Welcome to Psychological First Aid! You’re joining thousands of learners currently enrolled in the course. I'm excited to have you in the class and look forward to your contributions to the learning community.

To begin, I recommend taking a few minutes to explore the course site. Review the material we'll cover each week, and preview the assignments you'll need to complete to pass the course. Click **Discussions** to see forums where you can discuss the course material with fellow students taking the class.

If you have questions about course content, please post them in the forums to get help from others in the course community. For technical problems with the Coursera platform, visit the [Learner Help Center](https://www.coursera.org/Help Center).

Good luck as you get started, and I hope you enjoy the course!

**Timeline**

Start

Week 1

1. [ ]

Week 2

1. [ ]

Week 3

1. [ ]

Week 4

1. [ ]
Week 5
End 08/18

Next Step

WEEK 1

You're doing great!

Pick up where you left off and you'll be done in no time.

5 min

Resume
Do you want to receive emails from Johns Hopkins University?

Yes