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American Academy of Child & Adolescent Psychiatry

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Mission

The mission of AACAP is to promote the healthy development of children, adolescents, and families through advocacy, education, and research, and to meet the professional needs of child and adolescent psychiatrists throughout their careers.
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Honors Book Editor: T.J. Keiter
AACAP Catchers in the Rye Awards

I keep picturing all these little kids playing some game in this big field of rye and all. Thousands of little kids, and nobody around—nobody big, I mean—except me. And I am standing on the edge of some crazy cliff. What I have to do, I have to catch everybody if they start over the cliff.

J.D. Salinger, *The Catcher in the Rye*

The American Academy of Child and Adolescent Psychiatry (AACAP) is honored to present its most prestigious awards, AACAP’s Catchers in the Rye Awards, to our 2018 award recipients.
AACAP’s Catchers in the Rye Humanitarian Award
Carole Shauffer, JD, MEd

AACAP’s Catchers in the Rye Humanitarian Award is awarded by AACAP’s Executive Committee. It was established in 1990 to honor those who have made a sustained and significant contribution to pediatric mental health through activities such as advocacy, education, entrepreneurship, philanthropy, research, and/or acts of bravery/kindness. AACAP is honored to present the 2018 Catchers in the Rye Humanitarian Award to Carole Shauffer, JD, MEd.

Carole Shauffer, JD, MEd, has dedicated her career to ensuring children in state custody receive the care and nurturing they need to thrive and become successful adults. First as counsel for the American Civil Liberties Union of Louisiana, and then as staff attorney, executive director, and senior director of the Youth Law Center. Ms. Shauffer has worked to transform systems to ensure they provide excellent parenting to children in their care by integrating child development principles into practice. She has litigated to end incarceration of children in adult jails, abusive conditions in juvenile facilities across the country, the use of group care to house abused and neglected children, and the failure of systems to adequately monitor children in their care. She currently leads the Quality Parenting Initiative, a developmentally focused approach to out of home care that has been adopted by over 70 jurisdictions.

I am honored to receive this award from AACAP, a national leader in child advocacy, and to work alongside its dedicated members. I have been privileged to spend my life working on behalf of children and youth who, by demonstrating strength, resiliency, and compassion, despite the harshest conditions, inspire us all.

Ms. Shauffer receives her award during the Karl Menninger, MD, Plenary on Wednesday, October 24, from 4:15 pm–5:45 pm.
AACAP Assembly Catchers in the Rye Award to an Individual
W. Peter Metz, MD

AACAP’s Assembly Catchers in the Rye Award to an Individual was established in 1996 to recognize an individual for his or her outstanding advocacy efforts on behalf of children and adolescents. AACAP is honored to present W. Peter Metz, MD, with the 2018 Assembly Catchers in the Rye Award to an Individual.

W. Peter Metz, MD, has served on the faculty of University of Massachusetts Medical School (UMMS) since 1983, where he is currently Professor of Psychiatry and Pediatrics. During his tenure at UMMS he served as the child fellowship program director for 17 years. He also directed the UMMS Division of Child and Adolescent Psychiatry for 15 years and led the expansion of the child psychiatrists on the faculty from four to 20, supported by contracts he obtained from the Massachusetts Department of Mental Health for 60 continuing care inpatient beds and two six-year SAMHSA System of Care (SOC) grants. Dr. Metz has remained active in promoting child psychiatric practice within a SOC framework. A member of AACAP’s Community-Based Systems of Care Committee since 2001, he was a core member in the creation of the Early Childhood Service Intensity Instrument (ECSII), as a downward extension of the Child and Adolescent Service Intensity Instrument (CASII). He has provided leadership in Academy efforts to increase dissemination of these instruments to promote a more clinically informed SOC approach.

I am deeply honored to be chosen for the Catchers in the Rye award. I am grateful to so many people for their support to advocate for a system of care approach for children and adolescents with complex mental health needs, including Bob Klaehn, Fernando Valles, Alan Axelson, Justine Larson, Sandi Kazura and other current and past members and AACAP staff supporting the Community-Based Systems of Care Committee.

Dr. Metz receives his award during the Assembly of Regional Organizations on Tuesday, October 23, from 8:00 am–4:00 pm.
AACAP Assembly Catchers in the Rye Award to an AACAP Component Disaster and Trauma Issues Committee

AACAP’s Assembly Catchers in the Rye Award to a Component was established in 1996 to recognize an AACAP component for their outstanding efforts on behalf of children and adolescents. This year’s award recognizes the Disaster and Trauma Issues Committee chaired by Steven Berkowitz, MD, and Linda Chokroverty, MD.

Our committee was born out of the tragedy of September 11 and was spearheaded by Stephen Cozza, MD, a responder to the attack on the Pentagon. Allan Chrisman, MD, then shepherded it through the exponential increase in the number and seriousness of human and natural disasters that led to the establishment of our communications protocol. We are greatly indebted to staff, Rob Grant and Samantha Phillips, for working around the clock in implementing disaster communication and response activities to support members in affected communities. They are as much committee members as any in sharing this award. As we continue to see an epidemic of mass violence and natural disasters (floods, wild fires, and more), it will be imperative for AACAP members to know how to evaluate and treat those who are suffering. Disaster response spans immediate and long term, and thus, providers in the region will be key to recovery. Over the next few years, we strive to develop 1) a relationship with the regional organizations through regional disaster representatives, and 2) a process to train our members in disaster response.

We are thrilled to receive the Catchers in the Rye Award. It exemplifies the very essence of a child and adolescent psychiatrist. Not only do we accept this award on behalf of our Committee members, past and present, but also on behalf of the hundreds of members that serve on AACAP committees and work tirelessly to improve the lives of children and families.

Members of the Disaster and Trauma Issues Committee
Steven Berkowitz, MD  
Linda Chokroverty, MD  
Allan K. Chrisman, MD  
Stephen Cozza, MD

R.K. Avasthi, MD  
Allan K. Chrisman, MD  
Joshua D. Feder, MD  
Martha J. Ignaszewski, MD  
Sarah Palmer  
Jared Tristan Ritter, MD  
Gabrielle L. Shapiro, MD  
Nicole Sussman, MD  
Ehsan U. Syed, MD  
Kate Thomas, MD  
Margaret E. Tompsett, MD

The Disaster and Trauma Issues Committee receives its award during the Assembly of Regional Organizations on Tuesday, October 23, from 8:00 am–4:00 pm.
AACAP Assembly Catchers in the Rye Award to a Regional Organization
Oregon Council of Child and Adolescent Psychiatry

AACAP’s Assembly Catchers in the Rye Award to a Regional Organization was established in 1996 to recognize a regional organization for its outstanding advocacy efforts on behalf of children and adolescents. AACAP is honored to present the Oregon Council of Child and Adolescent Psychiatry with the 2018 Assembly Catchers in the Rye Award to a Regional Organization.

In 1996, at a time when Oregon’s youth suicide rate was 30% above the national rate and one of the top ten highest rates, the Oregon Council joined with the Governor’s Task Force on Youth Suicide Prevention. Striving to better meet the needs of Oregon youth and families, our Council has a 20+ year history of playing a substantial role in our state’s youth suicide prevention efforts. In the process, we have built important relationships.

We value these relationships with suicide survivors, individuals with lived experience of mental illness, the many state organizations serving Oregon youth and families, specialty medical societies, our state’s elected officials, AACAP’s national office, and other regional organizations. We have all worked together to promote children’s health and safety. These relationships have helped others appreciate the depth of training and experience of child and adolescent psychiatrists and led to important legislative developments in our state related to the care and well-being of our youth.

On behalf of the executive committee and members of the Oregon Council, as well as the other regional organizations, we want to thank AACAP for this honor and in supporting each of our regional efforts. Preventing youth suicide is complicated and requires a multidimensional approach that adapts to changing times, involving as many Oregonians, including youth and families, as possible. Suicide remains the second leading cause of death of youth in our state, and so we are challenged to do better. We humbly accept this honor as an appreciation of AACAP’s support of our Council’s efforts to provide expertise, develop community partnerships, reduce stigma, and influence legislation to promote prevention and effective intervention as we look to further improve the lives of Oregon youth and families.
AACAP’s Virginia Q. Anthony Outstanding Woman Leader Award is awarded by AACAP’s President. It was established in 2013 to celebrate the lifetime achievements of extraordinary women in the field of child and adolescent psychiatry. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness. AACAP is honored to present the 2018 AACAP Virginia Q. Anthony Outstanding Woman Leader Award to Sandra B. Sexson, MD.

Sandra B. Sexson, MD, has served as Child and Adolescent Psychiatry division chief and program director at the Medical College of Georgia since 2004, previously serving in these positions at Emory University. She graduated from The University of Mississippi School of Medicine in 1971, completed a pediatrics internship and child development fellowship at Mississippi State University, psychiatry residency training at University of Texas Health Science Center at San Antonio, and CAP fellowship at Washington University in St. Louis where she was mentored by E. James Anthony, MD. Nationally, she has received the American College of Psychiatrists Bowis Award, the APA’s Vestermark Award and four of AACAP’s Catchers in the Rye Awards—individual, regional organization, and two AACAP components. As a leader in psychiatric education, she has published extensively, held national offices at AADPRT, AADCAP, and AACAP and chaired major educational committees such as APAs Council on Medical Education & Lifelong Learning, the College’s PRITE & PIPE Commissions and Editorial Boards, the ACGME’s Psychiatry Review Committee and AACAP’s Training and Education and Lifelong Learning Committees. At ABPN, she served as team leader for Child and Adolescent Psychiatry and on general and CAP question writing committees. More recently she has worked with ACGME-International and is now an ACGME-I Medicine Review Committee member. At Medical College of Georgia she directs a CAP fellowship and a Post Pediatric Portal Program, which she helped develop nationally that fast tracks pediatricians to train in psychiatry and CAP. She is a dedicated champion for psychiatric education and for mental health care for children and adolescents and their families with a focus on impact of culture and spirituality issues into training.

It is with great humility and an extraordinary sense of gratitude that I accept this award that honors Ginger Anthony, my beloved mentor at AACAP and the wife of my most esteemed mentor, the late E. James Anthony, MD, who taught me how to “be” with children. Receiving such an honor for just doing what it has always seemed to me had to be done is truly incredible. I am so thankful for my partner in life, Bill, and my children, Kristen and Ryan, who supported me in these endeavors—yesterday, today and, yes, even tomorrow.
AACAP Cancro Academic Leadership Award  
Deborah S. Cowley, MD

AACAP’s Cancro Academic Leadership Award recognizes a currently serving general psychiatry training director, medical school dean, CEO of a training institute, chair of a department of pediatrics, or chair of a department of psychiatry for his or her contributions to the promotion of child and adolescent psychiatry. Brooke Garber Neidich established this award in honor of Robert Cancro, MD.

Deborah S. Cowley, MD, completed her Doctor of Medicine degree at the University of Pennsylvania, and her psychiatry residency at the University of Washington. Currently, she is professor and vice chair for education and faculty development in the Department of Psychiatry and Behavioral Sciences at the University of Washington. She was the department’s psychiatry residency director from 1997 until 2015. Her clinical work, teaching, and scholarship focus on anxiety disorders, perinatal psychiatry, psychiatric education, and faculty development. She has served as president of the American Association of Directors of Psychiatric Residency Training (AADPRT); has chaired AADPRT committees on research in residency, child portal programs, duty hours, milestones assessment, and faculty development; and has served on the Accreditation Council for Graduate Medical Education Psychiatry Milestones Workgroup and American Psychiatric Association Practice Guidelines Steering Committee.

I am grateful and honored to be selected as the 2018 recipient of AACAP’s Cancro Academic Leadership Award. The work that child and adolescent psychiatrists do is so crucial to the lives of children and their families, and in lessening the burden of mental illness in adulthood. I am grateful to have contributed in any way to child and adolescent psychiatry education and look forward to participating in AACAP’s Annual Meeting.
AACAP Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder
Jeffrey H. Newcorn, MD

AACAP’s Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder is given annually for the best paper published in the Journal of the American Academy of Child and Adolescent Psychiatry, written by a child and adolescent psychiatrist, and published between July 2017 and June 2018. The award was established in 1994 and is supported by the Elaine Schlosser Lewis Fund, a fund named in honor of the late mother of AACAP member Owen Lewis, MD, a special education teacher and child advocate.

Jeffrey H. Newcorn, MD, is a highly regarded clinician-researcher whose academic work spans both clinical and translational topics. He has been a member of the steering committee of the NIMH-funded Multimodal Treatment of Children with ADHD (MTA), the principal investigator on an NIMH-funded ADHD Research Infrastructure Network, and the principal investigator or co-investigator on numerous NIMH-funded and industry-funded grants which examine the neurobiological basis of ADHD and its treatment. He has published over 300 articles and chapters in textbooks on these and related subjects and is an editorial board member of several leading child psychiatry, psychology, and psychopharmacology journals.

An internationally recognized educator and mentor, Dr. Newcorn has held several prominent positions in US and international organizations. He is a founding board member, former program chair, and currently president-elect for the American Professional Society for ADHD and Related Disorders (APSARD), a member of the scientific program committee for the World Federation of ADHD, and chair of the advisory board of the Klingenstein Third Generation Foundation.

Dr. Newcorn’s most recent research focuses on the clinical and neurobiological basis of differential response to ADHD treatments, utilizing clinical, pharmacogenomic and fMRI measures.

I am honored to receive the 2018 Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder. This work reflects not only my efforts, but those of my talented and hard-working team at Mount Sinai and my amazing collaborators—especially Jeffrey Halperin, PhD (who helped launch my career in the ADHD field), Kurt Schulz, PhD (primary collaborator on fMRI studies), and Mark Stein, PhD (Co-PI of the MACRO Study). I also would like to thank NIMH for providing funding for this study and recognize the generosity of the many children and families who have participated in our research.
AACAP Irving Philips, MD, Award for Prevention
Patricia Lester, MD

Dr. Lester presents “The Time Has Come: Integrating Trauma-Informed Prevention Within Systems of Care” during Honors Presentation 3 on Thursday, October 25, from 3:00 pm–3:50 pm.

The Irving Philips, MD, Award for Prevention recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the prevention of mental illness in children and adolescents. The award is named after former AACAP President Irving Philips, MD (1985–1987), who was renowned for his work in the field of prevention.

Patricia Lester, MD, completed undergraduate studies at Middlebury College and an MA in creative writing at Syracuse University. She undertook her MD and psychiatry residency training at University of California, San Francisco, and her child psychiatry fellowship at the University of California, Los Angeles (UCLA). She is the Jane and Marc Nathanson Family professor of psychiatry at UCLA’s David Geffen School of Medicine where she directs the Division of Population Behavioral Health within the Department of Psychiatry. Dr. Lester serves as the director of the Nathanson Family Resilience Center and is the medical director of the Family Stress, Trauma and Resilience Service. She is co-director of the Center for Child Anxiety Resilience Education and Support and recently worked with an interdisciplinary leadership team to establish the UCLA Pritzker Center for Strengthening Children and Families. Throughout her career she has focused on developing and disseminating preventive interventions, practices, and policies that support child and family resilience in the context of trauma and adversity.

I am deeply honored to receive the 2018 Irving Philips, MD, Award for Prevention from my colleagues in the Academy, as we commemorate Dr. Philips’ vision in advancing child psychiatry to improve the wellbeing of children and families through prevention. Developing and integrating prevention within systems that serve children and families is inherently an interdisciplinary and team-based endeavor. While personally gratifying to receive this honor as an individual, this work would not have been possible without the large and dedicated network of individuals and relationships enabling it.
AACAP’s Norbert and Charlotte Rieger Psychodynamic Psychotherapy Award, supported by the Norbert and Charlotte Rieger Foundation, recognizes the best published or unpublished paper written by a member of AACAP. The winning paper addresses the use of psychodynamic psychotherapy in clinical practice and fosters development, teaching, and practice of psychodynamic psychotherapy in child and adolescent psychiatry.

Beverly J. Stoute, MD, is a graduate of Harvard and Radcliffe Colleges and Yale University School of Medicine. Dr. Stoute went on to complete her psychiatry residency and fellowship in child and adolescent psychiatry at Payne Whitney Clinic—New York Hospital, part of Cornell Medical Center. She completed psychoanalytic training in child, adolescent, and adult psychoanalysis at The New York Psychoanalytic Institute. She serves as a training and supervising analyst at Emory University Psychoanalytic Institute and a child and adolescent supervising analyst at New York Psychoanalytic Institute. Dr. Stoute is a faculty member of the Southeast Child Analytic Consortium and an adjunct associate professor of psychiatry and behavioral sciences at Emory University School of Medicine. She emphasizes clinician education and training in recognizing and discussing racial bias. Dr. Stoute co-edited the 2016–2017 series in The American Psychoanalyst entitled “Conversations on Psychoanalysis and Race,” featuring her ground-breaking review paper “Race and Racism in Psychoanalytic Thought: The Ghosts in our Nursery,” now required reading in race and diversity courses at psychoanalytic institutes across the country. Dr. Stoute treats children, adolescents, and adults in her private practice. Her book, with co-editor Michael Slevin, MSW, entitled Race in the Therapeutic Encounter is due out in 2019.

By integrating developmental and psychoanalytic formulations on race awareness with clinical case material I hope to demonstrate the power of analytic thinking in deconstructing how unconscious racial bias evolves and impacts us. Doing this work renews my hope that, by working together especially with children, we can make change possible. It is a distinct honor to receive this award. I thank the members of AACAP’s Psychotherapy Committee who, by choosing my paper, bring this much-needed conversation on race and racism to the forefront of our field.
AACAP Norbert and Charlotte Rieger Award for Scientific Achievement
Stacy S. Drury, MD, PhD

AACAP’s Norbert and Charlotte Rieger Award for Scientific Achievement recognizes the best paper published in the Journal of the American Academy of Child and Adolescent Psychiatry from July 2017–June 2018. Established in 1988, the award is supported by the Norbert and Charlotte Rieger Foundation.

Stacy S. Drury, MD, PhD, is the vice chair of research in the Department of Pediatrics, the associate director of the Tulane Brain Institute, and holds the Gonzalez Professorship of Child Psychiatry at Tulane University. She completed her undergraduate degree at the University of Virginia, her Masters in Human Genetics at the University of Michigan and her MD/PhD at Louisiana State University. She completed her adult and child psychiatry residencies at Tulane. She directs the Behavioral and Neurodevelopmental Genetics Laboratory and is an appointed member to the Governor’s Commission on Perinatal Health and the Prevention of Infant Mortality for the State of Louisiana. Her program of research centers on maternal-child health, health disparities, and early life stress. Her highly transdisciplinary lab, coupled with her integrated clinical practice directly linked to public health and policy efforts, provides an opportunity to translate the science of early life adversity into a language understandable across disciplines with the long-term goal of both improving child health trajectories and training the next generation of clinicians, scientists, and policy makers.

I am truly honored to receive this award and share it with my co-authors, research team, and the families who so graciously agreed to be part of this longitudinal study. This work is a wonderful example of transdisciplinary research and ideally expands our interpretation of what it means to be a child psychiatrist. I see the future of child psychiatry as being a central force for driving innovative prevention efforts that integrate a life course perspective and provide care for the child within the family and community systems.
AACAP Norbert and Charlotte Rieger Service Program Award for Excellence
Jennifer Havens, MD

AACAP’s Norbert and Charlotte Rieger Service Program Award for Excellence recognizes innovative programs that address prevention, diagnosis, or treatment of mental illness in children and adolescents and serve as model programs to the community. Supported by the Norbert and Charlotte Rieger Foundation, the Award was established in 1996.

Jennifer Havens, MD, is professor and vice chair for Clinical Integration and Mentoring in the Department of Child and Adolescent Psychiatry at New York University (NYU) Langone Health and director of Child and Adolescent Behavioral Health at New York City (NYC) Health and Hospitals. Until October 2018, she was the director of child and adolescent psychiatry at Bellevue Hospital Center, where she oversaw NYC’s most comprehensive continuum of mental health services for children and adolescents. There she opened New York State’s (NYS) only dedicated Children’s Comprehensive Psychiatric Emergency Program, expanded Bellevue’s inpatient child psychiatric service to 45 beds, and opened NYC’s only partial hospital program serving both children and adolescents. She also leads two public psychiatry initiatives providing mental health services at the NYC Administration for Children’s Services Children’s Center and Secure Juvenile Detention sites. Since 2012, Dr. Havens and colleagues have been funded by the National Child Traumatic Stress Network to implement evidence-based trauma-informed care in NYC juvenile secure detention. She has been active in public psychiatry innovation since the early 1990s when she founded and led NYC’s first mental health clinic serving children and families affected by HIV. Dr. Havens serves on numerous public sector committees, including the NYS Office of Mental Health/Office of Alcoholism and Substance Abuse Services Behavioral Health Services Advisory Council, a gubernatorial appointment.

“Well-behaved women rarely make history.” —Laura Thatcher Ulrich
AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture
Vincenzo Di Nicola, MPhil, MD, PhD

AACAP’s Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture recognizes individuals who have made outstanding contributions to the recruitment of child and adolescent psychiatry from all cultures. This award was established in 2002 in honor of Jeanne Spurlock, MD, a giant in child and adolescent psychiatry and in advocacy for children, adolescents, and their families from all cultures.

Vincenzo Di Nicola, MPhil, MD, PhD, is chief of child and adolescent psychiatry at Montreal University Institute for Mental Health, and full professor of psychiatry, University of Montreal and George Washington University. He trained in psychology (McGill University, London) and medicine (McMaster University), with residencies in pediatrics and psychiatry (McGill), and fellowships in family therapy (McGill) and child psychiatry (Ottawa University). He later specialized in refugee trauma and global mental health at Harvard University, leading to interdisciplinary investigations on trauma with a doctorate in philosophy (European Graduate School). Dr. Di Nicola was founding president of the Canadian Association of Social Psychiatry, co-founder and past chair of APA Caucus on Global Mental Health and Psychiatry, serving twice as president, APA Quebec District Branch. Currently, he is representative to the APA Assembly and chair, Assembly Committee on Psychiatric Diagnosis and DSM, as well as board member and Program Committee co-chair, Society for the Study of Psychiatry and Culture. He has won numerous scholarships and prizes throughout his career for both scientific and literary pursuits. Dr. Di Nicola characterizes his career as a community and cultural child psychiatrist, and a cultural family therapist working with disadvantaged and cultural communities in Montreal, as well as teaching and consultations in child psychiatry and family therapy around the world, notably in Brazil and Haiti.

It is a genuine privilege to honor the seminal work of Dr. Jeanne Spurlock in recognizing the cultural complexity and social diversity of children, adolescents, and their families at AACAP. She joins my mentors Drs. Naomi Rae-Grant (McMaster), Gaby Weiss, and Raymond Prince (McGill), along with Dr. Mara Selvini Palazzoli of Milan, Italy as pioneering and courageous psychiatrists of diverse backgrounds whose work continues to provide me with nourishment and direction in my practice as a community and cultural child psychiatrist, and family therapist.
AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities
L. Eugene Arnold, MD, MEd

AACAP’s George Tarjan, MD, Award for Contributions in Developmental Disabilities recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the understanding or care in the field of intellectual and developmental disabilities. The award was established in 1993 in honor of former AACAP President George Tarjan, MD (1977–79), by his wife, Mrs. George Tarjan, and friends.

L. Eugene Arnold, MD, MEd, is professor emeritus of psychiatry at The Ohio State University, where he was former director of the division of child and adolescent psychiatry, vice-chair of psychiatry, and interim director of the Nisonger Center University Center of Excellence in Developmental Disabilities (UCEDD). He graduated from The Ohio State University College of Medicine summa cum laude, interned at University of Oregon, and took residencies at Johns Hopkins, where he earned the MEd., before serving in the U.S. Public Health Service. He has over 45 years’ experience in child psychiatric treatment research including the multi-site NIMH Multimodal Treatment Study of Children with ADHD (MTA), for which he was executive secretary and chair of the steering committee as well as receiving the NIH Director’s Award. He has a particular interest in alternative and complementary treatments both for autism and for ADHD. His publications include nine books, 70 chapters, and over 300 articles.

Dr. Arnold presents “Placebo-Controlled Pilot Data for Three Complementary/Alternative Treatments in Autism” during Honors Presentation 1 on Thursday, October 25, from 9:30 am–12:00 pm.

We are all children deep inside. Hugh Missildine’s Your Inner Child of the Past is actually an inner child of the present. Even a good scientist needs the inquisitiveness and curiosity of a child. In fact, I would characterize an effective scientist as an overgrown toddler with a methodical plan and an addiction to increasing realization of ignorance. The more we learn, the more we realize how much we don’t know. The challenge is to attain maturity without ossification or cynicism—without losing childlike inquisitiveness, wonder at the world around us, and joy of learning.
AACAP Simon Wile, MD, Leadership in Consultation Award
Patricia I. Ibeziako, MD

AACAP’s Simon Wile, MD, Leadership in Consultation Award acknowledges outstanding leadership and continuous contributions in the field of consultation liaison child and adolescent psychiatry. The award is named after Simon Wile, MD, a renowned pediatrician and lifelong supporter of child and adolescent psychiatry, and it was established in 2003 with a donation from the Massachusetts General Hospital.

Patricia I. Ibeziako, MD, attended medical school at the University of Ibadan, Nigeria, and completed training in general psychiatry at New York’s Maimonides Medical Center in 2005, followed by a fellowship in child and adolescent psychiatry at Boston Children’s Hospital/Harvard Medical School in 2007. In 2009, she became the director of the Psychiatry Consultation Service at Boston Children’s Hospital and became the director for clinical affairs in psychiatry, overseeing all of the clinical services in the Department of Psychiatry at Boston Children’s Hospital in 2018.

Influenced by the scant mental health resources in her home country, she collaborated with key leaders in Nigeria and the United Kingdom in implementing training for the first Master’s Program in child and adolescent mental health in West Africa. She was instrumental in the development of the Children’s Hospital Global Partnerships in Psychiatry Observership Program in Boston providing exposure to health professionals from across the world so they can aid in the development of child mental health policy, foster child mental health programing and serve as advocates for child mental health in their respective countries. Dr. Ibeziako currently serves as the senior director of this program.

"There are two uses we can put our mind to—anxiety and creativity. We should actively choose creativity in order to change our lives and our world." —Deepak Chopra
AACAP New Distinguished Fellows

AACAP congratulates the following members elevated to Distinguished Fellows between October 1, 2017, and October 1, 2018.

Adrienne Adams, MD—Chicago, IL
Shirley Alleyne, MD, MBBS—Jacksonville, FL
R.K. Avasthi, MD—Atlanta, GA
Rebecca Barclay, MD—Seattle, WA
Avanti Bergquist, MD—Renton, WA
Matthew G. Biel, MD, MSc—Washington, DC
Rebecca Bierman, DO—San Diego, CA
Nicholas Carson, MD—Cambridge, MA
Judith A. Cohen, MD—Pittsburgh, PA
David O. Conant-Norville, MD—Hillsboro, OR
Arman Danielyan, MD—Lafayette, CA
Michael De Bellis, MD—Chapel Hill, NC
Jennifer Derenne, MD—Mountain View, CA
Yael Dvir, MD—Worcester, MA
Michael Enenbach, MD—Los Angeles, CA
Deborah Fernandez-Turner, DO—Scottsdale, AZ
Marcy Forgey Borlik, MD, MPH—Torrance, CA
William P. French, MD—Seattle, WA
Catherine Fuchs, MD—Nashville, TN
Karen A. Goldberg, MD—Tampa, FL
Gregory L. Hanna, MD—Ann Arbor, MI
Joyce N. Harrison, MD—Baltimore, MD
Ryan Herringa, MD, PhD—Madison, WI
Liwei Hua, MD, PhD—Severna Park, MD
Charlotte Hutton, MD—Lafayette, LA
Nadyah John, MD—Greenville, NC
Thomas Jones, MD, PhD—Durango, CO
Gabriel Kaplan, MD—Springfield, NJ
Catherine Karni, MD—Dallas, TX
Soo-Jeong Kim, MD—Seattle, WA
AACAP New Distinguished Fellows (continued)

Stephen Kowalski, MD—Birmingham, AL
Nanci Lebowitz-Naegeli, MD—Montclair, NJ
Avram H. Mack, MD—Philadelphia, PA
Mojgan Makki, MD—Chicago, IL
W. Peter Metz, MD—Worcester, MA
Myo T. Myint, MD—New Orleans, LA
Lisa B. Namerow, MD—Hartford, CT
James D. Norcross, MD—Dallas, TX
Dale A. Peeples, MD—Augusta, GA
Victoria I. Pham, DO, MBA—Stamford, CT
Alejandra Postlethwaite, MD—La Jolla, CA
Ujjwal Ramtekkar, MD, MPE, MBA—Dublin, OH
Jyotsna S. Ranga, MD—Memphis, TN
Charmi Rao, MD—San Diego, CA
Kristina Schwerin, MD—Davis, CA
Fred Seligman, MD—Davie, FL
Pheston Shelton, MD—Grimesland, NC
Shawn S. Sidhu, MD—Albuquerque, NM
Gabrielle Silver, MD—New York, NY
Jamie Snyder, MD—Omaha, NE
Suzan Song, MD, PhD, MPH—Bethesda, MD
Ehsan U. Syed, MD—Hummelstown, PA
Arman Taghizadeh, MD—Lutherville, MD
Cynthia J. Telingator, MD—Cambridge, MA
Deborah Thurber, MD—Ventura, CA
Harsh K. Trivedi, MD, MBA—Baltimore, MD
Kai-ping Wang, MD—Paramus, NJ
Nicodemus Watts, MD—San Diego, CA
Howard Weeks, MD—Salt Lake City, UT
Eric Rashad Williams, MD—Columbia, SC
Thomas Wright, MD—Rockford, IL
Laine Young-Walker, MD—Columbia, MO
AACAP's E. James Anthony, MD, IACAPAP Presidential Travel Award was created to honor E. James Anthony, MD, AACAP President from 1981–1983, and help support the travel expenses for the president of the International Association for Child and Adolescent Psychiatry and Allied Professionals (IACAPAP) to attend AACAP's Annual Meeting. This award was established in 2015 through the generosity of Virginia Q. Anthony and other donors and serves as a legacy to Dr. Anthony's commitment to build a stronger international community.

Daniel S. Fung, MD, is married to Joyce and was a fulltime father to five wonderful children who are now wonderful adults. He is also a child psychiatrist at the Institute of Mental Health's Child Guidance Clinic. He is currently the chairman of the Medical Board of Singapore’s Institute of Mental Health. He graduated from the National University of Singapore’s (NUS) Faculty of Medicine in 1990, obtained a Master of Medicine in psychiatry in 1996, and was awarded the Singapore Psychiatric Association Book prize. Dr. Fung is an adjunct associate professor at the Yong Loo Lin Medical School, Duke-NUS Medical School, National University of Singapore, and Lee Kong Chian School of Medicine, Nanyang Technological University.

Dr. Fung has been working with children who have been abused since the start of his career and is active with the Singapore Children's Society where he received their Platinum Service Award in 2017. Dr. Fung is a member of the school management board of Paya Lebar Methodist Girl’s School. He was the president of the Singapore Association for Mental Health from 2009–2016.

As a principal investigator and co-investigator for various studies involving innovative clinical interventions on disruptive behaviour disorders and anxiety disorders, his research is supported by the National Medical Research Council and other funding agencies. He has co-authored over 150 peer reviewed research papers.

Dr. Fung is also the program director of Response, Early Interventions and Assessment in Community Mental Health (REACH), an award-winning community-based mental health program in Singapore.

I am excited to attend AACAP's Annual Meeting as it's the best summary of the latest science in child and adolescent psychiatry annually and a great place to network with colleagues from around the world.
AACAP’s Paramjit Toor Joshi, MD, International Scholar Awards
Andrés C. Cardozo, MD, MPH

AACAP’s Paramjit Toor Joshi, MD, International Scholar Awards recognize international physicians who have shown a commitment, early in their careers, for the enhancement of mental health services for children and adolescents, and their families. The award was established in 2015 with a donation from AACAP Past President Paramjit Toor Joshi, MD.

Andrés C. Cardozo, MD, MPH, is a 28-year-old Colombian physician who has been participating since medical school in research on mental health promotion and mental disorders prevention in schools. Currently, he is enrolled in a general psychiatry residency program and has ongoing research collaborations on studying mental health in teenagers.
AACAP’s Paramjit Toor Joshi, MD, International Scholar Awards recognize international physicians who have shown a commitment, early in their careers, for the enhancement of mental health services for children and adolescents, and their families. The award was established in 2015 with a donation from AACAP Past President Paramjit Toor Joshi, MD.

Sana Younus, MBBS, is the first fellow in the pioneering program of child and adolescent psychiatry in Pakistan, where there are a total of four child and adolescent psychiatrists for a population of approximately 207 million, 53% being children. For her fellowship project, she developed a short mental health training program for sensitization and capacity building of pediatricians, psychologists, and family physicians as these are the first line of contact for children with mental health concerns. This course will be conducted every year as an effort to create a therapeutic community of these trained professionals. She has also developed the first psychoeducational group for autism parents in Pakistan—Autism Parents in Action (APACT). Dr. Younus also worked on aligning her fellowship program with the Accreditation Council for Graduate Medical Education Milestones Project. Her research includes bullying, parental stress, and an audit of a multidisciplinary autism service at Aga Khan University.

By attending AACAP’s conference, I will have exposure to global leaders in child and adolescent mental health (CAMH). This will be an opportunity for me to discuss ideas on improving the CAMH situation in Pakistan in an evidence-based and resource-friendly way. It will help me in learning innovative ways of disseminating CAMH services in Pakistan, along with improvising existing capacity building strategies for paraprofessionals.
AACAP Ülkü Ülgür, MD, International Scholar Award
Aysen Coskun, MD

AACAP’s Ülkü Ülgür, MD, International Scholar Award recognizes an AACAP member in the international community who has made significant contributions to the enhancement of mental health services for children and adolescents. The award was established in 2013 with a donation from AACAP member Ülkü Ülgür, MD.

Aysen Coskun, MD, graduated from Hacettepe University Medical School in Ankara, Turkey in 1981, and continued her adult psychiatry training at the same school in 1986. She completed her specialty in child and adolescent psychiatry in 1992. She spent eight months at Baylor College of Medicine in the United States as a visiting faculty member in 1992.

She was the founder of the Child and Adolescent Psychiatry Department at Kocaeli University, where she is still working as the chair. Being the first accredited department, having the only day hospital, and being one of the main contributors of the first master and PhD programs on psychological trauma in the country, it is a leading child and adolescent psychiatry department in Turkey.

During her studies, Dr. Coskun focused on child protection, forensic psychiatry, and various kinds of traumatic events for children.

As the founder and current member of the Trauma Commission in the Turkish Association for Child and Adolescent Psychiatry, she has a major role in the implementation of special training courses for the specialists working in the field.

As the current chair of the Forensic Psychiatry Commission and the Child Protection Task Force of the Turkish Association for Child and Adolescent Psychiatry, she represents the commissions at meetings in Parliament and at other relevant platforms during preparations for legal regulations.

She has worked as an educator and consultant in projects carried out in cooperation with the Ministry of Justice, UNICEF Office for Turkey, and the British Council, particularly after the adoption of the Child Protection Law in 2005.

My local and national activities and studies on child neglect and abuse, one of the most important causes of psychological trauma in children, still continue, and I look forward to how attending AACAP’s Annual Meeting will influence these.
AACAP’s Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award was made possible by a generous donation from K. Lisa Yang, MBA in honor of past AACAP president, Marilyn B. Benoit, MD. This award provides an opportunity for recipients and mentors to design a project over 12–16 weeks focusing on child welfare, foster care, and/or child maltreatment in order to raise awareness, recognize leaders, and create a community of knowledgeable teachers who will become leaders in these fields.

Wynne S. Morgan, MD, is an assistant professor of psychiatry at UMass Medical School in Worcester MA. She completed her undergraduate education at Colorado College earning a degree in biochemistry. After working at the National Institutes of Health in Bethesda, MD, she enrolled at UMass Medical School where she also completed a combined adult and child residency program. Dr. Morgan helped establish a novel integrated foster care clinic at UMass Children’s Medical Center called Foster Child Evaluation Services (FaCES) Safe & Sound, where youth receive both medical and mental health services at the time they enter foster care. She also serves as the consulting child and adolescent psychiatrist to the Massachusetts Department of Children and Families.

Dr. Morgan’s project entitled “Reaching the Rainbow: Promoting Best Practices in Mental Health Care for Child Welfare Involved LGBTQ Youth” aims to improve the mental health care for LGBTQ youth in state custody. Her mentor, Dr. Christopher Bellonci, is vice president of policy and practice and chief medical officer at Judge Baker’s Children Center in Boston, MA. This project is aimed to help promote the mental health care needs of transgender and gender non-conforming youth as well as impact policy developments addressing the mental health needs of LGBTQ youth in state custody.

AACAP’s Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award has offered a formative experience early in my career that will continue to shape the work I do at the Department of Children and Families to improve the mental health care for LGBTQ youth in state custody by providing key mentorship from Dr. Bellonci.
AACAP Psychodynamic Faculty Training and Mentorship Initiative

AACAP’s 2018 Psychodynamic Faculty Training and Mentorship Initiative aims to support and advance psychodynamic psychotherapy training in child and adolescent psychiatry residency programs through faculty development. Under guidance of an assigned AACAP mentor, award recipients identify a problem or area in need of improvement in their child and adolescent psychiatry fellowship program’s teaching of psychodynamic psychotherapy and design a project to address the need. They work through the year toward project completion with their assigned mentor, while gaining access to a network of leaders in the specialty. Funded through a generous donation by Samuel and Lucille B. Ritvo Charitable Fund, recipients receive financial assistance in the amount of $350 to attend a daylong project planning session, along with a networking event during the week of AACAP’s Annual Meeting.

Dalia N. Balsamo, MD
University of California, Riverside
Mentor: Sandra B. Sexson, MD
Medical College of Georgia at Augusta University

Sindhu Idicula, MD
Texas Children’s Hospital
Mentor: Timothy F. Dugan, MD
Cambridge Health Alliance, Lexington, MA

Suzie C. Nelson, MD
Wright State University/Wright-Patterson Medical Center
Mentor: Ayame Takahashi, MD
Southern Illinois University

Magdalena Romanowicz, MD
Mayo Clinic
Mentor: Mary Lynn Dell, MD, DMin
Ohio State University and Nationwide Children’s Hospital

Ravi Shankar, MD
University of Missouri
Mentor: Sergio V. Delgado, MD
Cincinnati Children’s Hospital Medical Center

Michael Adam Shapiro, MD
University of Florida
Mentor: David L. Kaye, MD
University at Buffalo
Members of the 100% Club

The following child and adolescent psychiatry residency directors recruited all of their residents to be members of AACAP. Since child and adolescent psychiatry residents are the future of both AACAP and the field of child and adolescent psychiatry, AACAP acknowledges and warmly thanks the following residency directors for their support.

Allegheny General Hospital—Western Pennsylvania Hospital—Gary Swanson, MD

Baylor College of Medicine—Laurel L. Williams, DO

BronxCare Health System—Jose Arturo Sanchez-Lacey, MD, MPH

Brookdale University Hospital and Medical Center—Claudio M. Vazquez, MD

Brown University—Jeffrey I. Hunt, MD

Cambridge Health Alliance—Lee A. Robinson, MD

Carilion Clinic—Virginia Tech Carilion School of Medicine—Felicity Adams, MD

Central Michigan University College of Medicine—Furhut Janssen, DO

Children’s Hospital Medical Center of Akron/NEOMED—Sumru Bilge-Johnson, MD

Children’s Hospital of Philadelphia—Wanjiku Njoroge, MD

Children’s Hospital/Boston Children’s Hospital—Oscar Gary Bukstein, MD, MPH

Children’s National Medical Center/George Washington University—Lisa M. Cullins, MD

Cincinnati Children’s Hospital Medical Center/University of Cincinnati College of Medicine—Suzanne Sampang, MD

Citrus Health Network, Inc.—Carlos Salgado, MD

Cleveland Clinic Foundation—Molly Wimbiscus, MD

Creighton University/University of Nebraska—Jamie Snyder, MD

Detroit Medical Center/Wayne State University—Rebecca Klisz-Hulbert, MD

Drexel University College of Medicine/Hahnemann University Hospital—Ayesha Waheed, MD

Duke University Medical Center—Gary Maslow, MD, MPH

Emory University—Jennifer Holton, MD

Greenville Health System/University of South Carolina—Lance Fledman, MD, MBA

Harlem Hospital Center—Aaron O. Reliford, MD

Icahn School of Medicine at Mount Sinai—Dorothy E. Grice, MD

Icahn School of Medicine at Sinai (Elmhurst)—A Reese Abright, MD

Indiana University—David Dunn, MD
Members of the 100% Club (continued)

<table>
<thead>
<tr>
<th>Institution</th>
<th>Name</th>
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<tbody>
<tr>
<td>Institute of Living/Hartford Hospital —</td>
<td>Robert Sahl, MD</td>
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<tr>
<td>Jackson Memorial Hospital/Jackson Health System —</td>
<td>Nicole A. Mavrides, MD</td>
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<tr>
<td>Johns Hopkins University —</td>
<td>Roma A. Vasa, MD</td>
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<tr>
<td>Kaiser Permanente Southern California —</td>
<td>Kevin Guber, MD</td>
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<tr>
<td>Loma Linda University of Health Education Consortium —</td>
<td>Ara Anspikian, MD</td>
</tr>
<tr>
<td>Los Angeles County—Harbor—UCLA Medical Center —</td>
<td>Kathleen McKenna, MD</td>
</tr>
<tr>
<td>Los Angeles County/University of Southern California Medical Center —</td>
<td>Erica Shoemaker, MD, MPH</td>
</tr>
<tr>
<td>Louisiana State University —</td>
<td>Kristine Olivier, MD</td>
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<tr>
<td>Louisiana State University (Shreveport) —</td>
<td>Rita Y. Horton, MD</td>
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<tr>
<td>Maine Medical Center —</td>
<td>Erin L. Belfort, MD</td>
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<td>Maricopa Medical Center —</td>
<td>Shayne Tomisato, MD</td>
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<tr>
<td>Marshall University School of Medicine —</td>
<td>Kelly Melvin, MD</td>
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<tr>
<td>Mary Hitchcock Memorial Hospital/ Dartmouth Hitchcock —</td>
<td>Craig Donnelly, MD</td>
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<tr>
<td>Massachusetts General Hospital/McLean Hospital —</td>
<td>David Rubin, MD</td>
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<td>Mayo Clinic —</td>
<td>Magdalena Romanowicz, MD</td>
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<td>McGaw Medical Center of Northwestern University —</td>
<td>Julie Sadhu, MD</td>
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<tr>
<td>Medical College of Georgia —</td>
<td>Sandra B. Sexson, MD</td>
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<td>Medical College of Wisconsin Affiliated Hospitals —</td>
<td>Kathleen A. Koth, DO</td>
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<tr>
<td>Medical University of South Carolina —</td>
<td>A. Lee Lewis, MD</td>
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<tr>
<td>MedStar Health/Georgetown University Hospital —</td>
<td>Colin Stewart, MD</td>
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<tr>
<td>Michigan State University —</td>
<td>Alyse F. Ley, DO</td>
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<tr>
<td>Montefiore Medical Center/Albert Einstein College of Medicine —</td>
<td>Audrey M. Walker, MD</td>
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<tr>
<td>Nassau University Medical Center —</td>
<td>Sagarika Ray, MD</td>
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<tr>
<td>National Capital Consortium (Walter Reed National Military Medical Center) —</td>
<td>Joseph Dougherty, MD</td>
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<tr>
<td>New York Medical College at Westchester Medical Center —</td>
<td>Steven Dickstein, MD</td>
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<tr>
<td>New York Presbyterian Hospital (Columbia) —</td>
<td>Rebecca Rendleman, MD</td>
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<tr>
<td>New York University School of Medicine —</td>
<td>Rahil Jummani, MD</td>
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<tr>
<td>Ohio University Hospital —</td>
<td>Anna Kerlek, MD</td>
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<tr>
<td>Oregon Health &amp; Science University —</td>
<td>Craigan Todd Usher, MD</td>
</tr>
</tbody>
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Members of the 100% Club (continued)

Palmetto Health/University of South Carolina School of Medicine—John Bragg, MD

Penn State Milton S. Hershey Medical Center—Fauzia Mahr, MD

Pine Rest Christian Mental Health Services—Kelly Blankenship, DO

Ponce Health Sciences University—Nuria A. Sabate, MD

Rush University Medical Center—Adrienne Adams, MD

Rutgers New Jersey Medical School—Tolga Taneli, MD

Rutgers Robert Wood Johnson Medical School—Wun Jung Kim, MD, MPH

Samaritan Health Services—Corvallis—Timothy Blumer, DO

Sidney Kimmel Medical College at Thomas Jefferson University—James Luebbert, MD

Southern Illinois University—Ayame Takahashi, MD

Stanford University—Shashank C. Joshi, MD

Stony Brook University—Judith Ann Crowell, MD

SUNY Health Science Center at Brooklyn—Cathryn A. Galanter, MD

SUNY Upstate Medical University—James Demer, MD

Texas A&M College of Medicine—Kyle Morrow, MD

Texas Tech University Health Science Center Paul L. Foster School of Medicine—Shailesh Jain, MBBS

Texas Tech University Health Sciences Center (Permian Basin)—Cecilia C. De Vargas, MD

Tripler Army Medical Center—Paul C. Lee, MD, MPH

Tufts Medical Center—Neha Sharma, DO

Tulane University—Myo T. Myint, MD

UCLA David Geffen School of Medicine/UCLA Medical Center—Sheryl Kataoka, MD, MS

UCLA-Kern Medical Center—Garth Olango, MD, PhD, MS, MA

UCLA-San Fernando Valley/VA Greater Los Angeles—Roxy Szeftel, MD

University Hospitals Case Medical Center and Case Western Reserve University—Molly McVoy, MD

University of Alabama Medical Center—Lee Ascherman, MD, MPH

University of Arizona College of Medicine—Phoenix—Randall Ricardi, DO

University of Arizona College of Medicine—Tucson—Kathy Smith, MD

University of Arkansas for Medical Sciences—Nihit Kumar, MD

University of Buffalo—Sourav Sengupta, MD, MPH
Members of the 100% Club (continued)

University of California (Davis) Health System—Anne McBride, MD

University of California (Irvine) Medical Center—Paramjit T. Joshi, MD

University of California (Riverside) School of Medicine—Richard J. Lee, MD

University of California (San Diego) Medical Center—Ellen Heyneman, MD

University of California (San Francisco) Langley Porter Psychiatric Hospitals and Clinics—Petra Steinbuchel, MD

University of Chicago—Karam Radwan, MD

University of Colorado Denver—Kimberly Kelsay, MD

University of Connecticut—Daniel Connor, MD

University of Florida (Gainesville)—Mariam Rahmani, MD

University of Florida (Jacksonville)—Elise M. Fallucco, MD

University of Hawaii—Daniel A. Alicata, MD, PhD

University of Illinois College of Medicine at Chicago—Kathleen Kelley, MD

University of Iowa Hospitals and Clinics—Peter T. Daniolos, MD

University of Kansas Medical Center—Sharon E. Cain, MD

University of Kentucky College of Medicine—Marian A. Swope, MD

University of Louisville—Jennifer F. Le, MD

University of Maryland—Sarah Edwards, DO

University of Massachusetts—Mary S. Ahn, MD

University of Michigan—Sarah Mohiuddin, MD

University of Minnesota—Afshan Anjum, MBBS

University of Mississippi Medical Center—Scott Rodgers, MD

University of Missouri-Columbia—Ravi Shankar, MD

University of Nevada School of Medicine (Las Vegas)—Lisa Durette, MD

University of Nevada School of Medicine (Reno)—John W. Pruett, MD

University of New Mexico—Shawn S. Sidhu, MD

University of North Carolina Hospitals—Amy Ursano, MD

University of Oklahoma Health Sciences Center—Swapna Deshpande, MD

University of Oklahoma School of Community Medicine at Tulsa—Jana D. Bingman, MD

University of Puerto Rico—Lelis Nazario-Rodriguez, MD

University of Rochester—Michael A. Scharf, MD

University of South Alabama Hospitals—Edgar Finn, MD
Members of the 100% Club (continued)

| University of South Dakota — Tamara Vik, MD |
| University of South Florida Morsani — Saundra Stock, MD |
| University of Tennessee — Jyotsna S. Ranga, MD |
| University of Texas at Austin Dell Medical School — Jane Ripperger-Suhler, MD, MA |
| University of Texas Health Science Center at Houston — Cynthia W. Santos, MD |
| University of Texas Health Science Center School of Medicine at San Antonio — Brigitte Bailey, MD |
| University of Texas Medical Branch Hospitals — Christopher Thomas, MD |
| University of Texas Southwestern Medical School — James D. Norcross, MD |
| University of Toledo — Rakesh Goyal, MD |
| University of Utah — Kristi Kleinschmit, MD |
| University of Vermont Medical Center — David C. Rettew, MD |
| University of Virginia — Roger Burket, MD |
| University of Washington — Ray Hsiao, MD |
| University of Wisconsin — Brooke Kwiecinski, MD |
| Vanderbilt University — Edwin Williamson, MD |
| Vidant Medical Center/East Carolina University — Nadyah John, MD |
| Virginia Commonwealth University Health System — Ross Yaple, MD |
| Wake Forest University School of Medicine — Naomi Leslie, MD |
| Washington University/B-JH/SLCH Consortium — Anne Glowinski, MD, MPE |
| West Virginia University — Lauren Swager, MD |
| Western Psychiatric Institute and Clinic of University of Pittsburgh Medical Center — Sansea L. Jacobson, MD |
| Wright State University — Ryan Mast, DO, MBA |
| Yale-New Haven Medical Center — Dorothy E. Stubbe, MD |
| Zucker School of Medicine at Hofstra/Northwell at Zucker Hillside Hospital — Richard R. Pleak, MD |
Onyi Ugorji, MD, is a second-year-child and adolescent psychiatry fellow at the University of Maryland/Sheppard Pratt Health System in Baltimore, Maryland. She received her BS in biology at the University of Tennessee at Chattanooga where she graduated summa cum laude. She received her medical degree and MBA with a concentration in healthcare policy from the University of Miami. During her time earning an MBA, she participated in a team that competed in multiple business plan competitions after development of an entrepreneurial project that focused on reducing local health care costs and incentivizing payers to invest in preventative care services by utilizing mobile services to target those who overutilize medical emergency services. She and her colleagues earned multiple awards for their business plan including 1st place in the 2013 graduate category of the University of Miami Business Plan Competition, the 2013 Southeast Regional Champion of the National Walmart Better Living Business Plan Competition, and the 2013 Google Fiber People’s Choice Award at the National Hackovate Health Innovation Challenge. It was during this time that Dr. Ugorji developed an interest in looking at how different health care systems as well as diverse stakeholders interact to deliver healthcare services to specific patient populations.

Dr. Ugorji completed her general psychiatric residency at the University of Miami/Jackson Memorial Hospital. During her time in residency, she was actively involved in the Committee of Interns and Residents where she familiarized herself with the local concerns of Miami-Dade patients while advocating locally and on the state-level for patient needs. As a member of the APA/Public Psychiatry Fellowship, she had the opportunity to be a member of the APA’s Council of Advocacy and Government Relations and an APA Fellow Representative for the National Council for Behavioral Health. Currently, she is a member of AACAP’s Community-Based Systems of Care Committee. Dr. Ugorji is interested in public psychiatry and community mental health. She plans to participate in improving and innovating mental healthcare delivery systems for children, youth, and their families.
AACAP 2018 Systems of Care Special Program Clinical Projects

The 2018 Systems of Care Special Program, sponsored by AACAP’s Community-Based Systems of Care Committee, provides child and adolescent psychiatrists and other mental health providers with the knowledge, skills, and attitudes necessary to better serve youth under a system of care and community-based model. The Systems of Care Special Program Clinical Projects, funded by the Substance Abuse and Mental Health Services Administration’s Center for Mental Health Services and the Technical Assistance Network, offers selected residents and fellows a mentorship opportunity with the Systems of Care Committee members and other colleagues in the creation of a poster related to systems of care topics.

Ireen Ahmed, MD—Tufts Medical Center
Adrian Jacques Ambros, MD—Harvard University
Isuan Asikhia, MD—State University of New York at Buffalo
Taiwo Babatope, MD—University of Texas Health Science Center at Houston
Azka Bilal, MD—Children’s Hospital of Philadelphia
Raghu Gandhi, MD—University of Minnesota
Mahlet Girma, MD—Johns Hopkins University
Srinivasa Gokarakonda, MD—University of Arkansas
Georgina Hartzell, MD—New York Presbyterian Hospital
Brian Hendrickson, MD—Johns Hopkins University
Mikal Hicks-Black, DO—Drexel University
Shawen Ilaria, MD—Rutgers University
Veeraraghavan Iyer, MD—Institute of Living at Hartford Hospital
Makeda Jones, MD—Brookdale University Hospital Medical Center
Nadimire Jules-Dole, MD—Johns Hopkins University
Amandeep Jutla, MD—Columbia University
Xuejing Li, MD—University of Massachusetts Medical School
Orlando Ortiz, MD—Oregon Health and Science University
Emily Ottiniano, DO—University of Southern California
I am honored to receive this award and feel grateful to be part of a thriving research community focused on understanding mood disorders in pediatric populations and their relationship to trauma. I am endlessly thankful for the mentorship of Drs. Boris Birmaher, Jessica Levenson, and Sansea Jacobson. I am thankful to the Alicia Koplowitz Foundation and AACAP for their support of research through my residency.
I want to thank AACAP, JAACAP, and the McDermott family for the wonderful opportunity to participate in the McDermott Editor-in-Residence program. As one who has focused on advocacy, I originally would not have realized the power of writing as a tool for advocacy. Learning about this connection and how to build on this skill has been one of the many things I have already learned through this role. I look forward to what the rest of the year brings.
AACAP John E. Schowalter, MD, Resident Council Member
Amanda Downey, MD

AACAP’s John E. Schowalter, MD, Resident Council Member honors former AACAP President John E. Schowalter, MD (1989–1991). The resident participates in the governance of AACAP by attending Council meetings for two years (2018–2020). This position encourages those new to the field of child and adolescent psychiatry to become familiar with AACAP functions as well as the overall governance of the association and in turn gives resident members of AACAP a voice on Council.

Amanda Downey, MD, grew up in Cincinnati and received her undergraduate degree from The Ohio State University. She then moved to New York City where she earned her MD at the Icahn School of Medicine at Mount Sinai and was named to the Gold Humanism Honor Society. She unexpectedly fell in love with a town called Pittsburgh where she is an enthusiastic triple board resident at the University of Pittsburgh Medical Center. Amanda is involved in both pediatric and psychiatry advocacy initiatives. She has a passion for integrated care among vulnerable youth, particularly in the juvenile justice system, and is dedicated to promoting resident physician well-being on the individual and institutional level. She is inspired by the idea of medicine as fundamentally creative work, and desires to help trainees become more engaged with their craft.

It is an absolute honor to be selected as the next John E. Schowalter, MD, Resident Council Member. I am deeply grateful for the ongoing mentorship and support from my training family at Western Psychiatric Institute and Clinic and Children’s Hospital Pittsburgh and am looking forward to the opportunity to serve and contribute to the larger AACAP community.
AACAP Pilot Research Awards for General Psychiatry Residents, supported by Pfizer Inc. and Arbor Pharmaceuticals, LLC

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2016 Recipient:

**Hannah Reed, MD**  
Columbia University  
Project: *Perinatal Frontolimbic Connectivity and Later Emotional Development*  
Mentors: Frederick Shic, PhD, and Kevin A. Pelphrey, PhD

2017 Recipient:

**Yael Kufert, MD**  
Icahn School of Medicine at Mount Sinai  
Project: *Gamma-Aminobutyric Acid as a Biomarker in Adolescent Depression: A Longitudinal Study*  
Mentor: Vilma Gabbay, MD, MS
AACAP Pilot Research Award for Attention Disorders, supported by AACAP’s Elaine Schlosser Lewis Fund

2017 Recipient:

Erik S. Paschall, MD, MPH
University of California, Los Angeles Semel Institute for Neuroscience and Human Behavior
Project: Opportunities and Challenges in Using a Mobile Health (mHealth) Intervention to Optimize Early Stimulant Treatment in Children With ADHD: Findings From the MH-2™ Pilot
Mentor: Bonnie T. Zima, MD, MPH
AACAP Pilot Research Awards for Junior Faculty and Child and Adolescent Psychiatry Fellows, supported by AACAP

2016 Recipients:

**Danielle A. Baribeau, MD**  
University of Toronto  
Project: *The Structural Neuroimaging Correlates of Social Abilities are Similar in ASD and ADHD*  
Mentors: Evdokia Anagnostou, MD, and Peter Szatmari, MD

**Anthony J. Deo, MD, PhD**  
Boston Children's Hospital and Harvard Medical School  
Project: *Pro Brain-Derived Neurotrophic Factor (BDNF) and Cognition in Individuals at Clinical High-Risk for Psychosis*  
Mentors: Ragy Grigis, MD, David Kimhy, PhD, and Jeremy Veenstra-VanderWeele, MD

**Kelli C. Dominick, MD, PhD**  
Cincinnati Children's Hospital  
Project: *A Pilot Neuroimaging Project Examining Functional Connectivity in Infants and Young Children With Fragile X Syndrome and High-Risk Siblings of Individuals With ASD*  
Mentor: Craig A. Erickson, MD

**Pilar Trelles, MD**  
Icahn School of Medicine at Mount Sinai  
Project: *Characterizing Attention Deficit in Children With ASD*  
Mentor: Alexander Kolevzon, MD
AACAP Pilot Research Awards for Junior Faculty and Child and Adolescent Psychiatry Fellows, supported by AACAP (continued)

2017 Recipients:

**Aaron D. Besterman, MD**  
University of California, Los Angeles Semel Institute for Neuroscience and Human Behavior  
Project: *Deep Phenotyping of Children With ASD, Macrocephaly, and Phosphatidylinositol 3-Kinase/Protein Kinase B/Mammalian Target of Rapamycin (PI3K/AKT/mTOR) Pathway Mutations: Preliminary Findings*  
Mentors: James T. McCracken, MD, and Julian A. Martinez, MD, PhD

**Manivel Rengasamy, MD**  
Western Psychiatric Institute and Clinic of University of Pittsburgh Medical Center  
Project: *Plasma Cytokines in Adolescents Receiving Psychotherapy*  
Mentor: Lisa Pan, MD

**Pravesh Sharma, MD**  
Johns Hopkins University School of Medicine  
Project: *Preadolescent Risk Factors in the Relationship Between Adolescent Cannabis Use and Psychotic Symptoms*  
Mentors: Michelle S. Horner, DO, and Christopher Joseph Hammond, MD, PhD

**Amalia Londono Tobon, MD**  
Yale Child Study Center  
Project: *Lasting Effects of Minding the Baby® Home Visiting Program for Young Families*  
Mentors: Linda Mayes, MD, and Arietta Slade, PhD
AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP’s Endowment Fund

AACAP’s Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP’s Annual Meeting. Supported by AACAP’s Endowment Fund, recipients receive up to $1,000 of financial assistance to attend AACAP’s Annual Meeting and must obtain a minimum of $300 of shared funding from a regional organization or institution.

Alla Alexander, MD—New York University Langone Health/Bellevue Hospital

Stephanie Barnes, MD—University Hospitals Cleveland Medical Center

Jessica M. Butala, DO—Allegheny Health Network

Emlyn J. Capili, MD—Montefiore Medical Center

Abigail Cohen, MD—Icahn School of Medicine at Mount Sinai

Sarah Chung, MD—University of California, San Diego

William Clark, MD—Wright State University

Stephanie M. Davidson, MD—Massachusetts General Hospital and McLean Hospital

Sara Harmon, MD—Western Psychiatric Institute and Clinic of University of Pittsburgh Medical Center

Holly Noel Hunter, MD—University of Arkansas for Medical Sciences

Joseph C. Ikekwere, MD, MPH—University of Michigan

Kiran Khalid, MBBS—University at Buffalo

Camilo Leal, MD—University of Florida

EunJoo Lee, MD—Northwestern University

Stephen Mateka, DO—Rowan University

Siya Mehtani, DO—University of California, San Francisco

Xiaoxi Ouyang, MD—Indiana University

Sa Eun Park, MD—Johns Hopkins Hospital

Sabrina Renteria, MD—University of California, San Diego

Monica N. Rettenmier, MD—Vanderbilt University
Adam J. Sagot, DO—Drexel University

Sudhakar K. Shenoy, MD—Southern Illinois University

Eric N. Shute, MD—Children’s Hospital of Philadelphia

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Colleen Turek, MD—New York Presbyterian Hospital

George “Bud” Vana, IV, MD—Brown University

Lan Chi Krysti Vo, MD—Icahn School of Medicine at Mount Sinai Hospital

Rachel Margaret Whelan, MD, PhD—Tulane University

Jennifer A. Zaspel, MD—Medical College of Wisconsin and Affiliated Hospitals

Muhammad Zeshan, MD—Boston Children’s Hospital and Harvard Medical School
AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP’s Life Members Fund

AACAP’s Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP’s Annual Meeting. Established in 2010 and supported by AACAP’s Life Members Fund, recipients also engage with AACAP Life Members by attending the Life Members Wisdom Clinical Perspectives and the Life Members Reception and Dinner. Recipients receive up to $1,000 of financial assistance to attend AACAP’s Annual Meeting and must obtain a minimum of $300 shared funding from a regional organization or institution.

Sarah Andrews, MD—University of Florida
Kamilah C. Banks-Word, MD, MA—University of Chicago
Nicole M. Benson, MD—Massachusetts General Hospital
Sarah Y. Berkson, MD—Mount Sinai Hospital
Maninder S. Bhutani, MD—University of California, Davis
Janet Charoensook, MD—University of Southern California
Tanuja P. Gandhi, MBBS—Yale Child Study Center
Shan Gao, MD, PhD—Western Psychiatric Institute and Clinic of University of Pittsburgh Medical Center
Sanju V. George, MD—Drexel University
Ross E. Goodwin, MD—Johns Hopkins Hospital
Vikas Gupta, MD—East Carolina University, Vidant Medical Center
Tomoko Hamma, DO, PhD—University of New Mexico
Martha J. Ignaszewski, MD—Boston Children’s Hospital
Ramkrishna D. Makani, MD, MPH—Children’s Hospital of Philadelphia
Matthew Pesko, MD—University of Colorado, Denver/Children's Hospital Colorado
Charles A. Whitmore, MD, MPH—Vanderbilt University
Joseph Wise, MD—SUNY Downstate/Kings County Hospital Center
AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP’s John E. Schowalter, MD, Endowment Fund

AACAP’s Educational Outreach Program, supported by AACAP’s John E. Schowalter, MD, Endowment Fund provides the opportunity for one child and adolescent psychiatry resident to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP’s Annual Meeting. The recipient receives up to $1,000 of financial assistance to attend AACAP’s Annual Meeting. The John E. Schowalter, MD, Endowment Fund was established in 2014 with a generous endowed gift from Frank A. Roberto, MD, to honor his Yale mentor, John E. Schowalter, MD.

Natalie Ramirez, MD—Stanford University
AACAP Educational Outreach Program for General Psychiatry Residents, supported by AACAP’s Endowment Fund

AACAP’s Educational Outreach Program provides the opportunity for general psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP’s Annual Meeting. Supported by AACAP’s Endowment, recipients receive up to $1,000 of financial assistance to experience AACAP’s Annual Meeting.

Afifa Adiba, MD—University of Mississippi
Sara Ali, MD, MPH—University of New Mexico
Christy Duan, MD—Zucker Hillside Hospital—Northwell Health System
Rana Elmaghraby, MD—University of Minnesota
Alaa Elnajjar, MSc, MBBS—New York Medical College at Westchester Medical Center
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Matthew C. Fadus, MD—Medical University of South Carolina
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Brandon Newsome, MD—Boston University Medical Center
Marguerite Reid Schneider, MD, PhD—Harvard Longwood Psychiatry Residency Training Program
Reem M. Shafi, MBBS—Mayo Clinic
Amanda Wallace, MD—University of California, San Francisco
Ladoris Warren, MD, MBA—University of Tennessee
AACAP Life Members Mentorship Grants for Medical Students, supported by AACAP’s Life Members Fund

AACAP’s Life Members Mentorship Grants for Medical Students provide the opportunity for medical students to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP’s Annual Meeting. Established in 2011 and supported by AACAP’s Life Members Fund, recipients also engage with AACAP Life Members by attending the Life Members Clinical Perspectives and the Life Members Reception and Dinner. Recipients receive up to $1,000 of financial assistance to attend AACAP’s Annual Meeting.

Taiwo Ajumobi, MS—Rowan University
Hongjing Cao, MPH—University of Texas Southwestern
Mehdi Elmouchtari, BS—Virginia Polytechnic Institute and State University
Carly K. Kawanishi, BS—Quinnipiac University
Kristen Kim, BA—Rutgers University
Elizabeth Ma, PhD—University of Alabama at Birmingham
Glynis McGowan, BS—Sidney Kimmel Medical College
Bharat R. Sampathi, BA—University of California, Irvine
Jessica Thai, BA—University of Nebraska
Jason Tran, BA—University of California, Riverside
Michelle Urman, BA—Albany Medical College
Jessica R. Walpole, BS—The Ohio State University
Lauren M. Weinand, BA—University of Arizona
AACAP Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, supported by the National Institute on Drug Abuse (NIDA), and AACAP's Campaign for America's Kids

AACAP’s Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, supported by the National Institute on Drug Abuse (NIDA) and AACAP’s Campaign for America’s Kids, is named in honor of Jeanne Spurlock, MD, in recognition of her lifetime of opening doors for colleagues from diverse backgrounds and fostering career advances. The summer fellowships encourage outstanding minority students to pursue careers in substance abuse and addiction research in child and adolescent psychiatry. The fellowships are administered through AACAP’s Department of Research, Grants, and Workforce, AACAP’s Substance Use Committee, under the direction of Kevin M. Gray, MD, and Catherine A. Martin, MD, along with AACAP’s Diversity and Culture Committee, under the direction of Cheryl Al-Mateen, MD, and Lisa M. Cullins, MD.

Suhaib Abaza, BS
Morehouse School of Medicine
Project: Summarized Findings Concerning Prenatal Exposure to Cannabis and Perinatal Health Outcomes as They Pertain to Brain Circuit Formation
Mentors: Cynthia Rogers, MD, and Kevin Mauclair Simon, MD

Michele A. de Leon Jauregui, BS
Rush Medical College
Project: Feasibility of Universal Substance Misuse Screening in Adolescents Hospitalized on a General Pediatrics Unit
Mentor: Niranjan S. Karnik, MD, PhD
AACAP Summer Medical Student Fellowship in Child and Adolescent Psychiatry, supported by AACAP’s Campaign for America’s Kids

AACAP’s Summer Medical Student Fellowships, supported by AACAP’s Campaign for America’s Kids, offer an opportunity for medical students to explore a career in child and adolescent psychiatry, gain valuable work experience, and meet leaders in the field of child and adolescent psychiatry. The fellowship opportunity provides up to $3,500 for 12 weeks of clinical or research training under a child and adolescent psychiatrist mentor. The fellowships are administered through AACAP’s Department of Research, Grants, and Workforce, AACAP’s Training and Education Committee, under the direction of Howard Y. Liu, MD, and Sansea L. Jacobson, MD, along with AACAP’s Committee on Medical Students and Residents, under the direction of Lan Chi Krusty Vo, MD, and Isheeta Zalpuri, MD.

Hilary Amissa Brewer, BA
Columbia University
Project: Treatment Algorithm for Adolescents With Anorexia Nervosa: A Delphi Study to Determine Expert Recommendations
Mentors: Evelyn Attia, MD, and Joanna E. Steinglass, MD

Amanda J. Calhoun, BA
Saint Louis University
Project: Assessing the Barriers to Increasing Mental Health Care Access for Depressed Adolescents in Guatemala: Clinical Perspectives of a Medical Student
Mentor: Alicia A. Barnes, DO, MPH

Alexandra K. Desir, BA
Quinnipiac University
Project: Attachment and Functioning: The Intersection Between Childhood Events and Children’s Response to an Intensive In-Home, Family-Based Intervention
Mentor: Linda C. Mayes, MD
Ms. Desir’s award was partially funded by the Ruth and Peter Metz Family Foundation.

Lucy Gao, BA
Yale University
Project: Early Parental Care, Reflective Functioning, and the Neural Markers of Maternal Sensitivity in Pregnancy
Mentors: Linda C. Mayes, MD, and Helena J. V. Rutherford, PhD
Jasmine E. Kim, BS
Tulane University
Project: The Association Between Maternal Adverse Childhood Experience and Maternal Depression: A Longitudinal Cohort Study
Mentor: Stacy S. Drury, MD, PhD

Erica J. Lee, BA
Brown University
Project: Psychopharmacological Treatment in Very Young Children With Severe Psychopathology: A Descriptive Study of Use and Adverse Events
Mentors: John Boekamp, PhD, and Jeffrey I. Hunt, MD

Jacinta Leyden, BS
Stanford University
Project: Factors Influencing Psychiatric Readmissions and the Largest Barriers to Care in the Bay Area, California
Mentors: Thomas Ormiston, MD, and Yasmin Owusu, MD

Marissa J. Luft, BS
University of Cincinnati
Project: Salience Network Dynamic Functional Connectivity in Adolescents With Generalized Anxiety Disorder
Mentor: Jeffrey Robert Strawn, MD

Lindsay Milliken, BS
Rowan University
Project: Complementary and Alternative Medicine Use in Child and Adolescent Psychiatry
Mentor: Consuelo Cagande, MD

Danielle M. Mohabir, BA
University of North Carolina System
Project: Is Emergency Psychiatric Care Right for Everyone? Describing the Experience of Pediatric Patients in the Emergency Department
Mentor: Angela Strain, MD
Ms. Mohabir’s award was partially funded by the Ruth and Peter Metz Family Foundation.
AACAP Summer Medical Student Fellowship in Child and Adolescent Psychiatry, supported by AACAP’s Campaign for America’s Kids (continued)

Priya R. Pathak, MPH
University of Wisconsin
Project: *Adverse Childhood Experiences (ACE) Assessment in Integrated Child Mental Health*
Mentor: Katherine E. Grimes, MD, MPH

Jennifer A. Vasko, BS
University of Minnesota
Project: *Emotion Recognition Errors and Social Functioning in ASD*
Mentor: Suma Jacob, MD, PhD
NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA)

The NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA), offers up to $10,000 for one year for project support and $1,500 for mentor support.

This award aims to encourage general and child and adolescent psychiatry residents to pursue careers in the field of child and adolescent substance abuse and/or addiction treatment. This award is administered through AACAP’s Research, Grants, and Workforce Department and AACAP’s Substance Use Committee, under the direction of Kevin M. Gray, MD, and Catherine A. Martin, MD.

Jesse D. Hinckley, MD, PhD
University of Colorado School of Medicine
Project: Encompass: Outcomes in Adolescents With Opioid Use Disorder and Comorbid Psychiatric Disorders
Mentor: Paula D. Riggs, MD

Matej Markota, MD
Mayo Clinic
Project: Mortality and Psychosis in Teenage Substance Users: The Olmsted County Experience
Mentors: Paul E. Croarkin, DO, MS, and William V. Bobo, MD, MPH
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AACAP E. James Anthony, MD, Fund
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AACAP Irving Philips, MD, Award Fund
AACAP John E. Schowalter, MD, Endowment Fund
AACAP Jeanne Spurlock, MD, Award Fund
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