SUPPORTING MULTIRACIAL IDENTITY DEVELOPMENT THROUGH FAMILY-BASED INTERVENTION

Madeline Jansen MD MPH
April Thanes PhD
Sheryl Kataoka MD MSE
Department of Child Psychiatry
University of Los Angeles, CA

BACKGROUND

Multiracial youth are the fastest growing racial group in the U.S.¹ and are at highest risk of mental illness of any racial group.¹

Racial identity conflict appears to play a role in mental health risk.¹

Although caregiver support is known to impact multiracial identity development, there has yet to be an evidence-based intervention in this arena.

EXAMINES

- Assess the relationship between family support of multiracial experiences, identity conflict, and mental health
- Develop an evidence-based psychosocial intervention to promote healthy multiracial identity development

METHODS

Subjects: 200 adolescents, 12-18 years of age, self-identified as multiracial, will be recruited from community settings in LA, such as youth centers, parks, schools (LAUSD), and youth-serving agencies (LA Trust for Children).

Community Population: As of 2021, the Los Angeles (LA) County public school population had 2.7% of students identify as multiracial (California Department of Education) representing almost 38,000 youth.

STUDY WILL BE GUIDED BY THE COMMUNITY PARTNERED PARTICIPATORY RESEARCH APPROACH – which emphasizes engagement of community partners in all aspects of the study.

REFERENCES