

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

W W W . A A C A P . O R G

**Clinical Essentials on Anxiety in Children and Adolescents**

**Course Design:** 1 module with 2.25-hours of video tailored to the course learning objectives, followed by a 16-question post-test. The materials for this course were reviewed and selected by AACAP's Clinical Essentials Committee in December 2023.

**Learning Objectives:** At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Describe the typical course, clinical presentations, and risk factors of various anxiety disorders.
2. Explore the approach to screening, assessment, and diagnosing anxiety disorders.
3. Identify pharmacological and non-pharmacological treatment strategies for children with anxiety disorders.

**Lectures, Titles, and Speakers from AACAP's 70th Annual Meeting**

***Overview of Pediatric Anxiety Disorders***

John T. Walkup, MD

***Navigating the Complexities of Psychopharmacologic Treatment of Pediatric Anxiety Disorders: A Closer Look at Response and Tolerability***

Jeffrey R. Strawn, MD

***Cognitive-Behavioral and Behavioral Interventions for Youth Anxiety Disorders***

John C. Piacentini, PhD