

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

W W W . A A C A P . O R G

**Clinical Essentials on Depression**

**Content Overview**

**Module 1:** Describe depressive disorders and youth at risk for depressive disorders across development.

**Lectures and Speakers**

Treating Depression in Children, Adolescents, and Young Adults

*Boris Birmaher, MD: 2017 Pediatric Psychopharmacology Update Institute*

The Course of Symptoms of Anxiety and Depression: The Role of Genetic Factors, Comorbidity, and the Association With Parental Symptoms

*Christel M. Middeldorp, PhD, MD: 2016 AACAP's 63rd Annual Meeting*

**Module 2:** Describe tools used for screening and assessment for depressive disorders.

**Lecture and Speaker**

Evidence-Based Identification of Depression

*Anna Van Meter, PhD: 2018 AACAP's 65th Annual Meeting*

**Module 3:** Discuss pharmacological and somatic treatments of depressive disorders, including safety, tolerability, and efficacy.

**Lectures and Speakers**

Treating Depression in Children, Adolescents, and Young Adults

*Boris Birmaher, MD: 2017 Pediatric Psychopharmacology Update Institute*

SSRIs and Suicidality: Cause or Cure?

*David A. Brent, MD: 2018 AACAP's 65th Annual Meeting*

Pharmacological Strategies for Managing Pediatric Depression

*Manpreet K. Singh, MD, MS: 2018 AACAP's 65th Annual Meeting*

**Module 4:** Discuss psychosocial interventions and resilience-promoting prevention strategies for depressive disorders

**Lectures and Speakers**

Cognitive Behavior Therapy for Depression: Efficacy, Mechanisms, and Personalization

*David A. Brent, MD: 2014 AACAP's 61st Annual Meeting*

Clinical Perspectives: Interpersonal Psychotherapy for Depressed Adolescents

*Laura F. Mufson, PhD: 2016 AACAP's 63rd Annual Meeting*

Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents:  
Developmental Adaptations to IPT-A

*Laura J. Dietz, PhD: 2016 AACAP's 63rd Annual Meeting*

Mental Health and Primary Medical Care: New Directions

*Joan Rosenbaum Asarnow, PhD: 2016 AACAP's 63rd Annual Meeting*

Resilience Building for Children Exposed to War Trauma: A Controlled Classroom-Based  
Intervention

*John A. Fayyad, MD: 2016 AACAP's 63rd Annual Meeting*

Suicide Prevention and Resilience at Children's (SPARC) Program: The development of a Multi-  
disciplinary, Intensive Program for Youth at Risk for Self-injury and Their Families

*Betsy D. Kennard, PsyD: 2016 AACAP's 63rd Annual Meeting*

**Module 5:** Formulate a biopsychosocially informed treatment plan that utilizes a system of care approach.

**Lecture and Speaker**

Substance Abuse and Mental Health Services Administration's (SAMHSA) Systems of Care (SOC)

*Mary Margaret Gleason, MD: 2019 Recording for Clinical Essentials on Depression*