

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

W W W . A A C A P . O R G

Clinical Essentials on Increasing Motivation and Decreasing Stigma Among Youth With Substance Use Disorders

Course Design: This course consists of 4-question pre-test, followed by 2 modules with a total viewing time of 1 hour and 52 minutes of video, specifically designed to meet the course learning objectives. Each module is followed by a post-test, with a total of 18 questions across the modules. The materials for this course were reviewed and selected by AACAP's Clinical Essentials Committee in December 2023.

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Learning Objectives: At the conclusion of this continuing medical educational activity, the participant will be able to:

1. Explain the impact that stigma and bias play as barriers to prevention and treatment of substance use disorders among children, adolescents, and families.
2. Acquire skills to decrease stigma in clinical practice.
3. Identify different strategies for working with unmotivated/resistant drug-using adolescents and their families.
4. Describe strategies for improving motivation and engagement in prevention and treatment of substance use disorders.

Lectures, Titles, and Speakers from AACAP's 70th Annual Meeting

Module 1: Addressing Stigma and Bias

Addressing the Impact of Stigma on Providers

Amy Yule, MD

Shame, Blame, and Fame

Peter Jackson, MD

Module 2: Increasing Motivation in Treatment Resistant Youth

Unmotivated to Quit: Strategies to Assess Readiness to Change and Engage Motivated Youth

Jesse D. Hinckley, MD, PhD

Adopting Motivational Interviewing in the Adolescent Population with Substance Use Disorders

Scott Krakower, DO

Harm Reduction Approaches for Unmotivated or Treatment Resistant Drug Using Youth

David Atkinson, MD

Supporting Parent and Family Interventions When Teens Struggling With Substance Use Don't Want Treatment

Peter Jackson, MD