

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

W W W . A A C A P . O R G

Clinical Essentials on Eating Disorders and Obesity in Children and Adolescents

Course Design: 3 modules tailored to the course learning objectives, followed by a 20-question post-test.

Learning Objectives: At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Describe the diagnosis and epidemiology of eating disorders and obesity.
2. Describe eating disorders and obesity and youth at-risk across all ages of development.
3. Describe screening and assessment for eating disorders.
4. Discuss treatment and management of eating disorders and obesity, including special populations.

Content Outline and Speakers:

Module 1: Overview

- Topic 1: Current approaches to the diagnosis of eating disorders
- Topic 2: Statistics, etiology, and societal impact of obesity

Speakers: Jennifer Hagman, MD: 2020 AACAP Virtual Annual Meeting; Brittany Matheson, PhD: 2020 AACAP Virtual Meeting

Module 2: Treatment and Management of Eating Disorders and Obesity

- Topic 1: Overview of treatment and management of all eating disorders
- Topic 2: Treatment and management of anorexia nervosa
- Topic 3: Treatment and management of bulimia nervosa and binge eating disorder
- Topic 4: Treatment management of avoidant restrictive food intake disorder
- Topic 5: Treatment and management of obesity

Speakers: Cynthia Kappahn, MD, MPH: 2020 AACAP Virtual Annual Meeting; Brittany Matheson, PhD: 2020 AACAP Virtual Meeting; Guido K. W. Frank, MD: 2020 AACAP Virtual Annual Meeting; James Lock, MD, PhD: 2020 AACAP Virtual Annual Meeting; Emily Gray, MD: 2019 AACAP 66th Annual Meeting; Kimberly Rosania, PhD: 2020 AACAP Virtual Annual Meeting

Module 3: Eating Disorders in Special Populations

- Topic 1: Eating disorders in males
- Topic 2: Eating disorders in transitional age youth

Speakers: Sasha Gorrell, PhD: 2020 AACAP Virtual Meeting; Jennifer Derenne, MD: 2020 AACAP Virtual Meeting