

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

W W W . A A C A P . O R G

**Clinical Essentials on Racism, Injustice, and Inequities for Child and Adolescent Psychiatrists**

**Course Design:** 2 modules with 3.5-hours of video tailored to the course learning objectives, followed by a 16-question post-test. The materials for this course were reviewed and selected by AACAP's Clinical Essentials Committee in May of 2023.

**Learning Objectives:** At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Explain the definition and history of medical mistrust and key strategies to combat it amongst patients.
2. Identify two strategies at the community level to improve racial/ethnic minority children's mental health.
3. Explain ways to improve equity in schools at the policy, community, and school levels.
4. Summarize risk factors for suicide among Black youth and discuss existing evidence about suicide risks and interventions for Black youth.
5. Describe structural, social, policy, and clinical determinants of substance use disorder (SUD) treatment disparities for youth of color and their families.

**Module 1 – Lectures Titles and Speakers**

***Strategies and Supports to Address Medical Mistrust and Promote Cultural Understanding***

Eraka Bath, MD: 2023 AACAP's Medical Mistrust Virtual Forum

***Building a Framework for Understanding and Addressing Racial and Ethnic Disparities in Children's Mental Health***

Margarita Alegria, PhD: AACAP's 2021 68th Annual Meeting

***Racial Disparities in the Education System: Opportunities to Improve Mental Health Services in Schools***

Sheryl Kataoka, MD: AACAP's 2021 68th Annual Meeting

## **Module 2 – Lectures Titles and Speakers**

### ***Black Youth and Suicide Risk: A Tale of Disparities***

Tami Benton, MD: AACAP's 2021 68th Annual Meeting

### ***Improving Substance Use Services Access and Outcomes for Racially Minoritized Adolescents***

Lisa R. Fortuna, MD,MPH; Michelle V. Porche, EdD; Marina Tolou-Shams, PhD:  
AACAP's 2021 68th Annual Meeting