studying concussion in children and adolescents. He is a pediatric neuropsychologist at the Alberta Children’s Hospital (Calgary, Alberta, Canada), an adjunct faculty member with the Departments of Pediatrics, Clinical Neurosciences, and Psychology at the University of Calgary, a full member with the Alberta Children’s Hospital Research Institute (ACHRI), and an associate member of the Hotchkiss Brain Institute (HBI). His research focuses on neuropsychological outcomes from concussion, including early diagnosis, prognostication of outcome, potential treatment options, and long-term effects. He has more than 200 journal publications, book chapters, and presentations in the field of neuropsychology. He has been recognized with several distinctions from the National Academy of Neuropsychology, including twice receiving the Nelson Butters award for best publication, receiving the early career award in 2014, and being elected a fellow in 2015. He is currently supported by a four-year CIHR Embedded Clinician Researcher award that focuses on neuropsychological outcomes from pediatric concussion.

Dr. Max places biopsychosocial risk for psychiatric and behavioral complications of TBI in a historical and clinical context. He acknowledges the methodological model of studying TBI introduced by Sir Michael Rutter and his group in the 1970’s. He attempts to identify and demystify the phenomenology and treatment of psychiatric syndromes that may be complications of TBI. He presents a selection of his findings on mTBI that underscore not only brain variables but also psychosocial variables. This sets the stage for Dr. Brooks, and his presentation of a psychological treatment for sleep disruption in pediatric mTBI. He presents the newest findings from his studies on sleep disruption and focuses on results of his randomized controlled trial investigating the use of CBT-i in adolescents with refractory symptoms following concussion.

The James C. Harris, MD, Developmental Neuropsychiatry Forum is an annual event thanks to a generous donation from AACAP Distinguished Fellow James C. Harris, MD, and his wife Catherine DeAngelis, MD, MPH. The Forum provides the opportunity for Annual Meeting attendees to learn about cutting-edge science in this evolving subspecialty area of child and adolescent psychiatry.
Family-Friendly Activities

Are you looking for fun things to do with your family around Seattle during AACAP’s 65th Annual Meeting? Tour the Space Needle, take flight at The Museum of Flight, or set sail to the Seattle Aquarium! There are many activities and sights in Seattle that will entertain your family for hours. For more information, visit www.aacap.org/AnnualMeeting-2018 and see our 65th Annual Meeting Family-Friendly Activities page.

Your family members may also participate in the Welcome Reception, evening Media Theater programs, and the Exhibit Hall with adult supervision.

Town Meeting

The Crisis in Child and Adolescent Psychiatry Residency Recruitment

Thursday, October 25
11:45 am–1:15 pm (open to all AACAP members)

An increasing shortage of child and adolescent psychiatrists is occurring as demand for services increase. The national shortage of child and adolescent psychiatrists has prompted efforts not only to address concerns about how we, as a specialty, help with recruitment efforts but how AACAP can help improve access to treatment.

Child and adolescent psychiatrists are essential because of our medical training and our ability and expertise in treating patients. Yet, child and adolescent psychiatry residency slots remained unfilled.

The Town Meeting is the perfect opportunity to highlight the workforce shortage, provide a dialogue from different perspectives on the concerns surrounding recruitment efforts, and explore next steps in addressing this critical topic.

Presidential Interview

Karen Dineen Wagner, MD, PhD, Interviews Joan Luby, MD

Saturday, October 27
11:45 am–1:15 pm (open)

Joan Luby, MD, is the Samuel and Mae S. Ludwig Professor of Psychiatry (Child) at Washington University School of Medicine in St. Louis. She is the founder and director of the Washington University School of Medicine Early Emotional Development Program (EEDP). Dr. Luby’s research has focused on the characterization of early childhood psychopathology, early behavioral and biological markers of risk, and associated alterations in brain and emotional development in early childhood. In addition, her program of research has informed the influence of the psychosocial environment on brain development, sensitive periods for these effects, and implications for risk and early intervention for mental disorders. Dr. Luby’s contributions include establishing the criteria for identification, validation, and early intervention in depressive syndromes in the preschool age group, as well as studies in humans showing the effect of parental nurturance and early experiences of poverty on brain development. She has also developed and tested an early psychotherapeutic intervention for preschool depression. Among her honors are the NARSAD Gerald Klearman award for outstanding research and the AACAP Irving Philips award for prevention. Dr. Luby has published extensively in general and child psychiatric journals and serves on a number of editorial boards.
Announcing the Launch of Pathways—
AACAP’s Online Learning Portal

AACAP is pleased to announce the launch of our new online learning portal called “Pathways.” Pathways serves as your continuing medical education home, giving you access to:

- Free JAACAP CME
- The 2018 Annual Meeting Self-Assessment Exam
- New Online CME Activities

In addition to these great online activities, Pathways transcript feature allows you to track your CME certificates from AACAP and other organizations in one place. Simply visit www.aacap.org/pathways to get started!

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Institutes are among the most popular Annual Meeting programs, providing a comprehensive and authoritative overview of a topic area in a full-day program. They are an effective way to learn the latest in research and clinical practice in a specific area of child and adolescent psychiatry. Be sure to purchase your Institute tickets when you register, as they often sell out!

Institute 1: An Advanced Update in Psychopharmacology Relevant to Clinical Practice
Sponsored by AACAP’s Psychopharmacology Committee
Tuesday, October 23
8:00 am–5:30 pm (ticket)

Chairs: Timothy E. Wilens, MD, Adelaide S. Robb, MD
Presenters: Robert L. Findling, MD, MBA, Timothy E. Wilens, MD, Christopher J. McDougle, MD, John T. Walkup, MD, Manpreet K. Singh, Adelaide S. Robb, MD, Kevin M. Gray, MD

Keeping abreast of contemporary findings in psychopharmacology can be challenging but highly beneficial to those in clinical practice because it serves an important role in the treatment of specific psychopathology in youth. The expansion of new medications and medication combinations has enhanced the ability to treat youth, however, clinicians are often unaware of the newest findings, especially when treating complicated cases that require or may benefit from more advanced psychopharmacology. With emphasis on case examples as the learning platform, this Institute reviews basic pharmacology and pharmacokinetics of psychotropic medications used in pediatrics; presents information on newer treatments available to clinicians; provides strategies for treating refractory autism, ADHD, anxiety, and mood disorders; and emphasizes applying the fundamental principles of pharmacotherapy in clinical practice. When applicable, adjunct psychotherapies are introduced.

Institute 2: Evidence-Based Assessment for Child and Adolescent Psychiatry: Better Tools for Better Decisions and Outcomes
Tuesday, October 23
8:00 am–4:00 pm (ticket)

Chairs: Cathryn A. Galanter, MD, Eric Youngstrom, PhD
Presenters: Cathryn A. Galanter, MD, Peter S. Jensen, MD, Anna Van Meter, PhD, Eric Youngstrom, PhD, Graham J. Emslie, MD, Robert L. Findling, MD, MBA

Child and adolescent psychiatrists and mental health professionals do not routinely implement evidence-based assessment (EBA) in clinical practice, even though studies show that EBA leads to improved consistency and accuracy in diagnosis. Significant reasons cited are lack of access to the necessary evaluation tools and lack of knowledge in their use. This Institute assists child and adolescent psychiatrists and other mental health professionals to acquire the skill to identify and use appropriate assessment tools in their clinical practice, and provides participants with practical methods for implementing EBA in their practice setting. Tracking and monitoring strategies introduced in this Institute boost effectiveness of interventions and provide a safety net for more rapid detection and management of adverse events. Free and low cost options for adding important assessment measures to the practitioner’s toolkit are discussed.

Institute 3: Gender Dysphoria Across Development: Multidisciplinary Perspectives on the Evidence, Ethics, and Efficacy of Gender Transition
Sponsored by AACAP’s Sexual Orientation and Gender Identity Issues Committee
Wednesday, October 24
8:00 am–4:30 pm (ticket)

Chair: Scott Leibowitz, MD
Presenters: Scott Leibowitz, MD, Stephen Rosenthal, MD, Loren Schechter, MD, Kristina Olson, PhD, Laura Edwards-Leeper, PhD, Aron Janssen, MD, Melissa McLaren, APRN, RN

Youth presenting with gender issues face specific challenges in the clinical setting, requiring a detailed understanding of the complex issues across developmental and multidisciplinary contexts. Specifically, those with high psychiatric acuity have needs that add additional layers of complexity. Child and adolescent psychiatrists treating youth who present with gender issues often face significant challenges in decision-making, particularly when it comes to medical and surgical interventions for gender reassignment. This Institute presents the latest evidence, ethical challenges, and multidisciplinary perspectives on the treatment of gender dysphoria across development. Presenters discuss the nuances in the approach to assessment and treatment that are necessary when exploring these highly complex and poorly known issues for this underserved population. Knowing the evidence behind the interventions themselves, understanding the approach to assessment and ethical dilemmas, addressing any psychiatric co-occurring conditions, understanding the relationship between all of these factors, and appreciating the multidisciplinary perspectives among differing disciplines is necessary when promoting healthy psychosocial wellbeing in these youth.

Institute 4: Lifelong Learning Institute: Module 15: Relevant Clinical Updates for Child and Adolescent Psychiatrists
Sponsored by AACAP’s Lifelong Learning Committee
Thursday, October 25
8:00 am–4:45 pm (ticket)

Chairs: Jeffrey I. Hunt, MD, Sandra B. Sexson, MD
Presenters: John T. Walkup, MD, Timothy E. Wilens, MD, Joan Luby, MD, James J. Hudziak, MD, Jean A. Frazier, MD, Matthew Dean Willis, MD, MPH

This Institute previews AACAP’s Lifelong Learning Module 15, which presents literature focused on current issues in child and adolescent psychopharmacological and psychotherapeutic practice. Keeping abreast of the most up-to-date information in the field of psychiatry is necessary for child and adolescent psychiatrists to maintain their American Board of Psychiatry and Neurology (ABPN) Maintenance of Certification (MOC). Leading experts review the research in the literature and discuss the applications.
of psychopharmacological and psychotherapeutic interventions to clinical practice, integrating their own clinical experience and research into the presentation. Attendees are able to update their own practice to reflect recent developments in the field.

Institute 5: Research Institute: Treatment Updates in Pediatric Depression and Suicidality
Sponsored by AACAP’s Research Committee
Thursday, October 25
10:00 am–4:30 pm (ticket)
Chairs: Anne L. Glowniski, MD, MPE, Michael Bloch, MD, MS
Presenters: Karen Dineen Wagner, MD, PhD, David A. Brent, MD, Michael Bloch, MD, MS, Jennifer Dwyer, MD, PhD, Cheryl King, PhD, Elizabeth McCauley, PhD

The Research Institute provides updates for clinicians and researchers on the detection, evaluation, and treatment of depression and suicidality in children and adolescents. Participants learn about the latest research and become more familiar with evidence-based methodology. The first half of the Institute focuses on evidence-based and emerging treatments for depression, including pharmacological treatment of pediatric mood disorders; the possible relationship between antidepressant medications and suicidality; and the effects of ketamine as a treatment for depression and suicidal ideation in adolescents. The second half focuses on suicidality with presentations looking at evidence-based practices for suicide risk screening, assessment, and intervention, including emergency department screening; mood disorders and treatment of sexual minority youth; and the efficacy of dialectical behavior therapy (DBT) as a treatment for adolescents with suicidal behavior. A clinical case presentation demonstrates how current research in the area is relevant to everyday practice in child and adolescent psychiatry.

Institute 6: Innovative Interventions in Child and Adolescent Psychiatry: Extending Our Reach
Friday, October 26
8:15 am–4:30 pm (ticket)
Chair: Gabrielle A. Carlson, MD
Presenters: Bernadka W. Dubicka, MD, Sally N. Merry, MD, FRANZCP, Rachel Busman, PsyD, Michael Bloch, MD, MS, Jennifer Dwyer, MD, PhD, Alan A. Axelson, MD, David E. Roth, MD

Approaches to extending the reach of child and adolescent psychiatrists include applying usable evidence-based strategies to improve the general well being of children through prevention, making effective treatments more widely available through technology, and integrating new interventions for adolescent depression and selective mutism into clinical care. Participants learn how the PAX-Good Behavior Game is working to decrease problematic behaviors, increase self-control, and prevent childhood psychiatric disorders in elementary school; and get the latest information on family-based interventions for the treatment of selective mutism and the use of ketamine in refractory depression in adolescents. Participants learn how to extend and expand evidence-based mental health interventions through use of internet technology and telemedicine, how to engage adolescents and affect change with technology-based interventions, and how to implement a brief psychological intervention in the treatment of adolescents with major depression.

Institute 7: Developmental Considerations in Substance Use Disorders: From Pregnancy to Puberty and Beyond
Sponsored by AACAP’s Substance Use Committee
Friday, October 26
8:30 am–5:00 pm (ticket)
Chairs: Iliyan Ivanov, MD, Kevin M. Gray, MD
Presenters: Amy Yule, MD, Henrietta Szutorisz, PhD, Iliyan Ivanov, MD, Constance Guille, MD, Joseph S. Lee, MD, Peter Jackson, MD, Kevin M. Gray, MD

Child and adolescent psychiatrists and psychiatrists in general clinical practice learn the developmental factors influencing the occurrence of substance use disorders (SUD) and can use this information to confidently implement practical, evidence-based strategies to identify and manage SUD in clinical practice. SUD are often chronic conditions perpetuated across generations, and they can begin, recur, or worsen at any age or stage of life. Presentations examine research on differences in brain function between youth with family history versus no family history of SUD before exposure to drugs, the effects of initial drug exposure on the developing brain, and the relationship between age of first use and later SUD. Also discussed are exposure to substances during pregnancy; the presence of childhood psychopathology, e.g., mood and disruptive behavior disorder; how clinical symptoms of SUD present at different stages of development; and screening and treatment interventions, including those that target prevention.

Institute 8: ASD and Associated Psychopathology: An Update on Screening, Diagnosis, and Management
Sponsored by AACAP’s Autism and Intellectual Disability Committee
Saturday, October 27
8:30 am–5:45 pm (ticket)
Chairs: Gagan Joshi, MD, Roma A. Vasa, MD
Presenters: Gagan Joshi, MD, Rebecca Muhle, MD, PhD, McLeod F. Gwynette, MD, Benjamin Yerys, PhD, Roma A. Vasa, MD, Jeremy Veenstra-VanderWeele, MD, Alice R. Mao, MD

Child and adolescent psychiatrists, psychologists, and other mental health professionals seeking up-to-date information on clinical diagnosis and treatment of autism spectrum disorder (ASD) will benefit from attending this Institute. Participants receive a practical review of current research in ASD, and acquire information on the clinical diagnostic approach, the use of the genetic work-up for establishing the diagnosis, and current treatment perspectives. Specific attention is given to identification and management of frequently co-occurring psychiatric conditions. Participants learn to design appropriate multi-modal individual treatment plans that encompass educational, behavioral, and psychopharmacological therapeutic interventions for ASD and co-occurring psychiatric conditions in children. Presentations also look at appropriate information and resources that can help parents facilitate treatment planning to improve functioning, integration, and management of the challenging behaviors associated with ASD.
AACAP President Karen Dineen Wagner, MD, PhD, made depression the focus of her two-year presidential initiative. Part of the Presidential Initiative on Depression Awareness and Screening involves educating child and adolescent psychiatrists about models for depression and how best to collaborate with others in primary or specialty medical care. Here is a sampling of the programs on the Annual Meeting schedule dedicated to this topic.

Clinical Perspectives 21: Elements of Integrated Treatment of Refractory Major Depression in Youth
Wednesday, October 24, 8:30 am–11:00 am (open)
Chair: Kenneth Towbin, MD
Discussants: Kathryn DeLonga, PsyD, Argyris Stringaris, MD, PhD

Symposium 14: Treatment and Mechanisms of Child and Adolescent Depression
Wednesday, October 24, 1:00 pm–3:30 pm (open)
Chair: Argyris Stringaris, MD, PhD
Discussant: David A. Brent, MD
Speakers: Joan Luby, MD, Joan R. Asarnow, PhD, Eric Arzubi, MD, Argyris Stringaris, MD, PhD

Karl Menninger, MD, Plenary: Saving Holden Caulfield
Wednesday, October 24, 4:15 pm–5:45 pm (open)
Chair: Karen Dineen Wagner, MD, PhD, AACAP President, presiding
Speaker: David A. Brent, MD

Symposium 16: Antidepressant Use in Youth Across the Years, Trial Reassessment, and New Safety Concerns
Thursday, October 25, 8:30 am–11:00 am (open)
Chair: Jon M. McClellan, MD
Discussant: Andrew D. Mosholder, MD, MPH
Speakers: Jon M. McClellan, MD, Douglas Russell, MD, Daniel J. Safer, MD, Julie Zito, PhD

Symposium 23: The Life Within: The Unconscious Contributions of Gut Microbiota to Our Lives
Thursday, October 25, 8:30 am–11:00 am (open)
Chairs: Chadi A. Calarge, MD, Deborah R. Simkin, MD
Discussant: L. Eugene Arnold, MD
Speakers: Emily Jutkiewicz, PhD, Ruth Ann Luna, PhD, Chadi A. Calarge, MD, Erika L. Nurmi, MD, PhD
Sponsored by AACAP’s Complementary and Integrative Medicine Committee

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For complete details and to register online, visit www.aacap.org/AnnualMeeting-2018
Institute 5: Research Institute: Treatment Updates in Pediatric Depression and Suicidality
Thursday, October 25, 10:00 am–4:30 pm (open)

Chairs: Anne L. Glowinski, MD, MPE, Michael Bloch, MD, MS
Speakers: Karen Dineen Wagner, MD, PhD, David A. Brent, MD, Michael Bloch, MD, MS, Jennifer Dwyer, MD, PhD, Cheryl King, PhD, Elizabeth McCauley, PhD

Sponsored by AACAP's Research Committee

Institute 6: Innovative Interventions in Child and Adolescent Psychiatry: Extending Our Reach
Friday, October 26, 8:15 am–4:30 pm (ticket)

Chair: Gabrielle A. Carlson, MD
Speakers: Bernadka W. Dubicka, MD, Sally N. Merry, MD, FRANZCP, Rachel Busman, PsyD, Michael Bloch, MD, MS, Jennifer Dwyer, MD, PhD, Alan A. Axelson, MD, David E. Roth, MD

Clinical Perspectives 57: Building Resilience in Depressed LGBTQ Youth: An Integrated Approach
Friday, October 26, 1:30 pm–4:00 pm (open)

Chair: Natalie Ramos, MD, MPH
Discussant: Niranjan S. Karnik, MD, PhD
Speakers: Alexis Chavez, MD, Natalie Ramos, MD, MPH, Peter T. Daniolos, MD, Brandon Johnson, MD

Sponsored by AACAP's HIV Issues Committee and AACAP's Sexual Orientation and Gender Identity Issues Committee

Clinical Perspectives 39: Working With Complex Families and Gender Dysphoria: Preventing Depression and Navigating Gender Transition
Thursday, October 25, 8:30 am–11:00 am (open)

Chair: Erin L. Belfort, MD
Speakers: Erin L. Belfort, MD, John Sargent, MD, Scott Leibowitz, MD, Nathalie Szilagyi, MD

Sponsored by AACAP's Rural Psychiatry Committee, Family Committee, and Sexual Orientation and Gender Identity Issues Committee

Symposium 31: Applications of Transcranial Magnetic Stimulation to Understand and Treat Adolescents With Depressive Disorders and ASD
Friday, October 26, 1:30 pm–4:00 pm (open)

Chair: Kathryn R. Cullen, MD
Discussant: Graham J. Emslie, MD
Speakers: Paul E. Croarkin, DO, MS, Kathryn R. Cullen, MD, Stephanie Hope Arneis, MD, Ernest Pedapati, MD, MS

AACAP Ethics Requirement
Programs at the Annual Meeting will be marked to indicate sessions that fulfill AACAP’s ethics requirement in both the print program as well as in the AACAP App. AACAP members are required to do one hour of ethics study every two years, which can include reading the AACAP Code of Ethics or Conflict of Interest policies or information on the AACAP Information Center, AACAP News or JAACAP ethics articles, or by attending Annual Meeting ethics presentations (at the meeting, audio recording, or on the website). This is not a CME requirement. To prove that they have completed the required time, members must simply answer the ethics question on the membership dues renewal notice. The ethics activity must be related to children and adolescents and it cannot be risk management. This requirement reflects the importance of ethics to the child and adolescent psychiatry practice.
Please note: education programming varies in session length. Refer to the online program schedule (www.aacap.org/AnnualMeeting-2018) for the exact end time of each session.

<table>
<thead>
<tr>
<th>MON</th>
<th>8:00 am–4:30 pm</th>
<th>Systems of Care Special Program: Improving Care for Youth With ASD and Intellectual Disabilities</th>
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<tr>
<td></td>
<td>4:00 pm–8:00 pm</td>
<td>Registration Open</td>
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<td>7:00 am–5:30 pm</td>
<td>Registration Open</td>
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<td>8:00 am–4:00 pm</td>
<td>Assembly of Regional Organizations</td>
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<td>8:00 am–5:30 pm</td>
<td>Institute 1: An Advanced Update in Psychopharmacology Relevant to Clinical Practice</td>
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<td>8:00 am–4:00 pm</td>
<td>Institute 2: Evidence-Based Assessment for Child and Adolescent Psychiatry: Better Tools for Better Decisions and Outcomes</td>
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<td>9:00 am–12:30 pm</td>
<td>Clinical Case Conference, Clinical Perspectives, Member Services Forum, Symposia, and Workshops</td>
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<td>1:30 pm–4:30 pm</td>
<td>Clinical Case Conference, Clinical Perspectives, Symposium, and Workshops</td>
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<td>4:30 pm–6:00 pm</td>
<td>Medical Students, Residents, and Fellows: Meet Life Member Mentors at the 2018 AACAP Annual Meeting</td>
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<td>5:00 pm–6:30 pm</td>
<td>Networking for International Attendees and Presentation of International Awards</td>
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<td>6:00 pm–7:00 pm</td>
<td>Medical Student and Resident Networking Hour</td>
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<td>6:30 pm–9:30 pm</td>
<td>Media Theatre: The Florida Project: Magic, Mischief, and Childhood Adversity</td>
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<td>7:00 pm–9:00 pm</td>
<td>Research Symposium: Opioids—From the Receptor to the Clinic</td>
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<tr>
<th>TUESDAY, OCTOBER 23</th>
<th>7:00 am–5:30 pm</th>
<th>Registration Open</th>
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<tr>
<td></td>
<td>7:00–8:30 am</td>
<td>Clinical Consultation Breakfast</td>
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<td>8:00–9:30 am</td>
<td>AACAP Business Meeting and Council Meeting 1</td>
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<td>8:00–11:00 am</td>
<td>Clinical Case Conferences, Clinical Perspectives, Media Theatre, Member Services Forum, Symposia, and Workshops</td>
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<td>8:00–4:00 pm</td>
<td>Extended Workshops</td>
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<td>8:00–4:30 pm</td>
<td>Institute 3: Gender Dysphoria Across Development: Multidisciplinary Perspectives on the Evidence, Ethics, and Efficacy of Gender Transition</td>
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<td>9:30–11:30 am</td>
<td>AACAP Council Meeting 2</td>
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<td></td>
<td>10:00 am–12:30 pm</td>
<td>New Research Poster Session 1</td>
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<td>10:00 am–4:00 pm</td>
<td>Exhibit Hall Open</td>
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<td>11:15 am–12:45 pm</td>
<td>Noshpitz Cline History Lecture: What Has Happened to Fifty Years of Child Abuse Reporting Laws? The One-Hundred-Forty Million Dollar Mistake</td>
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<td>11:30 am–1:00 pm</td>
<td>Distinguished Member Awards Lunch</td>
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<td>1:00 pm–4:00 pm</td>
<td>Clinical Case Conferences, Clinical Perspectives, Media Theatre, Member Forum, Previews From the Pipeline, Symposia, and Workshops</td>
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<td>1:00 pm–3:15 pm</td>
<td>AACAP Council Meeting 3</td>
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<td>1:30 pm–4:00 pm</td>
<td>New Research Poster Session 2</td>
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<td>4:15 pm–5:45 pm</td>
<td>Karl Menninger, MD, Plenary: Saving Holden Caulfield</td>
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<td>6:00 pm–7:30 pm</td>
<td>Welcome Reception</td>
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<td>6:30 pm–9:30 pm</td>
<td>Media Theatre: Lady Bird</td>
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<td>7:30 pm–9:30 pm</td>
<td>Open Mic Night</td>
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<tr>
<th>WEDNESDAY, OCTOBER 24</th>
<th>7:00 am–5:30 pm</th>
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For complete details and to register online, visit www.aacap.org/AnnualMeeting-2018
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:00 am–5:30 pm</td>
<td>Registration Open</td>
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<tr>
<td>7:00 am–8:30 am</td>
<td>Clinical Consultation Breakfast</td>
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<td>7:30 am–9:30 am</td>
<td>Medical Student and Resident Breakfast</td>
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<tr>
<td>8:00 am–4:45 pm</td>
<td>Institute 4: Lifelong Learning Institute: Module 15: Relevant Clinical Updates for Child and Adolescent Psychiatrists</td>
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<tr>
<td>8:30 am–11:00 am</td>
<td>James C. Harris, MD, Developmental Neuropsychiatry Forum: Pediatric Mild Traumatic Brain Injury: Understanding Neuropsychiatric Outcomes and Psychotherapeutic Treatments</td>
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<tr>
<td>8:30 am–11:30 am</td>
<td>Clinical Case Conferences, Clinical Perspectives, Honors Presentations, Media Theatre, Member Services Forum, Symposia, and Workshops</td>
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<tr>
<td>8:30 am–4:30 pm</td>
<td>Extended Workshops</td>
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<tr>
<td>10:00 am–12:30 pm</td>
<td>New Research Poster Session 3</td>
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<tr>
<td>10:00 am–4:00 pm</td>
<td>Exhibit Hall Open</td>
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<tr>
<td>10:00 am–4:30 pm</td>
<td>Institute 5: Research Institute: Treatment Updates in Pediatric Depression and Suicidality</td>
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<tr>
<td>11:45 am–1:15 pm</td>
<td>Town Meeting: The Crisis in Child and Adolescent Psychiatry Residency Recruitment</td>
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<td>1:00 pm–3:30 pm</td>
<td>New Research Poster Session 4</td>
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<td>1:15 pm–2:45 pm</td>
<td>Junior Research Scholar Lunch</td>
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<td>1:30 pm–4:30 pm</td>
<td>Clinical Perspectives, Media Theatre, Member Services Forum, Symposia, and Workshops</td>
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<td>5:00 pm–6:30 pm</td>
<td>Mentorship Program for Trainees Part 1</td>
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<td>5:15 pm–7:15 pm</td>
<td>Caucuses</td>
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<td>5:30 pm–6:30 pm</td>
<td>Maintenance of Certification 101 Member Services Forum</td>
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<td>5:30 pm–7:30 pm</td>
<td>Early Career Psychiatrist (ECP) Meet and Greet (supported by American Professional Agency, Inc.)</td>
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<tr>
<td>6:00 pm–10:30 pm</td>
<td>Receptions and Reunions</td>
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<td>6:30 pm–9:00 pm</td>
<td>Life Members Reception and Dinner</td>
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<td>6:30 pm–9:30 pm</td>
<td>Media Theatre: Coco: A Young Mexican Boy’s Journey to Find His Identity Through the Cultural Celebration of Ancestry and Music</td>
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<tr>
<td>7:00 am–5:30 pm</td>
<td>Registration Open</td>
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<td>7:00 am–8:30 am</td>
<td>Clinical Consultation Breakfast</td>
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<td>8:00 am–9:30 am</td>
<td>Young Leaders Awards Breakfast</td>
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<td>8:15 am–4:30 pm</td>
<td>Institute 6: Innovative Interventions in Child and Adolescent Psychiatry: Extending Our Reach</td>
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<td>8:30 am–11:30 am</td>
<td>Clinical Case Conference, Clinical Perspectives, Member Services Fora, Symposia, and Workshops</td>
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<td>8:30 am–4:30 pm</td>
<td>Extended Workshops</td>
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<td>9:00 am–12:30 pm</td>
<td>Exhibit Hall Open</td>
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<tr>
<td>10:30 am–1:00 pm</td>
<td>New Research Poster Session 5</td>
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<tr>
<td>11:30 am–2:00 pm</td>
<td>Training and Education Lunch</td>
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<td>11:45 am–1:15 pm</td>
<td>Lawrence A. Stone, MD, Plenary</td>
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<td>1:30 pm–4:00 pm</td>
<td>Medical Student and Resident: Career Development Forum</td>
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<td>1:30 pm–4:30 pm</td>
<td>Clinical Case Conferences, Clinical Perspectives, TED Talks Meets Perspectives, Media Theatre, Member Services Symposia, and Workshops</td>
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<tr>
<td>4:45 pm–6:15 pm</td>
<td>Mentorship Program for Trainees Part 2</td>
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<tr>
<td>5:00 pm–6:30 pm</td>
<td>Special Interest Study Groups</td>
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<tr>
<td>6:30 pm–9:30 pm</td>
<td>Media Theatre: Lion: Reconciling Identity When Adopted by a Different Culture</td>
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<tr>
<td>7:00 am–4:00 pm</td>
<td>Registration Open</td>
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<tr>
<td>7:00 am–8:30 am</td>
<td>Clinical Consultation Breakfast</td>
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<td>8:00 am–4:00 pm</td>
<td>Extended Workshops</td>
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<tr>
<td>8:30 am–4:30 pm</td>
<td>Institute 8: Autism and Associated Psychopathology: An Update on Screening, Diagnosis, and Management</td>
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<tr>
<td>10:00 am–12:30 pm</td>
<td>New Research Poster Session 6</td>
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<td>11:45 am–1:15 pm</td>
<td>Presidential Interview: Karen Dineen Wagner, MD, PhD, Interviews Joan Luby, MD</td>
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<tr>
<td>1:30 pm–4:30 pm</td>
<td>Clinical Case Conference, Clinical Perspectives, Symposia, and Workshops</td>
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AACAP’s Annual Meeting is the perfect place to network with your colleagues. Below are some of the best ways to do so throughout the week!

**Network for International Attendees**

*Tuesday, October 23*

5:00 pm–6:30 pm (by invitation only)

AACAP would like to welcome all of our attendees who traveled near and far from other countries to attend the Annual Meeting! Join us in Hall 4D on the Fourth Floor of the Washington Convention Center to network with other attendees from your home country or those nearby!

*Badges are required for admission.*

**Welcome Reception**

*Wednesday, October 24*

6:00 pm–7:30 pm (open)

Come meet your colleagues and enjoy some light refreshments and music at the Welcome Reception (located in Hall 4D-E on the Fourth Floor of the Washington Convention Center), as we kick off AACAP’s 65th Annual Meeting!

*Badges are required for admission for all adults; children are welcome and do not require badges.*

**Receptions/Reunions**

The Annual Meeting is an opportunity to reconnect and network with your colleagues and friends. Any university or regional organization is welcome to host a reception or reunion the evening of Thursday, October 25. AACAP assigns your group a complimentary room at either the Washington State Convention Center or the Seattle Sheraton Hotel, and the host of the reception is responsible for all other costs. For more information or to request space, please email meetings@aacap.org.

**Exhibit Hall**

*Wednesday, October 24: 10:00 am–4:00 pm*

*Thursday, October 25: 10:00 am–4:00 pm*

*Friday, October 26: 9:00 am–12:30 pm*

**Location:** Exhibit Hall 4B on the Fourth Floor of the Washington Convention Center

With over 90 booths to visit, the Exhibit Hall is the place to be to learn about the latest and greatest in child and adolescent psychiatry. The exhibitors at the meeting include, but are not limited to, associations, pharmaceutical companies, publishers, recruiters, and treatment centers. While you are visiting the exhibits, don’t forget to stop by the New Research Poster Session in Room 4C-1/2. The Exhibit Hall is also a great place to meet up with colleagues and explore what new products and opportunities are available on the show floor. With over 4,000 attendees roaming through the Exhibit Hall, you will find someone you know!

**Back by Popular Demand!**

Visit the headshot booth in the Exhibit Hall and receive a complimentary headshot by a professional photographer. You will even get to leave the meeting with your headshot on a flash drive! The headshot booth is located next to booth #305.

*Sponsored by Tris Pharma, Inc.*
Monitors
Medical Students, Residents, and Trainees Attend the Annual Meeting for FREE!
Register as a Monitor and we will waive your general registration fee. Monitors assist AACAP staff in running the meeting by checking badges and tickets to confirm attendance, assist speakers as needed, and distribute and collect evaluation forms and/or other material that the speaker provides. In return for working as a monitor for either one full day or two half days, monitors receive a complimentary registration for the meeting in addition to half-priced tickets for most ticketed events.

Reasons to Become a Monitor:
• FREE registration for all residents, trainees, and medical students
• Six days of scientific content given by the top experts in the field
• Customized programming, including a mentorship program
• Networking opportunities with presenters and peers

Members-Only Benefit!
Monitor registration opens August 1 for AACAP members only; non-member registration opens one week later on August 8. All Monitors choose their own assignments through the registration system. Increase your chances of getting the Monitor assignment that you want by becoming an AACAP member today!

For more information about the Monitor Program and how to sign up, as well as to access full event descriptions and a list of suggested events, visit: www.aacap.org/annualmeeting-2018 and select ‘Monitor Program’.

Competition Meetings
Joining an AACAP committee is the perfect way to get involved with AACAP, and with over 60 committees, there is something for everyone! All committees meet at the Annual Meeting and this is the perfect opportunity to engage with the committee chairs and members to see if they are the committee for you. If you are interested in becoming a member of a committee, please visit the committee website at www.aacap.org/committees for a complete listing of committees, their charges, most recent annual report, and chair contact information. To be considered for appointment to an AACAP committee, please send an email of interest along with your CV to kwagner@aacap.org. If you have questions about this process, please contact Megan Levy at mlevy@aacap.org. Committee meetings are open to all AACAP members, unless otherwise noted.

Mentorship Programs
AACAP’s Annual Meeting has over 10 hours of mentorship opportunities for medical students, residents, and early career psychiatrists and is the best place to plan for the next stage in your career. Don’t miss your chance to connect with other child and adolescent psychiatrists who could serve as advisors for a lifetime! Visit www.aacap.org/annualmeeting-2018 for a listing of all of the activities just for these groups.

Helen Beiser, MD, Art Show
Join us at the annual Helen Beiser, MD, Art Show in the Exhibit Hall! We invite AACAP members and family members to showcase their amazing creativity. You may submit an application to exhibit up to three pieces of art. Works may include paintings, drawings, printmaking, potteries, sculptures, calligraphy, poetry, letterpress broadsides, artist’s books, and photographs.

Submission forms for the Art Show are available at www.aacap.org/annualmeeting-2018. The Art Show is coordinated by AACAP’s Art Committee. For more information, contact AACAP’s Meetings & Exhibits Manager at exhibits@aacap.org or 202.966.9574.

The Art Show is for exhibition purposes only; no pieces are offered for sale.
Hotel Information
Rooms are selling quickly at the Sheraton Seattle, Grand Hyatt Seattle, Hyatt at Olive 8, and The Paramount Hotel, so don’t wait to book! The Sheraton Seattle and the Grand Hyatt Seattle are located one block away from the Convention Center. The Paramount Hotel and the Hyatt at Olive 8 are located only two blocks away. Conveniently located in the heart of Seattle, the hotels are just minutes from the excitement of the Pike Place Market, Seattle Aquarium, Smith Tower, the Space Needle, Museum of Pop Culture, and other amazing attractions.

Rates at the Sheraton Seattle Hotel are $239 single/double per night + tax.
Rates at the Grand Hyatt Hotel are $249 single/double per night + tax.
Rates at the Hyatt at Olive 8 are $249 single/double per night + tax.
Rates at the Paramount are $190 single/double per night + tax.

It is likely that hotel rooms will be sold out before October, so don’t wait—book your room today!

Hotel Policies (applies to all of the below hotels)
• When making your reservation, ask for AACAP’s 2018 Annual Meeting to qualify for the reduced rate.
• A deposit equal to one night’s stay is required to hold each individual’s reservation. Such deposit shall serve to confirm the reservation for the date(s) indicated and, upon check-in. This deposit is refundable if notice is received by September 15, 2018, and/or 40 days before arrival and a cancellation number is obtained. Please refer to your hotel confirmation for cancellation as it may vary from hotel to hotel.
• The regular rate is available until Monday, October 1, or until the group block sells out, whichever comes first. We recommend making your reservation early to secure your room.
• All guest sleeping rooms include complimentary internet access.
• The Seattle hotel sales tax rate is 15.6%, plus $2/night tourism fee.
• Check-in is at 3:00 pm and check-out is at 12:00 pm at the Sheraton and check-in is at 4:00 pm and check-out is at 12:00 pm at the Grand Hyatt, Hyatt at Olive 8, and Paramount.

Sheraton Seattle Hotel
1400 6th Ave
Seattle, WA 98101
Phone: 800.325.3535 or 206.621.9000
Check-in is at 3:00 pm
Check-out is at 12:00 pm

Grand Hyatt Hotel
721 Pine Street
Seattle, WA 98101
Phone: 206.774.1234
Check-in is at 4:00 pm
Check-out is at 12:00 pm

Hyatt at Olive 8
1635 8th Avenue
Seattle, WA 98101
Phone: 206.695.1234
Check-in is at 4:00 pm
Check-out is at 12:00 pm

The Paramount Hotel
724 Pine Street
Seattle, WA 98101
Phone: 206.292.9500
Check-in is at 4:00 pm
Check-out is at 12:00 pm

All room rates are quoted exclusive of applicable state and local taxes, currently 15.6%.

Group Hotel Reservations
If you need to reserve 10 or more sleeping rooms, please contact Jill Brafford at 202.966.7719 or jbrafford@aacap.org to make separate arrangements.

For complete details and to register online, visit www.aacap.org/AnnualMeeting-2018
Clinical Practicum: Visit to Echo Glen Children’s Center: A Model Juvenile Justice Facility
Tuesday, October 23
8:00 am–3:30 pm (ticket, members only)
Sponsored by AACAP’s Local Arrangements Committee
Location: Echo Glen Children’s Center

Attendees interact with a model juvenile justice facility in the foothills of the beautiful Cascade Mountains and experience the critical elements of an effective residential treatment program. Participants meet with youth adjudicated to Echo Glen Children’s Center, and hear about: Campus-wide DBT infused into milieu, individual and group therapies; continuous staff training using modeling, supervision, and consultation; quality management utilizing observation data by trained raters, and youth and staff surveys; trauma-informed care guided by a TF-CBT Master Trainer; canine and barista training programs; and the effects of psychiatric practice guidelines on medication use and aggression.

Lunch, as well as transportation to and from the Washington State Convention Center, are provided. Please note that space is limited to 30 attendees. Ticket price: $80 per person.

Clinical Practicum: Seattle Children’s Autism Center and Alyssa Burnett Adult Life Center
Tuesday, October 23
8:00 am–4:30 pm (ticket, members only)
Sponsored by AACAP’s Local Arrangements Committee and Seattle Children’s Autism Center
Location: Seattle Children’s Autism Center and Alyssa Burnett Adult Life Center

Attendees learn our assessment models, treatment, research, training, and outreach programs for children and adults with autism spectrum disorder (ASD). Participants tour both Seattle Children’s Autism Center (SCAC) and Alyssa Burnett Adult Life Center (ABC) and observe live classes and meet/discuss with faculty and parents of adult children with ASD. The group arrives at SCAC at 8:30am to tour the facility, then meet/discuss with our providers and researchers (including a working breakfast and lunch). Midday, participants head to ABC, where they tour the facility, observe classes, and meet with students and families as well as providers.

Breakfast, lunch, and transportation to and from the Washington State Convention Center are provided. Please note that space is limited to 30 attendees. Ticket price: $50 per person.
Types of Programs
Below is a description of each type of program offered at the Annual Meeting. Each type of program has a unique focus and purpose, so you can pick the programs that best fit your needs.

- **Clinical Case Conference** Allows clinicians to present difficult case material and includes discussions of diagnostic, clinical formulation, and/or treatment issues. These programs are now two hours long and open to all attendees.

- **Clinical Consultation Breakfast** A forum for experts to share clinical wisdom and discuss difficult cases with attendees. These programs are one and a half hours long, require a ticket, and limited to 15 participants.

- **Clinical Perspectives** Similar to Symposia, Clinical Perspectives present a particular topic related to treatment, research method, service delivery, or clinical care, which is evidenced-based, but also includes the “art” and clinical wisdom of the practice of child and adolescent psychiatry. These programs are two and a half hours long and open to all attendees.

- **Clinical/Research Practicum** Clinical or Research Practica provide members with guidelines on the assessment and treatment of a specific clinical topic or guidance on pursuing a career in research. The Practica take place offsite from the hotel and feature facilities that are unique to the host city. A ticket is required, and attendance is limited to 30 AACAP members.

- **Committee Meeting** Official meetings of AACAP’s Committees. They are open to all AACAP members, unless otherwise noted.

- **Extended Workshop** is a full day program, 6–8 hours in duration. Extended Workshops provide additional time and opportunity to master evidence-based therapeutic interventions beyond what is possible in the standard 3-hour Workshop. At its conclusion, participants should have gained sufficient expertise to implement newly learned treatment approaches or interventions into their clinical practices. Extended Workshops can have a maximum of 40 participants.

- **Institute** Focuses on “how to do it” with respect to clinical problems, academic areas, or a blending of the two. Institutes are designed for attendees who wish to be taught a comprehensive and authoritative overview of a topic area. Institutes are full day programs and require a ticket. Notebooks with all program materials are included.

- **Media Theatre** Features motion pictures, commercially released documentaries, videotapes, music, and other forms of media relevant to any area of child and adolescent psychiatry. These programs are two to three hours in length and open to all attendees.

- **Member Forum** An open discussion for AACAP members, about a topic specific to AACAP membership.

- **Member Services Forum** Designed to provide a practical service to AACAP members, such as training on how to be an advocate or updates on CPT codes.

- **New Research Poster Session** Authors present the results of data-rich research or clinical reports with opportunity for feedback from viewers. There are six New Research Poster Sessions throughout the meeting, and they are open to all attendees.

- **Special Interest Study Group** Allow individuals with similar interests to share their clinical or research experience, develop collaborations or networks, or discuss mutual interests. These programs are limited to 25 attendees and a free ticket is required.

- **Symposium** Data-driven programs that present perspectives on different aspects of a topic or differing views of the same topic. These programs are three hours in length and open to all attendees.

- **Workshop** Provide instruction on treatment, research method, delivery, or organization of services, and are designed to encourage discussion in a small group. They are limited to 30 attendees and a ticket is required for attendance.
In an effort to encourage the personal good health and wellness of our own AACAP members, the Program Committee is continuing to infuse a wellness theme into the Annual Meeting. Special activities include:

- **Special run, walk, and bike events in Seattle**
- **Yoga classes each morning and evening**
- **Meditation classes each morning and evening**
- **CME sessions about wellness for physicians and their patients**
- **Special wellness-related activities, i.e. papercutting, poetry writing, book club, weaving, and mindfulness drawing**
- **Healthier food selections at special events**

Attendees are encouraged to take advantage of these opportunities to improve our well-being. These events are open to all attendees, their spouse/significant other, and families. See below for scheduling details.

### TUESDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30 pm–6:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
</tr>
<tr>
<td>6:00 am–7:30 pm</td>
<td>Run in Seattle</td>
</tr>
<tr>
<td>6:30 am–7:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
</tr>
<tr>
<td>8:30 am–11:00 am</td>
<td>Resiliency in Residency and Beyond: Promoting Wellness in Yourself and Your Workplace*</td>
</tr>
<tr>
<td>11:00 am–1:00 pm</td>
<td>Drawing: A Tool for Mindfulness</td>
</tr>
<tr>
<td></td>
<td>Poem-Making Time</td>
</tr>
<tr>
<td>1:00 pm–3:30 pm</td>
<td>Clinical Perspectives 33: Wellness Interventions in Child Psychiatry: How Exercise, Good Nutrition, and Meditation Can Help Prevention and Improve Outcomes*</td>
</tr>
<tr>
<td>1:00 pm–3:30 pm</td>
<td>Clinical Perspective 34: Challenges and Resiliency with Mental Illnesses and Wellness as a Child Psychiatrist*</td>
</tr>
<tr>
<td>6:30 pm–7:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
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### WEDNESDAY

<table>
<thead>
<tr>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>6:00 am–7:30 am</td>
<td>Run in Seattle</td>
</tr>
<tr>
<td>6:30 am–7:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
</tr>
<tr>
<td>8:30 am–11:00 am</td>
<td>Resiliency in Residency and Beyond: Promoting Wellness in Yourself and Your Workplace*</td>
</tr>
<tr>
<td>11:00 am–1:00 pm</td>
<td>Drawing: A Tool for Mindfulness</td>
</tr>
<tr>
<td></td>
<td>Poem-Making Time</td>
</tr>
<tr>
<td>1:00 pm–3:30 pm</td>
<td>Clinical Perspectives 33: Wellness Interventions in Child Psychiatry: How Exercise, Good Nutrition, and Meditation Can Help Prevention and Improve Outcomes*</td>
</tr>
<tr>
<td>1:00 pm–3:30 pm</td>
<td>Clinical Perspective 34: Challenges and Resiliency with Mental Illnesses and Wellness as a Child Psychiatrist*</td>
</tr>
<tr>
<td>6:30 pm–7:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
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<td>Yoga Class</td>
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### THURSDAY

<table>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>6:00 am–7:30 pm</td>
<td>Bike in Seattle</td>
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<tr>
<td>6:30 am–7:30 pm</td>
<td>Meditation Class</td>
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<td></td>
<td>Yoga Class</td>
</tr>
<tr>
<td>8:30 am–11:30 am</td>
<td>Workshop 17: The Perfect Pitch: Attaining Institutional Buy-In for Wellbeing Initiatives*</td>
</tr>
<tr>
<td>11:15 am–1:15 pm</td>
<td>Self-Expression Through Weaving</td>
</tr>
<tr>
<td>5:30 pm–6:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
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### FRIDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>6:00 am–7:30 pm</td>
<td>Walk in Seattle</td>
</tr>
<tr>
<td>6:30 am–7:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
</tr>
<tr>
<td>11:15 am–1:15 pm</td>
<td>Reading Between the Lines: AACAP Book Club Presents <em>The Catcher in the Rye</em></td>
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<tr>
<td>11:30 am–12:30 pm</td>
<td>Papercutting as a Pathway to Relaxation and Collaboration</td>
</tr>
<tr>
<td>12:00 pm–1:00 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
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### SATURDAY

<table>
<thead>
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<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 am–7:30 pm</td>
<td>Meditation Class</td>
</tr>
<tr>
<td></td>
<td>Yoga Class</td>
</tr>
<tr>
<td>8:30 am–4:00 pm</td>
<td>Extended Workshop 8: Mindfulness-Based Health Promotion (MBHP) in the Vermont Family-Based Approach (VFBA): From Origins to Practice*</td>
</tr>
</tbody>
</table>

*Sessions are for CME credit.
Below is a summary of registration rates and policies for AACAP’s 65th Annual Meeting. Further details can be found at [www.aacap.org/AnnualMeeting-2018](http://www.aacap.org/AnnualMeeting-2018).

### Member Registration Fees

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Early Bird Rate By September 13</th>
<th>Early Bird Rate w/ Conference Enrichment Package</th>
<th>Late Rate After September 13, by September 27</th>
<th>Late Rate w/ Conference Enrichment Package</th>
<th>Onsite Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member</td>
<td>$385</td>
<td>$564</td>
<td>$495</td>
<td>$674</td>
<td>$545</td>
</tr>
<tr>
<td>Member Presenter</td>
<td>$385</td>
<td>$564</td>
<td>$495</td>
<td>$674</td>
<td>$545</td>
</tr>
<tr>
<td>Member Resident</td>
<td>$130</td>
<td>$229</td>
<td>$205</td>
<td>$304</td>
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<tr>
<td>Member Medical Student</td>
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<td>$0</td>
<td>$99</td>
<td>$0</td>
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<tr>
<td>Monitor</td>
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<td>$0</td>
<td>$99</td>
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<tr>
<td>Single Day Member</td>
<td>$225</td>
<td>N/A</td>
<td>$225</td>
<td>N/A</td>
<td>$250</td>
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### Non-Member Registration Fees

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Early Bird Rate By September 13</th>
<th>Early Bird Rate w/ Conference Enrichment Package</th>
<th>Late Rate After September 13, by September 27</th>
<th>Late Rate w/ Conference Enrichment Package</th>
<th>Onsite Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Member</td>
<td>$625</td>
<td>$804</td>
<td>$775</td>
<td>$954</td>
<td>$825</td>
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<tr>
<td>Non-Member Medical Student</td>
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<td>$99</td>
<td>$0</td>
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<tr>
<td>Non-Member Resident</td>
<td>$140</td>
<td>$239</td>
<td>$215</td>
<td>$314</td>
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<tr>
<td>Non-Member Presenter (Non-Psychiatrist)</td>
<td>$175</td>
<td>$354</td>
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<td>$379</td>
<td>$225</td>
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<tr>
<td>Non-Member Presenter (Psychiatrist)</td>
<td>$385</td>
<td>$564</td>
<td>$495</td>
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<tr>
<td>Nurse Practitioner</td>
<td>$450</td>
<td>$629</td>
<td>$550</td>
<td>$729</td>
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<tr>
<td>Single Day Non-Member</td>
<td>$390</td>
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<td>$390</td>
<td>N/A</td>
<td>$415</td>
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### Ticketed Events

<table>
<thead>
<tr>
<th></th>
<th>Clinical Consultation Breakasts</th>
<th>Extended Workshops</th>
<th>Institutes</th>
<th>Special Interest Study Groups</th>
<th>Workshops</th>
</tr>
</thead>
<tbody>
<tr>
<td>Member</td>
<td>$65</td>
<td>$120</td>
<td>$160</td>
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<td>$70</td>
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<tr>
<td>Non-Member</td>
<td>$75</td>
<td>$180</td>
<td>$260</td>
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<tr>
<td>Member Residents/ Medical Students</td>
<td>$32</td>
<td>$60</td>
<td>$80</td>
<td>free</td>
<td>$35</td>
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<tr>
<td>Non-Member Residents/Medical Students</td>
<td>$37</td>
<td>$90</td>
<td>$130</td>
<td>free</td>
<td>$55</td>
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</tbody>
</table>

### Payment Information

- Registration fees are in U.S. dollars.
- AACAP accepts Visa, MasterCard, and American Express.
- When using the paper registration form, only payment by check will be accepted.
- Money orders or checks must be drawn on a U.S. bank. Make checks payable to AACAP.
- Credit Cards are the ONLY form of acceptable payment for onsite registration. Cash transactions for onsite registration are NOT allowed.
- Need to pay by wire transfer? Contact the Office of the Registrar at 202.966.7300, ext. 2005 or registrar@aacap.org for details.

### Privacy Policy

Registrant understands, authorizes and agrees that AACAP may provide and receive personally identifiable information in order to help facilitate the registrant’s hotel reservation and stay during AACAP’s 65th Annual Meeting in accordance with the Hotel’s privacy policy. For its part, AACAP will use reasonable means to protect and safeguard the confidentiality of such information.

### Cancellation/Refund Policy

All cancellations must be received in writing to registrar@aacap.org; telephone cancellations will not be accepted. Cancellation between the date of registration and September 13, 2018, will receive a full refund less a $150 administrative fee. No refunds will be given after September 13. Refunds will be issued after the meeting. Purchased session recordings are non-refundable, and are available after the meeting.

### Be Sure to Take Advantage of All of the Events Included in the General Registration Fee!

Included in the general registration fee are:
- Clinical Case Conferences
- Clinical Perspectives
- Exhibit Hall Access
- Media Theatre
- Member Fora
- Member Services Fora
- New Research Poster Sessions
- Plenaries
- Self-Assessment Exam
- Symposia
- Welcome Reception

Don’t miss out on these valuable programs!
Pediatric Psychopharmacology Update Institute

Early Treatment Intervention: When, What, and For How Long?

SAVE THE DATES!

January 25-26, 2019
New York Marriott at the Brooklyn Bridge—Brooklyn, NY

Co-Chairs: Boris Birmaher, MD, and Gabrielle A. Carlson, MD
www.aacap.org/psychopharm-2019
mark your calendar for AACAP’s future meetings!

Pediatric Psychopharmacology Update Institute
January 25–26, 2019
New York Marriott at the Brooklyn Bridge
Brooklyn, NY

Douglas B. Hansen, MD, 44th Annual Review Course in Child and Adolescent Psychiatry
March 23–25, 2019
Hyatt Regency Baltimore Inner Harbor
Baltimore, MD

AACAP Legislative Conference and Assembly Meeting
May 2–4, 2019
Hyatt Regency Washington on Capitol Hill
Washington, DC

AACAP Legislative Conference
and Assembly Meeting
May 2–4, 2019
Hyatt Regency Washington on Capitol Hill
Washington, DC

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Tris Pharma, Inc.

Annual Meeting App and Early Career Psychiatrist Reception Sponsor
American Professional Agency, Inc.

Interested in becoming a sponsor?
Contact AACAP’s Development Department at development@aacap.org or by calling 202.966.7300, ext. 140 for more information.

AACAP’s 66th annual meeting
October 14–19, 2019
Chicago, IL

Call for Papers submission deadline:
February 14, 2019

New Research Poster submission deadline:
June 3, 2019

All program submissions must be submitted online (www.aacap.org). The 2019 Annual Meeting Call for Papers will open in December 2018.