

# Mental Health Liaison Group

November 17, 2017

The Honorable Mitch McConnell  
Senate Majority Leader  
317 Russell Senate Office Building  
United States Senate  
Washington, DC 20510

The Honorable Paul Ryan  
Speaker of the House  
1233 Longworth House Office Building  
U.S. House of Representatives  
Washington, DC 20515

The Honorable Orrin Hatch  
Chairman, Senate Finance Committee  
104 Hart Senate Office Building  
Washington, DC 20510

The Honorable Kevin Brady  
Chairman, Ways and Means Committee  
1011 Longworth House Office Building  
Washington, DC 20515

Dear Majority Leader McConnell, Speaker Ryan, and Chairmen Hatch and Brady:

On behalf of the Mental Health Liaison Group (MHLG), we are writing to express our opposition of specific provisions within the House and Senate versions of the *Tax Cuts and Jobs Act*, particularly the provisions repealing the Affordable Care Act's individual shared responsibility mandate and the House's provision repealing the medical expense deduction.

The MHLG is a coalition of national organizations representing consumers, family members, mental health and addiction providers, advocates, payers and other stakeholders committed to strengthening Americans' access to effective mental health and addiction care. Together, on behalf of the millions of Americans living with mental health and addiction disorders, their families, and communities, we advocate for public policies and funding to improve access to high-quality health care through prevention, early intervention, treatment and recovery services and supports.

As you well know, the maintenance of needed health and mental health care has little meaning without affordable and ready access to the insurance plans providing such coverage, at parity with medical/surgical benefits. This is particularly vital given the opioid addiction epidemic our nation is facing, and the millions of Americans with multiple chronic co-occurring mental health and physical health conditions. However, the elimination of the individual mandate, in combination with the Trump Administration's recent termination of the cost-sharing reduction payments (CSRs) made to insurers to keep enrollee insurance costs low, will throw the individual insurance market into even greater disarray than it has experienced in the last few years.

As the Congressional Budget Office [noted November 8](#), eliminating the shared responsibility mandate will result in 4 million people dropping their insurance in 2019, and 13 million choosing to go uncovered by 2027, a number that includes 2 million currently covered under employer-sponsored coverage. CBO says the impact on those remaining in the individual health insurance market risk pool—a risk pool likely to include far fewer healthy Americans—will be to increase

National organizations representing consumers, family members, advocates, professionals and providers  
c/o Laurel Stine, JD, American Psychological Association at [lstine@apa.org](mailto:lstine@apa.org), Angela Kimball, National Alliance on Mental Illness at [akimball@nami.org](mailto:akimball@nami.org) and Debbie Plotnick, MSS, MLSP, Mental Health America at [dplotnick@mentalhealthamerica.net](mailto:dplotnick@mentalhealthamerica.net)

average premiums for individual health insurance by 10 percent “in most years of the [2018-2027] decade”. It is worth noting that this projection is artificially low, as CBO acknowledges that the baseline it was using included continued payment of the CSRs.

As a coalition of insurer and health care provider organizations that included America’s Health Insurance Plans, the American Medical Association, and the American Hospital Association noted in their [November 14 letter](#) to Congress, “Repealing the individual mandate without a workable alternative will reduce enrollment, further destabilizing an already fragile individual and small group health insurance market on which more than 10 million Americans rely.”

Additionally, we oppose the House provision to repeal the valuable medical expense deduction. The medical expense deduction assists individuals and families with large medical expenses, including treatment for severe mental health and substance use disorder, long term care for special needs children and very expensive drugs for diseases like cancer. Without this deduction that saves families across the nation thousands of dollars, we risk merely shifting the cost back to American families affected by serious mental health and substance use disorders.

We have applauded, and continue to applaud, bipartisan efforts by HELP Committee Chairman Lamar Alexander and HELP Ranking Member Patti Murray, with co-sponsorship by two dozen members of the Senate of both parties, to develop bipartisan solutions to stabilize and improve the health insurance market. We strongly urge you not to take this action to repeal the individual mandate and medical expense deduction, which will serve the opposite purpose of destabilizing the insurance marketplace and increasing costs to families across the nation.

Sincerely,

American Art Therapy Association  
American Association for Geriatric Psychiatry  
American Association for Psychoanalysis in Clinical Social Work  
American Association of Child & Adolescent Psychiatry  
American Association on Health and Disability  
American Counseling Association  
American Dance Therapy Association  
American Foundation for Suicide Prevention/SPAN USA  
American Group Psychotherapy Association  
American Mental Health Counselors Association  
American Occupational Therapy Association  
American Psychiatric Association  
American Psychological Association  
American Society of Addiction Medicine  
Anxiety and Depression Association of America  
Association for Ambulatory Behavioral Healthcare  
Association for Behavioral Health and Wellness

Children and Adults with Attention-Deficit Hyperactivity Disorder  
Clinical Social Work Association  
Council on Social Work Education  
Depression and Bipolar Support Alliance  
Eating Disorders Coalition  
EMDR International Association  
Global Alliance for Behavioral Health and Social Justice  
Legal Action Center  
Mental Health America  
National Alliance to Advance Adolescent Health  
National Alliance to End Homelessness  
National Association for Children's Behavioral Health  
National Association for Rural Mental Health  
National Association of County Behavioral Health and Developmental Disability Directors  
National Association of Social Workers  
National Association of State Mental Health Program Directors  
National Coalition for Maternal Mental Health  
National Council for Behavioral Health  
National Disability Rights Network  
National Eating Disorders Association  
National Federation of Families for Children's Mental Health  
National Health Care for the Homeless Council  
National MS Society  
National Register of Health Service Psychologists  
NHMH - No Health without Mental Health  
Residential Eating Disorders Consortium  
School Social Work Association of America  
Treatment Communities of America