Registration & Program

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Join us at AACAP’s 66th Annual Meeting!

On behalf of the Program Committee and the entire AACAP Staff, we’re looking forward to seeing all of you at AACAP’s 66th Annual Meeting, October 14–19, at the Hyatt Regency Chicago in Chicago, Illinois.

We have an impressive lineup of educational and innovative sessions to offer this year. As always, the large majority of our sessions are accredited for continuing medical education (CME) credit; therefore, attendees can receive up to 50 CME credits by attending the entire meeting.

We look forward to providing attendees with:

- **Complimentary wireless internet** throughout the meeting space and guest rooms at the Hyatt Regency Chicago as well as in the guest rooms at the Radisson Blu Aqua Hotel.

- **The newly updated AACAP App** allows you to fully navigate the meeting without paper (including electronic session evaluations), plus interactive features such as attendee messaging, Twitter, and audience response sessions.

- **Online tools** to access a variety of meeting-related documents and to plan your schedule for the meeting.

- **Wellness Initiative**, allows attendees to take advantage of the twice daily yoga and mindfulness meditation classes, as well as exercise in and around Chicago. See page 11 for more details!

- **CME tracking through Pathways** allows you to track your AACAP as well as other organizations’ CME credits all in one place through our online learning portal (https://www.aacap.org/pathways).

- **Programming on Depression**, tying into Dr. Wagner’s Presidential Initiative. View the online program schedule to find the listing of depression-related programming at www.aacap.org/AnnualMeeting-2019.

We are also pleased to welcome your families to exciting Chicago! Please visit the AACAP Annual Meeting website for information on fun Chicago activities for children and adults alike.

With important ongoing changes in the field regarding depression screening, excessive use of electronics, gun violence, school shootings, AACAP’s desire to address the tremendous unmet mental health needs of migrant children and families at the border, and updated research in complementary medicine and psychopharmacology, mental healthcare professionals can’t afford to miss this year’s Annual Meeting in Chicago. Please visit www.aacap.org/AnnualMeeting-2019 for more information!

Be sure to register by September 12 to take advantage of early bird rates.

Looking forward to seeing you in Chicago,
Systems of Care Special Program

The Opioid Epidemic, Parents With Substance Use and Abuse, and the Child Welfare System: Creating Responsive Systems of Care

Monday, October 14
8:30 am–4:30 pm (ticket)
Chairs: Lisa R. Fortuna, MD, MPH, Justine Larson, MD
Speakers: Justine Larson, MD, Debra Waldron, MD, Allen Joseph Brenzel, MD, MBA, Henrietta Bada, MD, Beverly Bryant, MD, Nancy Byatt, DO, MBA, MS, Eileen Costello, MD, Gary Blau, PhD

This special session focuses on the impact of parental substance use and the opioid epidemic on children and child-serving systems of care, including the child welfare system, which has been experiencing rising caseloads since 2012 after more than a decade of decline. We consider the role of child welfare agencies, substance use disorder treatment programs, family courts, pediatric health services, public health, and other community partners in addressing the needs of children and families affected by addictions. Presenters highlight the ways child and adolescent psychiatry can participate in addressing the complex needs of families struggling with substance use, challenges, opportunities, and ethical questions in working with parents in recovery, and the response required of child-serving and family-serving systems of care.

Sponsored by AACAP’s Community-Based Systems of Care Committee, Adoption and Foster Care Committee, and Substance Use Committee

Research Symposium

Advances in the Genetics of Neurodevelopmental Disorders: Translating Findings to the Clinic

Tuesday, October 15
6:30 pm–8:30 pm (open)
Chairs: Ellen J. Hoffman, MD, PhD, David Cochran, MD, PhD
Sponsored by AACAP’s Research Committee

The Revolution Has Begun: Autism, Genomics, and the Advancing Science of Neurodevelopmental Disorders

Speaker: Matthew State, MD, PhD, University of California, San Francisco

Dr. State is the Oberndorf Family Distinguished Professor of Psychiatry, Chair of the Department of Psychiatry, President of the Langley Porter Psychiatric Institute, and member of the Weill Institute for Neurosciences at the University of California, San Francisco. He is a board-certified child and adolescent psychiatrist and human geneticist. Over the past 15 years, his laboratory has played a leading role in elaborating the contribution of rare and de novo mutations to the etiology of autism spectrum and Tourette’s disorders. He has been the recipient of numerous awards, including the AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities, the Ruane Prize from the Brain and Behavior Research Foundation, and the Sarnat International Prize in Mental Health from the US National Academy of Medicine. He was elected to membership in the National Academy of Medicine (NAM) in 2013.

Harnessing an Autism Genomic Revolution in the Here and Now: Personalized Medicine, Risk-Based Counseling, and What to Do About Polygenic Risk

Speaker: John N. Constantino, MD, Washington University in St. Louis

Dr. Constantino is the Blanche F. Ittleson Professor of Psychiatry and Pediatrics at Washington University in St. Louis, where he directs the William Greenleaf Eliot Division of Child Psychiatry, co-directs an NICHD Intellectual and Developmental Disabilities Research Center, and serves as Psychiatrist-In-Chief of St. Louis Children’s Hospital. He completed a triple board residency (pediatrics, psychiatry, and child psychiatry) at Bronx Municipal Hospital in New York and the Albert Einstein College of Medicine. His work has focused on understanding genetic and environmental influences on disorders of social development in childhood, and their implications for preventive intervention. He and his scientific team developed and advanced methods for measuring autistic symptoms as quantitative traits, allowing patterns of transmission of inherited susceptibility to be traced in families and large populations. These methods are now in standard use in laboratories around the world, and their findings have helped elucidate the genetic structure of autism spectrum disorders.
Karl Menninger, MD, Plenary
Emotion Regulation in Children—Coming Together to Treat the Sickest Kids

Wednesday, October 16
8:00 am–9:45 am (open)
Chair: Karen Dineen Wagner, MD, PhD, AACAP President, presiding
Speaker: Gabrielle A. Carlson, MD, AACAP President-Elect

Gabrielle A. Carlson, MD
Dr. Carlson has been Professor of Psychiatry and Pediatrics at Stony Brook University School of Medicine since 1985. She founded and directed the Division of Child and Adolescent Psychiatry until 2013. She trained at Cornell, Washington University-St. Louis, National Institute of Mental Health, and UCLA’s Division of Child and Adolescent Psychiatry, and has written over 250 papers and chapters on mood disorders in children. She has been awarded APA's Blanche F. Ittleson Award for research, Agnes Purcell McGavin Award for Prevention, and AACAP's Virginia Q. Anthony Outstanding Woman Leader Award.

Dr. Carlson specializes in childhood psychopathology and psychopharmacology in general, and the subjects of childhood and adolescent depression, bipolar disorder, and suicide ideation.

Emotion dysregulation is too much emotion, too fast, for too long. For a problem that brings children to emergency rooms, inpatient units, residential and foster care, and special education, we have no agreed upon term for the behavior. Are the children irritable? Aggressive? Having a mood swing? A meltdown?

Children with these symptoms are sometimes diagnosed with bipolar disorder, but emotion dysregulation is a component of many disorders, and none provides a satisfying diagnostic home. Without an agreed-upon term for the behaviors, we lack a treatment target. This in turn impacts how children are treated and how funding and regulatory agencies such as the US Food and Drug Administration pursue research into treatment options. Existing policies, although well-intended, often focus on what not to do; there is limited guidance for what should be done.

Children with emotion dysregulation require the best diagnostic acumen. Management requires an understanding of the child’s development, temperament, family and social dynamics, and coordination of systems of care. Dr. Carlson plans to bring together the best minds in our field to begin to address some of these issues and improve treatment outcomes for children and their families.

The Karl Menninger, MD, Plenary is supported by Ronald K. Filippi, MD, in honor of his mentor, Karl Menninger, MD.

Questions? Email meetings@aacap.org

Catchers In The Rye Humanitarian Award
Anne M. Burke, JD, is the recipient of the 2019 AACAP Catchers in the Rye Humanitarian Award. Illinois Supreme Court Justice Burke is a remarkable humanitarian who has been “brave in the attempt” to overcome her disabilities and win, while doing so much for children in Illinois and around the world.

Justice Burke is a member of the Illinois Supreme Court’s First Judicial District. She was appointed to the Supreme Court on July 6, 2006, was elected in 2008, and was retained in November 2018. Prior to joining the Supreme Court, Justice Burke was appointed to the Appellate Court in 1995 and was elected the following year to the Appellate bench where she served until July 5, 2006. Her judicial career began earlier, in 1987, with an appointment to the Illinois Court of Claims by Governor Jim Thompson. She was later reappointed by Governor Jim Edgar. Before serving on the Illinois Appellate Court, Justice Burke provided in-depth leadership in reshaping and improving the Illinois juvenile justice system. Governor Jim Edgar appointed her Special Counsel for Child Welfare Services and made her a member of his Legislative Committee on Juvenile Justice.

Prior to her judicial career, Justice Burke was a physical education teacher with the Chicago Park District where she worked with children with learning disabilities. Having recognized the positive impact that sports competition had on her students, she championed the idea of a city-wide competition. This ultimately led to the creation of the Chicago Special Olympics in 1968, and grew to become the International Special Olympics, reaching tens of millions in 172 nations across the globe. She later served as a Director of the International Special Olympics and remains involved with the Chicago Special Olympics to this day.
Noshpitz Cline History Lecture
The Emerging Genetics and Neurobiology of Mental Disorders: Interdisciplinary Challenges for Child Psychiatry

Wednesday, October 16
1:15 pm–2:45 pm (open)
Chair: David W. Cline, MD
Speaker: Steven E. Hyman, MD

Steven E. Hyman, MD, Distinguished Service Professor of Stem Cell and Regenerative Biology at Harvard University, a Core Member of the Broad Institute of Massachusetts Institute of Technology and Harvard University, and director of the Stanley Center for Psychiatric Research at the Broad. From 2001 to 2011, Hyman served as provost of Harvard University, the university’s chief academic officer. As provost, he had a special focus on establishment of collaborative initiatives in the sciences and engineering spanning multiple disciplines and institutions. From 1996 to 2001, he served as director of the U.S. National Institute of Mental Health (NIMH), where he emphasized investment in neuroscience and emerging genetic technologies and also initiated a series of large practical clinical trials that were a forerunner of comparative efficacy studies.

Dr. Hyman is president of the American College of Neuropsychopharmacology (2018–present), past president of the Society for Neuroscience (2015), the leading global association of neuroscientists, was founding president of the International Neuroethics Society (2008–2014), and served as editor of the Annual Review of Neuroscience (2002–2016). He is a member of the U.S. National Academy of Medicine where he served on the governing Council (2012–2018). For the National Academies of Sciences, Engineering, and Medicine (NASEM), he has chaired the Forum on Neuroscience and Nervous System Disorders (2012–2018), which brings together industry, government, academia, foundations, and patient groups, and serves on the Governing Board of the National Research Council, the operating arm of NASEM. In 2016, he was awarded the Rhoda and Bernard Sarnat International Prize in Mental Health by the National Academy of Medicine. He received his BA, summa cum laude, from Yale College, an MA from the University of Cambridge, and an MD, cum laude, from Harvard Medical School.

In this lecture, Dr. Hyman describes the first decade of modern psychiatric genetics, which has yielded important findings that are wending their way toward clinical relevance. Above all, it has revealed that psychiatric disorders are remarkably polygenic and thus etiologically highly heterogeneous. Nonetheless, aggregate signals, such as polygenic risk scores, can be extracted from genotyping data. Polygenic scores are biomarkers that while probabilistic and partial, can aid in stratification of cohorts for epidemiology and clinical studies. Moreover, the analyses based on polygenic scores have confirmed overlapping genetic risk among psychiatric (but not neurologic) disorders, helping explain developmental trajectories of symptom appearance and co-morbidity. Most importantly, genetics is beginning to reveal biological mechanisms leading to testable hypotheses concerning disease mechanisms, such as a potential neurodevelopmental mechanism for schizophrenia that is discussed.

Sponsored by AACAP’s History and Archives Committee and supported by David W. Cline, MD.
**James C. Harris, MD, Developmental Neuropsychiatry Forum**

**Fetal Alcohol Spectrum Disorders: Research Advances in Assessment, Diagnosis, and Treatment**

**Friday, October 18**

9:00 am–11:30 am (open)

**Chair:** Roma A. Vasa, MD, and Natasha Marrus, MD, PhD

**Speakers:** Claire D. Coles, PhD, Heather C. Olson, PhD

In this Forum, two leaders in the field of developmental psychopathology of fetal alcohol spectrum disorders (FASD) provide an overview of advances in the diagnosis and screening of FASD, research findings related to the neurobiological effects of gestational alcohol exposure, and the growing evidence base for interventions targeting educational and behavioral outcomes in FASD.

The first speaker, Claire D. Coles, PhD, is a developmental and clinical psychologist, Professor of Psychiatry and Behavioral Sciences, and Director of the Maternal Substance Abuse and Child Development Laboratory at Emory University School of Medicine. Dr. Coles has studied the behavioral teratogenic effects of prenatal alcohol and drug exposure both nationally and internationally since 1981. She has been instrumental in conducting longitudinal studies of families and children affected by FASD. Through her research, she has examined outcomes related to gestational alcohol exposure over the lifespan, identified key neurobehavioral features of FASD, developed evidence-based treatment models, and implemented a variety of community prevention activities. Dr. Coles is a member of the NIAAA-sponsored Collaborative Initiative on Fetal Alcohol Spectrum Disorders (CIFASD) and, as part of this effort, has investigated the neurobehavioral signature of FASD in clinically referred individuals as well as the benefits of nutritional supplementation during pregnancy.

The second speaker, Heather Carmichael Olson, PhD, is a developmental and clinical psychologist, and a Clinical Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington School of Medicine. Dr. Carmichael Olson is also a research scientist at the Seattle Children's Research Institute. There she directs a team that created and tested the Families Moving Forward Program, a tailored, family-focused behavioral consultation intervention with promising outcomes. Dr. Olson has authored research publications on the impact of parental substance abuse, brain-behavior relationships among youth with FASD, and outcomes such as sleep difficulties and parenting stress in this clinical population. Dr. Carmichael Olson is a practicing clinician, with 30 years of experience in assessment and treatment of birth, foster, and adoptive families raising individuals with FASD. She was a key member of the National Task Force on Fetal Alcohol Syndrome and Fetal Alcohol Effect (NTFFASFAE) that included successful submission of a proposed condition to DSM-5.

Dr. Coles describes the epidemiology, neurobiology, and neurobehavioral outcomes related to FASD, as well as current advocacy efforts to advance policies supporting evidence-based educational interventions for FASD. This sets the stage for the second speaker, Dr. Carmichael Olson, and her presentation of evidence-based and expert consensus guidelines for the assessment and treatment of FASD. Dr. Carmichael Olson specifically covers approaches to diagnostic and clinical evaluation, and current perspectives on management of this condition.
Lawrence A. Stone, MD, Plenary

Progress and Priorities in Child and Adolescent Mental Health Research

**Friday, October 18**
11:45 am–1:15 pm (open)

**Chair:** Karen Dineen Wagner, MD, PhD, AACAP President, presiding

**Speaker:** Joshua A. Gordon, MD, PhD

Joshua A. Gordon, MD, PhD

Joshua A. Gordon, MD, PhD, Director of the National Institute of Mental Health, provides an overview of progress and priorities in child and adolescent mental health research. Dr. Gordon discusses emerging approaches and future directions for this diverse field. In a time marked by increased interest in the developmental foundations of mental illnesses, Dr. Gordon highlights the importance of cross-disciplinary, integrative approaches to address the vast complexities associated with mental illnesses, as we move closer to our goal of finding effective treatments and therapies for children and adolescents.

Dr. Gordon received his MD/PhD degrees at the University of California, San Francisco and completed his psychiatry residency and research fellowship at Columbia University. He joined the Columbia faculty in 2004, as an assistant professor in the Department of Psychiatry where he conducted research, taught residents, and maintained a general psychiatry practice. In September of 2016, he became the Director of the National Institute of Mental Health.

Dr. Gordon's research focuses on the analysis of neural activity in mice carrying mutations of relevance to psychiatric disease. His lab studies genetic models of these diseases from an integrative neuroscience perspective, focused on understanding how a given disease mutation leads to a behavioral phenotype across multiple levels of analysis. To this end, he employs a range of systems neuroscience techniques, including in vivo anesthetized and awake behaving recordings and optogenetics, which is the use of light to control neural activity. His work has direct relevance to schizophrenia, anxiety disorders, and depression.

Dr. Gordon’s work has been recognized by several prestigious awards, including The Brain and Behavior Research Foundation—NARSAD Young Investigator Award, the Rising Star Award from the International Mental Health Research Organization, the A.E. Bennett Research Award from the Society of Biological Psychiatry, and the Daniel H. Efron Research Award from the American College of Neuropsychopharmacology.

The Lawrence A. Stone, MD, Plenary is named in honor of AACAP Past President and Life Fellow, Lawrence A. Stone, MD. It recognizes his leadership, vision, and passion to the mission of AACAP. Mrs. Marnette Stone endowed this plenary in loving tribute to her husband.
Neal D. Ryan, MD, is the Joaquim Puig-Antich Professor in Child and Adolescent Psychiatry at the University of Pittsburgh. He has led a number of large NIMH-funded studies of depression and anxiety in youth looking at course, psychobiology, and treatment, and resulting in over 300 publications. These studies were some of the first to explore the role of child and adolescent development in affective disorders. More recently he has expanded research efforts to explore the use of machine learning techniques in psychiatry.

Dr. Ryan currently works with Community Care Behavioral Health looking at machine learning approaches to predictive analytics with particular interest in questions related to the interaction of medical and psychiatric disorders in the Medicaid population.

In addition to his research work, for the past two decades Dr. Ryan has served as the Director of Education for the Department of Psychiatry, and for over a decade, he has led the “Child Intervention, Prevention, and Services Summer Research Institute,” an NIMH-funded institute for early career researchers.
**INSTITUTES**

Institute 1: Advanced Psychopharmacology  
*Sponsored by AACAP's Psychopharmacology Committee*  
**Tuesday, October 15**  
8:00 am–5:00 pm *(ticket)*  
**Chairs:** Adelaide Robb, MD, Mai Uchida, MD  
**Presenters:** Jeremy Veenstra-VanderWeele, MD, Mai Uchida, MD, Timothy Wiltens, MD, Emily Gray, MD, Jeffery Robert Strawn, MD, Adelaide Robb, MD, Anna Ivanenko, MD, PhD

New medications and medication combinations have expanded and enhanced the child and adolescent psychiatrist’s ability to treat psychiatric disorders in children and adolescents. However, clinicians are often unaware of some of the newest findings or struggle with complicated cases requiring more advanced psychopharmacology including monotherapy of novel agents or combined medication strategies. This Institute provides a higher level of understanding about the use of medications in general, discusses newer treatments available, and provides approaches to refractory or more complicated children and adolescents with psychopathology, e.g., attention-deficit/hyperactivity disorders, anxiety, bipolar and unipolar mood disorders, and sleep disorders. The use of pharmacotherapeutics as an adjunct treatment for eating disorders is presented. The science of second messengers and mechanisms of signal transduction involved in response to treatment is reviewed. An emphasis on applying fundamental principles of pharmacotherapy is made throughout the Institute.

Institute 2: Autoimmune Brain Disorders: Beyond the Basics  
*Sponsored by AACAP’s Physically Ill Child Committee and Triple Board and Post Pediatric Portal Programs Committee*  
**Wednesday, October 16**  
10:00 am–5:30 pm *(ticket)*  
**Chair:** GenaLynne C. Mooneyham, MD  
**Presenters:** Lisa B. Namerow, MD, Elizabeth Wells, MD, Heather A. Van Mater, MD, MSc, GenaLynne C. Mooneyham, MD, Erin Stolte, MD, David Cohen, MD, PhD, Kevin P. Young, PhD

Autoimmune brain disorders are a spectrum of illnesses characterized by inflammation of the central nervous system (CNS). Child and adolescent psychiatrists must become familiar with how to differentiate the neuropsychiatric symptoms associated with autoimmune encephalitis and other inflammatory or autoimmune brain disorders from primary psychiatric conditions. Information is presented on diagnostic categories that include multiple sclerosis, lupus cerebritis, neurosarcoidosis, neuro-bechets, sjogrens encephalitis, CNS vasculitis, and others. Participants learn about the wide range of symptoms that can indicate an autoimmune brain disorder, including personality changes, psychosis, seizures, movement disorders, cognitive decline, memory deficits, and autonomic instability. A review is made of laboratories, diagnostic procedures, and imaging that may be utilized in day-to-day patient care. Clinical case vignettes provide the foundation to give attendees specialty training in recognition of autoimmune brain disorders and formulation of a differential diagnosis.

Institute 3: A Clinical Update of Intellectual Developmental Disorder: Assessment and Management of Core and Co-occurring Features  
*Sponsored by AACAP’s Autism and Intellectual Disability Committee*  
**Wednesday, October 16**  
10:00 am–6:00 pm *(ticket)*  
**Chair:** Kathleen A. Koth, DO  
**Discussant:** James C. Harris, MD  
**Presenters:** James C. Harris, MD, Kathleen A. Koth, DO, Ernest Pedapati, MD, Lee E. Wachtel, MD, Jana Dreyzehner, MD, Katy Stratigos, MD, Kyle P. Johnson, MD, Leslie Walker-Hirsch, IMEd

Participants receive current, evidence-based information on the diagnosis and treatment of children and adolescents with intellectual developmental disorder (IDD) and co-occurring psychopathology. An IDD diagnosis uses adaptive functioning, how a person copes with common everyday tasks, not an IQ score. Common tasks in conceptual, social, and practical domains are all examined to determine diagnosis and level of severity, allowing the clinician to be more specific with the diagnosis and indicate to others what the individual is able to accomplish in a given setting. Participants learn to identify and assess common co-occurring psychopathology seen in psychiatric practice, including anxiety, attention-deficit/hyperactivity disorders, mood disorder, and irritability, with an emphasis on the two most common clinical issues affecting families and patients with IDD—sleep and sexuality. Participants learn about treatment management options that can improve quality of life for caregivers and patients with IDD.

Institute 4: Lifelong Learning Institute: Module 16: Relevant Clinical Updates for Child and Adolescent Psychiatrists  
*Sponsored by AACAP’s Lifelong Learning Committee*  
**Thursday, October 17**  
8:00 am–4:30 pm *(ticket)*  
**Chairs:** Jeffery I. Hunt, MD, Sandra B. Sexson, MD  
**Presenters:** Scott Leibowitz, MD, Nicholas Carson, MD, DFAACAP, Cheryl S. Al-Mateen, MD, Daniel P. Dickstein, MD, Christopher Thomas, MD, John T. Walkup, MD
This Institute previews AACAP’s Lifelong Learning Module 16, which consists of 35 journal articles gleaned from recent publications that focus on current issues in child and adolescent psychiatry, including psychopharmacological and psychotherapeutic practice. Keeping abreast of the most up-to-date information in the field of psychiatry is necessary for child and adolescent psychiatrists to maintain their American Board of Psychiatry and Neurology (ABPN) certification. The Institute assists members in staying current on issues relevant to the evidence-based practice of child and adolescent psychiatry while also meeting lifelong learning and self-assessment requirements of Maintenance of Certification (MOC). Leading experts review the research and discuss the applications of psychopharmacological and psychotherapeutic interventions to clinical practice. Attendees are able to update their own practice to reflect recent research developments in the field.

Institute 5: Research Institute: Techno-Psychiatry: Child Psychiatry in the Digital Age
Sponsored by AACAP’s Research Committee
Thursday, October 17
8:00 am–5:00 pm (ticket)
Chairs: Rasim Somer Diler, MD, Kevin M. Gray, MD
Presenters: John Torous, MD, Eric Youngstrom, PhD, Paul Weigle, MD, David Grodberg, MD, David Mohr, PhD, Helen L. Egger, MD, Trisha Prabhu, Rasim Somer Diler, MD

The Research Institute presents current evidence and emerging tools, processes, and analyses related to the rapidly growing technological advancement in child and adolescent psychiatry. These advances in information technology, software, and hardware engineering make it possible to employ technology to improve both research and clinical care. Participants become familiar with the strengths, challenges, and promises of novel technopsychiatry practices in the digital age; discuss the growing interest in capturing digital biomarkers from smartphones, wearables, and social media; and improve their understanding of ethical issues and client perspectives regarding the use of technology in research and clinical practice. Clinicians learn about the latest research to guide the assessment and treatment of children using technological advancements; and researchers receive updates on emerging tools, analytical techniques, consumer engagement, and innovative and translational approaches in the area. Ample time is planned into the schedule throughout the day for question and answer sessions.

Institute 6: An Update on Advances in Psychiatric Care of Children With Epilepsy
Sponsored by AACAP’s Physically Ill Child Committee
Friday, October 18
8:00 am–5:00 pm (ticket)
Chair: Sigita Plioplys, MD
Presenters: Anne T. Berg, PhD, Priyamvada Tattachar, MD, MBBS, Linda Laux, MD, Frank Zelko, PhD, Sigita Plioplys, MD, Tatiana Falcone, MD, Khayti Brahmbhatt, MD

Participants receive current evidence-based and clinical research data about children with epilepsy (CWE). Presentations review the high prevalence of epilepsy in children, advances in epilepsy classification, diagnostic methods for early identification, treatment protocols, and effective management. There is a detailed review of the most common cognitive and psychiatric comorbidities in CWE. A pragmatic approach breaks epilepsies down by age of onset, showing half or more of epilepsies occurring in the first year of life include some of the most debilitating disorders with severe seizures, intellectual disability, autism, attention-deficit/ hyperactivity disorders, and disruptive behaviors. Material presented include the use of neuropsychological assessment to plan educational and therapeutic interventions; monitoring cognitive status as an indicator of epilepsy course and treatment response; planning transition to and following high school; and providing input to epilepsy surgery evaluation.

Institute 7: ASD Update for the Clinician: From Diagnosis to Clinical Management
Sponsored by AACAP’s Autism and Intellectual Disability Committee
Friday, October 18
8:00 am–5:00 pm (ticket)
Chairs: Gagan Joshi, MD, Roma A. Vasa, MD
Presenters: Gagan Joshi, MD, Rebecca Muhle, MD, PhD, McLeod F. Gwynette, MD, James T. McCracken, MD, Roma A. Vasa, MD, Jeremy Veenstra-VanderWeele, MD, Kelly McGuire, MD, MPA

Child and adolescent psychiatrists, psychologists, and other medical professionals seeking up-to-date information on clinical diagnosis and treatment of autism spectrum disorder (ASD) benefit from attending this Institute. Clinicians receive a practical review of current research in ASD and acquire information on the clinical diagnostic approach, the use of the genetic work-up for establishing the diagnosis, and current treatment perspectives. Specific attention is given to identification and management of frequently co-occurring psychiatric conditions, such as anxiety. Participants learn to design appropriate multi-modal individual treatment plans that encompass educational, behavioral, and psychopharmacological therapeutic interventions for ASD and co-occurring psychiatric conditions in children. Presentations also look at information and resources that can help parents facilitate treatment planning to improve functioning, integration, and management of the challenging behaviors associated with ASD.

Institute 8: Impact of Child Maltreatment: Child and Adolescent Psychiatry Role in Risk, Resiliency, and Systems of Care
Sponsored by AACAP’s Adoption and Foster Care Committee, Child Maltreatment and Violence Committee, and Children and the Law Committee
Saturday, October 19
8:00 am–4:00 pm (ticket)
Chairs: Wynne S. Morgan, MD, Jeanette M. Scheid, MD, PhD
Discussant: Diane Lanni
Presenters: Martin Teicher, MD, PhD, Charles H. Zeanah, MD, Heather C. Forkey, MD, Jeanette M. Scheid, MD, PhD, Eraka Bath, MD, Terry Git Lee, MD, John Sargent, MD

This Institute gives child and adolescent psychiatrists a strong foundation in the knowledge and skills needed to engage as leaders in the complex systems serving children and adolescents exposed to maltreatment. Participants learn how to mitigate the impact of maltreatment exposure and support resiliency from early childhood through young adulthood. The biological, psychological, and sociological impact of maltreatment on the developing child and adolescent is discussed. National experts on child maltreatment and systems of care present established and emerging science in the field, focusing on critical developmental periods and the connection between maltreatment and functional changes within the brain. The critical role of screening for maltreatment in the primary care setting, effective approaches to assessment, and recognition of when to seek a referral are discussed. Also covered are the factors that challenge successful transition into adulthood for children who have spent formative years within the foster care system.

Questions? Email meetings@aacap.org

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DEPRESSION PROGRAMS

AACAP President Karen Dineen Wagner, MD, PhD, entitled her AACAP Presidential Initiative, Depression Awareness and Screening in Children and Adolescents. The initiative involves educating child and adolescent psychiatrists on the best resources and tools to engage families, youth, and other clinicians in treating and addressing depression. Here is a sampling of the programs on the Annual Meeting schedule dedicated to this topic.

Clinical Perspectives 8: Reaching Vulnerable Youth and Families in Schools, Transitional Housing, and Clinics to Bolster Resilience and Reduce Depression and Stress
Tuesday, October 15
9:00 am–11:30 am (open)
Chair: Lauren Marlotte, PsyD

Workshop 10: Integrating Diagnostic Assessment and Treatment of Perinatal Depression into a Child Psychiatry Practice
Wednesday, October 16
10:00 am–1:00 pm (ticket)
Chairs: Diane M. Misch, MD, Rhapsody Mason, LCSW

Clinical Case Conference 5: Who's the Parent? Depression and Anxiety in Adolescent Caregivers
Sponsored by AACAP’s Adolescent Psychiatry Committee
Wednesday, October 16
3:00 pm–5:00 pm (open)
Chair: Liwei Hua, MD, PhD

Symposium 20: Complementary and Integrative Medicine and Depression: Role of the Gut-Brain Axis, Omega-3 Fatty Acids, Micronutrients and Light Therapy
Sponsored by AACAP’s Health Promotion and Prevention Committee, Psychopharmacology Committee, and Complementary and Integrative Medicine Committee
Thursday, October 17
9:00 am–11:30 am (open)
Chair: Deborah R. Simkin, MD

Clinical Perspectives 42: Using Collaborative Care Models to Increase Engagement, Training, and Support for Primary Care Physicians in the Screening and Treatment of Adolescent Depression
Thursday, October 17
1:30 pm–4:00 pm (open)
Chair: Janet C. Chen, MD

Clinical Perspectives 49: Practical Approaches to Addressing Mental Health Stigma in Ethnically Diverse Youth and Families Suffering From Depression
Sponsored by AACAP’s Diversity and Culture Committee
Friday, October 18
9:00 am–11:30 am (open)
Chairs: Gabrielle Shapiro, MD, Patrice Malone, MD, PhD

Clinical Perspectives 52: Working With Complex Families and Gender Dysphoria: Preventing Depression and Navigating Gender Transition
Sponsored by AACAP’s Rural Psychiatry Committee, Sexual Orientation and Gender Identity Issues Committee, and Family Committee
Friday, October 18
9:00 am–11:30 am (open)
Chair: Erin L. Belfort, MD

Symposium 35: DMDD and Borderline Personality Disorder: In Search of the Missing Link
Friday, October 18
1:30 pm–4:00 pm (open)
Chair: Xavier Benarous, MD

Presidential Interview:
Karen Dineen Wagner, MD, PhD, Interviews Neal D. Ryan, MD
Saturday, October 19
11:45 am–1:15 pm
Chair: Karen Dineen Wagner, MD, PhD
In an effort to encourage the personal good health and wellness of our own AACAP members, the Program Committee is continuing to infuse a wellness theme into the Annual Meeting. Special activities include:

- Special run, walk, and bike events in Chicago
- Yoga classes each morning and evening
- Meditation classes each morning and evening
- CME sessions about wellness for physicians and their patients
- Special wellness-related activities, including papercutting, poetry writing, book club, weaving, and mindfulness drawing

Clinical Practicum

**Compass Health Center: An Integrated, Cost-Effective Care Model for Partial Hospitalization and Intensive Outpatient Programs**

*Sponsored by AACAP’s Local Arrangements Committee*

**Thursday, October 17**

**9:00 am–5:30 pm (ticket, members only)**

**Location:** Compass Health Center  
**Ticket price:** $40 per person

Compass Health Center is a psychiatry-driven Partial Hospitalization Program (PHP)/Intensive Outpatient Program (IOP) facility with two locations—Northbrook and Chicago, IL. Compass’ mission is to provide intensive treatment to patients suffering from depression, bipolar disorder, anxiety, obsessive-compulsive disorder (OCD), trauma and substance use, as well as debilitating symptoms from other DSM-5 diagnoses. They deliver specialized programming to treat children (6+), adolescents, young adults, and adults. Their treatment is evidence-based, drawing from multiple modalities including Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT), Cognitive Processing Therapy (CPT), psychodynamic psychotherapy, family therapy, and psychopharmacology.

During this full-day practicum, Compass provides access to, and education from, various clinical specialists. The morning session focuses on services for children and the afternoon session focuses on adolescents, allowing ample time for questions and dialogue with clinical staff. Each module includes lectures, trainings, and discussions. Learn how to effectively work in an integrated PHP and IOP model that employs the lens of psychiatry, evidence-based therapy, and patient experience.

Lunch, as well as transportation to and from the Hyatt Regency Chicago, is provided.
# Meeting at a Glance

Please note: educational programming varies in session length. Refer to the online program schedule (www.aacap.org/AnnualMeeting-2019) for the exact start and end times of each session.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MON, OCT 14</strong></td>
<td>8:30 am–4:30 pm</td>
<td>Systems of Care Special Program: The Opioid Epidemic, Parents With Substance Use and Abuse, and the Child Welfare System: Creating Responsive Systems of Care</td>
</tr>
<tr>
<td></td>
<td>4:00 pm–6:00 pm</td>
<td>Registration Open</td>
</tr>
<tr>
<td><strong>TUESDAY, OCTOBER 15</strong></td>
<td>7:00 am–5:30 pm</td>
<td>Registration Open</td>
</tr>
<tr>
<td></td>
<td>8:00 am–4:00 pm</td>
<td>Assembly of Regional Organizations</td>
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<tr>
<td></td>
<td>8:00 am–5:00 pm</td>
<td>Institute 1: Advanced Psychopharmacology</td>
</tr>
<tr>
<td></td>
<td>9:00 am–12:00 pm</td>
<td>Clinical Case Conferences, Clinical Perspectives, Media Theatre, Member Services Fora, Symposia, and Workshops</td>
</tr>
<tr>
<td></td>
<td>1:30 pm–4:30 pm</td>
<td>Clinical Case Conferences, Clinical Perspectives, Media Theatre, Member Services Fora, Symposia, and Workshops</td>
</tr>
<tr>
<td></td>
<td>4:00 pm–5:30 pm</td>
<td>Medical Students, Residents, and Fellows: Meet Life Member Mentors at the 2019 AACAP Annual Meeting</td>
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<tr>
<td></td>
<td>5:30 pm–6:30 pm</td>
<td>Networking for International Attendees and Presentation of International Awards</td>
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<tr>
<td></td>
<td>6:00 pm–7:00 pm</td>
<td>Medical Student and Resident Networking Hour</td>
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<tr>
<td></td>
<td>6:00 pm–9:00 pm</td>
<td>Media Theatre: Crazy Rich Asians: Analyzing Clashes of Culture and Tradition Beyond Ethnicity</td>
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<td>6:30 pm–8:30 pm</td>
<td>Research Symposium: Advances in the Genetics of Neurodevelopmental Disorders: Translating Findings to the Clinic</td>
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<td><strong>WEDNESDAY, OCTOBER 16</strong></td>
<td>7:00 am–5:30 pm</td>
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<tr>
<td></td>
<td>8:00 am–9:45 am</td>
<td>Karl Menninger, MD, Plenary: Emotion Regulation in Children—Coming Together to Treat the Sickest Kids—Gabrielle A. Carlson, MD</td>
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<td>10:00 am–1:00 pm</td>
<td>Clinical Case Conference, Clinical Perspectives, Media Theatre, Member Services Forum, Symposia, and Workshops</td>
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<td></td>
<td>10:00 am–5:00 pm</td>
<td>Exhibit Hall Open</td>
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<td></td>
<td>10:00 am–6:00 pm</td>
<td>Institute 2: Autoimmune Brain Disorders: Beyond the Basics</td>
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<td>10:00 am–6:00 pm</td>
<td>Extended Workshops</td>
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<td></td>
<td>10:00 am–6:00 pm</td>
<td>Institute 3: A Clinical Update of Intellectual Developmental Disorder: Assessment and Management of Core and Co-occurring Features</td>
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<td>10:15 am–11:45 am</td>
<td>AACAP Business Meeting</td>
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<td></td>
<td>11:00 am–1:30 pm</td>
<td>New Research Poster Session 1</td>
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<td></td>
<td>11:45 am–1:15 pm</td>
<td>Distinguished Member Awards Lunch</td>
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<td></td>
<td>1:15 pm–2:45 pm</td>
<td>Noshpitz Cline History Lecture: The Emerging Genetics and Neurobiology of Mental Disorders: Interdisciplinary Challenges for Child Psychiatry—Steven E. Hyman, MD</td>
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<td>2:00 pm–4:30 pm</td>
<td>New Research Poster Session 2</td>
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<tr>
<td></td>
<td>2:00 pm–4:30 pm</td>
<td>Medical Student and Resident: Career Development Forum</td>
</tr>
<tr>
<td></td>
<td>3:00 pm–6:00 pm</td>
<td>Clinical Case Conference, Clinical Perspectives, Media Theatre, Member Services Forum, Simon Wile Symposium, Symposia, and Workshops</td>
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<tr>
<td></td>
<td>6:00 pm–7:30 pm</td>
<td>Welcome Reception</td>
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<td>6:30 pm–9:30 pm</td>
<td>Media Theatre: The Music Instinct: Science and Song—Integrating Music Into Clinical Work</td>
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<td></td>
<td>7:30 pm–9:00 pm</td>
<td>Open Mic Night</td>
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Register Online at www.aacap.org/AnnualMeeting-2019
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am–5:30 pm</td>
<td>Registration Open</td>
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<tr>
<td>7:00 am–8:30 am</td>
<td>Clinical Consultation Breakfast</td>
</tr>
<tr>
<td>8:00 am–10:00 am</td>
<td>Medical Student and Resident Breakfast</td>
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<tr>
<td>8:00 am–4:30 pm</td>
<td>Institute 4: Lifelong Learning Institute: Module 16: Relevant Clinical Updates for Child and Adolescent Psychiatrists</td>
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<tr>
<td>8:00 am–5:00 pm</td>
<td>Institute 5: Research Institute: Techno-Psychiatry: Child Psychiatry in the Digital Age</td>
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<td>8:30 am–11:30 am</td>
<td>Clinical Case Conference, Clinical Perspectives, Honors Presentations, Media Theatre, Member Services Fora, Symposia, and Workshops</td>
</tr>
<tr>
<td>8:30 am–4:30 pm</td>
<td>Extended Workshops</td>
</tr>
<tr>
<td>9:00 am–5:30 pm</td>
<td>Clinical Practicum: Compass Health Center: An Integrated, Cost-Effective Care Model for Partial Hospitalization and Intensive Outpatient Programs</td>
</tr>
<tr>
<td>10:00 am–12:30 pm</td>
<td>New Research Poster Session 3</td>
</tr>
<tr>
<td>10:00 am–4:00 pm</td>
<td>Exhibit Hall Open</td>
</tr>
<tr>
<td>11:45 am–1:15 pm</td>
<td>Debate: Should Cannabis Be Legalized? An Exchange of Views On Legalization of Cannabis in America</td>
</tr>
<tr>
<td>1:00 pm–3:30 pm</td>
<td>New Research Poster Session 4</td>
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<tr>
<td>1:15 pm–2:45 pm</td>
<td>Junior Research Scholar Lunch</td>
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<tr>
<td>1:30 pm–4:30 pm</td>
<td>Clinical Case Conferences, Clinical Perspectives, Honors Presentations, Member Services Forum, Symposia, and Workshops</td>
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<tr>
<td>4:30 pm–6:00 pm</td>
<td>Mentorship Program for Medical Students and Residents Part 1</td>
</tr>
<tr>
<td>5:00 pm–6:00 pm</td>
<td>Member Services Forum: Continuing Certification 101: Meeting the Requirements</td>
</tr>
<tr>
<td>5:00 pm–8:15 pm</td>
<td>Caucuses</td>
</tr>
<tr>
<td>5:00 pm–11:00 pm</td>
<td>Receptions and Reunions</td>
</tr>
<tr>
<td>5:30 pm–7:30 pm</td>
<td>Early Career Psychiatrist (ECP) Meet and Greet (supported by American Professional Agency, Inc.)</td>
</tr>
<tr>
<td>6:00 pm–9:00 pm</td>
<td>Media Theatre: Capernaun: Chaos, Trauma, and Hope for Refugees</td>
</tr>
<tr>
<td>6:30 pm–9:00 pm</td>
<td>Life Members Reception and Dinner</td>
</tr>
</tbody>
</table>

**Questions? Email meetings@aacap.org**
AACAP’s Annual Meeting is the perfect place to network with your colleagues. Below are some of the best ways to do so throughout the week!

**EXHIBIT HALL**

**Wednesday, October 16**
10:00 am–5:00 pm

**Thursday, October 17**
10:00 am–4:00 pm

**Friday, October 18**
9:00 am–12:30 pm

**Location:** The Exhibit Hall will be located on the Exhibit Level (East Tower) of the Hyatt Regency Chicago.

With over 90 booths to visit, the Exhibit Hall is the place to be to learn about the latest and greatest in child and adolescent psychiatry. The exhibitors at the meeting include, but are not limited to, associations, pharmaceutical companies, publishers, recruiters, and treatment centers. The Exhibit Hall is also a great place to meet up with colleagues and explore what new products and opportunities are available on the show floor. With over 4,000 attendees roaming through the Exhibit Hall, you will find someone you know!

**NETWORKING FOR INTERNATIONAL ATTENDEES**

**Tuesday, October 15**
5:30 pm–6:30 pm (international attendees only)

AACAP would like to welcome all of our attendees who traveled near and far from other countries to attend the Annual Meeting! Join us to network with other attendees from your home country or those nearby!

**Badges are required for admission.**

**WELCOME RECEPTION**

**Wednesday, October 16**
6:00 pm–7:30 pm

Come meet your colleagues and enjoy some light refreshments and music at the Welcome Reception as we kick off AACAP’s 66th Annual Meeting!

**Badges are required for admission for all adults; children are welcome and do not require badges.**

**RECEPTIONS/REUNIONS**

The Annual Meeting is an opportunity to reconnect and network with your colleagues and friends. Any university or regional council is welcome to host a reception or reunion the evening of Thursday, October 17. AACAP assigns your group a complimentary room at the Hyatt Regency Chicago, and the host of the reception is responsible for all other costs. For more information or to request space, please email meetings@aacap.org.

Follow us on [Twitter @AACAP](https://twitter.com/aacap) and tweet using [#AACAPAM19](https://www.aacap.org/AnnualMeeting-2019)

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**PINK FREUD’S SWEET HOME CHICAGO**

For your musical wellbeing, come listen, dance and visit with friends on Tuesday, October 15, from 9–11 pm!
MENTORSHIP PROGRAMS
AACAP’s Annual Meeting has over 10 hours of mentorship opportunities for medical students, residents, and early career psychiatrists and is the best place to plan for the next stage in your career. Don’t miss your chance to connect with other child and adolescent psychiatrists who could serve as advisors for a lifetime! Visit www.aacap.org/AnnualMeeting-2019 for a listing of all of the activities geared for these groups.

COMMITTEE MEETINGS
Joining an AACAP committee is the perfect way to get involved with AACAP and with over 60 committees, there is something for everyone! All committees meet at the Annual Meeting and this is the perfect opportunity to engage with the committee chairs and members to see if they are the committee for you. If you are interested in becoming a member of a committee, please visit the committee website at www.aacap.org/committees for a complete listing of committees, their charges, most recent annual report, and chair contact information. To be considered for appointment to an AACAP committee, an email of interest and CV should be sent to executive@aacap.org. If you have questions about this process, please contact Megan Levy at mlevy@aacap.org. Committee meetings are open to all AACAP members unless otherwise noted.

MONITORS
Medical Students, Residents, and Trainees
Attend the Annual Meeting for FREE!
Register as a Monitor and we will waive your general registration fee. Monitors assist AACAP staff in running the meeting by checking badges and tickets to confirm attendance, assist speakers as needed, distribute and collect evaluation forms and/or other material that the speaker provides. In return for working as a monitor for either one full day or two half days, monitors receive a complimentary registration for the meeting in addition to half-priced tickets for most ticketed events.

Reasons to Become a Monitor:
• FREE registration for all residents, trainees, and medical students
• Six days of scientific content given by the top experts in the field
• Customized programming, including a mentorship program
• Networking opportunities with presenters and peers

For more information about the Monitor Program and how to sign up, as well as to access full event descriptions and a list of suggested events, visit: www.aacap.org/AnnualMeeting-2019 and select ‘Monitor Program’.

HELEN BEISER, MD, ART SHOW
Join us at the annual Helen Beiser, MD, Art Show in the Exhibit Hall! We invite AACAP members and family members to showcase their amazing creativity. You may submit an application to exhibit up to three pieces of art. Works may include paintings, drawings, printmaking, potteries, sculptures, calligraphy, poetry, letterpress broadsides, artist’s books, and photographs.

Submission forms for the Art Show are available at www.aacap.org/AnnualMeeting-2019. The Art Show is coordinated by the Art Committee. For more information, contact AACAP’s Meetings & Exhibits Manager at exhibits@aacap.org or 202.966.9574.

The Art Show is for exhibition purposes only; no pieces are offered for sale.

HELEN BEISER, MD

HELEN BEISER, MD, ART SHOW

Helen Beiser, MD

Back by Popular Demand!
Visit the headshot booth in the Exhibit Hall and receive a complimentary headshot by a professional photographer. You will even get to leave the meeting with your headshot on a flash drive!

Sponsored by Tris Pharma, Inc.

Questions? Email meetings@aacap.org
Hotel Information

Rooms are selling quickly at the Hyatt Regency Chicago and the Radisson Blu Aqua Hotel, so don’t wait to book! The Hyatt Regency Chicago is the headquarters hotel and where the entire meeting takes place. The Radisson Blu Aqua Hotel is just one block away and accessible via the underground pedway. Conveniently located in the heart of Chicago, the hotels are just minutes from the excitement of the Millennium Park, The Art Institute of Chicago, Lake Michigan, Navy Pier, and other amazing attractions.

Rates at the Hyatt Regency Chicago are $276 single/double per night + tax.

Rates at the Radisson Blu Aqua Hotel are $260 single/double per night + tax.

It is likely that hotel rooms will be sold out before October, so don’t wait—book your room today!

Two different ways to make reservations:

- Call the hotel directly and ask for the AACAP 2019 Annual Meeting rate.
- Visit www.aacap.org/AnnualMeeting-2019, go to ‘Hotel Information’ and click on the reservations link next to either hotel.

Hyatt Regency Chicago
151 East Wacker Drive
Chicago, IL 60601
Phone: 312.565.1234

Radisson Blu Aqua Hotel
221 North Columbus Drive
Chicago, IL 60601
Phone: 312.565.5258

Hotel Policies (applies to all of the above hotels)

- When making your reservation, ask for the AACAP’s 2019 Annual Meeting rate to qualify for the reduced rate.

- A deposit equal to one night’s stay is required to hold each individual’s reservation. Such deposit shall serve to confirm the reservation for the date(s) indicated and upon check-in. This deposit is refundable if notice is received by September 5, 2019. Please refer to your hotel confirmation for cancellation as it may vary from hotel to hotel.

- The regular rate is available until September 20, 2019, or until the group block sells out, whichever comes first. We recommend making your reservation early to secure your room.

- All guest sleeping rooms include complimentary internet access.

- The Chicago hotel sales tax rate is 17.4%.

- Check-in is at 3:00 pm and check-out is at 12:00 pm at both the Hyatt Regency Chicago and Radisson Blu Aqua Hotel.
Chicago Tourist Information

There are many activities and sights in Chicago that will entertain everyone for hours.

1. Get your adrenaline pumping by stepping out onto The Ledge at the Skydeck on the 103rd floor of the Willis Tower (former Sears Tower)!

2. Meet Sue, the world's biggest and best preserved 40-foot long T-rex, at the Field Museum!

3. Experience one of the world's largest permanent outdoor art installations . . . visit “The Bean”!

4. Rides, Shopping, Restaurants, and more—there is something for everyone at the Navy Pier!

5. Learn more about Chicago's historic buildings on a tour with the Chicago Architecture Center!

6. Visit Shedd Aquarium, one of the largest indoor aquariums in the world.

7. Eat the city's famous deep dish pizza at the original Pizzaria Uno. For more local restaurants, visit www.choosechicago.com/restaurants/best-of-chicago

8. Visit Wrigley Field and see the home of the Chicago Cubs!

For more information, visit www.choosechicago.com and see what else Chicago has to offer!
Types of Programs

Below is a description of each type of program offered at the Annual Meeting. Each type of program has a unique focus and purpose, so you can pick the programs that best fit your needs.

Open to All Attendees:

- **Clinical Case Conference**: Allows clinicians to present difficult case material and includes discussions of diagnostic, clinical formulation, and/or treatment issues. These programs are two hours long.
- **Clinical Perspectives**: Similar to Symposia, Clinical Perspectives present a particular topic related to treatment, research method, service delivery, or clinical care, which is evidence-based, but also includes the "art" and clinical wisdom of the practice of child and adolescent psychiatry. These programs are two and a half hours long.
- **Media Theatre**: Features motion pictures, commercially released documentaries, videotapes, music, and other forms of media relevant to any area of child and adolescent psychiatry. These programs are two to three hours long.
- **New Research Poster Session**: Authors present the results of data-rich research or clinical reports with opportunity for feedback from viewers. Poster Sessions are two and half hours long.
- **Symposium**: Data-driven programs that present perspectives on different aspects of a topic or differing views of the same topic. These programs are two and a half hours long.
- **Wellness Activity**: Designed to provide participants with tools for relaxation, personal enrichment, avoidance of burnout, and experiential learning opportunities in methods proven to be beneficial for patient wellbeing. Some examples from past meetings include yoga, meditation, bike riding, running, therapeutic drawing, poetry writing, paper cutting, and music therapy. CME credits are not offered for these sessions. Wellness activities vary in duration.

Open to AACAP Members Only:

- **Committee Meeting**: Official meeting of an AACAP Committee that is open to all AACAP members, unless otherwise noted.
- **Member Services Forum**: Designed to provide a practical service to AACAP members, such as training on how to be an advocate or updates on CPT codes. These programs are one to two and half hours long.
Ticketed Events for All Attendees:

- **Clinical Consultation Breakfast:** A forum for experts to share clinical wisdom and discuss difficult cases with attendees. These programs are one and a half hours long and limited to 15 participants.

- **Clinical/Practicum:** Provides members with guidelines on the assessment and treatment of a specific clinical topic. The Practicum takes place offsite from the hotel and features facilities that are unique to the host city. Attendance is limited to 30 AACAP members. A Practicum is typically a full day program.

- **Extended Workshop:** A full day program, 6–8 hours in duration. Extended Workshops provide additional time and opportunity to master evidence-based therapeutic interventions beyond what is possible in the standard 3-hour Workshop. At its conclusion, participants should have gained sufficient expertise to implement newly learned treatment approaches or interventions into their clinical practices. Extended Workshops are limited to 40 participants.

- **Institute:** Focuses on “how to do it” with respect to clinical problems, academic areas, or a blending of the two. Institutes are designed for attendees who wish to be taught a comprehensive and authoritative overview of a topic area. Institutes are full day programs. Notebooks with all program materials are included.

- **Special Interest Study Group:** Allow individuals with similar interests to share their clinical or research experience, develop collaborations or networks, or discuss mutual interests. These programs are limited to 25 attendees and tickets are free, but required, and are one and a half hours long.

- **Workshop:** Provide instruction on treatment, research method, delivery, or organization of services, and are designed to encourage discussion in a small group. They are limited to 30 attendees, and are three hours long.

*This year, some Member Services Fora sessions will be open to AACAP members only. Attendees are encouraged to check the Program Book or online program schedule for more information on access to these sessions.

Go online to register [www.aacap.org/AnnualMeeting-2019](http://www.aacap.org/AnnualMeeting-2019)

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**67th Annual Meeting**

**October 19–24, 2020**

San Francisco, CA

**Call for Papers**

**submission deadline:**

February 13, 2020

**New Research Poster**

**submission deadline:**

June 4, 2020

All program submissions must be submitted online ([www.aacap.org](http://www.aacap.org)). The 2020 Call for Papers will open in December 2019.
## Member Registration Fees

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<th>Registration Type</th>
<th>Early Bird Rate by September 12</th>
<th>Early Bird Rate w/ Conference Enrichment Package</th>
<th>Late Rate After September 12, by September 23</th>
<th>Late Rate w/ Conference Enrichment Package</th>
<th>Onsite Rate</th>
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## Non-Member Registration Fees

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<th>Late Rate w/ Conference Enrichment Package</th>
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<td>Non-Member Resident</td>
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<td>Non-Member Presenter (Non-Psychiatrist)</td>
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<td>Non-Member Presenter (Psychiatrist)</td>
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<td>Nurse Practitioner</td>
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<td>Single Day Non-Member</td>
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## Ticketed Events

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<tr>
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<th>Clinical Consultation Breakfasts</th>
<th>Extended Workshops</th>
<th>Institutes</th>
<th>Special Interest Study Groups</th>
<th>Workshops</th>
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**Early Bird Deadline: September 12, 2019**

Register Online!

Registering online locks in ticketed events and provides instant confirmation of your registration. Online registration will be open until September 23, 2019.

**Payment Information**

- Registration fees are in U.S. dollars.
- AACAP accepts Visa, MasterCard, and American Express.
- When using the paper registration form, only payment by check will be accepted.
- Money orders or checks must be drawn on a U.S. bank. Make checks payable to AACAP.
- Credit Cards are the ONLY form of acceptable payment for onsite registration. Cash transactions for onsite registration are NOT allowed.
- Need to pay by wire transfer? Contact the Office of the Registrar at 202.966.7300, ext. 2005 or registrar@aacap.org for details.

**Privacy Policy**

Registrant understands, authorizes and agrees that AACAP may provide and receive personally identifiable information in order to help facilitate the registrant’s hotel reservation and stay during AACAP’s 66th Annual Meeting in accordance with the Hotel’s privacy policy. For its part, AACAP will use reasonable means to protect and safeguard the confidentiality of such information.

**Cancellation/Refund Policy**

All cancellations must be received in writing to registrar@aacap.org; telephone cancellations will not be accepted. Cancellation between the date of registration and September 12, 2019, will receive a full refund less a $150 administrative fee. No refunds will be given after September 12. Refunds will be issued after the meeting. Purchased session recordings are non-refundable, and are available after the meeting.

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**Be Sure to Take Advantage of All of the Events Included in the General Registration Fee!**

Included in the general registration fee are:

- Clinical Case Conferences
- Clinical Perspectives
- Exhibit Hall Access
- Media Theatre
- Member Fora
- Member Services Fora
- New Research Poster Sessions
- Plenaries
- Self-Assessment Exam
- Symposia
- Welcome Reception
- Wellness Programs

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