Clinical Essentials on Cannabis Use Disorder in Children and Adolescents

Course Design: 4 modules (videos) tailored to the course learning objectives, followed by a 15-question post-test. The course provides up to 4 AMA PRA Category 1 Credits™. These credits will count towards the new government-mandated requirement for all DEA-registered practitioners to complete eight hours of training on the treatment and management of patients with opioid or other substance use disorders prior to applying for or renewing their license.

Learning Objectives: At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Describe evidence-based interventions to screen for and prevent cannabis use among youth.
2. Explain youth cannabis-related terminology, formulations, and marketplace information.
3. Formulate a treatment plan for adolescents with cannabis use disorder.
4. Communicate medical cannabis science, including risks and benefits, to patients, families, and other healthcare professionals.

Content Outline and Speakers:

Module 1: Describe Evidence-Based Interventions to Prevent and Screen for Cannabis Use Among Youth

Topics covered:

- Cannabis pharmacology
- Developmental impacts and risks of cannabidiol (CBD)
- Screening and brief intervention
- Prevention

Speakers: From the 2020 AACAP Virtual Meeting: Sara J. Ward, PhD, Christopher J. Hammond, MD, PhD, Peter R. Jackson, MD, Jesse D. Hinckley, MD, PhD; Paula Riggs, MD 2021 AACAP’s 68th Annual Meeting
Module 2: Explain Youth Cannabis-Related Terminology, Formulations, and Marketplace Information

Topics covered:

- Cannabis terminology and forms of use
- Marijuana “math” and marketplace information
- CBD products, rate of use, and attitudes

Speakers: From the 2020 AACAP Virtual Meeting: David L. Atkinson, MD, Joseph S. Lee, MD, Christopher J. Hammond, MD

Module 3: Formulate a Treatment Plan for Adolescents With Cannabis Use Disorder

Topics covered:

- How to formulate a treatment plan
- Confidentiality
- Establishing rapport
- Withdrawal symptom management
- Drug testing and higher levels of care

Speakers: From the 2020 AACAP Virtual Meeting: Jesse D. Hinckley, MD, PhD, David L. Atkinson, MD, Peter R. Jackson, MD; Recording this Clinical Essentials: Kevin Gray, MD

Module 4: Communicate Medical Cannabis Science Risks and Benefits to Patients, Families, and Other Health Professionals

Topics covered:

- Evidence-based uses
- Adult vs. youth use
- Myths, risks, benefits
- Marketing

Speakers: Timothy E. Wilens, MD: AACAP’s 66th Annual Meeting; A. Lee Lewis, MD: 2020 AACAP Virtual Meeting