Content Overview

Clinical Essentials on Chronic Pain Management in Children and Adolescents

Course design: This course consists of a two-hour video followed by a post-test with 5 CME questions.

Pediatric Medicine Update: A Biopsychosocial Approach to Pediatric Chronic Pain
Monique Viera Ribeiro, MD: 2018 AACAP’s 65th Annual Meeting

- Review of distinction between acute and chronic pain
- Epidemiology
- Etiology of pain response
- Pharmacologic and nonpharmacologic approaches to pain management

Pediatric Medicine Update: Pediatric Palliative Care for the Child Psychiatrist
Natalie Jacobowski, MD: 2018 AACAP’s 65th Annual Meeting

- Definition and overview of palliative and hospice care
- Child psychiatrist’s role in pediatric palliative care
- Medication and symptom management

Breaking the Fear Avoidance Cycle: Exposure Treatment for Youth With Chronic Pain
Laura E. Simons, PhD: 2019 AACAP’s 66th Annual Meeting

- Specific interventions for chronic pain
- GET- Living Model

Pain Out of Proportion: Evidence-based Interventions for Poorly Controlled or Medically Unexplained Pain
Lisa Hutchison, MD: 2017 AACAP’s 64th Annual Meeting

- Family-based treatment
- Challenges of team-based management