

AMERICAN ACADEMY OF  
CHILD & ADOLESCENT  
PSYCHIATRY

W W W . A A C A P . O R G

**Clinical Essentials on Integrating Youth Substance Use Treatment into Your Practice**

**Course Design:** 5 modules for a total of 4 hours and 10 minutes of video tailored to the course learning objectives, followed by a 21-question post-test. The materials for this course were reviewed and selected by AACAP's Clinical Essentials Committee in December 2025.

**Learning Objectives:** At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Identify the adverse impact of substance use disorders (SUD) related to stigma, including identification and treatment of adolescent SUD. Discuss strategies to address SUD stigma.
2. Utilize questionnaires to screen for adolescent substance use, implement systematic screening into practice, and provide a comprehensive assessment of substance use and SUD.
3. Use American Society of Addiction Medicine (ASAM) criteria to recommend the appropriate level of substance use care.
4. Identify adverse effects associated with substance use and drug overdose. Apply strategies to decrease risk associated with adolescent substance use.
5. Summarize evidence-based psychotherapy and psychopharmacology treatments for youth with SUD and co-occurring psychiatric disorders.

**Lectures, Titles, and Speakers from AACAP's 2025 Annual Meeting**

**Module 1: Overview and Strategies to Reduce Stigma**

- Overview of the state of adolescent substance use and disorders
- Strategies to reduce stigma and increase family communication

**Speakers:**

- Amy Yule, MD: Boston Medical Center, Boston, MA
- Patrice K. Malone, MD, PhD: Columbia University, New York, NY
- Peter Jackson, MD: University of Vermont Larner College of Medicine, Burlington, VT

**Module 2: Screening Tools and Levels of Care**

- Screening tools and successfully implementing screening in various settings
- Levels of care

**Speakers:**

- Abita Raj, MD: UMass Chan Medical School, Worcester, MA

### **Module 3: Strategies to Decrease Risk**

- Adverse events associated with substance use
- Strategies to decrease risk

#### ***Speakers:***

- Amy Yule, MD: Boston Medical Center, Boston, MA

### **Module 4: Psychosocial Interventions**

- Family therapy, cognitive-behavioral therapy, motivational interviewing, contingency management
- Recommendations to reduce disparity and provide culturally informed care

#### ***Speakers:***

- Scott Hunter, MD, MHS: Los Angeles County Department of Mental Health, Los Angeles, CA

### **Module 5: Medication Management**

- Substance use treatment overview
- Pharmacotherapy for substance use disorders including alcohol, cannabis, and opioid use disorders
- Pharmacotherapy for co-occurring SUDs and psychiatric disorders, including ADHD, depression, and bipolar disorder

#### ***Speakers:***

- Patrice K. Malone, MD, PhD: Columbia University, New York, NY