

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

W W W . A A C A P . O R G

**Clinical Essentials on Cannabis Use Disorder in Children and Adolescents**

**Course Design:** 4 modules (videos) tailored to the course learning objectives, followed by an 15-question post-test.

**Learning Objectives:** At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Describe evidence-based interventions to screen for and prevent cannabis use among youth.
2. Explain youth cannabis-related terminology, formulations, and marketplace information.
3. Formulate a treatment plan for adolescents with cannabis use disorder.
4. Communicate medical cannabis science, including risks and benefits, to patients, families, and other healthcare professionals.

*Content Outline and Speakers:*

**Module 1: Describe Evidence-Based Interventions to Prevent and Screen for Cannabis Use Among Youth**

Topics covered:

- Cannabis pharmacology
- Developmental impacts and risks of cannabidiol (CBD)
- Screening and brief intervention
- Prevention

*Speakers:* From the 2020 AACAP Virtual Meeting: Sara J. Ward, PhD, Christopher J. Hammond, MD, PhD, Peter R. Jackson, MD, Jesse D. Hinckley, MD, PhD; Paula Riggs, MD 2021 AACAP's 68th Annual Meeting

## **Module 2: Explain Youth Cannabis-Related Terminology, Formulations, and Marketplace Information**

Topics covered:

- Cannabis terminology and forms of use
- Marijuana “math” and marketplace information
- CBD products, rate of use, and attitudes

*Speakers:* From the 2020 AACAP Virtual Meeting: David L. Atkinson, MD, Joseph S. Lee, MD, Christopher J. Hammond, MD

## **Module 3: Formulate a Treatment Plan for Adolescents With Cannabis Use Disorder**

Topics covered:

- How to formulate a treatment plan
- Confidentiality
- Establishing rapport
- Withdrawal symptom management
- Drug testing and higher levels of care

*Speakers:* From the 2020 AACAP Virtual Meeting: Jesse D. Hinckley, MD, PhD, David L. Atkinson, MD, Peter R. Jackson, MD; Recording this Clinical Essentials: Kevin Gray, MD

## **Module 4: Communicate Medical Cannabis Science Risks and Benefits to Patients, Families, and Other Health Professionals**

Topics covered:

- Evidence-based uses
- Adult vs. youth use
- Myths, risks, benefits
- Marketing

*Speakers:* Timothy E. Wilens, MD: AACAP’s 66th Annual Meeting; A. Lee Lewis, MD: 2020 AACAP Virtual Meeting