

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

W W W . A A C A P . O R G

**Clinical Essentials on Advancing Anti-Racism and Social Justice Action Among  
Child and Adolescent Psychiatrists**

**Course Design:** 1 module with a 1.5-hour video tailored to the course learning objectives, followed by a 6-question post-test. The materials for this course were reviewed and selected by AACAP's Clinical Essentials Committee in May of 2023.

**Learning Objectives:** At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Describe the science around impacts of racism and discrimination.
2. Explain the importance of talking about race, racism, and discrimination in patient health outcomes.
3. Obtain the necessary skills to be able to support families and colleagues in thoughtfully starting these conversations on race and social determinants of health (SOH).
4. Identify the relevance of social justice in mental health in order to re-examine mental health and illness in the context of US society.
5. Self-evaluate the concept of social justice advocacy in order to identify action steps that can be taken to advance justice.

**Module 1 – Lectures, Speakers, and Topics**

***Structural and Systemic Racism – What Can We Do About It?***

Wanjiku FM Njoroge, MD: AACAP's Douglas B. Hansen, MD, 46th Annual Update Course

- Current and future racial and ethnic demographics
- Common language and definitions
- Effects on early childhood outcomes
- Action-items

***Social (In)Justice & Children's Mental Health***

Sarah Y. Vinson, MD: AACAP's Douglas B. Hansen, MD, 46th Annual Update Course

- Helpful definitions
- Poverty and child trauma
- Juvenile justice and the education system
- How to engage in action and advocacy