

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

W W W . A A C A P . O R G

Clinical Essentials on Positive Parenting Practices

Lecture presented by John T. Walkup, MD

This lecture is 74 minutes in length and covers the following:

Part 1: The role of power struggles and inadequate supervision in maintaining problematic behaviors.

- Power Struggles
 - Negative Reinforcement
 - Positive Reinforcement
 - Reciprocal, Coercive Interactions and Pathologic Behaviors
- Supervision
 - Developing Maladaptive Patterns
- Why Parenting is the Solution & Summary

Part 2: The core components of parent behavioral management training (PBMT).

- Evidence-Based Parenting Strategies
- Overview of Behavior Programs for Children

Part 3: PBMT skills as part of a daily routine with families.

- Creating Expectations
- Implementation
 - Monitoring Systems
 - Rewards
 - Parental Non-Adherence
 - Non-Routine Occasions
- Benefits & Summary