Clinical Essentials on Anxiety in Children and Adolescents

Course Design: 1 module with 2.25-hours of video tailored to the course learning objectives, followed by a 16-question post-test. The materials for this course were reviewed and selected by AACAP’s Clinical Essentials Committee in December 2023.

Learning Objectives: At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Describe the typical course, clinical presentations, and risk factors of various anxiety disorders.
2. Explore the approach to screening, assessment, and diagnosing anxiety disorders.
3. Identify pharmacological and non-pharmacological treatment strategies for children with anxiety disorders.

Lectures, Titles, and Speakers from AACAP’s 70th Annual Meeting

Overview of Pediatric Anxiety Disorders
John T. Walkup, MD

Navigating the Complexities of Psychopharmacologic Treatment of Pediatric Anxiety Disorders: A Closer Look at Response and Tolerability
Jeffrey R. Strawn, MD

Cognitive-Behavioral and Behavioral Interventions for Youth Anxiety Disorders
John C. Piacentini, PhD