Learning Objectives

At the end of this course the participant should be able to:

1. Discuss recent updates on evidence-based psychopharmacological treatments for **internalizing disorders**, including mood disorders, anxiety disorders, and obsessive-compulsive disorder in children and adolescents.

2. Discuss recent updates on evidence-based psychopharmacological treatments for **externalizing disorders** including attention-deficit/hyperactivity disorder and other disruptive behavior disorders in children and adolescents.

3. Discuss recent updates on evidence-based psychopharmacological treatments for autism spectrum disorder, tic disorders, and substance use disorders in children and adolescents.

4. Consider use of and **apply these evidence-based psychopharmacological** treatments as components of multimodal treatment in clinical practice.

5. Identify **new or novel psychopharmacological** approaches currently under investigation which may be potential new treatments.

Content Overview

Module 1: Internalizing Disorders

**Topics:** Anxiety, Tic’s and Tourette’s Syndrome, Depression, Pediatric Bipolar Disorder, and Disruptive Mood Dysregulation Disorder

Lectures and Speakers

Anxiety Disorders in Youth: Efficacy and Adverse Effects of Psychopharmacologic Interventions
*Jeffrey R. Strawn, MD: 2017 AACAP's 64th Annual Meeting*

Psychopharmacologic Treatment of Tics and Tourette’s Disorder of Psychopharmacologic Interventions
*Barbara J. Coffey, MD, MS: 2017 AACAP's 64th Annual Meeting*

Treating Depression in Children, Adolescents, and Young Adults
*Boris Birmaher, MD: 2017 Pediatric Psychopharmacology Update Institute*

Psychopharmacologic Treatment of Moods, Episodes, and Outbursts [Pediatric Bipolar Disorder Treatment]
*Gabrielle A. Carlson, MD: 2017 AACAP’s 64th Annual Meeting*

Psychopharmacologic Treatment of Moods, Episodes, and Outbursts [Disruptive Mood Dysregulation Disorder Overview and Treatment]

Current Topics in Pediatric Psychopharmacology: An Online Advanced Course
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Gabrielle A. Carlson, MD: 2017 AACAP’s 64th Annual Meeting

Polypharmacy, Maintenance, and Depression Beyond Elementary Management of Pediatric Bipolar Disorder

Adelaide S. Robb, MD: 2018 AACAP’s 65th Annual Meeting

Module 2: Externalizing Disorders

Topics: Autism, ADHD, Aggression, and Substance Use Disorder

Lectures and Speakers

Autism Spectrum Disorder Treatment: Finding the Needles of Evidence in the Haystack of Uncertainty
Jeremy M. Veenstra-VanderWeele, MD: 2018 Pediatric Psychopharmacology Update Institute

Complex ADHD: Focus on Pharmacotherapy of Psychopharmacologic Interventions
Timothy E. Wilens, MD: 2018 AACAP’s 65th Annual Meeting

Disruptive Behavior Disorders and Dysfunctional Aggression: When Might Pharmacotherapy be Considered?
Robert L. Findling, MD, MBA: 2018 Pediatric Psychopharmacology Update Institute

What’s the Evidence for Medications to Treat Adolescent Substance Use Disorders?
Kevin M. Gray, MD: 2018 AACAP’s 65th Annual Meeting