**Welcome to the Committee on Medical Students & Residents (MSRs)!!**

### Who We Are

- We are a committee formed to ensure the representation of trainees at all levels (medical students, general psychiatry, child and adolescent psychiatry, triple board, pediatric post portal residents) in the activities and deliberations of AACAP.

### What We Do

- **Encourage trainee involvement in AACAP activities**
- **Promote mentorship and professional networking**
- **Promote interest and awareness of CAP career opportunities**
- **Ensure representation among AACAP Committees**
- **Collaborate with the Council, Assembly, AACAP Committees, and other professional organizations**
- **Promote trainee participation in local, regional, and national advocacy events**

### Our Projects

#### Annual Meeting “Flagship” Programs

- **Medical Students, Residents, and Fellows: Meet Life Member Mentors**
  Signature Annual Meeting trainee mentorship event where trainees network with AACAP’s most distinguished senior leaders, the AACAP Life Members.

- **Medical Student and Resident Breakfast**
  Hear stories from CAP professionals at various career stages about their careers and life journeys, with the opportunity to ask questions.

- **Two Day Mentorship Program**
  Trainees are paired in groups with 40+ diverse CAP mentors of various career stages and interests to build relationships, share ideas, address challenges, and reflect on work-life balance.

- **Resource Center Meet and Greet**
  Informal networking forum for trainees to meet with Training Program Directors and Committee Chairs to introduce themselves, obtain expert advice, and learn about opportunities to join AACAP projects.

- **Residents as Teacher**
  Signature “train the trainer” workshop in collaboration with the Training and Education Committee for all trainees involved in educating the next generation.

- **Resiliency and Wellness**
  A discussion on resiliency, self-compassion, and being present and mindful during difficult moments.

#### Year-Long Programs

- **MSR Peer Mentorship Program**
  Peer-to-peer style mentorship program that provides trainees with mentorship on various topics of interest. Currently under reconstruction.

- **Year-Long Career Development Forum**
  Virtual Q&A sessions in intimate small groups with CAP professionals about training, work experience, and other career information based on specialty or specific topics.

### Our Meetings

- **Date:** 2nd Monday of Every Month
- **Time:** 8PM ET / 7PM CT / 5PM PT
- **Location:** Zoom
- **CAPturinG Trainee Interest Sign-up** for the MSR Listserv to receive meeting information.

### Connect With Us!

- Facebook
- Instagram
- YouTube
- Twitter

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Award Opportunities

**Medical Students**
- AACAP Summer Medical Student Fellowship in CAP
- AACAP Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students
- AACAP Life Members Mentorship Grants for Medical Students

**Advocacy Opportunities**
- AACAP Advocacy Fellow Ambassador Program
- AACAP Resident Advocacy Scholar
- AACAP Robert L. Stubblefield, MD Delegate to the American Medical Association’s (AMA) Resident and Fellow Section
- AACAP’s Delegation to AMA’s House of Delegates
- AACAP/Assembly Advocacy and Collaboration Grant

**Residents & Fellows**
- AACAP Pilot Research Awards
- AACAP Systems of Care Special Program Clinical Poster Projects
- NIDA-AACAP Resident Training Award in Substance Use Disorders
- SAMHSA/CMHS Virtual Fellowship
- AACAP Educational Outreach Program (travel grants to attend the annual meeting)
- AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award

**Leadership**
- Resident Members of Council
- Assembly Resident Representative

Get Involved with AACAP!

**Explore AACAP Committees**
- AACAP has 58 committees, with more than 40 that are specialty-focused
- Each committee has 13 formal spots, with 2-year appointments, some of which include a resident member appointment
- If you are interested in the work or specialty of a committee, feel free to reach out to the staff liaison for the committee of interest, and inquire about the feasibility of joining the meeting(s), volunteering, or getting involved in the committee’s initiatives

**Volunteer**
- AACAP Monitor Program
- MSR Volunteer Group

**Publish**
- AACAP News
- JAACAP Connect

**Other Mentorship/Networking Opportunities**
- Caucuses: Asian, Black, Latinx, IMG
- Arab Members of Listserv
- AACAP Alliance on Learning and Innovation (AALI)
- Advocacy Liaison Network
- Regional CAP Organization

**Attend Annual Events**
- AACAP Annual Meetings
- Legislative Conferences
- Assembly of Regional Organizations

AACAP provides a variety of content that you may view on your own time!

- Resource Libraries
- Telepsychiatry Resources
- CAPturing Minds Podcast
- Child Psychodynamic Psychotherapy Toolkit
- Training Toolkit for Systems-Based Practice
- Cultural Diversity Resource Center
- Gender and Sexuality Resources
- Autism Spectrum Disorder and Intellectual Disability Resources
- Women Child and Adolescent Psychiatrists Educational Resources
- Lecture Series on Improving Health Equity During the COVID-19 Era
- SCREENSIDE CHATS: Past AACAP President, Gaye Carlson, MD
- Virtual Forums
- Owl Newsletter
- MSR Newsletter
- And many more can be found under the [AACAP Resources](#) section on the AACAP website homepage!

*Jess Stephens DO & Yuri Cheung MD, last updated 10.20.2023*