Clinical Essentials on Gender Diverse Children and Adolescents

Content Overview

Course design: This course consists of 4 lectures (1 video) that is 2 hours and 27 minutes, followed by a 13-question post-test and evaluation.

Lectures, Speakers, and Topics

Working with LGBTQ+ Youth and Their Families: Key Terms and Concepts
Natalie Ramos, MD, MPH: Clinical Assistant Professor, Department of Psychiatry and Biobehavioral Sciences, UCLA David Geffen School of Medicine
• Gender identity versus gender expression
• Gender association, milestones, and generational shifts
• Types of transitions

Affirmative Mental Health Care for LGBTQ Youth: An Overview to Promoting Best Outcomes for These At-Risk Youth
Scott Leibowitz, MD: Associate Clinical Professor, Medical Director of Behavioral Health, THRIVE Gender Program, Department of Psychiatry, Nationwide Children’s Hospital
• The systems effecting LGBTQ youth
• Overview of the affirming care model
• The relationship between the provision of affirming care and its effect on the intersection of healthcare, family, and school systems

Family Rejection Is a Health Hazard for LGBTQ Children and Youth
Caitlin Ryan, PhD: Family Acceptance Project, San Francisco State University
• Family Acceptance Project (FAP)’s research, resources, and family support approach

World Professional Association for Transgender Health (WPATH) Standards of Care and Ethical Decision Making
Aron Janssen, MD: Ann & Robert H. Lurie Children’s Hospital of Chicago, Vice Chair of Clinical Affairs, Pritzker Department of Psychiatry and Behavioral Health
• 2022 WPATH Standards of Care updates
• 4 Different major ethical principles