

- Allow for open communication and discussions that are appropriate to your child’s age and level of maturity.
- Help your child come up with and practice appropriate responses to teasing or mean remarks.
- Use books, Web sites and movies that show children in LGBT families.
- Consider having a support network for your child (For example, having your child meet other children with gay parents.)
- Consider living in a community where diversity is more accepted.

Like all children, most children with LGBT parents will have both good and bad times. They are not more likely than children of heterosexual parents to develop emotional or behavioral problems. If LGBT parents have questions or concerns about their child, they should consider a consultation with a qualified mental health professional.

For additional information see Facts for Families:

[#1 Children and Divorce](#)

[#15 The Adopted Child](#)

[#24 When to Seek Help](#)

[#27 Stepfamily Problems](#)

[#62 Talking to Your Kids About Sex](#)

[#63 Gay and Lesbian Teens](#)

[#64 Foster Care](#)

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