Clinical Essentials on Positive Parenting Practices

Lecture presented by John T. Walkup, MD

This lecture is 74 minutes in length and covers the following:

Part 1: The role of power struggles and inadequate supervision in maintaining problematic behaviors.

- Power Struggles
  - Negative Reinforcement
  - Positive Reinforcement
  - Reciprocal, Coercive Interactions and Pathologic Behaviors
- Supervision
  - Developing Maladaptive Patterns
- Why Parenting is the Solution & Summary

Part 2: The core components of parent behavioral management training (PBMT).

- Evidence-Based Parenting Strategies
- Overview of Behavior Programs for Children

Part 3: PBMT skills as part of a daily routine with families.

- Creating Expectations
- Implementation
  - Monitoring Systems
  - Rewards
  - Parental Non-Adherence
  - Non-Routine Occasions
- Benefits & Summary