

AACAP MENTORSHIP NETWORK

FAQ

What is the AACAP Mentorship Network?

The Mentorship Network is a consortium of AACAP mentors who grant their permission to be contacted by medical students, residents, and early career psychiatrists (ECPs) in need of a mentor.

How is this different from the Mentorship Program at the Annual Meeting?

The Mentorship Program is a group mentoring three-day event at the Annual Meeting. The Mentorship Network is a system available year-long where medical students, residents, and ECPs can request a mentor through AACAP based on their interests and/or needs.

Who can sign up to be a mentor?

Any AACAP member from ECPs to Life Members can sign up to be a mentor. We need mentors in ALL regions of the United States and all are welcome!

Who can sign up to be a mentee?

Any medical student, resident, or ECP member can request a mentor. ECPs are eligible to sign up as *both* mentees and mentors.

How much time do mentors have to designate to the Mentorship Network?

Mentors can indicate how much time they can offer to mentoring trainees and ECPs. Availability ranges from several hours per week to a few times annually. Mentors are not required to commit to a minimum amount of time.

Who matches the mentees with mentors?

Representatives from the ECP Committee make matches based on areas of interest, time requirements, geographic region, and/or background.

How long will it take for me to be matched with a mentor?

It can take up to 2-3 weeks to be matched with a mentor. Mentees will receive an email from AACAP with mentors' contact information.

What if the match is not a functional relationship?

The mentor or mentee may contact AACAP's Research, Training, and Education Department at any time and the mentee will be placed with another mentor. Please email research@aacap.org.

What types of mentoring activities do mentors provide?

Participants can mentor trainees by participating in a number of activities including face-to-face meetings, email mentoring, shadowing experiences, clinical rotations, research projects, or other unique experiences that they can offer. Mentees are matched with mentors who are able to offer their requested experiences.

How many mentees is each mentor assigned to?

This varies. Some mentors have been assigned to up to 3 mentees and some do not have any mentees yet. If mentors feel overcommitted, they may contact AACAP's Research, Training, and Education Department and ask to be removed from the list.

How can this program be improved?

The Mentorship Network is in its early stages of development, and we need your input to improve its quality for all AACAP members.

How can mentors and/or mentees sign up?

To sign up as a mentor or mentee please fill out a questionnaire or join the Network through the AACAP website.

For more information on the Mentorship Network, please contact the AACAP's Research, Training, and Education Department at research@aacap.org.