



## Resources in Response to the High School Shooting

In response to the recent high school shooting in Parkland, Florida, the National Child Traumatic Stress Network has developed resources to help families and communities. These resources include tip sheets on:

- [The Psychological Impact of the Recent Shooting](#)
- [Tips for Parents on Media Coverage](#)
- [Tip Sheet for Youth Talking to Journalists about the Shooting](#)
- [Parent Guidelines for Helping Youth after the Recent Shooting](#)
- [Talking to Children about the Shooting](#)
- [Helping Teens with Traumatic Grief: Tips for Caregivers](#)
- [Helping School-Age Children with Traumatic Grief: Tips for Caregivers](#)
- [Helping Young Children with Traumatic Grief: Tips for Caregivers](#)
- [After a Crisis: Helping Young Children Heal](#)
- [After the Injury](#)—website for families with injured children
- [Health Care Toolbox](#)—website for pediatric health providers working with injured children

### Resources for Educators

- [Helping Youth After a Community Trauma: Tips for Educators](#)
- [Psychological for Aid for Schools \(PFA-S\) - full manual](#)
- [Providing PFA-S: For Health-Related Professionals - handout](#)
- [Providing PFA-S: For Principals and Administrators - handout](#)
- [Providing PFA-S: For School Support Staff - handout](#)
- [Providing PFA-S: For Teachers - handout](#)
- [Self-Care Checklist for School Staff - handout](#)

The NCTSN also has resources for responders on [Psychological First Aid](#) (PFA). PFA is an early intervention to support children, adolescents, adults, and families impacted by these types of events. An online training course for PFA is available on our [NCTSN Learning Center](#). [PFA Mobile](#) is an app that can be accessed for free for Android and Apple mobile devices.

### Disaster Hotline

SAMHSA has a [Disaster Distress Hotline](#) – call 1-800-985-5900 or text *TALKWITHUS* to 66746.

### Additional Resources

For those that are needing technical assistance or additional resources, please don't hesitate to contact **Dr. Melissa Brymer** at [mbrymer@mednet.ucla.edu](mailto:mbrymer@mednet.ucla.edu).