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Fred Seligman, MD, AACAP Photographer
We thank Fred Seligman, MD, for being AACAP’s official photographer! Fred’s efforts are not only beautifully detailed, but they successfully capture the true essence and wonderful spirit of AACAP!
Thank you for making 2017 another remarkable year for the American Academy of Child and Adolescent Psychiatry (AACAP). Our passionate membership and dedicated staff have done an incredible job expanding our outreach while strengthening our existing programs and services. AACAP is vibrant thanks to our wonderful community of volunteers who donate time, resources, and talent in support of our important missions.

With our valuable member benefits, the membership numbers continue to grow. You are part of our community — the collection of people who work, volunteer, donate, participate, and benefit from and appreciate the important work of AACAP.

The pages of the 2017 Annual Report provide the perfect opportunity to highlight our accomplishments and to recognize some of the individuals who helped in making this year such a tremendous success. I am grateful to Heidi Fordi, AACAP Executive Director, Gregory K. Fritz, MD, AACAP Immediate Past President, my Executive Committee, and, of course, the outstanding AACAP staff.

As many of you know, my career focus has centered on mood disorders in children and adolescents, particularly major depression. In my presidential address, I discussed my aim to increase awareness of and screening for depression in children and adolescents. As child and adolescent psychiatrists, we are all too familiar with the outcome of untreated depression, and it is important for the public to be more informed about depression in youth. We have a responsibility as the leading organization in children’s mental health to increase awareness of and screening for depression in children and adolescents.

My initiative includes a multipronged approach including education, expansion of AACAP’s Depression Resource Center, and collaboration with professional organizations and government agencies. In addition, we created a Presidential Task Force to help make this collective effort a much-needed reality.

With two years as president-elect and now as president, I have seen AACAP raise the standard for our organization and for our members. I have seen our community come together with a shared sense of purpose, working effectively as a unified voice for the mental health needs of children and adolescents.

Thank you for standing with us, for supporting our mission, and for your generous contribution of time, effort, and resources. With the ongoing support of our donors, members, and volunteers, AACAP stands ready for the opportunities and challenges ahead in 2018.

Thank you for the trust you place in us and for your active involvement with AACAP.

Very sincerely,

Karen Dineen Wagner, MD, PhD
President, AACAP
MESSAGE FROM THE EXECUTIVE DIRECTOR

2017 was another standout year for AACAP.

I would like to take this opportunity to thank you for being part of AACAP’s team. With your help, we continue to propel our mission forward with your boundless contributions. Your time, energy, and generosity make every year a success, and 2017 was no exception.

From our membership numbers to our programs and events, we continue to grow and flourish. All of this is made possible by our AACAP team — and that includes you! In the pages of the 2017 Annual Report, you will see the amazing work we accomplished together throughout the last year. Our successes are a direct result of the passion and commitment you have for AACAP.

I want to express my deep gratitude to K. Lisa Yang for her continued support. Her generosity knows no bounds, and she generously followed up her 2016 donation with yet another $100,000 that will support AACAP’s Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award.

Throughout the summer, one of our dedicated members, Andrés Martin, MD, MPH, put his body, mind, and soul to the test as he led AACAP’s Break the Cycle campaign — a cross-country bike ride that raised both awareness and funds in support of children with mental illnesses. This grueling effort covered 5,067 miles, 20 states, and 60 days, and Dr. Martin and his team crossed the finish line on October 22, 2017, just in time for AACAP’s 64th Annual Meeting. Fueled by pure grit and determination and energized and motivated along the way by enthusiastic members, regional organizations, and friends, Break the Cycle hit our ambitious goal of $250,000 and helped raise awareness of AACAP and our mission.

Our reach is growing; our voice is stronger; our positive mission resounding. With the spirit of teamwork that our membership embodies, AACAP member Aaron Roberto, MD, and his father Frank A. Roberto, MD, reached out to Michael Cuddyer, former Major League Baseball player, and asked him to speak at AACAP’s 64th Annual Meeting with AACAP member-expert James J. Hudziak, MD. Together they put together Perspectives on Youth Sports from Major League Baseball and Child and Adolescent Psychiatry. Attendees brought their children dressed in their favorite team’s gear, and this educational family-friendly event came to fruition through close work with our wonderful members.

AACAP Member Marilyn B. Benoit, MD, with K. Lisa Yang at AACAP’s Annual Meeting
I want to thank our member leaders for your direction, input, and support. We strive to be known as your organization, both understanding the important issues and focusing on solutions — always with your interests in mind. Our team continues to carry out our mission and remains dedicated to representing the populations we serve. Our promising growth means continued levels of investment in our core mission activities.

As Executive Director, it has been humbling to see the passion and resolve of the people who make our success possible — from members to staff, who all selflessly dedicate their time to our mission. As we move forward together, we do so with energy and optimism.

Thank you to our donors and supporters for choosing to be on our championship team. It is the cumulative effect of each act of support that allows us to make a difference in the lives of children, adolescents, and their families.

Thank you.

Heidi B. Fordi, CAE
Executive Director

Andrés Martin, MD, MPH, crossing the Continental Divide (and over 1,000 miles) on his cross-country ride

Frank A. Roberto, MD, enjoying the Annual Meeting session he helped make happen

The Hudziak and Cuddyer families coming together at a family-friendly event
Throughout 2017, Gregory K. Fritz, MD, AACAP Immediate Past President, and his task force advanced important projects ranging from a new curated website, www.integratedcareforkids.org, to a “Milliman Report for Kids” manuscript, to expanding our relationship with the American Academy of Pediatrics. In addition, Dr. Fritz spearheaded efforts with the Substance Abuse and Mental Health Services Administration (SAMHSA) to convene the first-ever multi-stakeholder meeting on urgently needed research on children’s mental health integration.

AACAP supports its regional organizations’ advocacy activities through annual Advocacy and Collaboration Grants. These year-long grants provide funding for various types of projects aimed at educating stakeholders and increasing their involvement in activities promoting the mental health needs of children, adolescents, and families.

In 2017, AACAP awarded Advocacy and Collaboration Grants to regional organizations from Louisiana, Michigan, Tampa Bay, Tennessee, and Washington State. Awardee activities ranged from hosting a joint educational day with the state pediatric chapter focusing on shared areas of interest, to hosting education briefings with state lawmakers discussing issues important to child and adolescent psychiatrists.
SAMHSA CENTER FOR MENTAL HEALTH SERVICES (CMHS) PUBLIC POLICY FELLOWSHIPS
For a seventh year, AACAP joined with SAMHSA to offer a local Washington, DC, area child psychiatry fellow the opportunity to work with AACAP’s System of Care Committee and the CMHS in a structured fellowship. Aleema Zakers, MD, from Children’s National Medical Center began this one day per week position in July.

In addition, two Virtual Fellows dedicated a half day per week, working remotely, to learn about public sector service and community-based child and adolescent psychiatry policies and practices. For 2017-2018, our Virtual Fellows were Nick Hurst, MD (University of Utah), and Kevin Coughlin, MD (Maine Medical Center).

RESIDENT SCHOLAR
The Department of Government Affairs & Clinical Practice hosted another Resident Scholar, Ed Bender, DO, from Massachusetts, in April 2017. Dr. Bender attended Congressional hearings, participated in briefings and Congressional meetings, applying his clinical knowledge to mental health policy work. Resident Scholars are typically child and adolescent psychiatry trainees with an interest in advocacy and policy who are willing to spend a month in Washington, DC.

CLINICAL PRACTICE GUIDELINES AND CLINICAL UPDATE SERIES DOCUMENTS
AACAP’s Committee on Quality Issues (CQI) continues to develop and write Clinical Practice Guidelines, in addition to supporting the development of Clinical Update Series documents, authored by individual AACAP committees. In October 2017, Telepsychiatry with Children and Adolescents was published, the first Clinical Update in this new series of documents. Several more Clinical Updates continued to be developed by AACAP committees, and two Clinical Practice Guidelines continued to be developed by writing groups within the CQI. Notably, the Agency for Healthcare Research and Quality (AHRQ) conducted systematic literature reviews to form the basis for additional AACAP Clinical Practice Guidelines, including one on depression in childhood, in accordance with the Presidential Initiative of Karen Dineen Wagner, MD, MPH. This topic was successfully nominated by AACAP through a competitive process with AHRQ in furtherance of this initiative.
SIGNATURE CLINICAL PRACTICE PRODUCTS

CASII (Child and Adolescent Service Intensity Instrument©) and ECSII (Early Childhood Service Intensity Instrument©) trainings continued to be in demand throughout 2017, resulting in the instruction of more than 50 new users in child-serving agencies in Maryland and Kentucky. To meet training needs throughout the nation, AACAP decided to develop online training options for institutions that are unable to hold in-person trainings. Working closely with AACAP’s CASII/ ECSII Subcommittee, as well as selected subject matter experts, interactive learning modules in the proper use of the CASII and ECSII began to be developed to more widely disseminate the instruments and provide additional training options to agencies and individuals. The online CASII instrument is expected to launch in 2018, with the online ECSII launch following in 2019. The Clinical Practice Department would like to thank Dr. Peter Metz, Dr. Richard Margolis, and Dr. Robert Klaehn for their continued contributions to the development of these courses.

DISTINGUISHED MEMBER AND ACADEMIC PAPER AWARDS

AACAP Cancro Academic Leadership Award
Thomas F. Anders, MD
Honors Presentation: Why Would Anyone Want to Be a Medical Educator?

AACAP Sidney Berman, MD, Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness
Erika Ryst, MD
Honors Presentation: Now Is the Time! Expanded Roles for Child and Adolescent Psychiatrists in School-Based Mental Health

AACAP Irving Philips, MD, Award for Prevention
James J. Hudziak, MD
Honors Presentation: Child Psychiatry Inspired Health Promotion and Illness Prevention Goes to College

AACAP Norbert and Charlotte Rieger Psychodynamic Psychotherapy Award
Dan Schechter, MD
Honors Presentation: And Then There Was Intersubjectivity: Treating Child Self and Mutual Dysregulation During Traumatic Play

AACAP Norbert and Charlotte Rieger Service Program Award for Excellence
David Kaye, MD
Honors Presentation: Improving Primary Care Access and Quality of Care for Children with Mental Health Needs: The CAPPC Experience

AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture
Naleen N. Andrade, MD
Honors Presentation: Ola: An Indigenous Health System That Could Change Our Homeland

AACAP Simon Wile, MD, Leadership in Consultation Award
Eva Szigethy, MD, PhD
Honors Presentation: The Future of Integrating Behavioral Health into Medical Care

AACAP Robinson-Cunningham Award for Best Paper by a Resident
Nicole Kozloff, MD, MS
Publication: “Housing First” for Homeless Youth with Mental Illness

AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities
Joaquin Fuentes, MD
Honors Presentation: Care Not Cure: The Basque Cradle-to-Grave Approach to Autism Spectrum Disorder
AACAP works to educate the next generation of child and adolescent psychiatry’s leaders by recruiting more medical students and residents to the specialty through fellowships, grants, and mentorship programs.
WORKFORCE SHORTAGE

According to the U.S. Census, there were 74 million children living in the United States in 2015. Of those youth, approximately 20% of adolescents ages 13 to 18 and 13% of 8 to 15-year-olds experience severe mental disorders in a single given year. Data from the 2012 American Medical Association (AMA) Physician Masterfile indicates there are approximately 8,350 child and adolescent psychiatrists available to serve the needs of the 14.8 million children affected by mental illness in the United States. As the population of children is expected to grow to 101.6 million by 2050, there will be an increasing need for mental health services.

To better illustrate this critical workforce shortage, AACAP’s Department of Research, Grants & Workforce updates and maintains Workforce Shortage Maps. Data from the AMA Masterfile and the U.S. Census were used to create the maps. The maps illustrate the average number of practicing child and adolescent psychiatrists per 100,000 children, age 0-17, at the state and county level. This resource serves as a helpful tool in educating and engaging policymakers, administrators, families, and providers about the issues affecting the field of child and adolescent psychiatry.

AACAP’s Workforce Shortage Maps offer:

- A user-friendly interactive map illustrating the extreme child and adolescent psychiatry workforce crisis nationwide
- Demarcated shortage areas defined by U.S. Census Bureau child population statistics in relation to counts of practicing child and adolescent psychiatrists per county
- Easy-to-read, downloadable state snapshots

AACAP’s Workforce Maps are updated every two years. The next update is scheduled for March 2018.

MENTORSHIP

AACAP provides an ongoing mentorship program along with a variety of formal and informal mentorship activities at AACAP’s Annual Meeting.

The Mentorship Network connects medical students, residents, and early career psychiatrists (ECPs) with mentors across the country. During 2017, more than 400 medical students, residents, and ECPs signed up for a mentor, and 312 AACAP members volunteered to serve as mentors. Given the extreme shortages in our specialty, it is integral to our continued success to provide trainees with superior mentorship so that they can help close the workforce gaps in child and adolescent psychiatry.

Career Development Forum

Twenty-eight experts representing the following diverse specialties within child and adolescent psychiatry volunteered to talk one-on-one with more than 120 trainees: Academic Psychiatry, Addiction Psychiatry, Advocacy and Policy Making, Balancing Career and Family, Community Psychiatry, Early Career Psychiatry, Electroconvulsive Therapy Treatment in Child and Adolescent Psychiatry, Forensic Psychiatry, Integrated Care, LGBTQ in Child and Adolescent Psychiatry, Medical Students, Private Practice, Psychotherapy, Research, School Mental Health, Training and Education, Triple Board Program, and Women in Psychiatry.

ECP Mentorship Forum and Leadership Consultation Workshop

ECPs were invited to attend an event with senior mentors in the field to engage in mentorship and leadership training. At the event, participants were organized into small discussion groups based on areas of interest, including Training and Education; Work-Life Balance; International Medical Graduate (IMG) Issues; New Program Development;
Research and Academics; Private Practice Careers; Inpatient and Residential Treatment; Integrated Behavioral Health; School Based Mental Health; Writing, Publishing, and Other Creative Outlets; and Involvement with AACAP. Mentors served as discussion group facilitators, answering questions and sharing their experiences with junior colleagues who have similar interests, passions, and concerns.

Medical Student and Resident Breakfast
Open to all medical students and residents, the Medical Student and Resident Breakfast provided an opportunity for 65 medical students and residents to network with peers, as well as prominent child and adolescent psychiatry mentors, in an informal setting. Sourav Sengupta, MD, Maryland Pao, MD, and Paramjit T. Joshi, MD, shared their career experiences, representing clinicians in early, mid, and late career stages.

Medical Student and Resident Networking Hour
More than 100 trainees networked with peers at an informal meet and greet.

Resident as Teacher
This interactive program provided more than 80 trainees with best practice tips on utilizing social media for sharing positive ideas and information about child and adolescent psychiatry, and how to communicate effectively when addressing difficult topics with peers, patients, and the community or engaging in advocacy initiatives.

Two-Day Mentorship Program
More than 150 trainees were paired with 40 early to senior child and adolescent psychiatrist mentors to build relationships, share ideas, address challenges, and reflect on work-life balance.

MEDICAL STUDENT TRAINING
AACAP administers the Klingenstein Third Generation Foundation (KTGF) Medical Student Program (MSP), a coordinated, national network of 14 medical schools that exposes medical students to clinical experiences in child and adolescent psychiatry through unique and customized programs. All programs emphasize mentorship and offer opportunities for research, advocacy, and other unique experiences. The MSPs also participate in many other important projects including an annual KTGF National Medical Student Conference, special lectures, and networking events with child and adolescent psychiatry leaders. Evaluations continue to provide information on medical student interest in, and understanding of, the field of child and adolescent psychiatry, just two of the many barriers that prevent medical students from choosing child and adolescent psychiatry.

PROFESSIONAL DEVELOPMENT OPPORTUNITIES
Medical students and residents received funding for the following Annual Meeting award opportunities in 2017.

Life Members Mentorship Grants for Medical Students
AACAP’s Life Members Mentorship Grants for Medical Students are supported by AACAP’s Life Members Fund. Thirteen medical students from a broad range of medical
colleges were provided with reimbursable travel support for AACAP’s Annual Meeting and received one-on-one mentoring with many senior leaders and Life Members.

Educational Outreach Program
In 2017, AACAP’s John E. Schowalter, MD, Endowment Fund and Life Members Fund provided funding support for 50 child and adolescent psychiatry fellows to participate in AACAP’s Annual Meeting in Washington, DC, through AACAP’s Educational Outreach Program (EOP). Additionally, AACAP’s Endowment Fund provided reimbursable support for 14 general psychiatry residents to attend the Annual Meeting.

The EOP provides travel support for residents, enabling them to tap into innovative career opportunities and a vibrant network by participating in special events for residents at the Annual Meeting. The EOP is instrumental in integrating residents into the field. Ninety percent of general psychiatry residents who participate in the program become child and adolescent psychiatrists.

JOURNAL AWARDS
AACAP administers journal awards recognizing child and adolescent psychiatrists and AACAP members who have made significant contributions to the specialty through publication in *JAACAP*. Awardees receive honoraria, are honored at the Distinguished Member Awards Luncheon, and make an honors presentation about their work during AACAP’s Annual Meeting.

AACAP Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder
James T. McCracken, MD
*Honors Presentation*: Can We Improve Treatments for ADHD?

Klingenstein Third Generation Foundation Award for Research in Depression or Suicide, Supported by the Klingenstein Third Generation Foundation
Cynthia Rogers, MD
*Honors Presentation*: Neonatal Amygdala Functional Connectivity at Rest in Healthy and Preterm Infants and Early Internalizing Symptoms

AACAP Norbert and Charlotte Rieger Award for Scientific Achievement
S. Evelyn Stewart, MD
*Honors Presentation*: Family Impacts of Pediatric Obsessive-Compulsive Disorder
AACAP promotes and supports the development of students and early career psychiatrists through publicized research and training opportunities and sponsored initiatives.
AACAP’s Research, Grants & Workforce Department is charged with enriching the research training experiences of AACAP members. We administer an extensive award portfolio of mentored research and training awards to promote scientific excellence and encourage future researchers’ commitment to the field. These opportunities were created for medical students, general psychiatry residents, child and adolescent psychiatry residents, and junior faculty interested in enhancing or establishing research careers. AACAP relies on federal and industry support as well as contributions from AACAP members to make these awards possible.

RESEARCH INITIATIVE
AACAP’s Research Initiative was designed to strengthen the research infrastructure for understanding and treating children and adolescents suffering from mental illnesses. There remains a critical need for research to examine the safety, efficacy, and effectiveness of the various interventions that are employed in the treatment of children who have mental illnesses. Although this need is great, significant obstacles hamper the research community’s ability to develop the kind of evidence needed to guide clinical practice.

In 2000, through the Research Committee, AACAP began a strategic capacity-building initiative. The goals of this initiative were to increase the number of researchers, influence federal research policy, and build research skills among clinicians. The Research Initiative supported various programs including AACAP’s Junior Investigator Award, Research Institute, and Research Symposium. Funding for the Research Initiative included support from a host of industry supporters. Funders in 2017 included Pfizer and Supernus Pharmaceuticals, Inc.

AACAP continues to seek support from private and industry partners to fund its mentored research training awards.

JUNIOR INVESTIGATOR AWARD
AACAP’s Junior Investigator Award, supported by the Research Initiative, provides up to $30,000 a year for two years of research support to child and adolescent psychiatry junior faculty for basic or clinical research relevant to our understanding, treatment, and prevention of child and adolescent mental health disorders. AACAP’s Research Initiative has been funded historically by industry supporters.
such as Lily USA and Shire Pharmaceuticals. 2017 funders of the Research Initiative included Pfizer and Supernus Pharmaceuticals, Inc.

**AACAP Junior Investigator Award**

**Natalie Ramos, MD, MPH**  
*Resiliency Education for LGBT Adolescents with Depression and Parent/Caregiver Psychoeducation Group*

**MEDICAL STUDENT SUMMER FELLOWSHIPS**

AACAP’s Summer Medical Student Fellowships in Child and Adolescent Psychiatry, supported by AACAP’s Endowment Fund, were awarded to 11 medical students to explore the field of child and adolescent psychiatry. Two of the recipients were partially supported by the Ruth and Peter Metz Family Foundation. Under the guidance of senior child and adolescent psychiatrist mentors, the fellowship recipients spent the summer in clinical and research settings and attended AACAP’s Annual Meeting to present their findings.

These summer fellowships give many medical students the opportunity to gain exposure to the field of child and adolescent psychiatry, which they often do not receive in medical school. The fellowship programs are highly competitive and have a positive impact on the career paths of all recipients.

**Mitchell D. Arnovitz**  
*Impact of Inpatient Child and Adolescent Psychiatry Developmentally Informed Psychosocial Programming on the Success of Patients and Medical Students at Mount Sinai*

**Jake X. Checketts**  
*Is the Right Research Being Done to Address Evidence Gaps Within AACAP Practice Parameters?*

**Emily S. Green**  
*Case Studies of Homeless Children in a University and Community Setting Who Are Prescribed Stimulant Medications*

**Mang-tak Andy Kwok**  
*Evaluating the Relationship Between the Vineland Adaptive Behavior Scale and the Assessment of Basic Language and Learning Skills-Modified*

**Ashley P. Martinez**  
*Disruptive Mood Dysregulation Disorder: Enhancing Objective Assessments in Very Young Children*  
Partially supported by the Ruth and Peter Metz Family Foundation

**Ashley M. Moreno**  
*Effectiveness of Undergraduate and Graduate Medical Education in Preparing Pediatricians to Manage Psychiatric Problems*  
Partially supported by the Ruth and Peter Metz Family Foundation

**Katherine E. Oberhelman**  
*The Implementation of the Depression and Anxiety Guidelines by the Cystic Fibrosis Foundation*

**Kaitlyn P. Salter**  
*Prescribed Medication and Health Outcomes in Youth with Obesity and Attention-Deficit/Hyperactivity Disorder (ADHD)*

**Brian K. Stackhouse**  
*Functional Connectivity Analysis of Maternal Brain Responses to Infant Stimuli and How They Are Moderated by Substance Abuse*

**Jessica B. Thai**  
*Review of Therapeutic Offerings by Residential Treatment Centers for Eating Disorders in the United States*

**Sophia A. Walker**  
*Exploration of a Semi-Structured Tool in the Assessment of Homicidal Ideation and Threats of Violence*
JEANNE SPURLOCK MINORITY MEDICAL STUDENT FELLOWSHIPS

AACAP’s Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, supported by the National Institute on Drug Abuse (NIDA) and AACAP’s Campaign for America’s Kids (CFAK), provided three medical students with the opportunity to gain research experience in the field of child and adolescent psychiatry. After completing the summer fellowship, the recipients participated in Annual Meeting activities and provided a poster presentation on their experiences.

Thea Belay
*Reported Sleep Disturbances in Incarcerated Adolescents with Substance Use Disorders: Assessing the Need for a Sleep Hygiene Protocol*

Samantha H. Chao
*Impact of a Smartphone-Based Intervention on Substance Use Amongst Homeless Youth*

Mikaela A. Kelly
*Understanding the Mental Health and Substance Use Disorder Treatment Needs of Commercially Sexually Exploited Girls: A Partnership With the STAR Court*

RESIDENT AWARD

The NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by NIDA, provides up to $10,000 in project support to two awardees in addition to a mentor stipend of up to $1,500. The two 2017 awardees were:

Jesse Hinckley, MD, PhD
*Analysis of MET/CBT with CM in mental health and school-based health clinics*

Matej Markota, MD
*Mortality in Youth With Positive Urine Drug Screens*

PILOT RESEARCH AWARDS

AACAP’s Pilot Research Awards are supported by both internal AACAP fund mechanisms and industry supporters, Pfizer, PhRMA, and Arbor Pharmaceuticals, LLC. AACAP’s Pilot Research Awards provide general psychiatry residents, child and adolescent psychiatry residents, fellows, and junior faculty with up to $15,000 for one year of support for research on child and adolescent mental health. AACAP’s Pilot Research Award for Attention Disorders, supported by AACAP’s Elaine Schlosser Lewis Award Fund, provides up to two child and adolescent psychiatry fellows and junior faculty up to $15,000 for one year of support for research on attention disorders and/or learning disabilities. Pilot Award recipients present their research in the form of a poster at AACAP’s Annual Meeting in the succeeding year after receiving their award.

AACAP Pilot Research Award for Attention Disorders, supported by AACAP’s Elaine Schlosser Lewis Fund

Erica Greenberg, MD
*Modified Comprehensive Behavioral Intervention for Tics: Treating Children with Tic Disorders, Co-occurring ADHD and Psychosocial Impairment*

Erik S. Paschall, MD, MPH
*Adapting A Mobile Health Application Optimizing ADHD Treatment To The Pediatric Setting*

AACAP Pilot Research Award for Junior Faculty and Child and Adolescent Psychiatry Fellows, Supported by AACAP

Aaron D. Besterman, MD
*Deep Behavioral Phenotyping of Children with Non-PTEN, Non-TSC Somatic Overgrowth Disorders*
AACAP’s Physician Scientist Program in Substance Abuse, supported by NIDA, seeks to increase the number of child and adolescent psychiatrists with independently funded addiction research careers, expand clinical and research training in child and adolescent substance abuse in trainee’s home and academic institutions, and create a sustainable infrastructure and national network of mentors and academic research institutions to support addiction research training.

The NIDA-AACAP K12 grant has been highlighted as a model grant for assisting junior faculty in developing independent research careers. The grant of over $6 million, awarded over five years, provides research and salary support as well as mentoring for six child and adolescent psychiatrists with a commitment to becoming independent researchers.

Paula Riggs, MD, serves as the Principal Investigator and Kevin Gray, MD, serves as the Chair of the program’s Advisory Committee, which consists of prominent researchers in substance use disorders and/or child and adolescent psychiatry.

In May 2015, AACAP received the fourth five-year competing renewal (2015-2020) of the NIDA-AACAP K12. Six new scholars were selected and received their awards in 2016. This year, the Annual K12 Retreat took place in Montreal, Quebec, in June. NIDA-AACAP scholars convened with their mentors, Dr. Riggs, and K12 Advisory Committee members. The retreat program is specifically designed to develop core competencies and skills necessary to scholars’ successful academic career development. The six current NIDA-AACAP scholars, listed below, have demonstrated remarkable progress and academic achievement at this early stage of their careers.

Christina Cruz, MD, EdM
Task-Shifting Children’s Mental Health Treatment to Classroom Teachers

Amalia Londono Tobon, MD
Lasting Effects of Minding the Baby® Home Visiting Program for Young Families

Manivel Rengasamy, MD
The interaction of psychotherapy and inflammatory plasma cytokines in depressed adolescents

Pravesh Sharma, MD
The influence of transmissible risk on the relationship between cannabis use and psychotic symptoms

Yael Kufert, MD
Gamma-Aminobutyric Acid as a Biomarker in Adolescent Depression: A Longitudinal Study

David C. Saunders, MD, PhD
Mindfulness-Based ADHD Treatment for Children (MBAT-C)

AACAP Pilot Research Award for General Psychiatry Residents, Supported by Pfizer

AACAP collaborates with NIDA to produce new child and adolescent psychiatry researchers in the substance abuse and addiction field, through a Career Development (K12) Award supported by the National Institutes of Health (NIH). Since its inception in 1998, this successful program has produced 18 child and adolescent psychiatry researchers.
The KTGF Medical Student Program not only encourages medical students in participating programs to pursue a career in child and adolescent psychiatry but also increases AACAP’s knowledge of medical students selecting other medical specialties related to children’s health. Evaluation efforts have indicated that the KTGF Medical Student Program is effective in both increasing an understanding of the field of child psychiatry and in influencing the students’ desire to pursue a career in the field.

Each year, participating schools gather for the National Medical Student Conference. The 2017 conference was hosted by Washington University in St. Louis, St. Louis, Missouri, March 3-4. Twelve of the 14 Medical Student Programs participated in the conference along with KTGF and AACAP. Approximately 110 medical students, fellows, faculty, and staff attended the conference. The conference included student oral presentations, a networking lunch, student poster presentations, faculty presentations, and family speakers. The University of California, Los Angeles will host the 2018 conference in February.
AACAP’s continuing medical education (CME) programs are part of clinicians’ lifelong learning and daily practice and are designed to bring the best treatments to children in need.

AACAP’s Annual Meeting, Douglas B. Hansen, MD, Annual Review Course, Pediatric Psychopharmacology Update Institute, online CME programs, and *Journal of the American Academy of Child and Adolescent Psychiatry* educate physicians in the newest research on childhood mental, emotional, developmental, and behavioral disorders.

64TH ANNUAL MEETING

Each year, AACAP’s Annual Meeting provides an update on the latest research and developments in child and adolescent psychiatry. In 2017, more than 4,200 people attended AACAP’s 64th Annual Meeting in Washington, DC. Attendees included 30% of all AACAP members and over 425 international attendees from 57 countries. The meeting provided CME sessions devoted to children’s mental health issues and was led by Boris Birmaher, MD, Program Committee Chair, James J. McGough, MD, Deputy Program Committee Chair, and Jill Zeigenfus Brafford, CMP, MTA, AACAP’s Director of Meetings & CME.

Highlights from the Annual Meeting include:

- Many programs on integrated care, coinciding with the Presidential Initiative of Gregory K. Fritz, MD.
- A continued focus on wellness, both for patients and Annual Meeting attendees. Special activities included yoga and meditation classes each morning and afternoon, two running events in DC, a bike ride in Rock Creek Park, a celebration at the finish line of Break the Cycle, healthier food options at various events, and scientific programming about wellness and prevention.
- The Committee on Community-Based Systems of Care presented its Special Program on Monday, October 23, titled *Making an Impact in What Matters: Systemic Approaches to Social Determinants to Behavioral Health in Youth.*
• The Local Arrangements Committee sponsored two Clinical Practica, titled *Cross-Cultural Immersion with Gallaudet University: A Clinical Practicum in Mental Health Needs of Deaf and Hard of Hearing Youth*, at Gallaudet University, and *Clinical Research Practicum: A Day at the National Institute of Mental Health*. These programs highlight unique facilities in the host city for the Annual Meeting.

• The Research Symposium, sponsored by the Research Committee and supported by AACAP’s Research Initiative, focused on *Social Neuroscience and Child and Adolescent Psychiatry Research Priorities at the National Institute of Mental Health*. This year’s speakers were David Leopold, PhD, and Shelli Avenevoli, PhD.

• Karen Dineen Wager, MD, PhD, gave the keynote address at the Karl Menninger, MD, Plenary, addressing her Presidential Initiative.

• Michael Rutter, MD, presented *How Have Longitudinal Study Findings Changed Our Thinking About Families and Children Over the Last 50 Years?* at the Noshpitz Cline History Lecture.

• Dr. Rutter joined Charles A. Nelson, III, PhD, as the keynote presenters at the James C. Harris, MD, Developmental Neuropsychiatry Forum: *Neurodevelopmental Consequences of Early Childhood Adversity: Insights From Children Raised in Institutions*.

• The Town Meeting focused on *Breaking Down AACAP’s Communications Efforts: Protocols, Responses, and Getting the Job Done!* and was chaired by Steven Berkowitz, MD.

• James J. Hudziak, MD, gave the Lawrence A. Stone, MD, Plenary address titled *Child Psychiatry: This Is Where We Build Healthy Brains*.

• Charles H. Zeanah, Jr., MD, was interviewed by Gregory K. Fritz, MD, during the Presidential Interview.

• A variety of mentorship opportunities were offered throughout the meeting for medical students, residents, and early career psychiatrists.

### 2017 PEDIATRIC PSYCHOPHARMACOLOGY UPDATE INSTITUTE

AACAP’s 2017 Pediatric Psychopharmacology Update Institute was held in San Francisco, CA, with attendance at 594, including international registrants and nurse practitioners. Co-chaired by Gabrielle A. Carlson, MD, and Manpreet K. Singh, MD, MS, the Institute focused on Psychopharmacology Treatments From Childhood Through Transitional Age. Psychopharmacology continues to be a popular topic among members, drawing large numbers for
this meeting and 750 attendees at the Annual Meeting psychopharmacology institute.

**DOUGLAS B. HANSEN, MD, ANNUAL REVIEW COURSE**

AACAP hosted 196 attendees in New Orleans, LA, at AACAP’s 2017 Douglas B. Hansen, MD, Annual Review Course. Co-chaired by Gabrielle A. Carlson, MD, and Mary Margaret Gleason, MD, the course provided a review of all major child and adolescent psychiatric topics as well as an update on state-of-the-art standards of diagnosis and treatment.

**JOURNAL OF THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY (JAACAP)**

*JAACAP* is recognized worldwide as the leading scientific journal dedicated exclusively to the study of child and adolescent mental health. 2017 was a year of change for *JAACAP*, as Editor-in-Chief Andrés Martin, MD, MPH, and his team of outgoing editors handed the reins to Editor-Elect Douglas K. Novins, MD, and his incoming editorial team. Dr. Novins and his team began overseeing a portion of new submissions in April, and by August, were handling all new submissions to the *Journal*. The January 2018 issue will be the first published under the *Journal’s* new leadership. *JAACAP* is ranked #11 in psychiatry and #2 in pediatrics, as reported in the 2016 *Journal Citation Reports* published by Clarivate Analytics. *JAACAP’s* 2016 impact factor is 6.442.

During AACAP’s Annual Meeting in Washington, DC, the *JAACAP* Editorial Board celebrated the outgoing editors and welcomed the new team with equal enthusiasm.

**JOHN F. MCDERMOTT, MD, ASSISTANT EDITOR-IN-RESIDENCE FOR THE JOURNAL OF THE AMERICAN ACADEMY OF CHILD AND ADOLESCENT PSYCHIATRY**

AACAP’s John F. McDermott, MD, Assistant Editor-in-Residence, established in 2006 in honor of Editor Emeritus John F. McDermott, MD (1988-1997), provides the opportunity for an early career child and adolescent psychiatrist to join the editorial team of a scholarly publication. The Assistant Editor-in-Residence, supported by the growing community of past McDermott editors, becomes active in and familiar with journal operations, serving first as associate editor and then editor of *JAACAP Connect* during his/her tenure.
**JAACAP CONNECT**

Now in its fourth volume, **Connect** is led by 2016-2017 John F. McDermott, MD, Assistant Editor-in-Residence Oliver M. Stroeh, MD. The **Connect** editorial team works with students, trainees, early career, and seasoned physicians, regardless of previous publication experience, to develop brief science-based and skill-building articles.

**MAINTENANCE OF CERTIFICATION**

During 2017, the Lifelong Learning Committee created **Module 14: Relevant Updates for Child and Adolescent Psychiatrists**, which offers members the opportunity to fulfill their Maintenance of Certification (MOC) requirements. In addition to the module, one Institute is held each year during the Annual Meeting, focusing on the topics of the module. This Institute consistently receives high evaluation ratings. Further MOC resources are developed for the membership, including an online Self-Assessment (SA) exam, Self-Assessment Workshop at the Annual Meeting, Performance in Practice (PIP) tools based on AACAP Practice Parameters, peer feedback surveys, and patient feedback surveys, including the patient feedback tools in Spanish. They are available online. AACAP will continue to provide opportunities to meet members’ MOC requirements.

**CONTINUING MEDICAL EDUCATION**

AACAP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education (CME) for physicians. The Accreditation with Commendation status represents AACAP’s commitment to plan, implement, and evaluate activities that provide child and adolescent psychiatrists and allied health professionals the ability to affect change in how they treat patients.

**ONLINE CME PROGRAMS**

AACAP offers opportunities for online education, such as online CME provided through the *Journal of the American Academy of Child and Adolescent Psychiatry*, which offers one hour of credit per issue. Approximately 300 CME certificates are issued each month for these activities. In 2017, AACAP’s Council approved a new CME business plan, which includes significant expansion of our online CME offerings. Several new online CME programs will launch in 2018.

**ASSEMBLY CATCHERS IN THE RYE AWARDS**

**Assembly Catchers in the Rye Award to an Individual**

**James C. Harris, MD**

Dr. Harris is the founding director of the Developmental Neuropsychiatry (DNP) program at Johns Hopkins University and the Kennedy Krieger Institute (KKI). His award-winning DNP textbook and intellectual disability (ID) books are standard texts for child psychiatrists. His advocacy for people with developmental disabilities (DD) was stimulated during his residency, when bioethical issues arose in denying surgery
for a child with Down syndrome, as memorialized in the film "Who Should Survive?" At KKI, he initiated DNP specialty clinics (autism spectrum disorder, DD infant psychiatry, traumatic brain injury, fetal alcohol spectrum disorder, and Fragile X syndrome) and began National Institutes of Health funded research on self-injury in Lesch-Nyhan syndrome. He served as psychiatric advisor to Eunice Kennedy Shriver. As lead author of the DSM-5 criteria for ID, he advises the American Psychiatric Association on amicus briefs for Supreme Court death penalty cases involving people with ID.

Assembly Catchers in the Rye Award to a Component Lifelong Learning Committee

AACAP’s Lifelong Learning Committee has dedicated the last 16 years to educating and supporting members about the American Board of Psychiatry and Neurology’s (ABPN) Maintenance of Certification (MOC) requirements — a very complicated yet necessary part of practice — while creating materials and resources to help members fulfill the requirements. The committee has developed a successful Lifelong Learning Module series that provides ABPN-approved self-assessment and continuing medical education credit while keeping the field up-to-date on the latest literature all child and adolescent psychiatrists should know. An Institute at the Annual Meeting focuses on the new module each year, where experts review the papers and provide additional insight. The committee continues to offer other self-assessment opportunities in the form of the Annual Meeting Self-Assessment Exam and a self-assessment workshop. The committee has also produced tools for the Improvement in Medical Practice (Part IV PIP) requirement of MOC to be used for chart reviews and patient/peer feedback. The Lifelong Learning Committee’s commitment to improvement in patient care through these resources has had an impact on the membership, which does not happen without expert commitment and leadership, exemplified by the dedicated members of the committee, past and present.

Assembly Catchers in the Rye Award to a Regional Organization

Illinois Council of Child and Adolescent Psychiatry (ICCAP)

Over the last decade, the Illinois Council of Child and Adolescent Psychiatry (ICCAP) has grown to over 300 members, allowing for a seven-person Assembly delegation. It has expanded its advocacy efforts, which include: forming an advocacy and government affairs committee to keep up with local and national legislative changes; attending AACAP’s Legislative Conference, where it partners with family advocates to provide congressional leaders with firsthand experiences of the challenges of local and national mental health issues; and attending Illinois Advocacy Day to meet with state legislators. It encourages its early career psychiatrists with opportunities for research awards, board and/or committee positions, and editorship of the ICCAP newsletter. In the community, it has two writing competitions for local high school and middle school students and will be branching out to provide career day presentations to local area schools.
BREAK THE CYCLE
AT A GLANCE

Started:
August 17, 2017, Seattle, WA

Ended:
October 22, 2017, Washington, DC

60 Days

20+ States crossed

10+ Local events

ESTIMATES
[AND DAILY AVERAGES]:

Distance: 5,067 [82] miles

Ascent: 196,114 [3,163] feet

Time on saddle: 496 [8] hours

Burn: 279,000 [4,500] calories
From August to October 2017, Andrés Martin, MD, MPH, Editor-in-Chief of the *Journal of the American Academy of Child and Adolescent Psychiatry*, rode over 5,000 miles from Seattle, WA, on a cross-country bike ride to raise funds for AACAP’s Campaign for America’s Kids (CFAK). Your generosity helped raise awareness and support to (1) fund innovative research initiatives, (2) increase the number of child and adolescent psychiatrists, and (3) help ensure that children suffering in silence get the treatment they need.

CFAK’s mission is to support innovative initiatives in education and research that improve access to mental health treatments for all children. Through CFAK, AACAP invests in training awards and programming for medical students, general psychiatry residents, and child and adolescent psychiatry fellows. Your support helps ensure that our training award programming and workforce development efforts receive the necessary resources to continue to help build and strengthen our specialty for the future. We give thanks for all that was accomplished through the efforts of so many who supported CFAK through Break the Cycle.

The incredible momentum from the ride — fueled by the passion of AACAP members and the mental health community — helped to raise over $250,000 by the time Dr. Martin arrived in Washington, DC, in time for AACAP’s Annual Meeting! Along the way, many friends, members, regional organizations, and supporters joined the Break the Cycle movement by donating, taking the pledge (over 200!), riding (over 45!), hosting events (over 10!), and more. Thank you for joining us on this journey and spreading the word that children’s mental illnesses are REAL, COMMON, and TREATABLE.
BE A HERO
With the passage of the recent tax overhaul, 2017 was a year of major change in the philanthropic world. It becomes critical now to take the time to reflect on what makes philanthropic giving to AACAP so important. Despite the changes, AACAP members responded heroically with their gifts to AACAP. AACAP also benefitted from gifts from outside of membership to support AACAP priorities.

Major gifts from supporters such as the Frank Roberto, MD Family to the John E. Schowalter, MD, Endowment, and from K. Lisa Yang to the Marilyn B. Benoit, MD, Child Maltreatment Award demonstrate a commitment to AACAP’s long term sustainability. We have a robust and vibrant revenue stream working with our dedicated members and colleagues across the spectrum and around the globe.

Most importantly, individual gifts received from our members raised over $118,000 for AACAP in 2017. In these times of change, you have responded with a commitment to ensuring AACAP’s success and for that we are deeply grateful.

CAMPAIGN FOR AMERICA’S KIDS

For over 17 years, the priority of AACAP’s Campaign for America’s Kids (CFAK) is to identify, grow, motivate, and train the next generation of child adolescent psychiatrists. Gifts to CFAK are an investment in qualified medical students, residents, and early career psychiatrists.

AACAP’s Educational Outreach Program, supported by CFAK, provides a $1,000 travel stipend for medical students and general psychiatry fellows to attend AACAP’s Annual Meeting. Over 30 awardees are selected each year, with over 700 students and fellows having experienced this program.

AACAP’s Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, also supported by CFAK, is a 12-week mentorship program focusing on drug abuse and addiction in children and adolescents.

Our 1953 Society focuses on charitable giving opportunities for estate and bequest gifts. We are thankful to those of you have indicated that you are including AACAP in your will. Estate gifts are part of your legacy of supporting AACAP and part of our future.

Our HopeMaker recurring gift program is an opportunity for supporters at any level. Monthly gifts allow AACAP to plan for revenue and making the giving process easier for the donor. We look forward to growing the HopeMaker program in 2018 for increased giving opportunities.

Lastly, we are in awe of the efforts and awareness raised by the Break the Cycle program, an idea conceived by Andrés Martin, MD, MPH, and brought to fruition by him and a great cadre of AACAP staff members. To all of those involved, from our Regional Organizations to individual contributors, your efforts brought over $250,000 for AACAP’s Campaign for America’s Kids (CFAK).

Your gifts of time and treasure allow AACAP to continue and expand vital programs that cannot be supported by dues. Without the gifts and support you give to AACAP, we would not be able to celebrate our collective success. We are deeply thankful for your commitment to children’s mental health.

Most sincerely,

Steve Cuffe, MD
G. Davis Gammon, MD
LIFE MEMBERS FUND

In 2017, AACAP’s Life Members Fund raised over $24,000 in support of two grant awards initiatives. AACAP’s Educational Outreach Program for Child and Adolescent Psychiatry Residents and AACAP’s Life Members Mentorship Grants for Medical Students are guiding the careers and future work of young professionals in the specialty. Through the Life Members Mentorship Grants for Medical Students, 13 medical students and residents attended AACAP’s 64th Annual Meeting in Washington, DC, and were mentored by our Life Members. Our Owls, as they are fondly called, are part of ensuring the next generation of child and adolescent psychiatrists has abundant opportunities for mentorship and career development.

Maria Tocco, a recipient of the Life Members Mentorship Grant for Medical Students, wrote of her experience:

“I would like to sincerely thank you all for the generosity and support that you provided to myself and the other medical students and residents this year through the Life Members Mentorship Grant. Without your donations and hard work, I’m not sure I would have been able to attend the conference. Your efforts are greatly appreciated. I have to say that this was the most warm, welcoming conference that I have attended during my medical school career. Each individual that I approached was more than willing to answer my questions, chat for a few minutes, and get to know me on a personal level. There were many members that even started conversations with me! I will carry the abundance of advice that was given with me as I begin my career as a child psychiatrist, for I am more committed than ever to pursuing this path.”

A $1,000 gift is all it takes to send a medical student to the Annual Meeting to be mentored by our Life Members — an opportunity that is invaluable.

1953 SOCIETY

Giving to the 1953 Society is a lasting legacy to AACAP. Members join AACAP’s 1953 Society by indicating that they are leaving a bequest or an estate gift to AACAP in their final plans. Bequest and estate gifts can bypass the process of transferring assets with minimal tax implications to your estate or your beneficiaries.

By leaving a bequest or estate gift in your will, you are connected by a shared purpose and vision of AACAP as a driving power behind the progress child psychiatrists are achieving for children with mental illnesses.

CATCHERS IN THE RYE HUMANITARIAN AWARD

Marsha Levick, JD, embodies the intrinsic meaning of the word ‘humanitarian,’ with her outstanding contributions to the protection of youth in the juvenile justice system. AACAP’s 2017 Catchers in the Rye Humanitarian Award was presented to Ms. Levick at AACAP’s 64th Annual Meeting in Washington, DC.

Ms. Levick co-founded the Juvenile Law Center in Philadelphia in 1975 and through her work there she has waged decades-long battles to end the harshest sentences for juvenile offenders. Ms. Levick has been a national leader in aligning the law with recent scientific evidence proving children are different psychologically and developmentally from adults, as well as changing beliefs about the culpability of juvenile offenders. Ms. Levick’s work is a model for advocacy on behalf of our most vulnerable youth.
ENDOWED GIFTS

Endowments encourage the exploration of ideas and fuel innovation. Endowed gifts allow AACAP to stay focused on our commitment to research and workforce development and keep us strong for the future. They can be unrestricted or designated by the donor to support the over 60 awards and initiatives that AACAP offers.

With the intention of sustaining AACAP, Frank Roberto, MD, and family made a $125,000 gift to AACAP’s John E. Schowalter, MD, Endowment Fund. Endowed and capital gifts like this allow AACAP to continue to thrive.

VIRGINIA Q. ANTHONY OUTSTANDING WOMAN LEADER AWARD

Paramjit Toor Joshi, MD, is a clinical professor of psychiatry and human behavior at the University of California, Irvine School of Medicine. Dr. Joshi was recognized as the 2017 recipient of this award, named after former AACAP Executive Director Virginia Q. Anthony.

The award was established in 2013 to celebrate lifetime achievements of extraordinary women in the field of child and adolescent psychiatry. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness.

PARAMJIT TOOR JOSHI, MD, INTERNATIONAL SCHOLAR AWARDS

Named after AACAP Past President Paramjit Toor Joshi, MD, AACAP’s Paramjit Toor Joshi, MD, International Scholar Awards recognize those in the international community who have made significant contributions to the enhancement of mental health services for children and adolescents.

Established in 2015, AACAP’s Paramjit Toor Joshi, MD, International Scholar Awards provide travel expenses for two child and adolescent psychiatrists or other physicians to attend AACAP’s Annual Meeting. At the meeting, awardees share their knowledge and experience with meeting attendees.

2017 award recipients Min-Hyeon Park, PhD, and Tanjir Rahid Soron, MBBS, MPH, MD, were acknowledged during the International Reception at AACAP’s Annual Meeting. Dr. Park has a goal of establishing a first of its kind child and adolescent psychiatry training system at the Catholic University of Korea. Dr. Soron is the youngest psychiatrist in Bangladesh and initiated the first telepsychiatry network in the country to treat children living in remote areas of Bangladesh.
THANK YOU FOR SUPPORTING AACAP

AACAP is committed to the promotion of mentally healthy children, adolescents, and families through research, training, prevention, comprehensive diagnosis and treatment, peer support, and collaboration. Thank you to the following donors for their generous financial support of our mission.

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The Roberto Family
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Gabrielle L. Shapiro, MD
Diane K. Shrier, MD & Adam L. Shrier, D.Eng., JD

AACAP thanks the Seattle Children’s Foundation for its support of Break the Cycle.
Every effort was made to list names correctly. If you find an error, please accept our apologies and contact the Development Department at development@aacap.org or 202.966.7300, ext. 140.
TREASURER’S REPORT: STATEMENT OF FINANCIAL POSITION

Our history of fiscal stability allows us to continue to develop products, programs, and services to help our members be leaders in the field of child and adolescent psychiatry.

<table>
<thead>
<tr>
<th>ASSETS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>$1,484,984</td>
</tr>
<tr>
<td>Investments</td>
<td>15,369,112</td>
</tr>
<tr>
<td>Receivables, net</td>
<td>1,228,517</td>
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<tr>
<td>Prepaid expenses</td>
<td>135,769</td>
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<tr>
<td>Inventory</td>
<td>19,368</td>
</tr>
<tr>
<td>Property and equipment, net</td>
<td>1,657,081</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$19,894,831</strong></td>
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</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Liabilities</td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$1,652,942</td>
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<tr>
<td>Deferred revenue</td>
<td>1,684,057</td>
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<tr>
<td>Regional Council dues payable</td>
<td>249,350</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$3,586,349</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Net Assets</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td></td>
</tr>
<tr>
<td>Undesignated</td>
<td>$11,400,848</td>
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<tr>
<td>Board designated</td>
<td>893,634</td>
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<tr>
<td><strong>Total Unrestricted</strong></td>
<td>12,294,482</td>
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<tr>
<td>Temporarily restricted</td>
<td>1,655,380</td>
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<tr>
<td>Permanently restricted</td>
<td>2,358,620</td>
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<tr>
<td><strong>Total Temporarily restricted</strong></td>
<td>16,308,482</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$19,894,831</strong></td>
</tr>
</tbody>
</table>
## STATEMENT OF ACTIVITIES FOR THE YEAR ENDED DECEMBER 31, 2017

### REVENUE AND SUPPORT:

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
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</thead>
<tbody>
<tr>
<td>Annual meeting and institutes</td>
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<td>$</td>
<td>$</td>
<td>$2,460,646</td>
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<tr>
<td>Membership dues and fees</td>
<td>2,995,738</td>
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<td>-</td>
<td>2,995,738</td>
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<tr>
<td>Grants and contributions</td>
<td>1,574,659</td>
<td>428,315</td>
<td>125,100</td>
<td>2,128,074</td>
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<tr>
<td>Journal and royalties</td>
<td>1,481,489</td>
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<td>-</td>
<td>1,481,489</td>
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<tr>
<td>Investment gain (loss), net</td>
<td>1,559,901</td>
<td>523,044</td>
<td>-</td>
<td>2,082,945</td>
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<tr>
<td>Publications</td>
<td>251,126</td>
<td>-</td>
<td>-</td>
<td>251,126</td>
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<tr>
<td>Member benefit royalties</td>
<td>450,000</td>
<td>-</td>
<td>-</td>
<td>450,000</td>
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<tr>
<td>Training</td>
<td>38,883</td>
<td>-</td>
<td>-</td>
<td>38,883</td>
</tr>
<tr>
<td>Advertising</td>
<td>28,662</td>
<td>-</td>
<td>-</td>
<td>28,662</td>
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<tr>
<td>Building – rental income</td>
<td>235</td>
<td>-</td>
<td>-</td>
<td>235</td>
</tr>
<tr>
<td>Other income</td>
<td>1,598</td>
<td>-</td>
<td>-</td>
<td>1,598</td>
</tr>
<tr>
<td>Net assets released from restrictions</td>
<td>267,549</td>
<td>(267,549)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Total revenue and support</td>
<td>11,110,486</td>
<td>683,810</td>
<td>125,100</td>
<td>11,919,396</td>
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### EXPENSES:

#### Program services:

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<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
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</thead>
<tbody>
<tr>
<td>Annual meeting and institutes</td>
<td>2,078,404</td>
<td>-</td>
<td>-</td>
<td>2,146,589</td>
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<tr>
<td>Components</td>
<td>717,752</td>
<td>-</td>
<td>-</td>
<td>926,155</td>
</tr>
<tr>
<td>Journal</td>
<td>892,627</td>
<td>-</td>
<td>-</td>
<td>820,902</td>
</tr>
<tr>
<td>Government affairs</td>
<td>866,527</td>
<td>-</td>
<td>-</td>
<td>755,295</td>
</tr>
<tr>
<td>Grants</td>
<td>1,211,236</td>
<td>-</td>
<td>-</td>
<td>718,974</td>
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<tr>
<td>Special Funds</td>
<td>416,754</td>
<td>-</td>
<td>-</td>
<td>554,426</td>
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<tr>
<td>Membership</td>
<td>494,225</td>
<td>-</td>
<td>-</td>
<td>500,930</td>
</tr>
<tr>
<td>Research initiatives</td>
<td>413,977</td>
<td>-</td>
<td>-</td>
<td>394,720</td>
</tr>
<tr>
<td>Clinical practice</td>
<td>529,068</td>
<td>-</td>
<td>-</td>
<td>379,753</td>
</tr>
<tr>
<td>Communications</td>
<td>214,870</td>
<td>-</td>
<td>-</td>
<td>200,158</td>
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<tr>
<td>AACAP News</td>
<td>145,300</td>
<td>-</td>
<td>-</td>
<td>138,325</td>
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<tr>
<td>Presidential initiatives</td>
<td>13,048</td>
<td>-</td>
<td>-</td>
<td>26,297</td>
</tr>
<tr>
<td>Publications</td>
<td>8,151</td>
<td>-</td>
<td>-</td>
<td>14,986</td>
</tr>
<tr>
<td>Total program services</td>
<td>8,001,941</td>
<td>-</td>
<td>-</td>
<td>7,577,510</td>
</tr>
</tbody>
</table>

#### Supporting services:

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central office</td>
<td>1,097,100</td>
<td>-</td>
<td>-</td>
<td>956,725</td>
</tr>
<tr>
<td>Fundraising</td>
<td>284,591</td>
<td>-</td>
<td>-</td>
<td>288,514</td>
</tr>
<tr>
<td>Building operations</td>
<td>538</td>
<td>-</td>
<td>-</td>
<td>16,963</td>
</tr>
<tr>
<td>Total supporting services</td>
<td>1,382,229</td>
<td>-</td>
<td>-</td>
<td>1,262,202</td>
</tr>
<tr>
<td>Total expenses</td>
<td>9,384,170</td>
<td>-</td>
<td>-</td>
<td>8,839,712</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in net assets before other changes</td>
<td>1,726,316</td>
<td>683,810</td>
<td>125,100</td>
<td>2,535,226</td>
</tr>
</tbody>
</table>

### Change in net assets

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginning</td>
<td>10,568,166</td>
<td>971,570</td>
<td>2,233,520</td>
<td>13,773,256</td>
</tr>
<tr>
<td>Ending</td>
<td>$12,294,482</td>
<td>$1,655,380</td>
<td>$2,358,620</td>
<td>$16,308,482</td>
</tr>
</tbody>
</table>

NET ASSETS:

<table>
<thead>
<tr>
<th></th>
<th>UNRESTRICTED</th>
<th>TEMPORARILY RESTRICTED</th>
<th>PERMANENTLY RESTRICTED</th>
<th>TOTAL</th>
</tr>
</thead>
</table>
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