The Mission of AACAP is to promote the healthy development of children, adolescents, and families through advocacy, education, and research, and to meet the professional needs of child and adolescent psychiatrists throughout their careers.
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AACAP Catchers in the Rye Awards

I keep picturing all these little kids playing some game in this big field of rye and all. Thousands of little kids, and nobody around—nobody big, I mean—except me. And I’m standing on the edge of some crazy cliff. What I have to do, I have to catch everybody if they start to go over the cliff.

J.D. Salinger, The Catcher in the Rye

The American Academy of Child and Adolescent Psychiatry (AACAP) is honored to present its most prestigious awards, the AACAP Catchers in the Rye Awards, to our 2020 award recipients.
The AACAP Catchers in the Rye Humanitarian Award is awarded by AACAP’s Executive Committee. It was established in 1990 to honor those who have made a sustained and significant contribution to pediatric mental health through activities such as advocacy, education, entrepreneurship, philanthropy, research, and/or acts of bravery/kindness. AACAP is honored to present the 2020 Catchers in the Rye Humanitarian Award to W. Thomas Boyce, MD.

W. Thomas Boyce, MD, is a leading expert on the interplay between neurobiological and psychosocial processes—an interplay that leads to socially partitioned differences in childhood health, development, and disease.

Studying the interactive influences of socio-economic adversities and neurobiological responses, Dr. Boyce has demonstrated how psychological stress and neurobiological reactivity to aversive social contexts operate conjointly to produce both physical and mental health disorders in childhood populations. A central goal of his work is to develop a new synthesis between biomedical and social epidemiologic accounts of human pathogenesis and to articulate the public health implications of that synthetic view.

He is professor emeritus of pediatrics and psychiatry at the University of California, San Francisco, where he formerly served as Lisa and John Pritzker Distinguished Professor of Developmental and Behavioral Health. He previously taught at the University of California, Berkeley and at the University of British Columbia. He is the author of the book The Orchid and the Dandelion: Why Some Children Struggle and How All Can Thrive, which was published in 2019.

I am so honored and humbled to have been nominated for this Award, and I accept it, of course, with immense gratitude.

Dr. Boyce receives his award during the Karl Menninger, MD, Plenary on Monday, October 19 from 11:00 am–12:30 pm EDT
I’m grateful to the AACAP community for honoring me with this award, and for your dedication to helping all children, including those who face extreme adversity. Thank you to all of the survivors around the world who have given me the gift of being invited into their lives.
AACAP Virginia Q. Anthony Outstanding Woman Leader Award
Tami D. Benton, MD

The AACAP Virginia Q. Anthony Outstanding Woman Leader Award is awarded by AACAP's president. It was established in 2013 to celebrate the lifetime achievements of extraordinary women in the field of child and adolescent psychiatry. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness. AACAP is honored to present the 2020 AACAP Virginia Q. Anthony Outstanding Woman Leader Award to Tami D. Benton, MD.

Tami D. Benton, MD, is the Frederick Allen Professor of Psychiatry at the Perelman School of Medicine at the University of Pennsylvania, and chair of psychiatry at the Children's Hospital of Philadelphia (CHOP). She completed the Triple Board Program at Montefiore/Albert Einstein School of Medicine and is a distinguished fellow of the Academy. Her leadership roles include AACAP councilor-at-large and secretary, HIV Issues committee co-chair, Program Committee deputy chair, member of the Presidential Working Group to Promote Health Equity and Combat Racism, AADPRT membership chair, and president-elect of the American Association of Directors of Child and Adolescent Psychiatry. Her national contributions include NIMH's Advisory Council, APA's Council on Research, and trusteeship for The Devereux Foundation and the Juvenile Law Center. She's served on ABPN/AAP examination committees, directed the child and adolescent psychiatry fellowship/peds portal program and co-leads the Child and Adolescent Mood Program/ Suicide Center at CHOP. She has received the University of Pennsylvania Blockley-Osler Teaching Award, Elizabeth Weller Award, The Lifesavers Award for Community Impact and The Community Outreach Award from the American Foundation for Suicide Prevention, and the Humanitarian Award from The Society of Biological Psychiatry. Her academic focus is childhood depression, suicide, HIV/AIDS, and Sickle Cell disease.

I am deeply honored to receive this award named for Ginger Anthony's outstanding leadership and her legacy at AACAP. Ginger is an inspirational leader for me and countless other women in the academy. She personifies speaking up, using your voice, and daring to lead for the future of our nation's children. Thank you.

Dr. Benton receives her award during the Karl Menninger, MD, Plenary on Monday, October 19 from 11:00 am–12:30 pm EDT.
These are exciting times for mental health professionals to be working in schools, where the need for good evidence-based interventions is so important and the opportunities are so great. I am honored to receive this award, standing on the shoulders of such incredible American giants who have been my supporters and mentors. We need to ensure that the work and learning is extended across our nations and beyond to give the next generation of students as good a prospect as possible to thrive and flourish whilst at school. Thank you for this award and thank you to everyone who has encouraged me.
The Klingenstein Third Generation Foundation Award for Research in Depression or Suicide recognizes the best paper published in the Journal of the American Academy of Child & Adolescent Psychiatry on depression and/or suicide, written by a child and adolescent psychiatrist, and published between July 2019 and June 2020. The award is supported by the Klingenstein Third Generation Foundation, which established this award in 1999.

John V. Campo, MD, is the Leonard and Helen R. Stulman Professor, director of the Division of Child and Adolescent Psychiatry, and vice chair of the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine, as well as vice president of psychiatric services at the Kennedy Krieger Institute. He was professor of Behavioral Medicine and Psychiatry at West Virginia University at the time the recognized study was completed. Dr. Campo is board-certified in pediatrics, psychiatry, and child and adolescent psychiatry, and completed medical training at the University of Pennsylvania, followed by residencies in pediatrics at the Children’s Hospital of Philadelphia and psychiatry and child and adolescent psychiatry at the Western Psychiatric Institute and Clinic and the University of Pittsburgh Medical Center. His interests include the study and prevention of suicide, mental health services and policy research, the delivery of mental health services in general medical settings such as primary care, and the relationship between functional somatic symptoms and emotional disorders.

Dr. Campo presents “Association Between the Release of Netflix’s 13 Reasons Why and Suicide Rates in the United States: An Interrupted Time Series Analysis” during his Honors Presentation, which is available to view at any time during the Annual Meeting.

It is my privilege to share this unanticipated honor with Dr. Jeffrey Bridge and our interdisciplinary team of friends and collaborators. Although our wish to celebrate is chastened by the public health reality of suicide, its disproportionate impact on youth, and our still inadequate understanding of prevention, we are exceptionally grateful to the Klingenstein Third Generation Foundation and the Academy for this award and their efforts to advance pediatric health and well-being.
The AACAP Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder is given annually for the best paper published in the Journal of the American Academy of Child & Adolescent Psychiatry, written by a child and adolescent psychiatrist, and published between July 2019 and June 2020. The award was established in 1994 and is supported by the Elaine Schlosser Lewis Fund, a fund named in honor of the late mother of AACAP member Owen Lewis, MD, a special education teacher and child advocate.

Kenneth E. Towbin, MD, is chief of Clinical Child and Adolescent Psychiatry in the Emotion and Development Branch in the Intramural Research Program at the National Institute on Mental Health (NIMH). He is a senior research physician at NIMH, clinical professor of Psychiatry and Behavioral Science at The George Washington University School of Medicine and Health Sciences (GWSMHS), and a Distinguished Fellow of AACAP.

Dr. Towbin completed medical school at the University of Colorado, residency in general psychiatry at Yale University, and child and adolescent psychiatry at the Yale Child Study Center. He completed a research fellowship at Yale University under Dr. James Leckman. In 1993, he was appointed training director in Child and Adolescent Psychiatry at Children's National Medical Center and rose to the rank of professor at GWSMHS before joining NIMH in 2001.

Dr. Towbin has a long-held and deep interest in neurodevelopmental and mood disorders. At NIMH, he is privileged to work on adolescent depression and mood in the section led by Dr. Argyris Stringaris. Dr. Towbin is a past member of the Editorial Board of the Journal of the American Academy of Child & Adolescent Psychiatry. He has also served as an advisor to the US Food and Drug Administration and is a past chair of the Pediatric Advisory Committee to the FDA. Dr. Towbin is a diplomat of the American Board of Psychiatry and Neurology, in both general psychiatry and child and adolescent psychiatry.

My co-authors and I are honored by the recognition by Dr. Owen Lewis and the Elaine Schlosser Lewis Fund with this award for our work. We applaud the fund’s support of AACAP’s efforts to promote research and education in neurodevelopmental disorders and ADHD.
The Irving Philips, MD, Award for Prevention recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the prevention of mental illness in children and adolescents. The award is named after former AACAP President Irving Philips, MD, (1985–1987) who was renowned for his work in the field of prevention.

Mary-Margaret Gleason, MD, a native New Yorker, trained in the triple board program at Brown University in pediatrics, psychiatry, and child and adolescent psychiatry and completed an infant psychiatry fellowship at Tulane University. She appreciates the academic opportunity to focus on clinical care, clinical program development and scholarly work, and training. She is particularly interested in ensuring young children have access to high quality care beyond the traditional child psychiatry models. In recent years, much of her work focuses on implementing federally- and privately-funded innovative clinical models and mental health consultation in pediatrics, early intervention, childcare, and perinatal health. She is grateful for collaborations that have resulted in the Early Childhood Screening Assessment to promote early identification, best practices guidelines for child psychiatry and pediatrics, Zero to Three’s Diagnostic Criteria: 0–5, and research with the Bucharest Early Intervention Project. Consistent with her goal of increasing access to quality care, she is committed to promoting interdisciplinary clinical education in undergraduate, graduate, and postgraduate medical and clinical education. She has been privileged to learn from some of the best possible mentors, too numerous to name, but especially Charles Zeanah MD, incredible colleagues, trainees- the triple boarders and CAP fellows at Brown University and Tulane University. She is also grateful to the lessons from her patients and their families. She recently joined a tremendous team to develop a full child mental health system of care at Children’s Hospital of the King’s Daughters, where she is the division director of Child and Adolescent Psychiatry for Eastern Virginia Medical School.

The Irving Phillips Award for Prevention is an honor beyond any I could imagine. Health promotion and universal, selective, and indicated are the most powerful approaches we can offer children. The promise of working with children is that, no matter how severe the clinical presentation, a child’s developmental course offers opportunities for prevention as well as intervention. Especially working with young children and their families, the opportunities are endless.
The AACAP Norbert and Charlotte Rieger Psychodynamic Psychotherapy Award, supported by the Norbert and Charlotte Rieger Foundation, recognizes the best published or unpublished paper written by a member of AACAP. The winning paper addresses the use of psychodynamic psychotherapy in clinical practice and fosters development, teaching, and practice of psychodynamic and psychotherapy in child and adolescent psychiatry.

Gilbert W. Kliman, MD, is an AACAP Life Fellow, and a psychoanalyst certified in child, adolescent, and adult psychoanalysis. He has received The Janusz Korczak Award for best book concerning the nurture and wellbeing of children, the Anna Freud Award for Service, Training and Interdisciplinary Research in Childhood Education, and the Humanitarian Award of the American Psychoanalytic Association. He has invented, supervised, disseminated, and done research in Reflective Network Therapy for 55 years. His current positions include medical director of The Children’s Psychological Health Center, and board member of The Harlem Family Institute.

Dr. Kliman presents “Regularity of IQ Rise With an Interpersonal Preschool Treatment: 81 Treated Preschoolers vs. 63 Comparison and Controls” in his Honors Presentation, which is available to view at any time during the Annual Meeting.

I am so pleased to receive this award and the honor it conveys.
The AACAP Norbert and Charlotte Rieger Award for Scientific Achievement recognizes the best paper published in the Journal of the American Academy of Child & Adolescent Psychiatry from July 2019 through June 2020. Established in 1988, the award is supported by the Norbert and Charlotte Rieger Foundation.

James F. Leckman, MD, PhD, did his undergraduate work at the College of Wooster in Ohio and went to medical school at the University of New Mexico. He then joined the Public Health Service and served as clinical associate at the National Institute of Mental Health before completing his training in psychiatry and child and adolescent psychiatry at Yale University. He has served on the faculty at the Yale Child Study Center since 1980, and for nearly 20 years he served as the director of research. He completed his PhD at the University of São Paulo in 2014.

Dr. Leckman is enormously grateful to his mentors at Yale including Donald Cohen, MD, Albert Solnit, MD, Samuel Ritvo, MD, and Edward Zigler, MD. Thanks to Donald Cohen, MD, he pursued an academic career focused on Tourette’s disorder and obsessive-compulsive disorder (OCD). His work on OCD led him to explore evolutionarily conserved obsessive-compulsive behaviors associated with parenting and romantic love. This in turn led him to explore the question whether strengthening families and enhancing child development is a path to peace and violence prevention and how it sets the stage for whom we will become as citizens of the world—from generation to generation.

My interest in early childhood development (ECD) programs led me to contact our colleagues at UNICEF and the Mother-Child Education Foundation in Turkey (AÇEV—Anne Çocuk Eğitim Vakfı). Our focus on the transformative power of ECD also led to the formation of the Early Childhood Peace Consortium, and the convening of the forum, “Pathways to Peace: The Transformative Power of Children and Families,” at the Frankfurt Institute for Advanced Studies. This interest also directly led me to connect with Dr. Ghassan Issa and his team at the Arab Resource Collective, with whom we conducted a randomized clinical trial (RCT) of AÇEV’s group-based Mother-Child Education Program (MOCEP) in three marginalized communities in Beirut, Lebanon; with additional RCTs currently underway in Brazil and Saudi Arabia. We also have an ongoing collaboration with the Early Years Organization and colleagues at Queen’s University in Belfast (QUB). QUB’s LINKS Initiative is currently piloting ECD programs in several conflict-affected regions of the world.
AACAP Norbert and Charlotte Rieger Service Program Award for Excellence
Linmarie Sikich, MD

The AACAP Norbert and Charlotte Rieger Service Program Award for Excellence recognizes innovative programs that address prevention, diagnosis, or treatment of mental illness in children and adolescents and serve as model programs to the community. Supported by the Norbert and Charlotte Rieger Foundation, the Award was established in 1996.

Linmarie Sikich, MD, completed her BA, MA, and MD at Washington University—St. Louis. She was trained clinically at Yale University. She completed post-doctoral research fellowships at both. At University of North Carolina-Chapel Hill, she focused on clinical care and clinical trials for autism and psychosis. In 2015, she joined Duke University to help develop two highly integrated programs sharing staff and facility resources and designed to improve access to youth mental health care. The Integrated Pediatric Mental Health (IPMH) program focuses on rapid access to mental health care to reduce hospital stays. Duke’s Center for Autism and Brain Development (DCABD) is a comprehensive autism program providing diagnoses, clinical care, and research. IPMH is the single referral portal for pediatric developmental and behavioral concerns. IPMH volume has increased by more than 100% annually, with larger increases in medication management. In 2019, it fielded thousands of calls (>40,000). Further, 25% of emergency department child psychiatry patients have returned home to be seen by an outpatient provider within a week. IPMH also provides primary care physicians in rural counties with rapid child psychiatry. Disparity research is a main focus. The DCABD accounts for 25% of IPMH triage calls. It provides >500 new diagnostic assessments and ~2,500 ongoing care visits annually. Its research portfolio has grown from two clinical trials to nine. Training and community outreach are central.

It takes a village to [care for] a child. –African proverb
The AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture recognizes individuals who have made outstanding contributions to the recruitment of child and adolescent psychiatry from all cultures. This award was established in 2012 in honor of Jeanne Spurlock, MD, a giant in child and adolescent psychiatry and in advocacy for children, adolescents, and their families from all cultures.

Tami D. Benton, MD, is one of the first African American women to lead an academic child psychiatry department. She is the Frederick Allen Professor of Psychiatry at the University of Pennsylvania, Psychiatrist-in-Chief and Chair at the Children’s Hospital of Philadelphia (CHOP). She’s a Distinguished Fellow of AACAP, past secretary of the AACAP Executive Committee, current co-chair of the HIV issues committee, member of the Presidential Working Group to Promote Health Equity and Combat Racism, and deputy chair for the Program Committee. She serves on the NIMH Advisory Council and the APA’s Council for Research, mentoring clinical and research physicians, fellows and post-doctoral trainees, most of whom are minority scholars, academic faculty members and community leaders. She directs the Child and Adolescent Mood Program and the Youth Suicide Prevention Center at CHOP, a clinical and research program for depressed and suicidal youth. She has received numerous awards including the Community Outreach Award by the American Foundation for Suicide Prevention and the Humanitarian Award by the Society of Biological Psychiatry in 2020. She is president-elect of the American Association of Directors of Child and Adolescent Psychiatry. She is dedicated to developing a diverse child psychiatry workforce to improve the health of our nation. Preparing the next generation of diverse physician leaders in pediatric mental health care and creating community—academic partnerships is critical for eliminating health disparities.

Dr. Spurlock taught me that caring for underserved youth is my responsibility as an African American child psychiatrist. Her example of academic excellence, courage, speaking up, and giving to the community has guided my career. Receiving the Jeanne Spurlock Award is truly an honor. I will continue to honor her legacy through advocacy for underserved children and preparing the next generation of child psychiatrists.
The AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture recognizes individuals who have made outstanding contributions to the recruitment of child and adolescent psychiatry from all cultures. This award was established in 2012 in honor of Jeanne Spurlock, MD, a giant in child and adolescent psychiatry and in advocacy for children, adolescents, and their families from all cultures.

Ayesha Mian, MD, is the immediate past chair of the Department of Psychiatry and founding dean of students of the Office of Student Experience at Aga Khan University (AKU), Karachi, Pakistan. She received adult and child and adolescent psychiatry training at the University of Texas, Houston, and worked as faculty at Baylor College of Medicine (BCM) before returning to Pakistan in 2013, where among other initiatives, she started the first child and adolescent mental health fellowship training program in the country. She is an AACAP Distinguished Fellow and current co-chair of AACAP’s Global Mental Health and International Relations Committee. As the co-lead for the Donald Cohen Fellowship Program, she serves on the Executive Council of the International Association of Child and Adolescent Psychiatry and Allied Professions (IACAPAP), and is a senior fellow of the Higher Education Academy, UK, in recognition for her leadership in medical education. Her leadership, mentorship, and service has been recognized by various organizations including: the ACP Laughlin Fellowship, AACAP Presidential Scholar Award, the AAP Robert Fellowship, Fulbright and Jaworski awards by BCM, and a Lifetime Achievement Award by University of Missouri, Department of Psychiatry. She is a 2017 FAIMER fellow, a fellowship in international leadership in medical education and a 2019 ELAM (Executive Leadership in Academic Medicine for Women) graduate. She currently leads the Gender Equality Program for Aga Khan University—Global.

It is a singular honor to be recognized by an award named in the legacy of Dr. Jeanne Spurlock. Her life and work are a testament to courage, activism, competence, and unapologetic, heroic leadership. She has inspired many of us to take the path less trodden, advocate against social injustice, work with integrity for our children, and imagine a world fashioned by optimism, hope, and elegance.
The AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the understanding or care in the field of intellectual and developmental disabilities. The award was established in 1993 in honor of former AACAP President George Tarjan, MD (1977–79), by his wife, Mrs. George Tarjan and friends.

Susan Folstein, MD graduated from Cornell Medical College in 1970, completed an internship in pediatrics at Jacobi Hospital and a residency in psychiatry at New York Hospital, Westchester. Her first foray into research was during her residency in general psychiatry when she and her husband Marshal Folstein, MD, developed the Mini Mental State Examination.

She then spent a year at the Institute of Psychiatry in London with Professor Michael Rutter, MD, studying child and adolescent psychiatry and carrying out the first systematic study of twins with autism, establishing its genetic etiology.

She and her husband moved to Johns Hopkins where she completed her fellowship in child and adolescent psychiatry and a fellowship in clinical genetics, before joining the faculty of psychiatry.

She received an NIH grant to study the families of autistic children. With her fellow, Joseph Piven, MD, she studied the psychiatric conditions in parents of autistic children. With another fellow, Janet Lainhart, MD, she did similar studies of psychiatric disorders in autistic children. With Rebecca Landon, MD, she documented the parents’ language characteristics. These studies, as well as similar ones by Michael Rutter’s group, established the broader autism phenotype. After moving to Tufts University in Boston she continued the work on language with Helen Tager-Flusberg, MD, comparing its features in autism and specific language disorder. Also, during that time, she started the Autism Genetic Workshop which eventually became a large international group to begin searching for genes contributing to autism.
The AACAP Simon Wile, MD, Leadership in Consultation Award acknowledges outstanding leadership and continuous contributions in the field of consultation liaison child and adolescent psychiatry. The award is named after Simon Wile, MD, a renowned pediatrician and lifelong supporter of child and adolescent psychiatry, and it was established in 2003 with a donation from the Massachusetts General Hospital.

Robert J. Hilt, MD, provides consultation services as a professor of psychiatry at the University of Washington and Seattle Children's Hospital. He had an initial career practicing as a general pediatrician, then pursued additional training in adult and child psychiatry at the University of Massachusetts. Dr. Hilt founded the Partnership Access Line, a child mental health consultation service for all primary care providers in Washington, Wyoming, and Alaska. He directs Medicaid psychiatric medication second opinion programs in Wyoming, Washington, and Alaska, a foster care consult service in Wyoming, and both a school consult program and statewide child mental health referral services in Washington. He has served as a co-chair on AACAP’s Collaborative and Integrated Care Committee, as the Mental Health Editor for the American Academy of Pediatrics’ PREP—Self Assessment, and serves on the editorial boards for Pediatric Annals, Psychiatric Annals, and Psychiatric Services. He has also co-authored the DSM-5 Pocket Guide for Child and Adolescent Mental Health.

I am deeply honored to join the group of past Simon Wile Award recipients who have done so much to advance the field of consultation psychiatry.
AACAP New Distinguished Fellows

AACAP congratulates the following members elevated to Distinguished Fellows between October 1, 2019 and October 1, 2020.

Irena Bukelis, MD—Vestavia Hills, AL
John V. Campo, MD—Morgantown, WV
Victor G. Carrion, MD—Stanford, CA
Sanghamitra Chowdhury, MD—Phoenix, AZ
Peter Cohen, MD—Rockville, MD
Lisa M. Cullins, MD—Silver Spring, MD
Swapna Deshpande, MD—Oklahoma City, OK
Michelle Durham, MD, MPH—Boston, MA
Erikka Dzirasa, MD, MPH—Durham, NC
Michael Ellis, DO—Columbus, GA
Elise M. Fallucco, MD—Jacksonville, FL
Dolores Garcia-Moreno, MD—New York, NY
Daniel Gih, MD—Omaha, NE
Gabriella A. Hangiandreou, MD—Merrill, WI
Shabana Khan, MD—New York, NY
Sapandeep Khurana, MD—Las Vegas, NV
Amy Kim, MD—Philadelphia, PA
Sarah Klagsbrun, MD—Katonah, NY
Aaron Krasner, MD—Wilton, CT
Finza Latif, MD—Washington, DC
Elizabeth A. Lowenhaupt, MD—Providence, RI
Fauzia Mahr, MD—Hershey, PA
Arturo Marrero-Figarella, MD—Palisades Park, NJ
Eileen McGee, MD—Mentor, OH
Amy L. Meadows, MD, MHS—Lexington, KY
Sadiq Naveed, MD—Avon, CT
Rosa Negron Munoz, MD—Lakeland, FL
Douglas K. Novins, MD—Denver, CO
Joseph O’Leary, MD—Reisterstown, MD
George Petzinger, MD—Federal Way, WA
Sushil Puskur, MD—Ocala, FL
Karam Radwan, MD—Chicago, IL
Abner Rayapati, MD—Lexington, KY
Jared Ritter, MD—Holly Hill, FL
Jose Sanchez-Lacay, MD, MPH—Palisades Park, NJ
Vinay Saranga, MD—Apex, NC
Michael A. Scharf, MD—Rochester, NY
Mohammad Seleem, MD—Tanta, Egypt
Ravi Shankar, MD—Columbia, MO
Neha Sharma, DO—Newton, MA
Daisy Shirk, DO—Hummelstown, PA
Ramon Solikhah, MD—Neptune, NJ
Arya Soman, MD—Glen Oaks, NY
Ayame Takahashi, MD—Springfield, IL
Craigan Todd Usher, MD—Portland, OR
Jeremy Veenstra-VanderWeele, MD—New York, NY
Ricardo Vela, MD—Bedford, MA
Marika Wrzosek, MD—Milwaukee, WI
AACAP’s Psychodynamic Faculty Training and Mentorship Initiative

AACAP’s 2020 Psychodynamic Faculty Training and Mentorship Initiative aims to support and advance psychodynamic psychotherapy training in child and adolescent psychiatry residency programs through faculty development. Under guidance of an assigned AACAP mentor, award recipients identify a problem or area in need of improvement in their child and adolescent psychiatry fellowship program’s teaching of psychodynamic psychotherapy and design a project to address the need. They work through the year toward project completion with their assigned mentor, while gaining access to a network of leaders in the specialty. Funded through a generous donation by Samuel and Lucille B. Ritvo Charitable Fund, recipients receive financial assistance toward their registration to attend a daylong project planning session, along with a networking event during the week of AACAP’s Virtual Annual Meeting. The program is administered through AACAP’s Department of Research, Grants, and Workforce, under the direction of Rachel Ritvo, MD, Marty Drell, MD, and Michael Shapiro, MD.

Mentee: Kathleen T. Baynes, MD
University of Rochester Medical Center
Mentor: Timothy Rice, MD
Icahn School of Medicine at Mount Sinai

Mentee: Shan Gao, MD, PhD
Western Psychiatric Hospital—University of Pittsburgh Medical Center
Mentor: Roberta Isberg, MD
Boston Children’s Hospital

Mentee: Julianne Giust, MD
Indiana University School of Medicine
Mentor: Craigan Todd Usher, MD
Oregon Health & Science University

Mentee: Burgundy Johnson, DO
University of Iowa Hospitals & Clinics
Mentor: Ted Gaensbauer, MD
University of Colorado Health Sciences Center

Mentee: Jessica A. Merritt, MD
Vanderbilt University Medical Center
Mentor: Efrian Bleiberg, MD
Baylor College of Medicine
Members of the 100% Club

The following child and adolescent psychiatry residency directors recruited all of their residents to be members of AACAP. Since child and adolescent psychiatry residents are the future of both AACAP and the field of child and adolescent psychiatry, AACAP acknowledges and warmly thanks the following residency directors for their support.

Baylor College of Medicine—Laurel Williams, MD

BronxCare Health System—Arturo Sanchez-Lacay, MD, MPH

Cambridge Health Alliance—Lee Robinson, MD

Carilion Clinic-Virginia Tech—Felicity Adams-Vanke, MD

Central Michigan University—Furhur Janssen, DO

Children’s Hospital Medical Center of Akron/NEOCOM—Sumru A. Blige-Johnson, MD

Children’s Hospital of Philadelphia—Wanjiku Njoroge, MD

Creighton University Nebraska—Jyotsna Ranga, MD

Creighton University School of Medicine Phoenix—Shayne Tomisato, MD

Detroit Medical Center/Wayne State University—Rebecca L. Klisz-Hulbert, MD

Duke University Hospital—Tara Chandrasekhar, MD

Emory University—Jennifer E. Holton, MD

Icahn at Mount Sinai Elmhurst Hospital Center—A. Reese Abright, MD

Indiana University School of Medicine—Cassie Karlsson, MD

Institute of Living/Hartford Hospital—Salma Malik, MBBS

Johns Hopkins University—Esther Lee, MD

Maine Medical Center—Erin L. Belfort, MD

Marshall University School of Medicine—Kelly E. Melvin, MD

Mayo Clinic College of Medicine and Science (Rochester)—Magdakena Romanowicz, MD

McGaw Medical Center of Northwestern University—Julie M. Sadhu, MD

Medical College of Georgia/Georgia Regents University—Sandra B. Sexson, MD

Medical College of Wisconsin Affiliated Hospitals—Erica Arrington, MD

MedStar Health/Georgetown University Hospital—Colin E. Stewart, MD

Morehouse School of Medicine—Sarah Y. Vinson, MD

New York Presbyterian Hospital (Columbia)—Rebecca L. Rendleman, MD

Oregon Health & Science University—Craig Todd Usher, MD

Pine Rest Christian Mental Health Services—Heide H. Rollings, MD

Ponce Health Sciences University—Nuria A. Sabate, MD

Prisma Health/University of South Carolina SOM Greenville (Greenville)—Megan W. Zappitelli, MD

Rutgers Robert Wood Johnson Medical School—Wun Jung Kim, MD, MPH

Sidney Kimmel Medical College at Thomas Jefferson University/TJUH—James F. Luebbert, MD

Southern Illinois University—Ayame Takahashi, MD

Stanford Health Care-Sponsored Stanford University—Shashank V. Joshi, MD

Stony Brook Medicine/University Hospital—Lauren M. Spring, MD
Members of the 100% Club (continued)

SUNY Downstate Health Sciences University—Cathryn A. Galanter, MD

Texas Tech University HSC El Paso—Cecilia De Vargas, MD

Tufts Medical Center—Neha Sharma, DO

Tulane University—Myo Thwin Myint, MD

UCLA David Geffen School of Medicine/UCLA Medical Center—Misty C. Richards, MD, MS

UMMS-Baystate—John H. Fanton, MD

University of Arizona College of Medicine Tucson—Sally A. Boeve, MD

University of Arkansas for Medical Sciences (UAMS) College of Medicine—Nihit Kumar, MD

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University of Washington—Ray C. Hsiao, MD

UPMC Medical Education Program-Western Psychiatric Institute and Clinic—Sansea L. Jacobson, MD

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Vidant Medical Center/East Carolina University—Nadyah J. John, MD

Wake Forest University School of Medicine—Gayathri D. Tadepalli, MD

Washington University/B-JH/SLCH Consortium—Anne L. Glowinski, MD

Wright State University—Ryan C. Mast, DO, MBA

Yale-New Haven Medical Center—Dorothy E. Stubbe, MD

Zucker School of Medicine at Hofstra/Northwell at Zucker Hillside Hospital—Richard R. Pleak, MD
The AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award was made possible by a generous donation from Lisa Yang, MBA in honor of past AACAP president, Marilyn B. Benoit, MD. This award provides an opportunity for recipients and mentors to design a project over 12–16 weeks focusing on child welfare, foster care, and/or child maltreatment in order to raise awareness, recognize leaders, and create a community of knowledgeable teachers who will become leaders in these fields.

Mitch Otu, MD, MBA, is chief fellow at the Brown University Child and Adolescent Psychiatry Residency Training Program in Providence, RI. He earned an undergraduate degree in psychology at Washington University in St. Louis before enrolling in medical school at the Keck School of Medicine at the University of Southern California. During medical school, Dr. Otu decided to pursue an MBA at the USC Marshall School of Business and graduated with both degrees in 2016. Dr. Otu completed his general psychiatry residency at the University of Miami, where he held leadership roles at the residency program and resident union levels.

Dr. Otu’s project, “Healthy Families, Healthy Children: Supporting a System of Care for Families with Children Affected by Maltreatment”, aims to decrease the negative health effects of child abuse and neglect by providing acute, short-term, family-based treatment for children who have experienced significant adversity and by supporting other mental health providers in their provision of long-term trauma-informed care. During this project, Dr. Otu will be continuing efforts to increase integrated care at the Lawrence A. Aubin, Sr. Child Protection Center, which provides assessment and treatment for children in Rhode Island and parts of Massachusetts and Connecticut who may have been victims of abuse or neglect. Dr. Elizabeth Lowenhaupt, who is the medical and psychiatric director for the Rhode Island Training School and is developing a comprehensive Juvenile Justice and Child Welfare Program within the Lifespan Health System, will serve as the primary mentor for this project.

The AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award, along with mentorship from Dr. Lowenhaupt, has given me an incredible opportunity early in my career to work towards my professional goals of decreasing suffering in patients and families while interrupting the chain of intergenerational transmission of maltreatment.
AACAP 2020 Systems of Care Special Program Clinical Projects

The 2020 Systems of Care Special Program, sponsored by AACAP’s Community-Based Systems of Care Committee, provides child and adolescent psychiatrists and other mental health providers with the knowledge, skills, and attitudes necessary to better serve youth under a system of care and community-based model. The Systems of Care Special Program Clinical Projects, funded by the Substance Abuse and Mental Health Services Administration’s Center for Mental Health Services and the Technical Assistance Network, offer selected residents and fellows a mentorship opportunity with Systems of Care Committee members and other colleagues in the creation of a poster related to systems of care topics.

Cesar Cordero Sam, MD—Ponce Health Sciences University
Annalyn Gibson, MD—University of Rochester
Vamsi Kalari, MD—Zucker School of Medicine at Hofstra/Northwell
Zeeshan Mansuri, MD, MPH—Boston Children’s Hospital/Harvard Medical School
Basant Nassar, MD—Children’s National Medical Center
Marie Rodriguez, MD—Thomas Jefferson University Hospital
Khushbu Shah, MD, MPH—Vanderbilt University Medical Center
Kathleen Terry, DO, MPH—Samaritan Health Services
Nilar Thwin, MBBS—Zucker School of Medicine at Hofstra/Northwell
The Substance Abuse and Mental Health Services Administration Center for Mental Health Services (SAMHSA/CMHS) and the American Academy of Child and Adolescent Psychiatry (AACAP) Virtual Fellowship is designed to familiarize child and adolescent psychiatry Fellows with public sector service and community-based child and adolescent psychiatry policy and practice. The Fellows will receive an introduction into the operation of the federal government and AACAP, including issues related to federal and state programs for children who have mental health challenges. The selected Fellows will also have the opportunity to become involved with research and to improve their writing, evaluation, and presentation abilities. The Fellowship is designed to inspire the selected individuals with a desire to become leaders in children’s mental health service systems and to encourage the Fellows to pursue careers in public sector child mental health services.

2020 Virtual Fellows

Afifa Adiba, MD—Yale Child Study Center
Stephanie M. Fosbenner, MD—Cambridge Health Alliance
Tricia Lemelle, MD, MBA—Georgetown University Hospital
The AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.

Tapan Parikh, MD, MPH, is a graduate of the McGaw Medical Center of Northwestern University, Ann & Robert H. Lurie Children’s Hospital of Chicago program where he served as chief resident and chief fellow and is now an associate medical director of Acute Care Services. He completed general psychiatry training at Cooper Medical School of Rowan University, AtlantiCare Regional Medical Center Campus, New Jersey. Prior to residency, he completed his master’s in public health (MPH), focusing on epidemiology and biostatistics in New York City, where he worked on clinical trials at the Rogosin Institute, an affiliate of Weill Cornell Medical College and New York-Presbyterian Hospital. He attended medical school at Pramukh Swami Medical College in Gujarat, India.

Dr. Parikh has completed psychodynamic psychotherapy training at the Psychoanalytic Center of Philadelphia, published several peer-reviewed journal articles, and presented posters at various national meetings, including AACAP and APA. A 2019 AACAP Systems of Care Award recipient, he is deeply committed to the research, teaching and mentorship of trainees on how to engage in scholarly activities and gain research skills. His current interests include psychopharmacology research and exploring the role of inflammation in psychopathology across the psychiatric conditions.

I’m greatly honored to have received this award and grateful to AACAP. I am passionate about research, and this award has inspired me to accomplish more. Thank you to my co-authors Zeeshan, Chintan, and Bhumika, and also to Drs. John Walkup, Julie Sadhu, Mina Dulcan, Consuelo Cagande, and Andres Pumariega, for their endless support and mentoring during my training.
The John F. McDermott, MD, Assistant Editor-in-Residence position provides the opportunity for an early-career child and adolescent psychiatrist to join the editorial team of the Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP) for two years. Working closely with the editor-in-chief, the assistant editor-in-residence acquires an intimate understanding of the editorial processes behind the production of the Journal. The long-term goal of this position is to foster the professional growth of child and adolescent psychiatrists interested in the editorial process. The award was established in 2006 in honor of the late John F. McDermott, Jr., MD, JAACAP editor-in-chief, 1988–1997.

Anne McBride, MD, obtained her BA in psychology from the University of California, Los Angeles, and received her MD from the University of California, Davis (UCD) School of Medicine. She completed her general psychiatry residency, child and adolescent psychiatry fellowship, and forensic psychiatry fellowship at the UCD Medical Center. During this time, she focused on the intersection between child and adolescent psychiatry and the law.

Currently, Dr. McBride is an associate professor of clinical psychiatry at the UCD Department of Psychiatry and Behavioral Sciences. She is the program director of the Child and Adolescent Psychiatry Fellowship at UCD. Her primary clinical work is at the Sacramento County Mental Health Treatment Center where she evaluates minors in psychiatric crisis on the Children’s Intake Stabilization Unit. Her primary forensic work involves consultation and evaluation of juveniles involved in the juvenile justice system.

I am grateful to AACAP, JAACAP, and the McDermott family for the outstanding opportunity as the John F. McDermott, MD, Assistant Editor-in-Residence. I am passionate about education, and this position has already advanced my ability to teach and collaborate with both new and seasoned authors. The learning opportunities have already been exceptional and I look forward to continued growth and development throughout the position and beyond.
The AACAP John E. Schowalter, MD, Resident Council Member honors former AACAP President John E. Schowalter, MD (1989–1991). The resident participates in the governance of AACAP by attending Council meetings for two years (2020–2022). This position encourages those new to the field of child and adolescent psychiatry to become familiar with AACAP functions as well as the overall governance of the association and in turn gives resident members of AACAP a voice on Council.

Shinnyi Chou, MD, PhD, grew up in Taipei, Taiwan, and immigrated to Seattle, WA as an early teen. She completed her undergraduate degrees in clarinet performance and neurobiology at the University of Washington, and her MD and PhD degrees at the University of Nebraska. She is currently completing her combined adult and child and adolescent psychiatry residency training at the University of Pittsburgh Medical Center. Her basic research focuses on the neurobiological mechanisms underlying cognitive dysfunctions associated with environmental stress exposures. In addition, she is interested in medical student wellness, Asian American youth mental health, recruitment of minority child and adolescent psychiatrists, and retention of minority physician-scientist pipelines within psychiatry. Her mentors include Drs. Rick Bevins, Sansea Jacobson, David Lewis, Ming Li, Howard Liu, John Neumaier, Robert Sweet, among many others.

Thank you to the American Academy of Child and Adolescent Psychiatry and the AACAP Council for the opportunity to serve on behalf of my fellow colleagues in training. In addition to the above mentioned mentors, thank you also to Dr. John Viesselman, AACAP Life Member, for the warm welcome to AACAP during my first Annual Meeting many years ago.
NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA)

The NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA), offers up to $10,000 for one year for project support and $2,000 for mentor support.

This award aims to encourage general and child and adolescent psychiatry residents to pursue careers in the field of child and adolescent substance use and/or addiction treatment. This award is administered through AACAP’s Research, Grants, and Workforce Department and the AACAP Substance Use Committee, under the direction of Garrett M. Sparks, MD, and Amy Yule, MD.

Gaurav Vishnoi, MD
Northwell Health, Zucker Hillside Hospital and Donald and Barbara Zucker School of Medicine at Hofstra University/Northwell Health
Project: Developing a Child and Adolescent Psychiatry Training Series to Address Educational Gaps in Substance Use Disorder Care and Treatment
Mentor: Sandeep Kapoor, MD
AACAP Jeanne Spurlock, MD, Medical Student Research Fellowship in Substance Abuse and Addiction, supported by the National Institute on Drug Abuse (NIDA), and AACAP’s Campaign for America’s Kids

The AACAP Jeanne Spurlock, MD, Medical Student Research Fellowship in Substance Abuse and Addiction, supported by the National Institute on Drug Abuse (NIDA), is named in honor of Jeanne Spurlock, MD, in recognition of her lifetime of opening doors for colleagues from diverse backgrounds and fostering career advances. The summer fellowships encourage outstanding minority students to pursue careers in substance abuse and addiction research in child and adolescent psychiatry. The fellowships are administered through AACAP’s Department of Research, Grants, and Workforce, AACAP’s Substance Use Committee, under the direction of Garrett Sparks, MD, and Amy Yule, MD, along with AACAP’s Diversity and Culture Committee, under the direction of Cheryl Al-Mateen, MD, and Lisa Cullins, MD.

Sreevidhya “Vidhya” Balasubramanian, BS, BA
University of North Carolina at Chapel Hill School of Medicine
Project: Feasibility of Substance Use Disorder Screening Using CRAFFT and Referral in an Inpatient Adolescent Psychiatry Unit
Mentors: Erin Malloy, MD and Ali Shahzad, MD

Bianca O. Obinyan, BS
The University of Texas Medical Branch School of Medicine
Project: Examining the Role of Race on Substance Use in Maltreated Youth
Mentors: Shannon Guillot-Wright, PhD and Jeff R. Temple, PhD
The AACAP Summer Medical Student Fellowships, supported by AACAP’s Campaign for America’s Kids, offer an opportunity for medical students to explore a career in child and adolescent psychiatry, gain valuable work experience, and meet leaders in the field of child and adolescent psychiatry. The fellowship opportunity provides up to $3,500 for 12 weeks of clinical or research training under a child and adolescent psychiatrist mentor. The fellowships are administered through AACAP’s Department of Research, Grants, and Workforce, AACAP’s Training and Education Committee, under the direction of Sansea L. Jacobson, MD, and A. Lee Lewis, MD, along with AACAP’s Committee on Medical Students and Residents, under the direction of Amanda Downey, MD, and Alissa Hemke, MD.

William T. Baumel, BA
University of Cincinnati College of Medicine
Project: Behavioral Inhibition’s Effect on Emotional Processing in Adolescents with Generalized Anxiety Disorder
Mentor: Jeffrey Robert Strawn, MD

Madeline J. DiGiovanni, BS
Yale School of Medicine
Mentor: Andrés Martin, MD, MPH

Natasha Greene, BA
University of Nevada, Las Vegas School of Medicine
Project: Selective Overexpression of EAAT3 in Midbrain Dopamine Neurons Leads to Increased OCD-like Behavior
Mentor: Jeremy Veenstra-VanderWeele, MD (New York State Psychiatric Institute / Columbia University)

Carly Kawanishi, BS
Quinnipiac University
Project: Comparison of Implicit and Explicit Measures of Psychiatric Symptoms after Ketamine Treatment in Adolescents with Major Depressive Disorder
Mentor: Michael H. Bloch, MD, MS (Yale Child Study Center)

Grace S. Kim, PhD
University of Illinois College of Medicine at Chicago
Project: Gender-Specific Effects of Coping Strategies and Social Support on Behavioral Profiles of Anxiety Treatment-Seeking Youth
Mentors: Kelley Volpe, MD, and Liza Suarez, PhD
Robin E. Landy, BS
Florida State University College of Medicine
Project: Child Psychiatry Consultation Clinic for Primary Care Pediatricians: Long Term Outcomes
Mentor: Elise M. Fallucco, MD (University of Florida College of Medicine—Jacksonville)

Mollie C. Marr, BFA
Oregon Health & Science University
Project: Parental Adverse Childhood Experiences and Offspring Development at 30 Months of Age
Mentor: Keith Cheng, MD

Madhankumar Saiprasad, BA
University of Massachusetts Medical School
Mentor: Wynne Morgan, MD

Aria D. Vitale, BA
Albert Einstein College of Medicine
Project: Representation of Reward Environment in the Adolescent Brain: A Magnetoencephalography Study
Mentor: Argyris Stringaris, MD, PhD (National Institute of Mental Health)

Jim Zhang, BA
Chicago Medical School—Rosalind Franklin University of Medicine and Science
Project: Mobile Health for Adolescents with Socially Complex Needs: Assessing User Needs for Adolescents on the West Side of Chicago
Mentors: Niranjan S. Karnik, MD, PhD (Rush University Medical Center) and Colleen Stiles-Shields, PhD (Rush University Medical Center)
Acknowledgments

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- AACAP Endowment Fund
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K. Lisa Yang, MBA

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